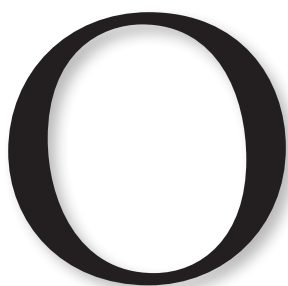


O  
OCTOPUS  
BOOKS USA

FALL 2017–WINTER 2018

INCLUDING  
ilex





OCTOPUS BOOKS USA

hamlyn

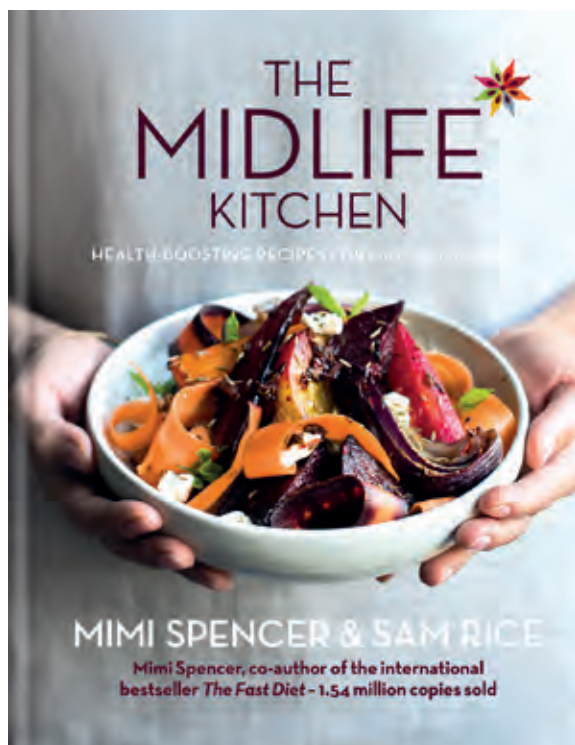


MITCHELL  
BEAZLEY



ilex

**FALL 2017 — WINTER 2018**



## THE MIDLIFE KITCHEN

**Health-boosting Recipes for Midlife & Beyond**

Mimi Spencer & Sam Rice

---

**Future-proof your life through your forties, fifties and beyond with these delicious, fuss-free recipes that restore, rejuvenate and revive.**

In this life-changing cookbook, Mimi Spencer and Sam Rice assert that Midlife is not a time to be concerned with food fads and foibles, but rather a glorious opportunity to wrest back control of your eating in the interests of health, happiness and a long life. Taste must come first, but coupled with health and well-established nutritional common sense. Busy lives require simple, sustaining recipes that incorporate wholesome, health-giving ingredients without too much fanfare or fuss.

Alongside each of the 160 recipes is the Midlife Kitchen emblem, the star anise. With each of the eight seeds representing a specific Midlife Health category – such as Hormone Harmony; Mind, Memory & Mood; or Heart Health – authors Sam and Mimi are able to provide simple nutritional information. Health tips explain the benefits of certain ingredients, while “Why We Love It” sections explore the advantages of cooking each dish. Midlife Must-Haves show how to create homemade essentials such as Midlife Grown-up Granola, Midlife Power Porridge and Midlife Sweetener.

**Mimi Spencer** is best known for co-authoring the 2012 bestselling book *The Fast Diet* with Dr Michael Mosley, which introduced the concept of 5:2 intermittent dieting to the world. Her background is in lifestyle journalism, with an early career spent in London as a fashion writer for *Vogue*.

**Sam Rice**'s career has taken her from management consultant and travel business owner, to sommelier, wine columnist and more recently, food writer. Following the premature death of her youngest brother, who suffered from type 1 diabetes, Sam decided to overhaul her diet in the interests of living a longer and healthier life, a process she wrote about in her book *The Happy Eater, 4 Weeks to a Better Relationship with Food*.

Mimi & Sam met at the school gates and have remained firm friends ever since.

**9781784723507**

September 2017

Mitchell Beazley

US\$29.99 CAN \$32.99

Hardcover

7 1/2" x 9 3/4"

304 pages

#### WHY WE LOVE IT

We're forever on the hunt for speedy suppers that are just a bit special - and this fits the bill perfectly. It's one of those dishes that takes as long as it's been hours in the making, but in fact the prep couldn't be easier, and most of the ingredients (bar the fish) are probably already lurking in your fridge. Simply add a sturdy white fish - we've used monkfish here, but halibut would be equally delicious - or calamari and king prawns, and eat with a warm wholemeal pitta to mop up the densely savoury juices. Very little could improve it, but Sam says a glass of chilled Sancerre works a treat.



## Monkfish & Fennel

WITH HERBS, TOMATOES & ANCHOVIES

#### SERVES

2

#### ACTIVE TIME

15 MINUTES

#### TOTAL TIME

30-40 MINUTES

3 tablespoons extra virgin olive oil

1½ fennel bulbs, trimmed and

finely sliced

4 ripe tomatoes, sliced

1 anchovy fillet, chopped

freshly ground black pepper

1½ monkfish fillets, cut into

1cm thick steaks

a handful of Greek olives,

grilled and chopped

a handful of coriander leaves, chopped

a handful of basil leaves, chopped

a handful of dill, chopped

Heat the oil in a shallow frying pan, add the fennel and cook for several minutes until softened. Then add the tomatoes and anchovy. Season with pepper and simmer for 10-15 minutes until the tomatoes start to soften.

Add the monkfish steaks and olives, cover with a lid and simmer for a further 10-15 minutes until the fish is cooked through. Stir through the chopped herbs and serve.

**Yield:** 1½ lbs. You can cook the recipe for five people. Plan cold and refrigerate until required. Brilliant when entertaining.

#### Health Tip

The real superstar here is fennel, its phytochemicals are thought to maintain healthy bones, decrease blood pressure and promote heart and gut health. It's complemented with low-meat balance and boost the activity of your skin.



156 • THE KITCHEN

#### WHY WE LOVE IT

The perfect antidote to those pale and sugary fairy cakes that make your teeth ache, this devilishly dark ginger cake packs a real punch, thanks to its mighty trio of ginger, ground, fresh and stem. A stick of black treacle and warming spices add more depth, and, while the hint of chili is optional, it's well worth adding if you like a full-on flavour sensation. The upshot is a very grown-up cake, best eaten in small, sticky, sumptuous squares - perhaps on a cold day with a strong cup of tea and a smile on your face.



## Three-Ginger Fire Cake

#### SERVES

4-6 (or 12)

#### PREPARE

15 MINUTES

#### TOTAL TIME

30 MINUTES

ginger butter

100g black muscovado sugar

100g black treacle

1 egg, plus extra

100ml oil

100g stem ginger, roughly chopped

1 egg, beaten

1 tsp fresh root ginger, peeled

and grated

100g self-raising flour

1½ tsp ground ginger

100g ground cinnamon

100g apricot

100g chili powder (optional)

a pinch of sea salt flakes

100g bicarbonate of soda

100g stem ginger syrup

100g ginger jam

Preheat the oven to 180°C (350°F). Line a baking tin, about 30 x 20cm, with nonstick baking paper.

Place the butter, sugar, treacle and egg in a large saucepan and melt over a medium heat, stirring gently to combine. Remove the pan from the heat and allow to cool slightly.

Add the milk and stem ginger. Stir in the beaten egg and root ginger. Stir all the dry ingredients into the mixture and combine.

Spoon the mixture into the prepared tin and bake for 30-35 minutes until cooked through and a skewer inserted in the centre comes out clean. While still warm, drizzle the cake with a glaze of apricot and stem ginger syrup over the top.

Leave to cool.

Serve cut into 12 smallish squares. Store in an airtight container for up to a week.

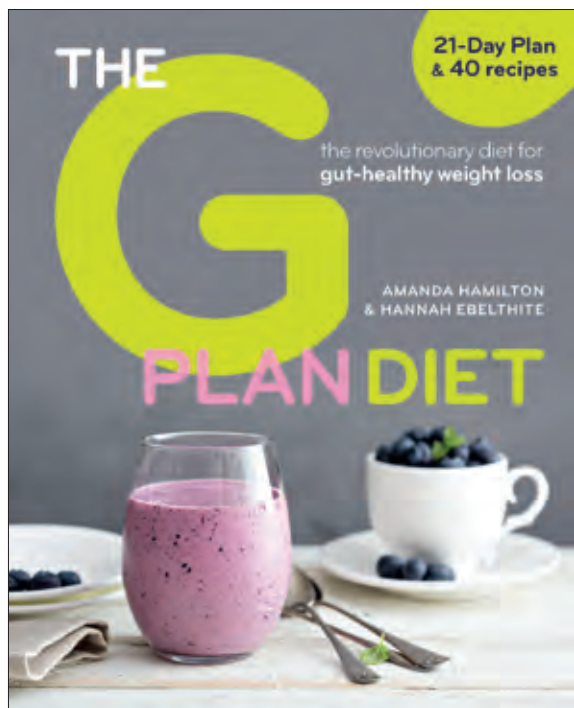
#### Health Tip

Gingerol, the main bioactive compound in ginger, is known to have powerful anti-inflammatory and antioxidant effects, which can help to soothe the lining of the gut.



157 • THE KITCHEN





**Amanda Hamilton** (Author) Amanda has been one of the UK's most established nutritionists for over a decade with a career that's included more than eight internationally syndicated TV series and three best-selling books.

She is a qualified professional nutritionist and a senior associate of the Royal Society of Medicine. She is an ex-international sports competitor and fitness enthusiast, including training in yoga during a sabbatical in India.

**Hannah Ebelthite** (Author) Hannah is a freelance health, fitness and wellbeing writer. With nearly two decades experience in journalism, she has held staff posts on *Cosmopolitan*, *Zest* and *Healthy* magazines, and writes for a wide range of national publications, including *The Daily Mail*, *The Telegraph*, *The Daily Express*, *Woman & Home*, *Glamour*, *Healthy Food Guide*, *Top Santé*, *Healthy*, *Health & Fitness*, *Condé Nast Bride*, *Mother & Baby* magazine. Hannah lives in southwest London with her fitness-journalist husband and their six-year-old twin boys.

9781912023134

September 2017

Aster

US\$16.99 CAN \$18.99

Paperback

7 1/2" x 9 1/4"

224 pages

## THE G PLAN DIET

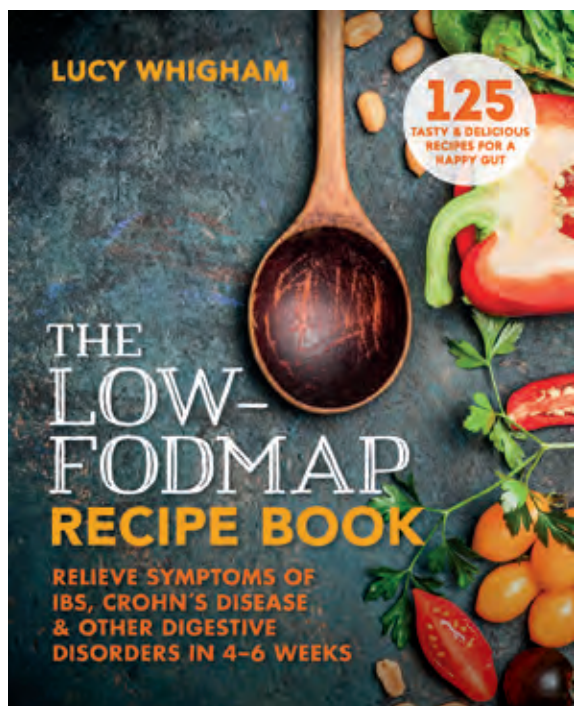
The revolutionary diet for gut-healthy weight loss

Amanda Hamilton & Hannah Ebelthite

The revolutionary new diet that helps you lose weight by improving gut health.

The latest research in nutrition suggests that if you want to lose weight for good, you need a healthy gut with a diversity of good bacteria. Beginning with a digestive 'rest' and including the 10 best gut healthy foods, the 21 day plan will help you say goodbye to bloating and discomfort, lose even stubborn weight and look forward to increased energy, clear skin and improved mood. Over 40 recipes are included that are quick and easy to prepare, and success stories are featured throughout. *The G Plan Diet* is weight loss+.





## THE LOW-FODMAP RECIPE BOOK

**Relieve symptoms of IBS, Crohn's disease and other digestive disorders in 4–6 weeks**

Lucy Whigham

**Relieve symptoms of IBS, Crohn's disease and other digestive disorders in 4–6 weeks.**

In a landmark study published two years ago, the Australian researchers asked patients with IBS to remove FODMAPs from their diet. They found 74 per cent reported that their symptoms, such as bloating, abdominal pain, gas, excessive burping, diarrhoea and constipation, had improved dramatically. The findings so impressed gastroenterologists at King's College London that they adapted the diet for the UK and many British patients are on the Low-FODMAP diet.

At first glance, the Low-FODMAP diet may appear daunting, as it involves cutting out all five families of fermentable carbohydrates: Fructans (wheat, rye, onions, garlic and various other grains and vegetables), Galacto oligosaccharides (beans and pulses), Polyols (certain fruit, sugar-free gum and mints), Fructose (various fruits, honey and agave nectar) and Lactose (animal milks, yogurts and some cheeses). However, this book gives practical guidance on how to follow the regime while ensuring a balanced, nutrient rich diet, transforming the Low-FODMAP diet from a seeming mountain of restrictions to something you can follow easily and with pleasure while your digestive symptoms diminish (or even completely resolve).

Whether you need quick and easy meals to prepare or you enjoy the art of cooking a dinner-party-worthy dish, this book will guide you step by step... meaning you can have your cake and eat it (literally!).

**Lucy Whigham** trained at the University of Nottingham, UK, where she achieved a Masters in Nutrition and Dietetics. She started her career carrying out research into coeliac disease and bone health. She then worked in dietetics at Kingston NHS Trust before joining the team at Imperial College NHS Trust in 2006 where she has worked since. In 2008 she became the Lead Dietitian for Gastroenterology. Alongside this role, Lucy has worked in Private Practice at the prestigious London Clinic in Harley Street since 2010, seeing patients for a variety of conditions but specializing in disorders of the gut.

**9781912023103**

September 2017

Aster

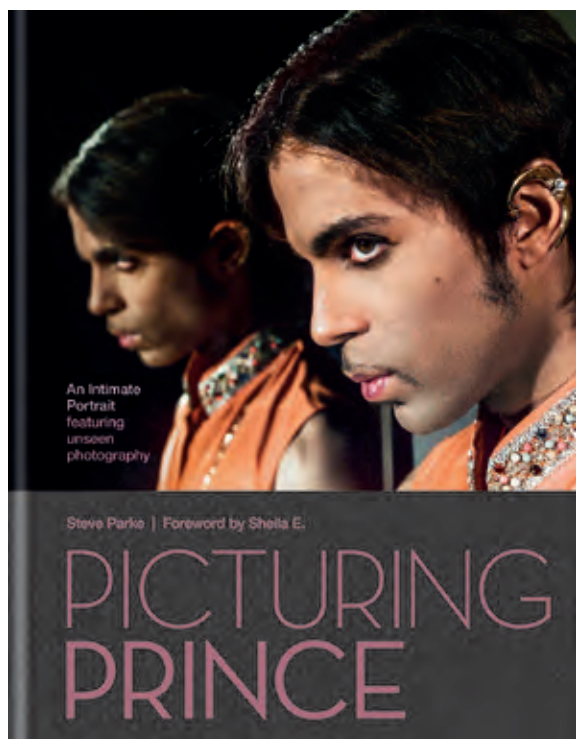
US\$16.99 CAN \$18.99

Paperback

7 1/2" x 9 1/4"

224 pages





## PICTURING PRINCE

**An Intimate Portrait featuring unseen photography**

Steve Parke

Featuring a mix of never-seen-before and rare photographs of Prince, alongside written vignettes about working at Paisley Park with the icon, Steve Parke's book is essential for Prince fans.

*Picturing Prince* sees the late icon's former art director, Steve Parke, revealing stunning intimate photographs of the singer from his time working at Paisley Park. At least half of the images in the book are exclusively published here for the first time; most other images in the book are rare to the public eye.

Alongside these remarkable images are fifty engaging, poignant and often funny written vignettes by Parke, which reveal the very human man behind the reclusive superstar: from shooting hoops to renting out movie theatres at 4am; from midnight requests for camels to meaningful conversations that shed light on Prince as a man and artist.

Steve Parke started working with Prince in 1988, after a mutual friend showed Prince some of Steve's photorealistic paintings. He designed everything from album covers and merchandise to sets for Prince's tours and videos. Somewhere in all of this, he became Paisley Park's official art director. He began photographing Prince at the request of the star himself, and continued to do so for the next several years. The images in this book are the arresting result of this collaboration.

**Steve Parke** is photo editor for *Faerie Magazine*. He worked as art director for Prince at Paisley Park for fourteen years. As a photographer, his clients have included Prince, David Bowie, Bon Jovi, Bob Dylan, Sheila E., AC/DC and more. He lives in Baltimore, USA.

**9781844039692**

September 2017

Cassell

US\$24.99 CAN \$27.99

Hardcover

7 1/2" x 9 3/4"

240 pages





**Dane Noon** has been a worthy supporter of the marijuana cause since high tops were in fashion, Dane is an avid chef with a love of music. He enjoys nothing more than taking his followers on a journey of mouth and mind.

**9781846015458**  
 September 2017  
 Spruce  
 US \$7.99 CAN \$8.99  
 Paperback  
 4" x 5 3/4"  
 96 pages

## THE LITTLE MARIJUANA COOKBOOK

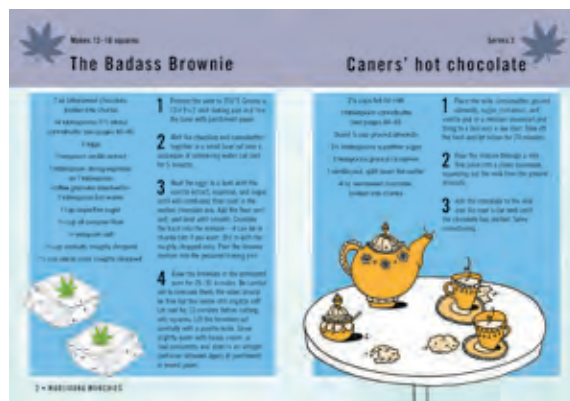
**40 Great Recipes for Stoners**

Dane Noon

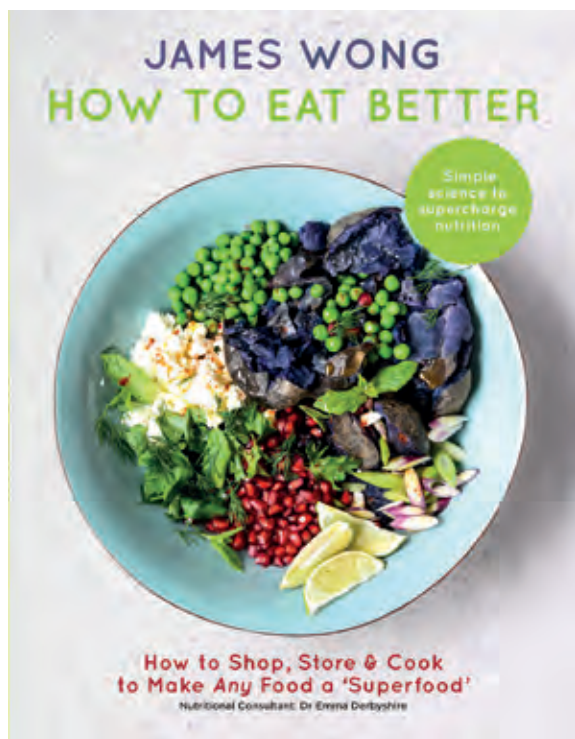
A real recipe for the munchies, this is a pocket cannabis cookbook with 35 tasty (and potent) recipes.

Experiment with edibles and even try some doped-out drinks with *The Little Marijuana Cookbook*. This fully-illustrated cookbook contains 35 easy-to-follow recipes for cannabis cookies, cocktails, cakes, and much more. Perfect for those looking to cut down on toking, these stoner snacks will give you a potent high without the bad parts. The definition of moreish, these snacks will always keep you coming back for another bite...

This is the ultimate guide to marijuana munching and dining on dope that would make the perfect gift for the stoner in your life.







## HOW TO EAT BETTER

**How to shop, store and cook to make any food a superfood, with more than 80 easy recipes.**

James Wong

with Nutritional Consultant Dr Emma Derbyshire

**SELECT** a Braeburn apple over a Fiji and get almost double the antioxidants from a fruit that tastes just as sweet.

**STORE** strawberries on the counter, instead of in the fridge, and in just four days they will quadruple their heart-healthy compounds.

**COOK** broccoli with a teaspoon of mustard and send its levels of cancer-fighting potential skyrocketing ten-fold.

Between the rush to keep up with the latest miracle ingredient, anxiety about E-numbers and demonization of gluten/dairy/sugar (or the next foodie villain du jour) many of us are left in a virtual panic in the supermarket aisle. Tabloid headlines, "free-from" labels and judgemental Instagram hashtags hardly help matters – so what should we be buying?

*How to Eat Better* strips away the fad diets, superfood fixations and Instagram hashtags to give you a straight-talking scientist's guide to making everyday foods far healthier (and tastier) simply by changing the way you select, store and cook them. No diets, no obscure ingredients, no spiralizer, just real food made better, based on the latest scientific evidence from around the world. With more than 80 fool proof recipes to put the theory into practice, James Wong shows you how to make any food a superfood, every time you cook.

**James Wong** is a Kew-trained botanist, writer and broadcaster based in London, England. He is the author of the bestselling books *Grow Your Own Drugs*, *Homegrown Revolution* and *Grow for Flavour*, as well as a presenter of programmes including BBC2's award-winning *Grow Your Own Drugs* and *Countryfile* and Radio 4's *Gardeners' Question Time*. James is co-presenting a major new BBC primetime series on the science of food with Michael Mosley.

**Dr Emma Derbyshire** is a registered Public Health Nutritionist in the UK and award-winning health writer. She is the director of Nutritional Insight Limited consultancy.

**9781784723583**

September 2017

Mitchell Beazley

US\$29.99 CAN \$32.99

Hardcover

7 1/2" x 9 3/4"

224 pages



## THE LOUISE PARKER METHOD: LEAN FOR LIFE: THE COOKBOOK

Louise Parker

**This year, start a new eating plan you can maintain for life. Louise Parker shows you how the A-Listers do it.**

Don't be fooled by vague promises of organic 'clean' eating. Teach yourself to EAT BEAUTIFULLY and EAT LEAN and TRANSFORM YOUR BODY FOREVER. This cookbook not only contains over 120 fuss-free recipes; it arms you with the knowledge to create hundreds of variations so you will never get bored.

### Praise for Lean for Life

*"Parker's guide is gorgeous from cover to cover"* **Publishers Weekly**

**Louise Parker** has spent 20 years learning, researching, testing and improving The Louise Parker Method. Her clients include CEOs and celebrities too A-list to name, as well as figures from high society and royal family members from around the world. To date, over 11,000 people in more than 28 countries have completed a Louise programme. Many are willing to pay thousands of pounds for the unique plan. Louise now runs the Louise Parker company with her husband Paul, who left his job 4 years ago to help keep up with the ever-increasing demand for The Louise Parker Method. They live in London with their 3 daughters.



**9781784723040**

September 2017

Mitchell Beazley

US\$24.99 CAN\$27.99

Hardcover

7 1/2" x 9 1/4"

224 pages





## HUGH JOHNSON'S POCKET WINE BOOK 2018

Hugh Johnson

**The brand new edition of the unrivalled and bestselling *Hugh Johnson's Pocket Wine Book*.**

*Hugh Johnson's Pocket Wine Book* is the essential reference book for everyone who buys wine – in shops, restaurants, or on the internet. Now in its 41st year of publication, it has no rivals as the comprehensive, up-to-the-minute annual guide.

Hugh Johnson provides clear, succinct facts and commentary on the wines, growers and wine regions of the world. He reveals which vintages to buy, which to drink and which to cellar, which growers to look for and why. *Hugh Johnson's Pocket Wine Book* gives clear information on grape varieties, local specialities and how to match food with wines. This new edition also contains a color supplement on Syrah and Garnacha grapes.



**Hugh Johnson** is the world's pre-eminent writer on wine. First published in 1977, his *Pocket Wine Book* sells hundreds of thousands of copies a year. His winning formula of insight, critical appraisal of the world of wine, plus valuable vintage news and wine recommendations has been often imitated but never bettered.

During the past four decades Hugh has written books that have become landmarks on the subject, including his classic *The World Atlas of Wine*, co-authored with Jancis Robinson, his *Wine Companion*, first published in 2003, *The Story of Wine* and *Hugh Johnson on Wine*. In his spare time he writes about gardening from his home in London.

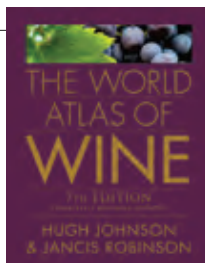
**9781784722937**

September 2017  
Mitchell Beazley  
US\$16.99 CAN \$18.99  
Hardcover  
3 1/2" x 7 1/2"  
336 pages

**Also Available:**

**WORLD ATLAS OF WINE, 7TH EDITION**

9781845336899  
\$60.00 (HC)  
\$65.00 in Canada



**HUGH JOHNSON ON WINE**

9781784722623  
\$24.99 (HC)  
\$27.99 in Canada  
MAY 2017





## The climate question



Anyone wanting to make Pinot Noir in any part of the world starts by looking at the *Climat* and says, "I want what they've got." And of course that's not possible. That particular mix of geology and climate cannot be replicated. But the first thing one notices about Pinot is that the warmer the climate the juicier and more alcoholic the wine, and the further away from Burgundian complexity and minerality.

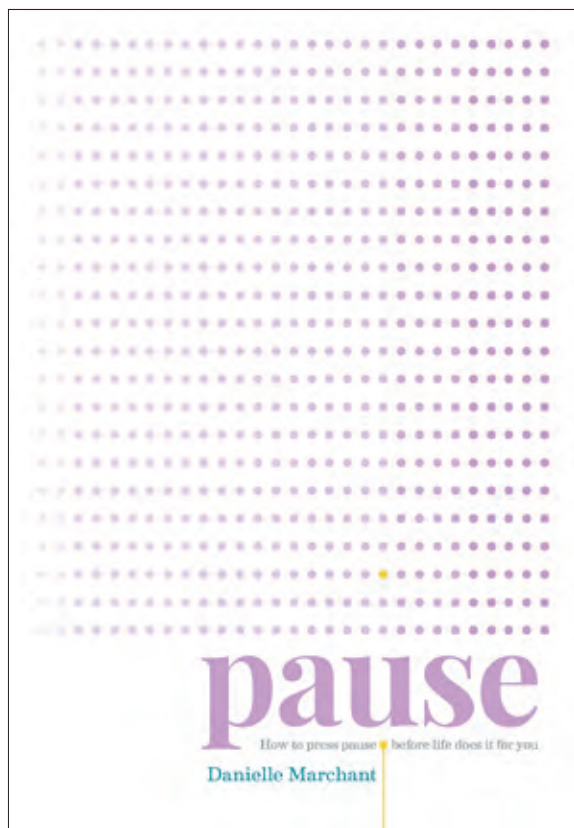
The problem encountered by most New World Pinophiles is finding a climate cool enough, and the history of New World Pinophilia is a search for extremes. In the US those extremes seem to be in Oregon, and on California's Sonoma Coast. In New Zealand, in Central Otago, Marlborough and Martinborough; in Chile, in Leyda, Elqui and Limarí; in Australia, the Mornington Peninsula; and in South Africa, Walker Bay. In Europe, Germany seems to have the right conditions, ready-made: their weather, say the growers, comes from Burgundy a day or two late.

In California, Napa is too hot for Pinot, unless you like it: Soiled, and Russian River, and even Carneros, although it's sheltered by the fog that drifts in every afternoon through the gap in the coastal hills, can seem warm for Pinot – certainly warmer than the Sonoma Coast (try Flowers), where the climate is about as close to marginal as any Californian is prepared to go. If Californians want to go further than that they go to Oregon, where every other winemaker seems to be a refugee from California – through not always for reasons of climate.

But there's another factor at work here, as well. Climate is not just about temperature: light intensity plays an enormous part. The southern hemisphere generally has more intense light than the northern. New Zealand's vineyards, being under the hole in the ozone layer, have incredible light intensity. Its Pinots, like those of Felton Road, for example, always have relatively high alcohol – 14-15% or more. In Oregon, with more cloud cover and a far more sober level of light, alcohol hovers around the 13.5-14% mark. Central Otago's Pinots are bold, even showy; Oregon's are more subtle, more European.

If lightness is what you seek, don't forget Alsace. Pinot is having a revival here, with ripe, complex wines (anyone raised on California Pinot might find them angular, just as those raised on Burgundy might find California Pinot wild). Alcohol is 12-13.5%, look for Audrey or Christian Bruner, Dorn, Weinbach, Pfister, Marcel Deiss. Can't better, brighter spots just pick earlier, before sugar levels rise? No, they can't. Tannins must be ripe: green, dry tannins are not pretty. Ideally tannin ripeness and sugar ripeness arrive together, but sugar ripeness comes with heat, tannin ripeness with time. Get sugar ripeness early, because you have hot summers, and you're liable to get whacking sugar levels while you wait for tannin ripeness. But even cool climates like Germany's Ahr (try Meyer-Nikel or Jean Stodden) can deliver 14%, albeit with perfect balance. If you regularly get sugar ripeness way before tannin ripeness, then either your viticulture is wrong, or you shouldn't be growing Pinot.





**9781912023097**

September 2017

Aster

US\$14.99 CAN \$16.99

Paperback

6" x 8 1/2"

224 pages

## PAUSE

**How to press pause before life does it for you.**

Danielle Marchant

**"Danielle Marchant is a beguiling leader – a refreshing mix of pragmatic and soulful. She facilitates with a light hand and an engaged heart" *Queen of Retreats***

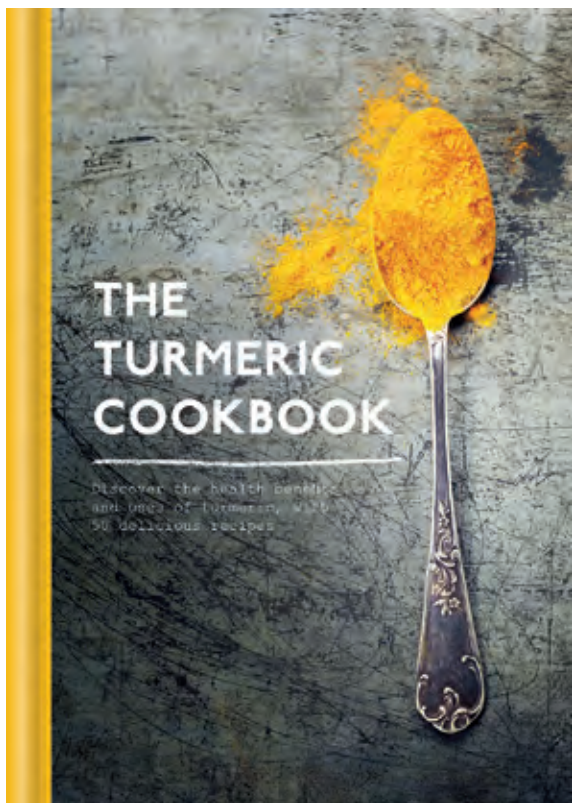
Pause is an important message ready to be heard.

We check our phones an average of 221 times a day, we have apps that help us sleep and remind us to be mindful while we secretly measure our success in 'likes'. Time is our luxury and yet with technology we are never able to leave the office, even when we aren't there. The fear of missing out makes us rush from one thing to the next, not really taking any of it in.

Pause allows you to finally put yourself, your feelings and your intuition first. Learning to say no, doing the things that make you feel good, and not doing the things that don't make you feel good – these are not self indulgent. Listening to your own heart and wisdom doesn't make you selfish, slowing down to appreciate your life isn't lazy or unambitious. It is an ancient message, but still just as strong; when you pause to take care of yourself and your own life, you become the person you're meant to be.

This book gives you the space and the practices so that you can learn how to benefit from the power of the pause. It uses nature, creativity and your inner spirit to allow the energy to flow freely once again. There are exercises to ground you, give access to your intuition, to breathe deeply and allow your monkey mind to settle. It gives you time to explore what is big in your life right now, to know deep down what matters. It opens you up, allowing you to freely experience all the pain, the joy and the twists and turns of life. It gives you back your courage, your fire and your connection.

**Danielle Marchant** has a long work history as a successful executive coach in the corporate industry, working with top-level executives at companies such as HSBC, McKinsey Unilever and SAP. She has more than 13 years experience working with leaders in 20 different countries; and spent 3 years living and working in Asia, where she set up a pioneering coaching company and an award winning change management consultancy.



## THE TURMERIC COOKBOOK

Discover the health benefits and uses of turmeric, with 50 delicious recipes.

Aster

Ancient healer, modern alchemist...

Turmeric has been harvested for over 5,000 years in its native Indonesia and is a key ingredient in many dishes and medicinal remedies throughout the region. It is now rising quickly in popularity everywhere in the world as wellness seekers of all ages discover the health properties of this incredible food.

Considered to be one of nature's most powerful anti-inflammatory ingredients, turmeric is a powerful medicine that has long been used in the Chinese and Indian systems of medicine as an anti-inflammatory agent to treat a wide variety of conditions, including digestion problems, jaundice, menstrual difficulties, toothache, bruises, chest pain and colic.

Scientific studies now show that turmeric contains anti-cancer properties, may be helpful with inflammatory bowel disease, Crohn's, rheumatoid arthritis, help with improved liver function, heart health, may help to lower cholesterol and be protective against Alzheimer's disease.

Turmeric becomes more active either when cooked or combined with other specific ingredients such as ginger and black pepper. Whether in root or powder form, turmeric can be used in juices, smoothies, infusions, soups, curries, pulses, stews, for roasting vegetables, adding to hummus, yogurt and marinades for fish, meat or tofu. All the health benefits, how to use turmeric and 50 delicious recipes are included in this stunning cookbook.



9781912023110

September 2017

Aster

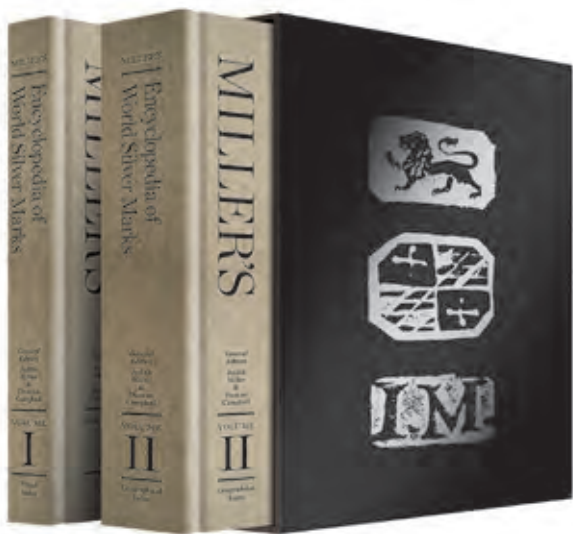
US \$12.99 CAN \$14.99

Hardcover

6" x 8 1/2"

128 pages





**Judith Miller** began collecting in the 1960s while a student at Edinburgh University in Scotland. She has since reinforced her knowledge of antiques through international research, becoming one of the world's leading experts in the field. In 1979 she co-founded the international bestseller *Miller's Antiques Price Guide* and has written more than 100 books which are held in high regard by collectors and dealers. She regularly appears on TV and radio and is a specialist on the BBC's *Antiques Roadshow*.

**Duncan Campbell** has built up a specialist silver business based in Bath, south-west England, focusing on the more unusual areas, such as early, foreign and colonial, ecclesiastical and rare silver. He has produced silver catalogues and research for a wide variety of private clients and institutions, including The Baltic Exchange, Lloyd's of London and The Bowes Museum. Since 2009 he has also been an expert on the BBC's *Antiques Roadshow*, one of his highlights having been the discovery of a silver spoon dating back to 1440.

## MILLER'S ENCYCLOPEDIA OF WORLD SILVER MARKS

General editors: Judith Miller and Duncan Campbell

This is the only book on the subject that will enable you to identify confidently and reliably an unknown piece of silver from any country around the world.

Designed as the essential reference tool for appraisers, collectors and dealers of silverware, the *Encyclopedia* is an indispensable guide for anyone researching silver hallmarks, offering clear and wide-ranging reproductions of thousands of hallmarks from more than 60 countries and regions, past and present, on every continent.

Vetted by an international team of experts, the *Encyclopedia* is clearly and logically organized into two volumes for ease of reference, helping you to identify your hallmark quickly, easily and reliably. In the first volume are hallmarks listed by visual type and category, fully cross-referenced to information in the second volume on country of origin, center of assaying or making, date and silver standard marks, special marks such as import/export marks, and selected maker's marks.

Practical, comprehensive and up to date, *Miller's Encyclopedia of World Silver Marks* is an invaluable aid to identifying silver from around the world. It also includes brief historical overviews of hallmarking in each country, a description of the hallmarking process, and a guide to identifying fake and forged marks.

- An invaluable source of reference for collectors, appraisers, auctioneers, museums, academics and students of the decorative arts.
- Created by an international team of experts on hallmarking and antique silver.
- Backed by the authority of the Miller's brand.
- Published in two volumes with real cloth quarterbinding, sold in a handsome silver- blocked slipcase.
- The only single work to cover all known hallmarking centers around the world, from 1700 to the present day.

**9781784721329**

September 2017

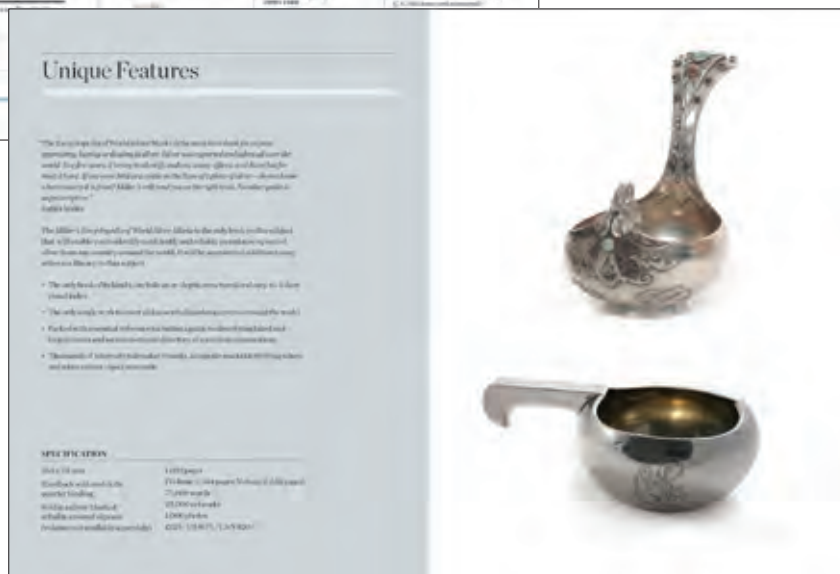
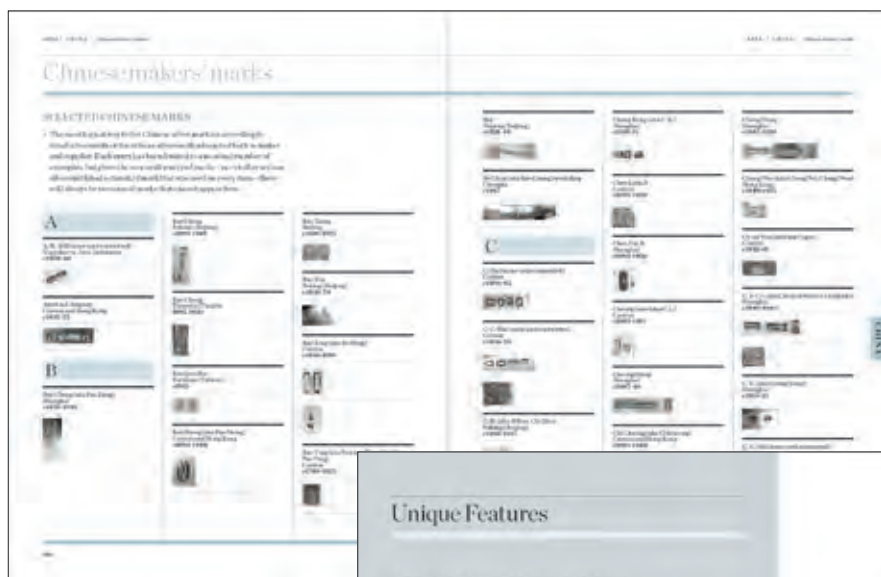
Mitchell Beazley

US\$175/CAN\$200

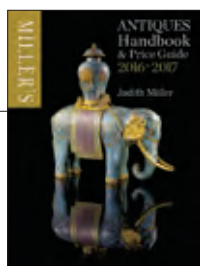
Hardcover slipcase

7 1/2" x 10 1/4"

1032 pages

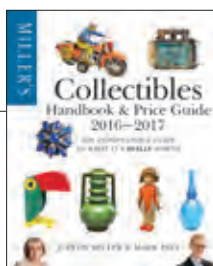


Also Available:



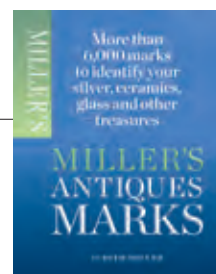
### MILLER'S ANTIQUES HANDBOOK & PRICE GUIDE 2016-17

9781784720896  
\$45.00 (HC)  
\$49.99 in Canada



### MILLER'S COLLECTIBLES HANDBOOK & PRICE GUIDE 2016-17

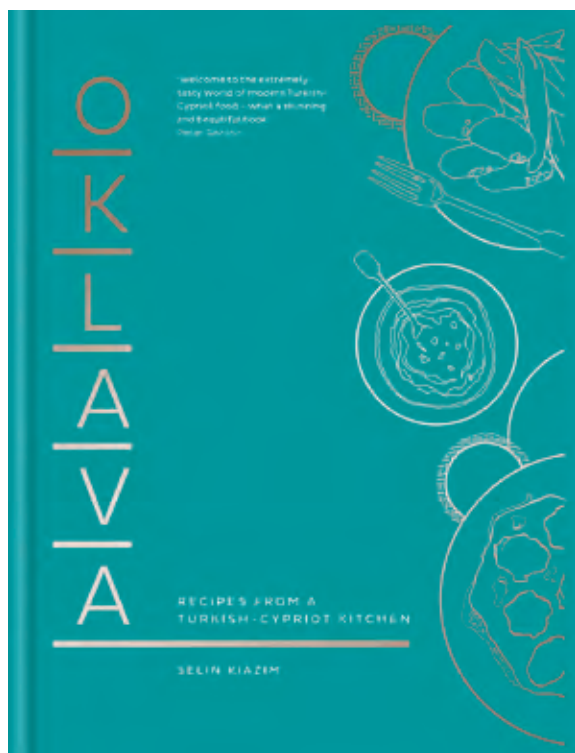
9781784721398  
\$27.99 (PB)  
\$29.99 in Canada



### MILLER'S ANTIQUES MARKS

9781845337988  
\$9.99 (PB)  
\$10.99 in Canada





**Selin Kiazim** developed her love of cooking at an early age, and her food takes inspiration from her Turkish-Cypriot heritage, focused around communal eating. Selin has worked for acclaimed chef Peter Gordon at The Providores in London Marylebone, later becoming head chef at Kopapa, before taking up residency at Trip Kitchen. She opened Oklava with her business partner Laura Christie in London's Shoreditch in November 2015.

**9781784723590**

September 2017

Mitchell Beazley

US\$29.99 CAN \$32.99

Hardcover

7 1/2" x 10"

240 pages

## OKLAVA

### Recipes from a Turkish-Cypriot kitchen

Selin Kiazim

Turkish-Cypriot dishes with a modern twist.

With influences from the Mediterranean, Southern Europe and the Middle East, Turkish-Cypriot food offers incredible flavor combinations unique to its region. *Oklava: The Cookbook* celebrates the culinary delights of this area in a way no cookbook has done before.

Oklava translates simply as 'rolling pin'. For Selin Kiazim, owner and chef of Oklava restaurant in London, this word conjures up memories of her Turkish-Cypriot grandmother: a rolling pin was never far from her hands, which meant a delicious meal was imminent. The same can be said for this book. These sensational recipes will take you on a journey from home-cooked meals and summers spent in North Cyprus to an exciting interpretation of modern Turkish-Cypriot cooking in London.





## APERITIVO

Drinks and Snacks for the Dolce Vita

Kay Plunkett-Hogge

**Acclaimed drinks writer Kay Plunkett-Hogge returns with this gorgeous guide to Italy's best dishes and drinks for the aperitif hour.**

Let's be honest: who doesn't want to be a little bit Italian? To glide through Rome on a Vespa like Marcello Mastroianni, wearing an impeccable suit? Or sit in St Mark's Square in Venice at dusk, nibbling cicchetti and sipping an Aperol spritz? This is la dolce vita, and this is aperitivo – Italy's take on drinks and small snacks.

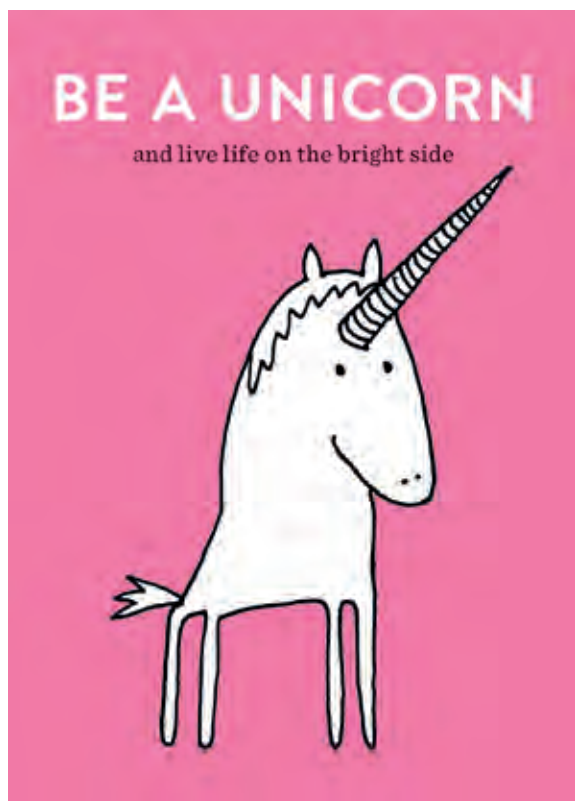
*Aperitivo* brings together 80 recipes from across Italy, and tells the stories behind the food and the drinks that shape the aperitif hour. The book opens with the aperitivi themselves — Campari and Aperol — as well as recipes for classic Italian cocktails (including the perfect Negroni) and a guide to Italian wine. Kay then introduces simple recipes for Antipasto and Pinzimonio; Tramezzini; Bruschette and Crostini; Seafood; Meat and Fowl; Vegetables, Dairy and Eggs; Bread and Baking; and Dolci. So let's cinch in our waists, pop on some cat's eye sunglasses, and make like Sophia Loren. It's time for Aperitivo.

**Kay Plunkett-Hogge** is a well-respected food and drink writer with a wide culinary repertoire and an in-depth knowledge of the drinks industry. Kay started her food career with a bespoke location catering service for the fashion business, having been a model agent in New York and London, and a movie coordinator in Bangkok and Los Angeles during the 80s and 90s. Since then, she has worked as a writer and food consultant, most notably with the team behind the successful Leon restaurants – she is co-author of *Leon: Family & Friends*. Kay has written for *FT Weekend*, *Delicious* and *Olive* and currently writes a regular cocktail column for the *Daily Telegraph*.



**9781784723101**  
 September 2017  
 Mitchell Beazley  
 US\$19.99 CAN \$21.99  
 Hardcover  
 8" x 8"  
 224 pages





## BE A UNICORN

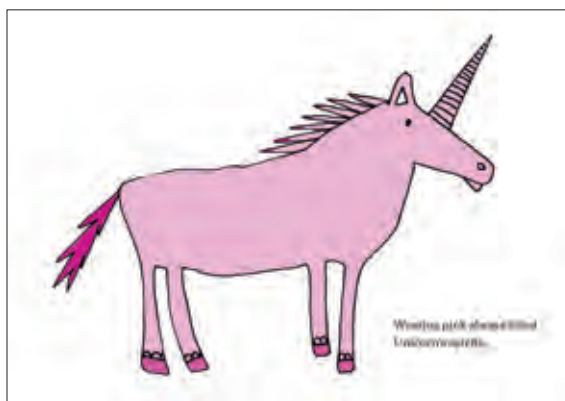
and live life on the bright side

Sarah Ford

**Being a person is getting too complicated. Time to be a unicorn.**

Escape the real world and enter into the magical realm of unicorns with this little book of positivity. Illustrated with adorable, adorkable unicorns, each spread comes with a funny or inspiring quote reminding you to follow your dreams, and always think unicorn.

Perfect for giving an inspiring boost to your day, or as a cheering up gift for a friend who needs a little more unicorn in their life, this cute and covetable little book is bound to spread smiles wherever it goes.



9781846015441

September 2017

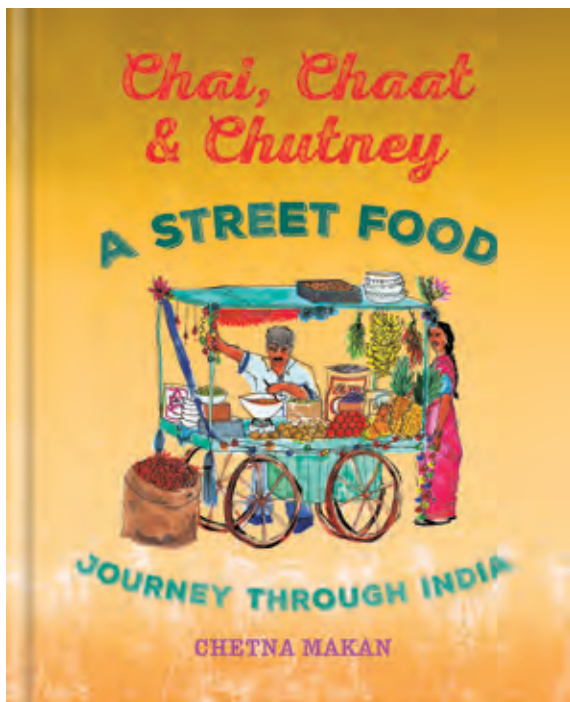
Spruce

US\$6.99 CAN \$7.99

Flexiback

4 1/4" x 5 3/4"

96 pages



## CHAI, CHAAT & CHUTNEY

A street food journey through India

Chetna Makan

Explore exciting new recipes inspired by the street food of India's four biggest cities.

Chetna Makan has travelled to the four corners of India - Mumbai, Kolkata, Delhi and Chennai - sampling the extreme varieties of street food on offer. Each area has subtle difference in ingredients and techniques, making the cuisine completely unique and full of character.

In *Chai, Chaat & Chutney*, Chetna has taken inspiration from the street and created delicious recipes that are simple to cook at home. The result is a completely fresh take on Indian cuisine - try Tamarind stuffed chillis, Chana dal vada with Coconut chutney and Dabeli from the South or let your senses venture to the North for one of the ultimate curries: Chole, sweet Carrot halwa, Pani puri and Cardamom & pistachio kulfi.

**Chetna Makan** was born in Jabalpur, an ancient city in central India. She has a degree in fashion and worked in Mumbai as a fashion designer before moving to the UK in 2003. Chetna reached the semi-final of *The Great British Bake Off* in 2014, and her first book *The Cardamom Trail* is a celebration of baking with Indian flavors. She has a very popular YouTube channel 'Food with Chetna' where she shares her creative flair for food.



**9781784722876**

September 2017

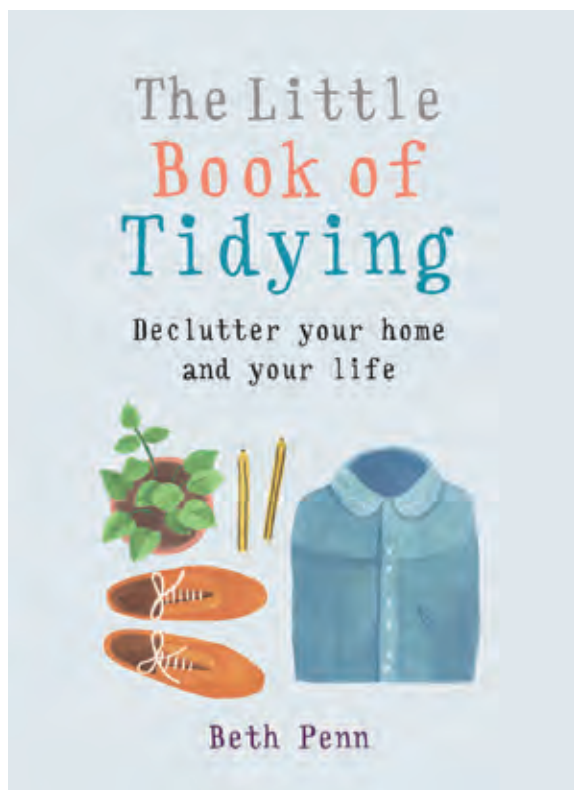
Mitchell Beazley

US\$24.99 CAN \$27.99

Hardcover

7 1/2" x 9 1/4"

240 pages



**Beth Penn** is a professional organizer, speaker and life hacker. "Overwhelming" is a word that Beth has heard often over her 10+ years servicing clients on physical and digital clutter. She is the founder of the thriving professional organizing business Bneato Bar, whose clients range from corporations looking for big-picture time management solutions to the busy individual simply flooded with email, paper and stuff. She has appeared on the *The Today Show* for her Naked Inbox workshop, which helps people declutter their email inboxes. Penn has been featured in *Real Simple Magazine*, *Oh Joy!*, *DesignLoveFest*, and more, and has collaborated on projects with Style by Emily Henderson and Apartment Therapy. She has further connections to Houzz, *The Huffington Post*, Ban.do, Pop Sugar, The Body Book blog, "Elise Gets Crafty" Podcast, *The OWN Show*, the *LA Times*, Poketo, Room + Board, West Elm, The Unique Space, The Unique CAMP and Yellow Conference.

9781856753692

September 2017

Gaia

US\$7.99 CAN \$8.99

Flexiback

4 1/4" x 5 3/4"

96 pages

## THE LITTLE BOOK OF TIDYING

Declutter your home and your life

Beth Penn

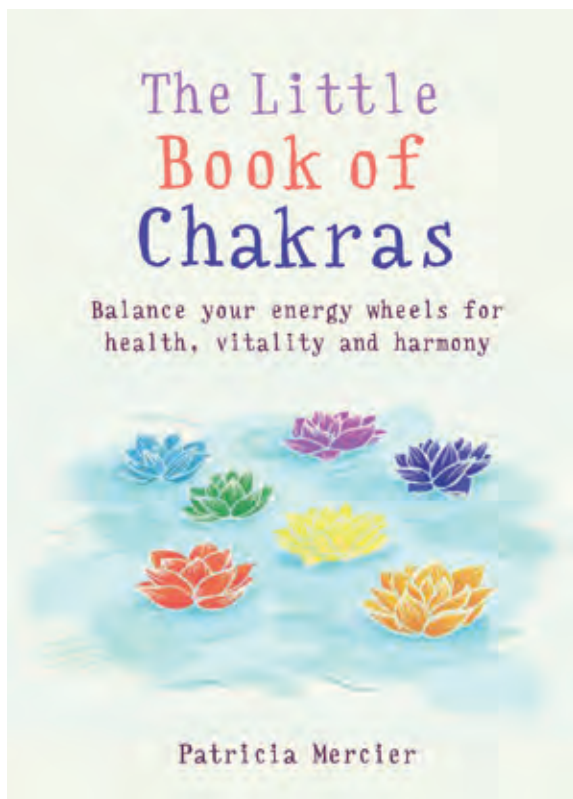
A beautifully color-illustrated pocket guide to decluttering your home and life by using specific tools and strategies.

In this age of mass consumerism, we are "stuffocating"; becoming slaves to our possessions. Discarding the unnecessary brings clarity, allows us to appreciate our favorite things and helps us to regain control of our surroundings and, as a consequence, our lives.

With *The Little Book of Tidying*, Beth Penn presents a wonderful approach to the philosophy of "less is more" that allows the reader to adapt a new form of positive psychology into their daily lives.







**Patricia Mercier** trained as a yoga teacher many years ago with specific emphasis on making yoga accessible to the Western mind, creating a bridge to traditional teachings. She is a fellow of Hygeia College of Colour, a qualified holistic healer using various energy techniques and has written extensively on these subjects. She is author of *The Chakra Bible*, *The Chakra Experience*, *Chakras* and four books about Mayan teachings from Central America. She has been upon a visionary path since initiations with esoteric teachers and shamans.

**9781856753708**  
 September 2017  
 Gaia  
 US\$7.99 CAN \$8.99  
 Flexiback  
 4 1/4" x 5 3/4"  
 96 pages

## THE LITTLE BOOK OF CHAKRAS

**Balance your energy wheels for health, vitality and harmony**

Patricia Mercier

**A beautifully color-illustrated pocket guide to awakening and balancing the chakras from established MBS author Patricia Mercier.**

The chakras are vibrant, colored energy wheels or centers of spiritual power, located within the subtle body, through which our life energy flows. This beautifully illustrated little book will help you to awaken your chakras to improve your physical health, balance energies and resolve physical, emotional and spiritual issues. With detailed descriptions of the chakras and their associations and easy-to follow exercises and activities, you will learn how to work with each of these powerful centers of energy to enhance all aspects of your life.





## COLD BREW COFFEE

Techniques, Tips & Recipes for Coffee's Hottest Trend

Chloë Callow

**Everything you need to know to explore the cold brew trend at home – from techniques and tips for making your own artisanal brew to delicious recipes and ideas.**

Cold brew coffee is taking the world by storm – think craft beer, but for coffee – with its less bitter flavor and higher caffeine content. Brewed by steeping coffee grounds in cold water for 18–20 hours, cold brew coffee is going mainstream and has been adopted by the big coffee shop chains such as Starbucks.

Now is your chance to enjoy cold brew coffee at home. Learn about the different brewing techniques, from Immersion to Slow Drip, discover the best beans to buy and find the perfect way to store your coffee. Once you have made your own artisanal brew, impress your friends with cocktails, mocktails and desserts using the recipes provided.

**Chloë Callow** is editor of *Caffeine* magazine and is thoroughly steeped in the world of coffee. She works as an expert in water filtration for the coffee industry, and has written articles and reviews for a range of coffee and cocktail magazines and apps. She has also worked with the UK chapter of the Specialty Coffee Association of Europe.



9781784723606

September 2017

Mitchell Beazley

US\$12.99 CAN \$14.99

Hardcover

6" x 8 1/2"

112 pages



## GIZZI'S SEASON'S EATINGS

**Feasts & Celebrations from Halloween to Happy New Year**

Gizzi Erskine

**Host a glorious winter gathering with *Gizzi's Season's Eatings*.**

No one loves a get-together more than the bestselling, award-winning British chef Gizzi Erskine, so in her latest book she shows you how to create delicious, crowd-pleasing fare for every occasion. Christmas dinner with all the trimmings, a New Year's brunch or a frightful feast for Halloween: whatever the occasion, you will find something special to share with the ones you love. Recipes include holiday turkey mole enchiladas, wintry sausage casserole, a seasonal clambake and dense chocolate holiday cake.

Former professional body piercer and Leith's School of Food & Wine graduate, British food personality **Gizzi Erskine** is an award-winning food writer and stylist, TV presenter and cookbook author.

Gizzi has been a columnist for *The Sunday Times Magazine*, Contributing Editor for *InStyle* and has written for a wide variety of other magazines and newspapers such as *Elle USA*, *Vogue USA*, *GQ*, *The Times* and the *Evening Standard*. In 2014 she joined Jamie Oliver's Food Tube network on YouTube. She has been designated one of the London *Evening Standard's* 1000 Most Influential People four times.

**9781784722159**

September 2017

Mitchell Beazley

US\$29.99 CAN \$32.99

Hardcover

7 1/2" x 9 3/4"

240 pages







### 50 WAYS TO KILL A SLUG

**Serious & silly ways to kill or outwit the garden's number one enemy**

Sarah Ford

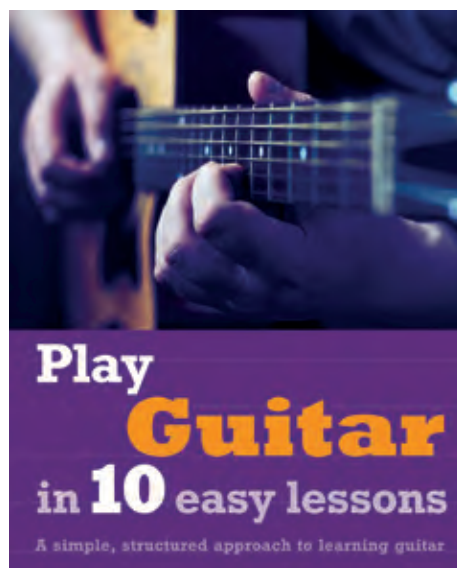
---

Are you being bullied by a mollusc that slimes all over your garden and munches through your favorite delphinium? Are you worried about using slug pellets for fear of endangering local wildlife? Take a stand against slugs with 50 alternative, organic, natural, chemical and humane solutions to slug problems. Trick, flick and frighten slugs out of your garden, leaving you with pest-free plants.

Stop slugs in their tracks and make slimy trails a thing of the past.

**9780600635031**

September 2017  
Spruce  
US\$5.99 CAN \$6.99  
Paperback  
4 1/4" x 5 3/4"  
96 pages



### PLAY GUITAR IN 10 EASY LESSONS

**A simple, structured approach to learning guitar**

Jon Buck

---

If you've ever wanted to play guitar, this is the quick and easy way to learn. This clearly illustrated guide shows you all you need to get started playing the guitar, from getting to know the instrument, posture and reading tablature to playing advance chord extensions, scales and arpeggios. There are tips for perfect technique and innovative illustrations show you how to play even the most complicated-sounding chords. By the end of the 10 lessons you will be able to play chords and scales, improvise your own solos and finger pick and strum chords in every key. Easy-to-follow text helps you understand the relationship between notes and there is even a directory of over 250 chords for you to experiment with.

**9780600635048**

September 2017  
Hamlyn  
US\$14.99 CAN \$16.99  
Paperback  
7 1/2" x 9 1/4"  
160 pages



## PRICK

### Cacti and Succulents. Choosing, Styling, Caring

Gynelle Leon

A modern guide to the fashionable world of prickly, spiny houseplants.

Cacti and succulents are the hottest new trend. These spiny little plants are taking Instagram by storm, and are steadily making their way into the most stylish homes. With their striking shapes and many different colors, they provide the perfect, low maintenance design accent for contemporary living spaces. Easy to care for, they also bring tranquillity and mindfulness.

**Gynelle Leon** founded London's first ever shop dedicated to cacti and succulent, called Prick. Here, with inspirational and achievable styling tips and advice, she shares her secrets to using these plants to transform your home. With profiles on the huge range of cactus varieties and information on caring for and styling your houseplants, this is the perfect guide to bringing the outdoors in.



9781784723675

October 2017

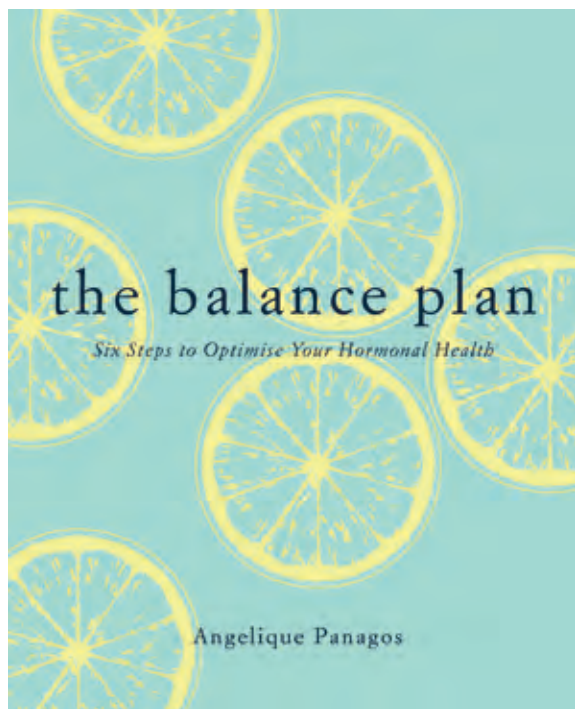
Mitchell Beazley

US\$19.99 CAN \$21.99

Hardcover

6" x 8 1/2"

224 pages



**9781912023042**

October 2017

Mitchell Beazley

US\$24.99 CAN \$27.99

Hardcover

7 1/2" x 9 1/4"

224 pages

## THE BALANCE PLAN

### Six Steps to Optimize Your Hormonal Health

Angelique Panagos

#### Balance your hormones and transform your life.

*"I can't function without coffee"*

*"I need my daily fix of chocolate"*

*"I look puffy and retain fluid easily"*

*"I'm hungrier than I used to be but never feel satisfied"*

*"I struggle to lose weight no matter what I try"*

Sound familiar?

These are complaints that nutritionist Angelique Panagos hears every day. Time and time again, they're caused by the same thing - hormonal imbalance.

The Balance Plan explains how to tune in to your hormones and make the changes necessary to bring them into balance. Take the six steps, follow the 28-day plan and transform your life!

- Sleep better
- Enhance digestion
- Lose weight
- Reduce stress
- Elevate energy levels
- Feel happier

**Angelique Panagos** is a writer, total foodie and health crusader with an immense passion for the healing power of food.

Her journey into nutrition and hormonal health has been one of self-sabotage, healing and discovery. In her early 20s, at her heaviest weight, Angelique was determined to take radical control of her body - obsessive exercise and curbed eating led to anorexia and bulimia.

Finally, at age 27, she began taking small, consistent steps to changing her beliefs around food, and to educate herself about nutrition and hormonal balance. Angelique learned not only how stress and poor nutrition wreak havoc on our hormones, but also how vital gut health and proper digestion are to our overall wellbeing.

Angelique completed her nutritional therapy training at the renowned Institute of Optimum Nutrition in London. She is registered and regulated by The British Association for Applied Nutrition and Nutritional Therapy (BANT) and is a member of the Complementary and Natural Healthcare Council (CNHC). In addition, Angelique is proud to be an Institute for Functional Medicine (IFM) AFMCP UK graduate.





## STRAIGHT UP

**Where Bartenders Drink**

Joel Harrison & Neil Ridley

**The insiders' guide to the world's most interesting bars, cocktails and characters.**

How great would it be to have access to the world's experts to help you choose the coolest and most interesting bars, wherever you find yourself in the world? Well, now you do. *Straight Up* is a carefully curated collection of insider tips that will allow you to discover the best drinking spots around the globe.

From a 10-seat basement bar in Tokyo, to a glitzy rooftop palace in Toronto and a converted Ottoman bathhouse in Budapest, this book contains everything you need to drink in style, brought to you by the locals in the know.

Spirits experts Joel Harrison and Neil Ridley have gathered a team of expert contributors among the world's bartending community to nose out the most interesting and characterful experiences. Throughout the book you'll also find features on signature cocktails, cocktail recipes, the low-down on star bartenders, and the inside track on what to drink where.

**Joel Harrison & Neil Ridley** are at the forefront of providing expertise and innovation in the spirits world. From whisky to gin, cognac to exotic drinks, the duo have a wealth of knowledge to share with audiences across the globe. They write about spirits on their website [worldofspirits.com](http://worldofspirits.com) and regularly pen articles and features for a number of different publications. They are judges for the World Whisky Awards and the prestigious I.W.S.C. awards. In the last two years, the duo have hosted over 250 whisky and other spirits tastings around the world from Japan to Lithuania.



**9781784722739**

October 2017

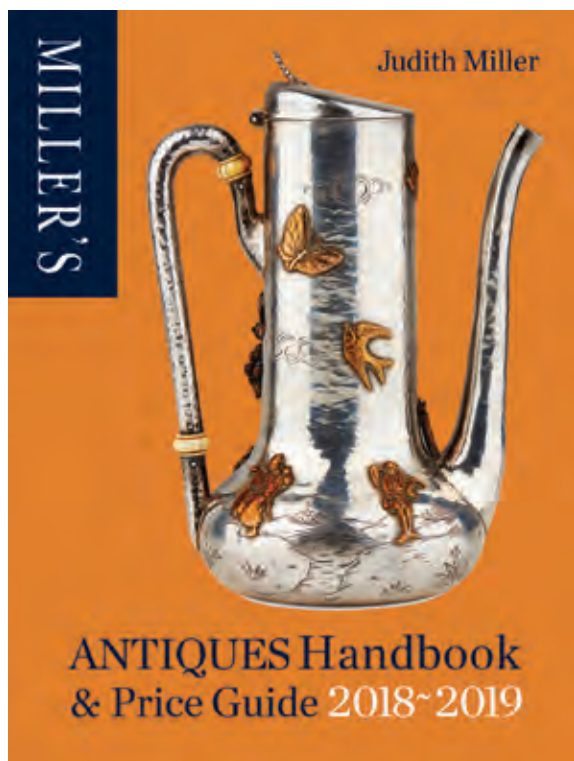
Mitchell Beazley

US\$19.99 CAN \$21.99

Hardcover

6" x 8 1/2"

288 pages



**Judith Miller** began collecting in the 1960s while a student at Edinburgh University in Scotland. She has since extended and reinforced her knowledge of antiques through international research, becoming one of the world's leading experts in the field. In 1979 she co-founded the international bestseller *Miller's Antiques Price Guide* and has since written more than 100 books, which are held in high regard by collectors and dealers. She appears regularly on TV and radio and has lectured extensively, including at the Victoria & Albert Museum in London and the Smithsonian in Washington, DC.

## MILLER'S ANTIQUES HANDBOOK & PRICE GUIDE 2018-2019

General Editor: Judith Miller

**If you want to know the value of your antiques – or find out how the antiques market is faring – the world's bestselling antiques price guide is the place to look.**

*Miller's Antiques Handbook & Price Guide* remains the essential and trusted guide to the antiques market. Completely revised and updated, this guide is the book no dealer, collector or auctioneer should be without. It is compiled by Judith Miller, world-renowned antiques expert and co-founder of the book, who selects the guide's 8,000-plus featured antiques.

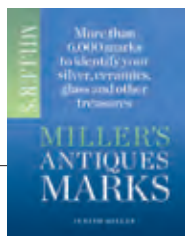
The images in the book are changed for every edition to keep the guide up to date with collecting and buying trends. The antiques are shown in full color with detailed descriptions and a current price range. Special "Judith Picks" sections give fascinating background and valuation details for particularly interesting or unusual objects.

Comprehensive sections cover ceramics, furniture, glass, silver and metalwares, jewellery and *objets de vertu*, clocks and watches, books, Oriental antiques, textiles, toys, decorative arts and Modern classics. Special features explain why one piece is worth more than another, show how to value an item and teach you to be your own appraiser. Biographies of designers and factories give the background information you need to help date and value objects. Whether you're buying or selling, this is the book you need.

### Also Available:

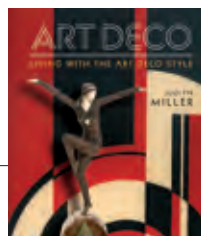
**9781784723514**

October 2017  
Mitchell Beazley  
US\$45 CAN \$49.99  
Hardcover  
7 1/2" x 10 1/2"  
600 pages



**MILLER'S ANTIQUES MARKS**

9781845337988  
\$9.99 (PB)  
\$10.99 in Canada



**ART DECO**

9781784721060  
\$39.99 (HC)  
\$43.99 in Canada



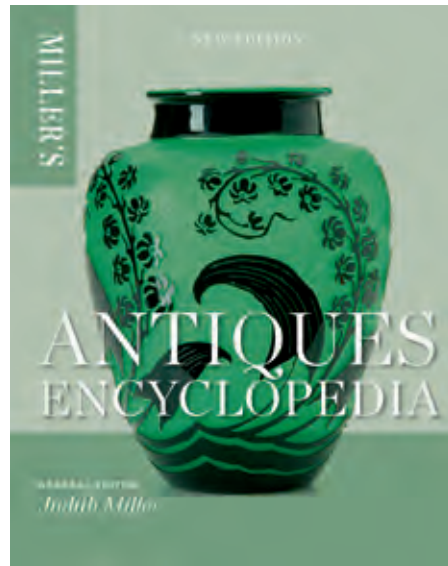
**MILLER'S COLLECTIBLES HANDBOOK & PRICE GUIDE 2016-17**

9781784721398  
\$27.99 (PB)  
\$29.99 in Canada



*"Miller's Antiques Price Guide has long been the market leader, offering not just prices but informed tips... Miller's is arguably the only price guide you will ever need"*

– *Antiques Magazine*



## MILLER'S ANTIQUES ENCYCLOPEDIA

Fully revised edition

General Editor: Judith Miller

**The new edition of the most accessible and authoritative antiques reference book available.**

First published in 1998, *Miller's Antiques Encyclopedia* has gone on to sell more than 150,000 copies worldwide and been published into seven languages. This new edition includes a thoroughly updated directory, list of suppliers and up-to-date price codes for each item.

Compiled by an international team of over 40 consultants and writers, and offering clear and wide-ranging coverage of antiques and collectables, this book contains valuable information for both the enthusiast and the experienced dealer.

**9781784723651**

October 2017

Mitchell Beazley

US\$50.00 CAN \$55.00

Hardcover

9" x 11 1/2"

592 pages





## THE FEVER-TREE COCKTAIL BOOK

Recipes from the world's leading bars

Fever-Tree

**More than 100 great cocktails from the leading mixer premium brand Fever-Tree, created and mixed by bartenders from all over the world.**

The first cocktail title to put the mixers center-stage. Rather than starting with the spirits, this book focuses on key mixers - including tonic, lemonade, ginger ale, ginger beer and cola - and provide 100 classic and contemporary cocktail recipes that make the most of the botanical partnerships.

The book also explores the origins of key ingredients, including quinine, lemons and elderflower, revealing the role quinine has played in geo-politics, for example, and the impact different herbs have on taste. In the way that we increasingly want to know the source and production methods of the food we eat, so this guide allows you to understand more fully what we drink - and use that knowledge to create the most delicious cocktails.

**Fever-Tree** was founded in 2005 by Charles Rolls and Tim Warrillow. The business is founded on a simple premise: to restore taste to mixers by using the highest quality natural ingredients.

Following a "tonic tasting" in the US market, Charles Rolls - who built his reputation running Plymouth Gin - joined forces with Tim Warrillow, who had a background in luxury food marketing, to analyse the composition of mixers. They discovered that the majority of mixers are preserved with sodium benzoate or similar substances, while cheap orange aromatics such as decanal and artificial sweeteners (such as saccharin) are widespread.

And so started a 15-month journey, with days of research at the British Library into quinine sources from as far back as 1620 and many trips to find the purest strains of this key ingredient. Five iterations of the recipe were tasted before Charles and Tim were happy with the result and the first bottle of Fever-Tree Indian Tonic Water was produced in 2005. Fever-Tree mixers are now exported to more than 50 countries and in the UK and US they are sold in several leading supermarkets, as well as bars and restaurants worldwide. Continually recognised for the quality of their products, the brand has won numerous awards in the UK, US, Europe and even as far as Australia, including six Taste awards, the Queen's Award for Excellence, several Grocer Gold Awards and Best New Product at Tales of the Cocktail.



**9781784721893**

October 2017

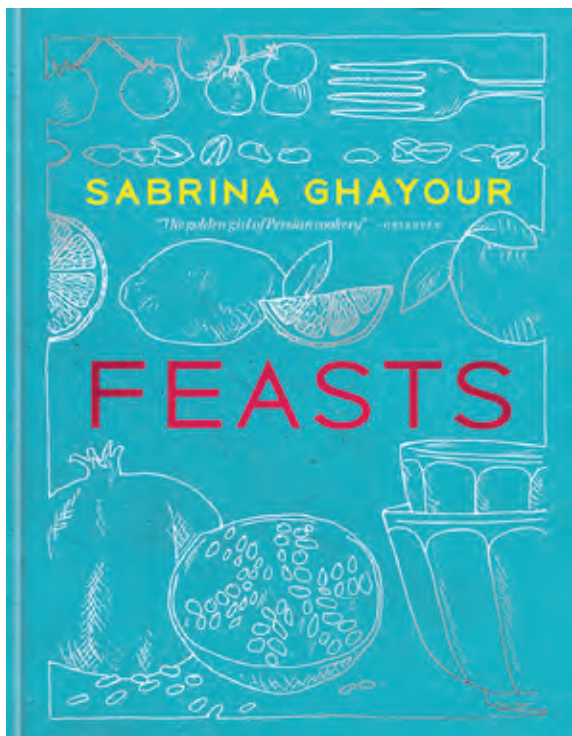
Mitchell Beazley

US\$24.99 CAN\$27.99

Hardcover

7 1/2" x 9 3/4"

224 pages



A chef, food writer and culinary teacher, **Sabrina Ghayour** is one of the strongest voices in Middle Eastern food today and is best known for her simple and flavorful Middle- Eastern dishes.

With regular appearances at the *BBC Good Food Show*, *Taste London* and more, her work has featured in the *Guardian*, the *Observer*, *Observer Food Monthly*, *The Times*, *The Sunday Times*, the *Evening Standard*, *The Independent*, *The Telegraph*, *delicious.* magazine, *Waitrose Food* magazine, *Sainsbury's Magazine* and *BBC Good Food* magazine. She has also appeared on the BBC's *Saturday Kitchen*, *Great British Menu* and *Masterchef*, and Channel 4's *Sunday Brunch*.

Sabrina's debut cookbook, *Persiana*, was awarded 'Best New Cookbook' at the Observer Food Monthly awards 2014 and 'Book of the Year' at the 2015 Food & Travel Awards. Her follow up, *Sirocco*, debuted at no. 1 in the UK and was a *Sunday Times* bestseller.

**9781784723743**

October 2017

Mitchell Beazley

US \$24.99 CAN \$27.99

Hardcover

7 1/2" x 9 3/4"

240 pages

## FEASTS

Sabrina Ghayour

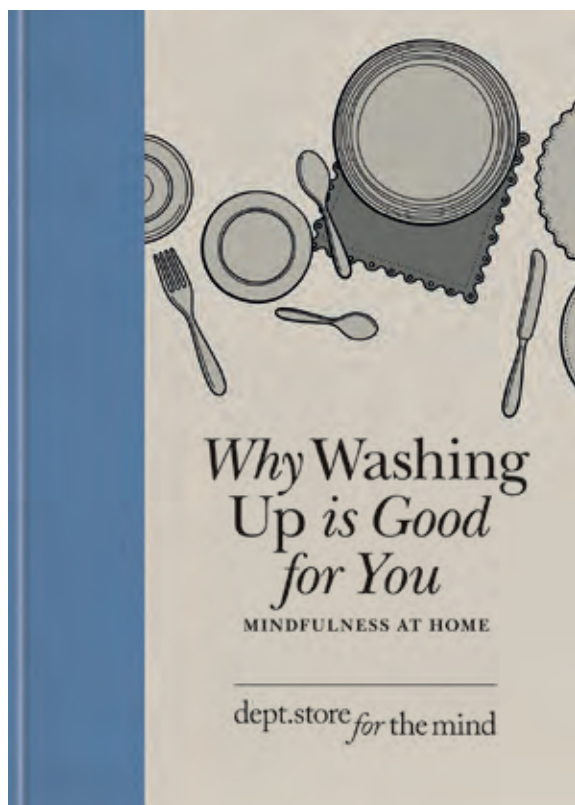
**Family, friends & food with a Middle-Eastern twist.**

*'Sabrina Ghayour knows how to throw a party: serve big dishes of beautifully spiced food and let everyone dig in.'* – Olive

*"Ghayour's food is both sophisticated and approachable — a tough line to tread"* LA Times

In *Feasts*, the highly anticipated follow up to the award-winning *Persiana* & number 1 bestseller *Sirocco*, Sabrina Ghayour presents a delicious array of Middle-Eastern dishes from breakfasts to banquets and the simple to the sumptuous. Enjoy dozens of recipes for celebrations with family & friends, get-togethers and menus for everything from brunches and weekend feasts to quick fixes and special occasions. Recipes include Whipped ricotta toasts, Savory pork & fennel baklava, Tamarind sticky ribs, Ultimate chicken shawarmas, Aubergine rolls, Saffron roast potatoes, Spiced rhubarb cake with cinnamon cream and White chocolate, cardamom & macadamia squares.





**dept.store for the mind** is the exciting new creative venture by Sophie Howarth, cofounder of the School of Life. The Department Store for the Mind is a place to explore the world inside your head: a vast and unique terrain of thoughts, ideas, emotions and memories. Discover more at [www.deptstoreforthemind.com](http://www.deptstoreforthemind.com)

## WHY WASHING UP IS GOOD FOR YOU

**Mindfulness at home**

dept.store for the mind

**Washing the dishes really can be good for you, if you do it mindfully.**

When you let yourself focus on any activity, however mundane, when you feel the warm water running over your hands and each dish as you make it clean, your mind begins to settle and stress levels come down. You are in the moment. Everything is as it should be. In the morning when you make your bed, you set the tone for the day. In the evening as you chop vegetables you create a rhythm. And as you clear clutter from the surfaces of your home, so you create space in your mind. When we open ourselves up to seeing it, suddenly there is beauty everywhere in our daily lives.

One of the Fives Ways to Wellbeing identified by the New Economics Foundation, and utilised by the major mental health charity Mind, is simply 'taking notice'. Reminding ourselves to take notice broadens our awareness of ourselves and our surroundings. And studies have shown that being aware of what is taking place in the present directly enhances our sense of wellness. It promotes appreciation and making the most of everything that we have.

Tend your mind, tend your world.

**9781912023165**

October 2017

Aster

US\$14.99 CAN \$16.99

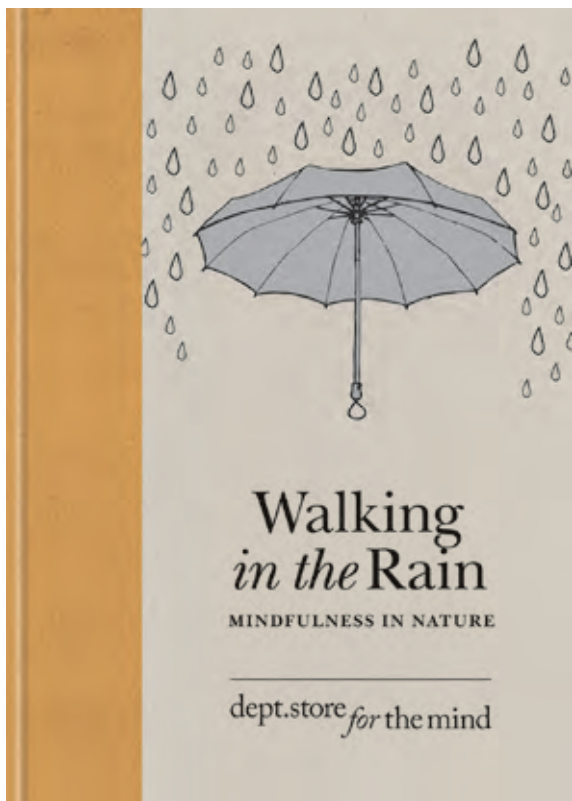
Hardcover

6" x 8 1/2"

160 pages







**dept.store for the mind** is the exciting new creative venture by Sophie Howarth, cofounder of the School of Life. The Department Store for the Mind is a place to explore the world inside your head: a vast and unique terrain of thoughts, ideas, emotions and memories. Discover more at [www.deptstoreforthemind.com](http://www.deptstoreforthemind.com)

## WALKING IN THE RAIN

**Mindfulness in nature**

dept.store for the mind

**For anyone seeking fresh air and ideas.**

Getting lost and feeling found...

Walking is medicine for the mind. It helps us slow down and think things through. It also helps us perk up and generate new ideas. There are few activities as readily available and revitalising as a brisk walk, or as soothing and stimulating as a long walk. Discover the wonderful things that can happen when you set out on two feet.

Studies show a strong link between the mental state while walking and innovative ideas or strokes of insight. From Aristotle's strolls with his students to Steve Jobs's famous walking meetings, walking not only inspires creativity but also attention, presence and perspective. Taking your mind for a walk nourishes connection with yourself, it allows exploration of the self and the world around us and invigorates all of our senses.

**Walk to welcome the day** "An early morning walk is a blessing for the whole day." - Henry David Thoreau

**Walk to get some perspective** "I'd walk and think about my entire life. I'd find my strength again, far from everything that had made my life ridiculous." - Cheryl Strayed

**Walk to become more present** "Suddenly I came out of my thoughts to notice everything around me again-the catkins on the willows, the lapping of the water, the leafy patterns of the shadows across the path." - Rebecca Solnit

**9781912023172**

October 2017

Aster

US\$14.99 CAN \$16.99

Hardcover

6" x 8 1/2"

160 pages





**evo magazine** was formed in 1998 and is devoted to the thrill of driving. From hatchbacks to hypercars, *evo* puts readers across the world behind the wheel with award-winning first-hand reports and exclusive photography of the latest automotive creations.

## Also Available:

### EVO: SUPERCARS

9781784720506

\$29.99 (HC)

\$32.99 in Canada



**9781784722692**

October 2017

Mitchell Beazley

US\$29.99 CAN \$32.99

Hardcover

9" x 11"

224 pages

## EVO: ASTON MARTIN

### Behind the Wheel of a Motoring Icon

*evo* Magazine

**A celebration of Aston Martin's iconic sports cars, from the early models via the legendary James Bond cars, to the very latest machines.**

For more than 100 years, Aston Martin has created some of the most beautiful – and powerful – cars ever seen on road and track. Here, the experts at *evo* magazine look back at its glorious history, with first-hand, behind-the-wheel reports, technical information and performance stats. With features on 60 of the greatest Astons of all time, accompanied by jaw-dropping photography from the world-renowned *evo* photographers, this book is a stunning tribute to this iconic motoring brand.

A special feature explores the stories behind the famous James Bond cars, from Goldfinger DB5 to Spectre DB10. Discover what it's really like to drive the most valuable Bond car of all time, and learn what became of these cars once filming had finished. *evo: Aston Martin* is a roll call of motoring excellence – with every single one tried and tested – and is a must-have for all car enthusiasts.





## TIMELESS

**Recreate the most iconic looks from 100 years of beauty**

Louise Young & Lou Sheppard

**Be inspired to recreate iconic beauty looks from the 20th century, with this gorgeous and practical book from leading industry experts Louise Young and Lou Sheppard.**

The 1920s faux bob. The 1940s victory rolls and classic red lip. The sixties beehive and the eighties smokey eye. The list of iconic beauty looks from the last century is almost endless. Now, with this book, you can recreate these classic looks at home.

Acclaimed make-up professional Louise Young and leading hairstylist Lou Sheppard bring together their favourite beauty looks of the 20th century to create the ultimate guide to vintage hair and make-up. Arranged by decade and containing beautiful photographs and easy-to-follow step-by-step instructions, this book shows you how the looks are created, and how they still influence current fashions today. This is a must-have for all aspiring make-up artists and hair stylists, or anyone who wants an easy way to achieve a classic look.

**Louise Young** has been a successful make-up artist for more than 30 years. She has worked on many feature films including *Spectre*, *Cinderella* and *Dr. Strange*, and on television shows such as *X Factor* and *Strictly Come Dancing*. Fashion credits include L'Oreal hair campaigns, London Fashion Week and magazine work for *OK!* And *Hello*.

**Lou Sheppard** is one of the most well-known and respected hairstylists in the industry, with more than 35 years' experience, and three Emmy nominations. She has taught at the London College of Fashion and the BBC and currently teaches master classes at Creative Media Skills School at Pinewood Studios.



**9781784723705**

October 2017

Mitchell Beazley

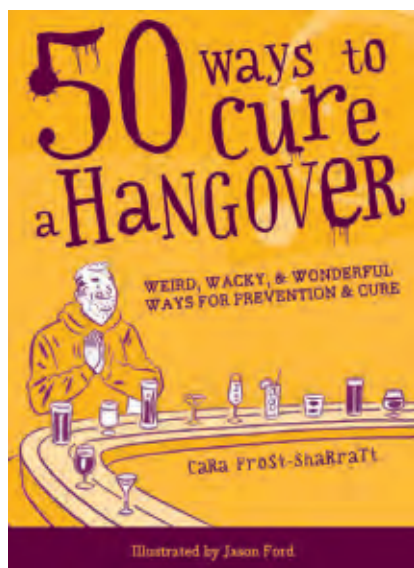
US \$24.99 CAN \$27.99

Hardcover

6 3/4" x 9 1/2"

256 pages





## 50 WAYS TO CURE A HANGOVER

Weird, wacky and wonderful ways for prevention and cure

Cara Frost-Sharratt

(Illustrated By Jason Ford)

**50 tips and tricks to banish the dreaded hangover - some tried and tested, some weird and wonderful, and some downright ridiculous.**

With 30 comic line drawings, if it doesn't ease the pain, it will at least bring a smile. For anyone who has ever woken up with a throbbing head, a churning stomach and an overwhelming sense of remorse, this book is for you. Why not try a "hair of the dog" Bloody Mary or the ultimate sandwich to soak up the booze? This little book has 50 foolproof tips for fending off the dreaded hangover, from the tried and tested to the downright ridiculous.

**9781846015472**

October 2017

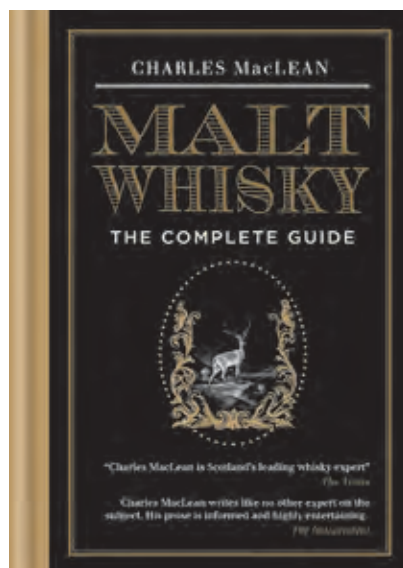
Spruce

US\$5.99 CAN \$6.99

Flexibound

4 1/4" x 5 3/4"

96 pages



## MALT WHISKY

The Complete Guide

Charles MacLean

First published in 1997, Malt Whisky has been published in six languages and continues to be a key reference on the subject of Scottish malt whisky. Full-color maps locate the distilleries, while over 150 photographs capture the essence of the spirit and how it is made. Charles MacLean describes how to appreciate and get the most out of tasting malt whisky, and a detailed A-Z directory features all of Scotland's key distilleries and their whiskies with full-color labels. MacLean also includes tips on buying malt whisky, as well as a guide to distillery visitor facilities and the best whisky societies and websites. This book offers all the information any malt lover could ever need to appreciate this magical spirit to the full.

Scotland's leading whisky writer **Charles MacLean** was founding editor of *Whisky Magazine* and was for many years Contributing Editor of the Scotch Malt Whisky Society's Newsletter.

**9781784723668**

October 2017

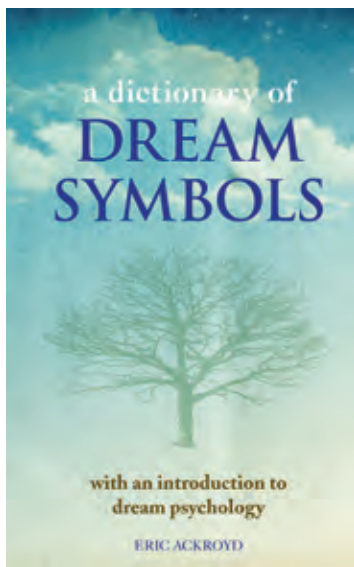
Mitchell Beazley

US\$19.99 CAN \$21.99

Hardcover

6" x 8 1/2"

240 pages



## A DICTIONARY OF DREAM SYMBOLS

With an Introduction to Dream Psychology

Eric Ackroyd

Dreams provide vital clues to hidden feelings, fears and desires; understanding your dreams can lead to greater self-awareness and self-healing. Each image that appears in a dream has a meaning, and *A Dictionary of Dream Symbols* is an invaluable, detailed guide to decoding these meanings. From abandonment to zodiacal sign, the dictionary contains over 700 entries, each of which gives a whole range of possible interpretations, allowing you wide scope for deciphering your dream and for assessing its implications. It also includes an introduction to the psychology of dreams, using the works of Freud and Jung as well as more recent theories of dream analysis.

**9781844039685**

October 2017

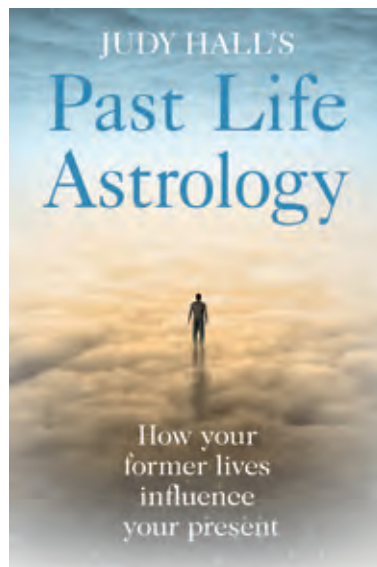
Cassell

US\$9.99 CAN \$10.99

Paperback

5 1/2" x 8 1/2"

320 pages



## PAST LIFE ASTROLOGY

How your former lives influence your present

Judy Hall

**Discover your past lives and how they effect your present through astrology and find your Karma - or something like that.**

Have you ever wondered who you were in a past life? Astrology can help you discover your past lives and how they effect your present. You will learn how to read your astrological birthchart from a karmic perspective, and identify the patterns and influences hidden within it. Once you understand past relationships and issues and their effect on your present life, you will be able to identify key problems and find new solutions. Ultimately, you will be happier and more fulfilled.

**Judy Hall** is a world-renowned authority on astrology and has been an astrology tutor and karmic counselor for over 30 years. She is also an author, psychic, healer, broadcaster and workshop leader and a tutor with the London School of Astrology.

**9781841814780**

October 2017

Godsfield

US\$12.99 CAN \$14.99

Paperback

6" x 8 1/2"

160 pages



## CLAUS MEYER'S BREAD & BAKING

Claus Meyer

Bring the delicious flavors of the bakery into your own kitchen with this new book from celebrated chef and restaurateur, Claus Meyer.

Claus Meyer has been taking the world by storm with his fresh, Nordic cooking. Now, he turns his hands to all things baking. His bakeries in Grand Central Station and Brooklyn, Meyers Bageri, have been receiving stellar reviews. In this book, Claus shares the secrets to his success.

The book is structured around the four basic types of dough – grain, leaven, wheat and wholegrain. Alongside the techniques, Claus gives tips and tricks for achieving best results, with explanations of the best flour and equipment to use. Recipes then show you how to put your new-found skills to use, ranging from rye bread to cinnamon loaf, from a spelt loaf to a naan. Photographic step-by-step instructions explain each baking technique, while troubleshooting sections provide advice. Claus Meyer's Bread & Baking is the perfect guide to creating delicious baked goods at home.

### Also Available:

#### THE NORDIC KITCHEN

9781784721626  
\$29.99 (HC)  
\$32.99 in Canada



**Claus Meyer** has been a gastronomic entrepreneur for more than thirty years, and he has inspired a generation to discover local Nordic produce through his portfolio of businesses, cookbooks, TV shows, lectures and agenda-setting viewpoints. He co-founded the celebrated restaurant noma, in Copenhagen, in 2003 and also founded restaurant GUSTU, in La Paz (Bolivia). In spring 2016 he opened a large-scale food space, Great Northern Food Hall, and a 100-seat restaurant, Agern, within the Grand Central Terminal in New York City, as well as Meyer's Bageri in Williamsburg, Brooklyn. He is the author of *The Nordic Kitchen* (Mitchell Beazley).

"Meyer updates his Danish culinary heritage as a gift to the next generation" – **Publishers Weekly**

"The Danish food activist, perhaps best-known for cofounding Copenhagen's Noma... has set about redefining Nordic cuisine" – **New York Times**

### 9781784722715

November 2017  
Mitchell Beazley  
US\$29.99 CAN \$32.99  
Hardcover  
7 1/2" x 9 3/4"  
224 pages



## OUR WHEAT BREAD - THE OLAND LOAF

### OLANDSKVÄDEBRÖD

Brödet framställs enligt en traditionell recept, som sedan 1800-talet har varit en del av Olands kulturarv. Brödet är ett av de mest kända bröden i Oland, och det har varit en del av Olands kulturarv sedan 1800-talet. Brödet är ett av de mest kända bröden i Oland, och det har varit en del av Olands kulturarv sedan 1800-talet.



1 kg (2 lb) (ca 2,2 kg)

#### INGREDIENSER

1 kg (2 lb) (ca 2,2 kg)  
1 kg (2 lb) (ca 2,2 kg)  
1 kg (2 lb) (ca 2,2 kg)

#### BEREDNING

1 kg (2 lb) (ca 2,2 kg)  
1 kg (2 lb) (ca 2,2 kg)  
1 kg (2 lb) (ca 2,2 kg)

#### UNDERSÖK

Undersök  
Undersök  
Undersök

#### BEREDNING

Beredning  
Beredning  
Beredning

#### NOTIS

Notis  
Notis  
Notis

#### SÅDAN FORMER DU DELEN



1. Rulla ut en bit av degen på ett träbrett. Rulla ut degen till en cirkel som är ca 20 cm i diameter. Rulla ut degen till en cirkel som är ca 20 cm i diameter. Rulla ut degen till en cirkel som är ca 20 cm i diameter.



3. Sätt in degen i en form. Sätt in degen i en form. Sätt in degen i en form. Sätt in degen i en form. Sätt in degen i en form. Sätt in degen i en form.

4. Sätt in degen i en form. Sätt in degen i en form. Sätt in degen i en form. Sätt in degen i en form. Sätt in degen i en form. Sätt in degen i en form.

OLANDSKVÄDEBRÖD 1

## OLAND WHEAT PIZZA

Oländskvådebröd är ett av de mest kända bröden i Oland, och det har varit en del av Olands kulturarv sedan 1800-talet. Brödet är ett av de mest kända bröden i Oland, och det har varit en del av Olands kulturarv sedan 1800-talet.

#### INGREDIENSER

1 kg (2 lb) (ca 2,2 kg)  
1 kg (2 lb) (ca 2,2 kg)

#### BEREDNING

Beredning  
Beredning  
Beredning

#### NOTIS

Notis  
Notis  
Notis

#### UNDERSÖK

Undersök  
Undersök  
Undersök

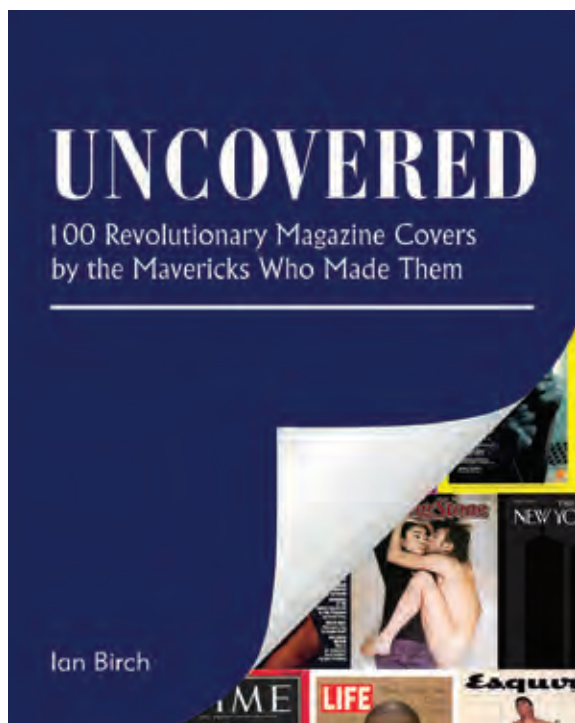
#### BEREDNING

Beredning  
Beredning  
Beredning

Notis  
Notis  
Notis



OLANDSKVÄDEBRÖD 1



**Ian Birch** is former Editorial Director of Hearst UK and Emap.

He began his magazine career in the late 1970s as a reporter for *Melody Maker*, before moving to *Smash Hits*, where he was assistant editor for three years from 1984. His first launch and editorship came in the late 1980s with *Sky* magazine. At Hearst UK he was publisher of *Company*, *Esquire* and *Harper's Bazaar*.

Prior to working at Hearst, Birch was chief content officer at *TV Guide* in New York for four years; and before this he was editorial director at Emap for more than 10 years, where he helped to launch *Red*, *Closer*, *Grazia* and re-launch *Heat*.

**9781844039043**

November 2017

Cassell

US\$29.99 CAN \$32.99

Hardcover

8" x 10"

256 pages

## UNCOVERED

### 100 Revolutionary Magazine Covers by the Mavericks Who Made Them

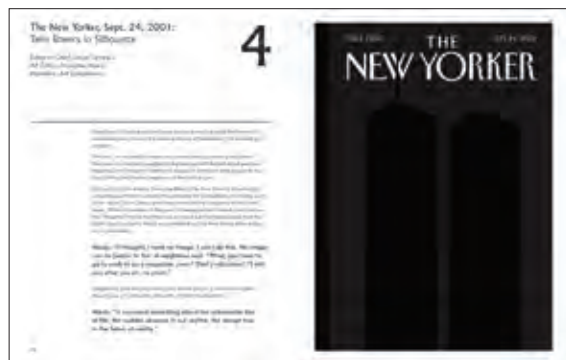
Ian Birch

Discover the inside story behind the creative process and the disruptive consequences of 100 ground-breaking magazine covers.

They made you look. They made you think. They made you care.

Now, in *Uncovered*, the editors, photographers, designers and muses behind 100 of the most iconic magazine covers reveal the discussions and decisions that led them to publish and be damned.

The media both reflects and shapes society, and today more than ever we are aware of the potential for the cover of a magazine to create ripples across the world. In this book, the former editorial director of Hearst magazines in the UK, Ian Birch, takes a chronological look at the most impactful covers, and speaks to the people behind them to get the inside take on how they came to fruition.





## MOVIE GEEK

### The Den of Geek! Guide to the Movieverse

Simon Brew

A comprehensive compendium of cult website Den of Geek's most popular articles combined with new material to create the ultimate alternative encyclopedia of film.

Get in touch with your inner geek with this guide to the movies from Den of Geek, the hugely popular entertainment and pop culture fan website. *Movie Geek* brings you a leftfield look at film history, from superheroes to super-intelligent sharks. Aimed at those with an unnatural enthusiasm for the weird and wonderful, the book is packed with lists, features and facts that are sure to intrigue and impress even the nerdiest of film buffs.

#### Includes:

- Alternative movie endings that were scrapped
- Movie sequels you didn't know existed
- Massive box office hits that were huge gambles
- The collateral damage of Tom Hanks movies
- Hidden subtexts in family movies
- Disastrous things that went wrong on modern movie sets
- ... and much, much more!

**Den of Geek** is the leading alternative culture website with over 7 million viewers across the globe. Geeks worldwide use the site to learn the latest gossip from the sets of the biggest films in production and to enjoy Den's quirky insight into the history of film.

9781844039357

November 2017

Mitchell Beazley

US\$19.99 CAN \$21.99

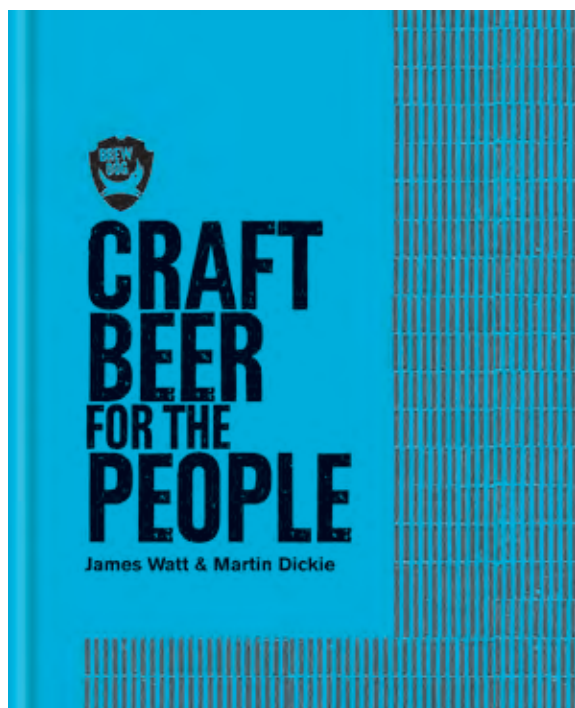
Paperback

6 1/2" x 8 1/2"

240 pages







## BREWDOG

### Craft Beer for the People

James Watt & Martin Dickie

**An intro to BrewDog and the world of craft beer, from one of the most iconic new beer brands.**

BrewDog is one of the world's fastest-growing food and drink brands. Well known for their crowd-funded, rapid expansion and iconoclastic approach, the company now has a wide range of award-winning craft beers (67 to date), 55 BrewDog-branded bars around the world and is opening a major brewery in Ohio. Their first beer book focuses on explaining craft beer to the widest possible audience.

It includes a survey of what makes craft beer great, how to understand different beer styles, how to cook with beer and match beers and food, right through to how to brew your own. It's both a window into the BrewDog world and a repository of essential information.

Designed in the highly individual style of the brand, the book includes quirky features such as spaces to place your drop of beer once you've ticked a particular beer off your "to-drink" list and a DIY beer mat.

**BrewDog** kick-started the craft beer revolution in 2007, when James Watt and Martin Dickie founded the company. Since then it has grown from two men and a dog into a company that employs more than 600 people across four continents. They have an international reputation for beer quality, exporting to 55 countries around the world and have built an ever-growing network of 55 BrewDog bars.

**9781784722951**

November 2017

Mitchell Beazley

US\$24.99 CAN \$27.99

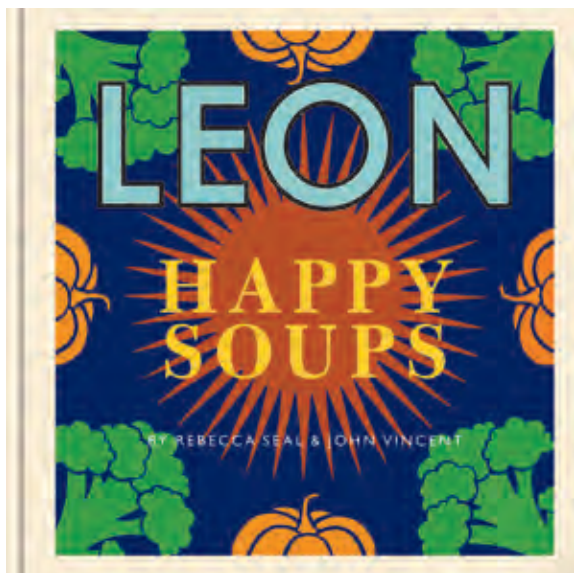
Hardcover

7 1/2" x 9 1/4"

224 pages







## LEON HAPPY SOUPS

Rebecca Seal & John Vincent

**The Leon team is back with delicious warming soups that are meals in themselves.**

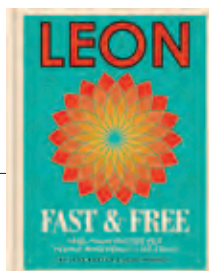
Leon, the naturally healthy fast food chain, was founded on the twin principles that food can both taste good and do you good. This book brings together 100 all-new, all-smiles soup recipes for all the family. Whether you're looking for a simple soup to take to the office or something more elaborate for supper with friends, this book is a must-have kitchen staple. Alongside the recipes, the book is packed with tips and tricks for added extras.

**Rebecca Seal** writes for the *Financial Times*, *Evening Standard*, the *Observer*, the *Guardian*, *Red* and *Grazia*. Her cookbooks include *Postcards from Greece* and *Istanbul: Recipes from the heart of Turkey* and she is one of the food and drink experts on Channel 4's Sunday Brunch.

**John Vincent**, Leon's co-founder, wrote the bestselling *Leon Naturally Fast Food* with Henry Dimbleby, *Leon Happy Salads* and *Leon Fast & Free* with Kay Plunkett-Hogge.

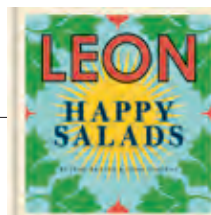
Leon now has 43 restaurants, including in Brighton, Birmingham and Holland.

### Also Available:



#### LEON FAST & FREE

9781840917321  
\$29.99 (HC)  
\$32.99 in Canada



#### LEON HAPPY SALADS

9781840917185  
\$19.99 (HC)  
\$21.99 in Canada



#### LEON FAST VEGETARIAN

9781840917536  
\$24.99 (PB)  
\$27.99 in Canada

**9781840917598**

November 2017  
Conran  
US\$19.99 CAN \$21.99  
Hardcover  
8" x 8"  
224 pages



## FISH SOUP

SERVES 4

PREP TIME: 20 MINS

WF • CF • DF • V • N

3 tablespoons olive oil  
1 onion, chopped  
½ head of fennel, chopped  
½ leek, chopped  
10 shallots, chopped  
1 stalk of celery, chopped  
a pinch of saffron  
3 sprigs of thyme  
4 cloves of garlic, crushed  
1 × 400g tin of chopped tomatoes  
1 tablespoon chopped fresh chives  
1 tablespoon chopped fresh dill  
1 tablespoon chopped fresh basil  
200ml white wine  
450ml fish stock  
100g smoked haddock  
juice of 1½ lemons  
salt and freshly ground black pepper  
2 tablespoons chopped fresh parsley

### FOR THE AIOLI

1 large egg yolk (room temperature)  
2 cloves of garlic, crushed  
150ml olive oil  
lemon juice, to taste  
salt and freshly ground black pepper

*This is based on the recipe for fish soup in The Carved Angel Cookery Book by Joyce Malynes. The soup is thickened by whisking in aioli and gently cooking. For something a bit more substantial, add chunks of firm white fish and poach in the soup.*

Heat the oil in a large pan. Quickly stir the vegetables in batches in a food processor so they are chopped very small but not mushy. Add to the pan along with the saffron and thyme. Cook for 20 minutes over a low heat.

Add the garlic and cook for a minute. Stir the tomatoes with the herbs and add to the veg. Simmer for 10 minutes, until the tomatoes have reduced. Add the wine and simmer for 5 minutes, then add the fish stock. Cover and simmer for another 10 minutes, then add the fish and leave to poach in the stock for a further 5 minutes. Season well.

In a large bowl, whisk the egg yolk with the garlic and slowly start to add the olive oil, whisking continuously. Add the oil in a steady stream until you have a thick emulsion. Season and add lemon juice to taste.

To serve, whisk the aioli into the soup and heat gently, whisking until the soup thickens. Serve with a sprinkling of parsley.



## TORTILLA SOUP

SERVES 6

PREP TIME: 15 MINS

WF • CF • V

6 corn tortillas  
4 tablespoons olive oil  
4 red chillies  
1 litre chicken stock  
kernels from 2 sweetcorn cobs, or  
1 × 400g tin of sweetcorn, drained  
1 onion, finely chopped  
2 cloves of garlic, crushed  
1 sprig of fresh thyme  
1 teaspoon ground cumin  
1 × 400g tin of tomatoes  
1 cooked chicken breast removed  
from carcass or 4 packed  
chicken breasts, shredded  
2 tablespoons corn flour  
100g rainbow chard, stems  
removed and leaves divided  
juice of 1 lime  
2 avocados, chopped  
fresh coriander, chopped  
salt and freshly ground black pepper

*Poaching a chicken in stock will give you enough meat for the soup and heads of well-flavoured stock for the base.*

Heat the oven to 180°C/350°F/gas mark 4.

Cut the tortillas into five-wide strips. Toss them in half the olive oil and bake in the oven for about 10 minutes, or until golden and crisp. Set aside.

Chop 4 of the chillies, removing the seeds, then put them into a pan with the chicken stock, bring to the boil, and simmer for 10 minutes. Slice the remaining 2 chillies.

Cook the corn kernels in the remaining oil in a frying pan over a high heat until they are slightly browned. Add the onion, sliced chillies, garlic and thyme. Cook for 5 minutes, then add the spices and stir well. Add the tomatoes, including the juice from the tin, and bring to a simmer. Cook for about 20 minutes over a low heat.

Blend the chicken stock with the large chillies, using a stick blender, and add to the tomato sauce. Return to a simmer and add the shredded chicken, honey and chard. Cook for another 10 minutes, adding more stock if required.

Finish with a good squeeze of lime juice and check the seasoning.

To serve, divide half the tortilla pieces between 6 bowls. Ladle the soup over the top and finish with the rest of the tortilla strips, avocado and fresh coriander.



NATURALLY EASY



## BEST BEERS

**The indispensable guide to the world's best craft and traditional beers**

Stephen Beaumont and Tim Webb

Written by two of the world's leading beer experts, with the help of a team of international contributors, *Best Beers* takes you from the Bock beers of Germany to the Trappist beers of Belgium, the complex bitters and stouts of Britain to the cutting-edge brews of North America. This expert selection covers the extraordinary variety the world's beers now have to offer.

Tasting notes, organised by country, provide succinct commentary on the chosen beers and cover the brewery and each beer's key characteristics. With 2,300 beers featured, this book encompasses more familiar established beers as well as exciting new discoveries from the myriad craft breweries that are emerging around the world, covering 80 countries.

Punctuating the tasting notes is information on "beer destinations", specific places where you can best experience a beer in situ. An extensive introductory chapter to the book also covers styles of beer and food and beer pairings.

**Tim Webb** is renowned as a beer writer across Europe and North America. During six years on the board of the Campaign for Real Ale (CAMRA) he ran Britain's national beer festival and co-founded CAMRA's publishing company. He has written *Good Beer Guide Belgium* continuously since 1992 and has won awards for beer writing in four countries.

**Stephen Beaumont** is the author or co-author of ten additional books about beer, including *The Beer & Food Companion*, and a contributor to many others. Through his 26 years of covering the global beer scene, Stephen has written articles and columns for publications as diverse as *Whisky Advocate*, *Playboy* and the *Celebrator*.

**9781784723361**

November 2017  
Mitchell Beazley  
US\$14.99 CAN \$16.99  
Flexiback  
4 1/4" x 7"  
320 pages





**Meredith Erickson** (Author) has written for *The New York Times*, *Elle*, *enRoute*, *Food and Wine* and *Lucky Peach*. She co-authored *The Art of Living According to Joe Beef* cookbook, which was nominated for a James Beard award in 2012. She also co-wrote the *Le Pigeon: Cooking at the Dirty Bird* (2013) and *Olympia Provisions* (2015) cookbooks. Meredith divides her time between Montreal and London.

**Martyn Nail** (Author) was first inspired to cook by his grandmother and was baking his own cakes by the age of eight. He earned his catering diploma from Highbury College in 1986, top in his field with distinction. Two years later, Martyn started work at Claridge's as Third Commis Chef under Maitre Chef des Cuisines Marjan Lesnik and later under John Williams. Over the years Martyn rose through the ranks to become the hotel's highly respected Executive Chef in 2004.

**9781784723293**

November 2017

Mitchell Beazley

US\$40.00 CAN \$44.00

Hardcover

8" x 10"

256 pages

## CLARIDGE'S: THE COOKBOOK

Meredith Erickson & Martyn Nail

**The debut cookbook from the legendary London hotel.**

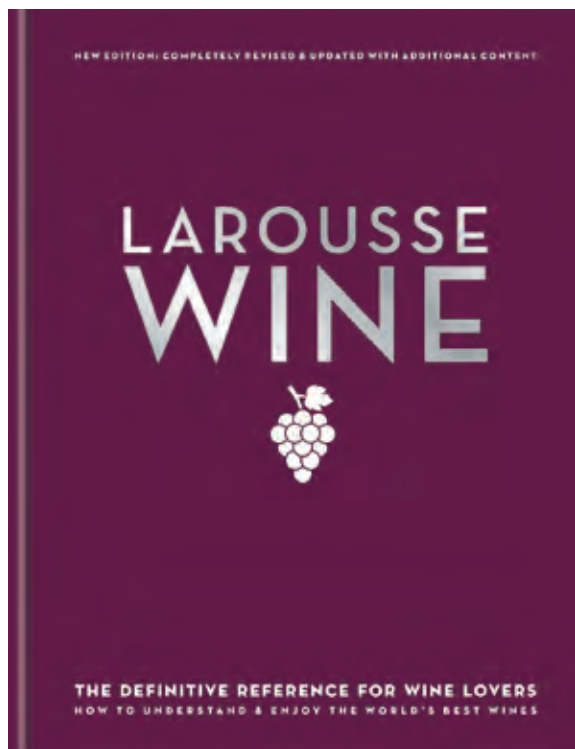
*"...not that I intend to die, but when I do, I don't want to go to heaven, I want to go to Claridge's"* Spencer Tracy

*"I love to check myself into Claridge's now and then for a few nights - just to spoil myself"* – Jade Jagger

An art deco jewel set in the heart of London's Mayfair, Claridge's - one of the world's best luxury hotels - has long been known for inspiring menus and exceptional dining from breakfast and brunch, through lunch and afternoon tea, and on to drinks, dinner and the dessert cart. *Claridge's: The Cookbook* celebrates that heritage in style, with a collection of over 100 of the best-loved dishes and drinks from The Foyer, The Reading Room, the Bar and The Fumoir. With interludes ranging from the return of the "drunch" to the magic of Christmas, the extraordinary experience of dining at Claridge's is brought to life in book form.







## LAROUSSE WINE

Hamlyn

---

**An expert guide to wine from the publishers of *Larousse Gastronomique*, the world's classic culinary reference book.**

Completely new and re-written edition of a classic, highly regarded title, whose previous edition sold over 70,000 copies in the UK and US. Written by preeminent experts in their respective fields, it contains 800 beautiful photographs and 37 completely up-to-date region maps.

*Larousse Wine's* comprehensive coverage of the wine-producing regions of the world is invaluable. Each section begins with it a beautiful colour illustration of the area, with the major districts, rivers, and cities highlighted. A short history and analysis of each region follows, with a discussion of the types of wines produced in each district, the specific oenological properties that make the region unique, and the appellations of the area. Boxes and features throughout also cover a vast range of subjects such as how to read a wine label, whether to decant wine, and even the great wine waiters of the world. Whether you are new to the subject or a seasoned wine enthusiast, there is something new for everyone in *Larousse Wine*.

**9780600635093**

November 2017

Hamlyn

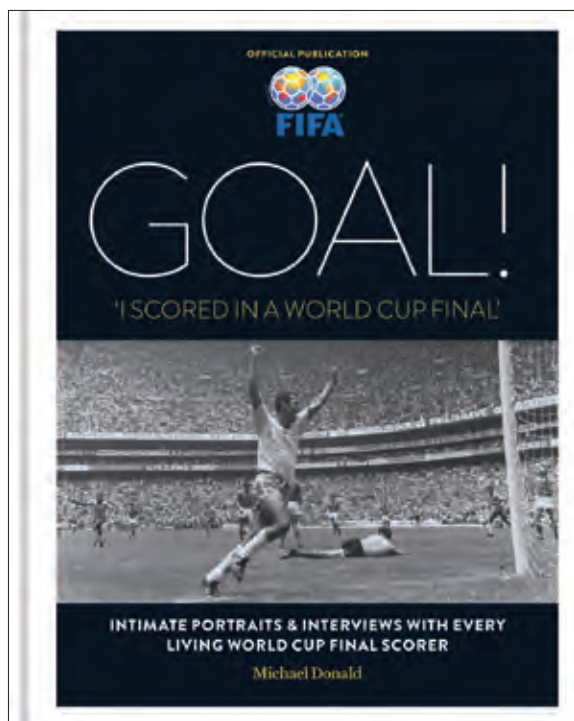
US\$50.00 CAN\$55.00

Hardcover

8 3/4" x 11 3/4"

656 pages





## GOAL!

'I Scored a Goal in a World Cup Final'

FIFA

Michael Donald

Award-winning sports photographer Michael Donald has spent six years tracking down the 34 living members of an exclusive club: the only people to have scored in a World Cup Final.

From Uruguayan Alcides Ghiggia in 1950 through to Mario Gotze in 2016, this is a fascinating portrait of the men who have lived the dream of every football fan worldwide. Michael's intimate portraits are accompanied by an interview with the player that not only relives the moment, but gives fascinating insight into the occasion, from the music they played on the bus to the stadium, to meal they ate afterwards.

The book includes the story of what happened in each World Cup, what happened to the players afterwards and what they do today. Beautifully illustrated, with fascinating text and the backing of FIFA, *Goal!* is a unique football book that captures the essence of the ultimate sporting achievement.

**Michael Donald** is an award winning photographer and filmmaker. His work has been published the world over and featured in exhibitions and daily newspapers.

**9780600635086**

November 2017

Hamlyn

US\$24.99 CAN \$27.99

Hardcover

8" x 10"

224 pages





After a twelve year break the World Cup resumed in 1950. 200,000 Brazil fans packed into the newly built Maracana Stadium in Rio, to watch what they believed would be a certain victory over Uruguay. Most of the Uruguayan delegation left the night before the game they were so sure of defeat. It was 1 - 1 at half time.

Ghiggia scored the winner with 10 minutes to go.

The Brazilians have never come to terms with the defeat.



"Usually one team would come out and then the other. Our Captain was smart enough to take us out to the field at the same time as the Brazilians. Because we knew that if the Brazilians went out first they would cheer and cheer and if we came out after they would whistle. They scored after 3 minutes. In the 20th minute Schuster had it pass. The 7th minute I was very quiet. very fast. I escaped Ghiggia and as he left I could not reach me so I tried myself as desperately ignored the goal. I think because the Brazilian keeper thought I was going to centre the ball as he came out a little bit as as to cut out my centre kick, and he left me a space. I was coming in on the run and I put the ball right inside the goal and when he closed the ball was already in the net.

*There was silence.*

We kept on playing all the way when Brazil had a corner. The ball came in the air. I couldn't see the referee. I was looking at the ball and saw Ghiggia went to grab the ball with his hands. I thought "This guy is crazy. it's going to be a penalty", but I held the way and see the referee playing for the end of the game.

We were happy. We hugged each other. We even did a bit of dancing but it was. I don't know it was something. there were 30 in all Uruguayan and the rest were all Brazilians. But, despite the joy we fast. I was told to see the players, you could see people screaming and crying. you know?

There was a little bit of sadness inside me. It was impossible the referee that overcame the stadium. the thousands of people screaming and crying. it was something unexpected.

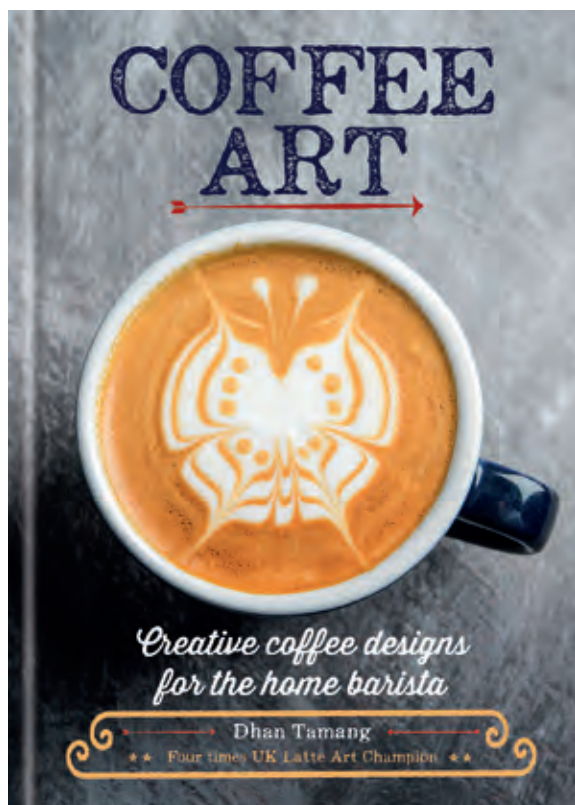
Only three people have crossed the Maracana: the Poles, Franz Sapping and me.

The game finished. 1950 at 4:40pm. We left the stadium at 8 o'clock at night. Nobody and didn't know what could happen. Now the Brazilians would take it. There was no security. We just left by ourselves. From there we went to the hotel and there were a few Uruguayan people there that had been at the game. We welcomed with them. And we spent the night there. We were searching for the treasurer as then he could give us something so that we could celebrate, but we never found him, so we had a collection between the players and we bought sandwiches and beer and went up to a room and celebrated there. We played in Brazil until the 7th because there wasn't enough space on the plane for us all, and we all wanted to travel together.

Now, when I go to Brazil the people say:

*"The ghost of Maracana has arrived"*





## COFFEE ART

**Creative coffee designs for the home barista**

Dhan Tamang

---

**Learn how to make incredible coffee-top designs from the world's leading latte artist.**

Starting with basic skills and patterns, readers will learn how to create the crema (the froth that acts as a canvas in the coffee cup) and how to produce the hearts, rosettas and tulips that will be used as the basis to form more complicated artworks. There are 60 designs to try, including The Swan, The Unicorn, and frothy 3-D babyccino animals. Dhan Tamang is a world-renowned latte artist particularly known for his use of colour, and now you too can create impressive multicolored designs following Dhan's step-by-step instructions.

By the end of this book you will be able to free pour, etch, stencil and sculpt stunning images, which will delight family members and dinner party guests alike.

**Dhan Tamang** is UK Latte Art Champion 2013, 2014, 2015 and 2016 as well as a finalist at the 2016 World Latte Art Championship. He is renowned in the coffee art world for his use of color and the precision of his designs. Originally from Nepal, Dhan has been demonstrating his techniques the world over and training would-be baristas from his coffee lab in the UK.

**9781844039487**

November 2017

Cassell

US\$12.99 CAN \$14.99

Hardcover

6" x 8 1/2"

128 pages



This simple design looks much more challenging than it is. For the best contrast, use just milk without any coffee. This has the added bonus of being suitable for children, who will love the colourful, mythical design. You'll need food colouring, and I've found that a combination of blue with any other colour is the strongest.

# The Unicorn

- 1 Create two contrasting colours by mixing food colouring with milk in two separate cups. Using a spoon draw three vertical lines of each colour on the top of your jug of steamed milk.
- 2 Turn the cup handle away from you and pour the milk to three quarters full to create the cream. Then create a basic outline of the unicorn in the cup to make the neck of the animal. When you reach the bottom of the egg, drag up to form an outline at the edge of the neck.
- 3 To create the head, pour another smaller amount of milk going off at an angle from the side.
- 4 Dip your mixing tool into one of the colours and zigzag a line down to create the horn at the top of the head. Repeat with the other colour to create a spiral effect.
- 5 Add a dash of milk foam to create the eye below the horn and outline with a single ribbon of the contrasting colour to the centre to create the pupil. You could also add a stray hair or two in the unicorn's mane.
- 6 Dip your mixing tool into the colouring again and drag a smooth wavy line to create the mane. Add a blob of milk foam to the centre of the nose to give it definition. Finally add an ear at the top of the head to finish off the picture.

50 46 The Guinness

Yolana 51

# Swan Lake

This design has maximum impact with minimum effort, and only takes a few seconds to create. It works best on top of a cappuccino.

- 1 Trace the stencil on page 66 onto a piece of thick card and cut it out.
- 2 Create the cappuccino, and leave a little bit of space between the coffee and the rim of the cup to ensure the stencil will rest on top without getting wet.
- 3 Place the stencil over the coffee cup, lining up the 'water line' of the swan's lake with the diameter of the cup. Liberally sprinkle chocolate over the stencil, making sure the shape left beneath is sharp and the chocolate has gone all the way to the edges of the swan figure.
- 4 Lift the stencil, shake off any excess chocolate, and flip it over, lining it up so the two swans are exactly opposite each other across the water line. Sprinkle the chocolate again, this time more delicately to create a lighter swan figure for the reflection in the lake.
- 5 Finish off the design by adding details such as plants on the surface of the water. Try dragging your stirring tool through the reflected swan to create ripples in the lake.

64 46





*'Knowledge, integrity, and passion: these are three words that best describe Dave Broom. It shows in every word he writes.'*

– John Hansell, *Whisky Advocate Magazine*

**9781784721428**

November 2017

Mitchell Beazley

US\$50 CAN \$55

Hardcover

8 3/4" x 11"

224 pages

## THE WAY OF WHISKY

### A Journey Around Japanese Whisky

Dave Broom

Photographer: Kohei Take

**An in-depth, personal journey around Japan's whisky distilleries, telling their story and unveiling the philosophy that lies behind this fascinating whisky culture.**

Since 2002 (the year it appeared on export markets) Japanese whisky has been consistently winning major international spirits awards. As export production increases and export markets – the USA and France in particular – open up to embrace the quality of these fine malt whiskies, all eyes are on Japan.

Award-winning author and internationally recognized whisky expert Dave Broom has visited Japan 25 times in the past 12 years, studying and learning about its whiskies. In this major new book he shares his personal journey around Japan's whisky distilleries and the unique whisky culture of the country.

Each chapter details the history of the distillery in question, its production and current whiskies (with tasting notes). Dave considers along the way why Japanese whisky is different, questions of tradition vs innovation, and how whisky links with many aspects of Japanese culture. Breathtaking photography from Kohei Take leads the reader deeper into the philosophy behind the drink, making this a must-have edition for any whisky lover, whisky drinker, whisky collector or Japanophile.

**Dave Broom** is an internationally acclaimed drinks writer, and is regarded as one of the world's foremost writers on Japanese whisky. He has written ten books, including *The World Atlas of Whisky*, now in its second edition. He has won many awards, including two Glenfiddich prizes and, in 2013, he won the prestigious IWSC Communicator of the Year Award. In 2016 he was awarded the Tales of the Golden Spirit Award in recognition of his special achievements.

**Kohei Take** is a Tokyo-based photographer, specialising in travel, portraits and fashion. His work has appeared in many ads and in magazines.

Downloaded At: 11:53 11 September 2009

You open the little book, take a left, then a right and there is the old man showing the border between Kyoto and Osaka. Beside it, an ancient tale that serves the insect traveler, a shobun, Sekkida! My ah. This, I now realize, commemorates the great beetle fought here in 1582, when the samurai Toyotomi Hideyoshi avenged the death of his lord and began his own ascent to power and the unification of Japan. This old road has great tales.



It is only by receding a place, often physically in through misting, that the questions can form. This is the place of another beginning for me: the first disc, the first delivery, the first musician, the first day of the year 'transparency'. That some of us now have never left. Some distances are continuing. You slip back into a familiar world of cooks, quills and waxes, yet they always offer up something different as you go deeper into the familiar. Yamazaki, Ikegami, a constantly moving itself, sometimes eliciting in a continuous, restless, present.



## YAMAZAKI RANGE TASTING

The 2013 has softness and some company with muted tea, stained wood, moss, rain breezes, and then the frisky Yamauchi underfoot. It sure you'll get perfume, incense-like shoyed elements. It's the kind of forest where things take off into rose petals, strawberries, and Yamauchi's pineapple signature. What makes the taste? It's more approachable - and mixed better than the 2011, which mixed all the (tea, low rumors, for sharp North and forest forest).





## TRIUMPH

### The Art of the Motorcycle

Zef Enault & Michaël Levivier

**An official history of the iconic Triumph motorcycle brand, with previously unseen images from the Triumph archives.**

Marlon Brando rides a Triumph 6T Thunderbird in *The Wild Ones*. The longest jump of Evil Knievel's career was on a Triumph. Famous owners include Elvis, Bob Dylan, Brad Pitt and Prince Harry. From its birth in 1886, the Triumph brand has created some of the world's finest – and most famous – motorcycles. This book is a celebration of that brand.

With previously unseen images from the Triumph archives, design sketches and behind-the-scenes information, this book is a chronological look at the most important and beautiful Triumph motorcycles, from its founding right up to the launch of the latest machine. Insightful text and stunning photography make this a must-have for all motoring enthusiasts.

**Zef Enault** was a motorbike journalist at the French magazine *Moto Journal* for 10 years, before becoming the executive editor to *Twin & Triple*, a magazine dedicated to English motorbikes. He is now the editor of the website *Fast & Lucky*.

**Michaël Levivier** is a journalist and professional test driver, who brought together the team of the famous weekly magazine *Moto Journal* in 2000. Today, he travels the world for press presentations, news reports and long-distance motorbike tests.



**9781784723712**

November 2017

Mitchell Beazley

US\$39.99 CAN \$43.99

Hardcover

9 2/3" x 12"

240 pages





## LIVE A BEAUTIFUL LIFE

Jesinta Campbell

**Australian TV presenter and model Jesinta Campbell shares her favorite recipes, top tips for health and beauty, and guide to mapping your goals in her first book.**

*My goal is to inspire you to be the best version of you that you can possibly be. Everyone is different, our experiences and stories shape who we are, and it is these differences that make you unique. - Jesinta xox*

You too can live a beautiful life - all you need is the right mindset, a passion to reach for your dreams and a healthy relationship with the food you eat and your body. Collected in this stunning illustrated volume are Jesinta's favorite recipes, best exercise plans, her top beauty tips and tricks and a guide to help you map your goals.

Filled with Jesinta's personality and positive outlook, this is a gorgeous and essential guide to living a happy and fulfilled life.

**Jesinta Campbell** is a former Miss Universe Contestant and current David Jones fashion ambassador, Channel 9 TV presenter (Getaway and Today) and working model based in Sydney. *Live a Beautiful Life* is her first book.



9780733635700

January 2018

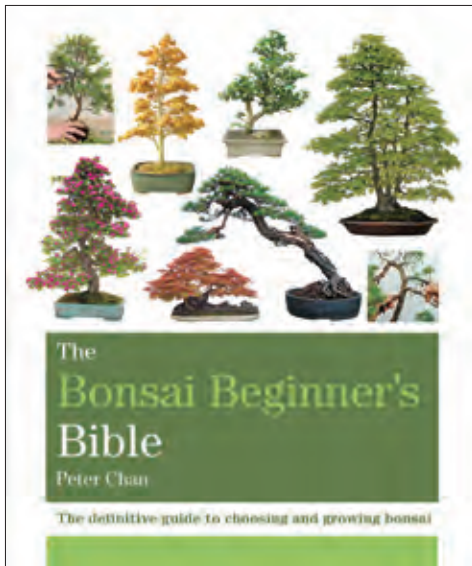
Hamlyn

US\$24.95 CAN \$27.95

Paperback

7" x 9 3/4"

248 pages



## THE BONSAI BEGINNER'S BIBLE

**The definitive guide to choosing and growing bonsai**

Peter Chan

The Japanese and Chinese have been creating bonsai trees for centuries and it is now an internationally popular pastime. This compact and stylish guide will provide everything you need to know to grow bonsai successfully, including shaping with wires, watering, seasonal maintenance, tackling common ailments, choosing the right container, feeding and repotting. A directory of over 180 of the most popular species, illustrated with beautiful photographs, will enable you to find the tree that is right for you.

**Peter Chan** founded Herons Bonsai, the UK's premier bonsai nursery, in 1986. He has achieved a record tally of 21 Chelsea Gold Medals to date and is the author of 6 bestselling books on bonsai.

**9781784723699**

January 2018  
Mitchell Beazley  
US\$14.99 CAN \$16.99  
Paperback  
5 1/2" x 6 1/2"  
320 pages



## MILLER'S MID-CENTURY MODERN

**Living with mid-century modern design**

Judith Miller

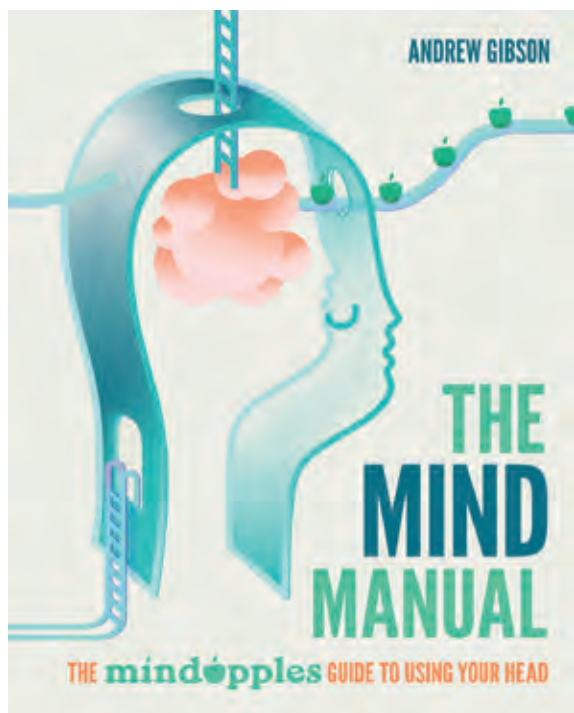
**Explore the most desirable furniture, ceramics, glass, metalware, interiors and textiles from the late 1940s to the early 1970s, with this book from antiques expert Judith Miller.**

From the 'soft modernism' of Scandinavian furniture to the sleek, clean lines of the lighting created by the Castiglioni brothers in Italy, Judith Miller's *Mid-century Modern* takes an in-depth look at the artefacts and designers that shaped one of the most exciting periods of design history.

Extensively illustrated chapters explore the most desirable interiors, furniture, ceramics, glass, metalware and textiles of this hugely popular period. Key pieces are placed in an historical context with coverage of innovations in design, production methods and materials.

**9781784723750**

January 2018  
Mitchell Beazley  
US\$29.99 CAN \$32.99  
Paperback  
9 1/2" x 11"  
256 pages



**Andrew Gibson** is a conference speaker, author and entrepreneur specialising in psychology, technology and culture change. He's the founder of mindapples, the global campaign to encourage people to take better care of their minds. He has advised dozens of businesses on how to harness the potential of their staff, and spent over eight years campaigning to raise awareness of mental health and sharing practical insights from psychology to help people improve their health, work and relationships.

**mindapples** Since 2008, mindapples has been teaching people how our minds work and encouraging everyone to take better care of their minds. They build apps, deliver training and supply campaign tools to voluntary groups and universities to promote good mental health.

## THE MIND MANUAL

The mindapples guide to using your head

Andrew Gibson

**A comprehensive and accessible book about how to look after your mind and maintain good mental health, in collaboration with mindapples.**

**mindapple** n. a day-to-day activity that is good for your mind

In this handy guide to your mind, founder of mindapples, Andrew Gibson, shares advice on how to look after your mind, in the same way as you do with your body. Structured around the everyday situations we all face, he explains what we need to know about our minds in order to feel good. It also offers suggestions for mindapples or activities to keep your mind healthy and active; clean up your sleep routine and manage your mood, amongst other subjects.

Much more than your average manual on meditation and mindfulness, this practical guide is easy to navigate and individuals can choose activities that best suit them, making for a personal journey to a healthier mind.



9780600634393

February 2018

Hamlyn

US\$14.99 CAN \$16.99

Paperback

6 1/4" x 7 3/4"

192 pages





## FIVE MINUTES IN THE MORNING

Focus journal

Aster

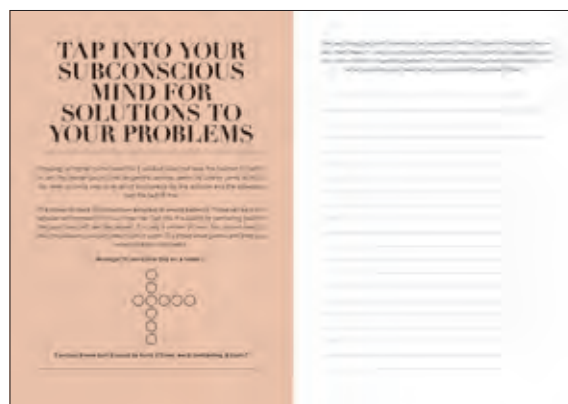
**A simple tool to help you decide what's important and then go ahead and do it.**

What's important to you today?

Not many of us have lives in which we can wake up at 5am, go for a run, meditate for an hour and make avocado on toast all before 8am. But all of us can give ourselves just five minutes to water the seeds of our intentions, reflect on how we are and decide what's really important for us, today.

All it takes is five minutes in the morning.

Writing things down has been shown to help people more successfully achieve their goals. It is a way to help us focus on what matters, prioritise what we are going to do for the day ahead and track our progress. This beautifully designed and practical journal includes bite-size exercises for focus, productivity, habits, prioritising, calming the mind, visualisation meditations and more.



**9781912023127**

February 2018

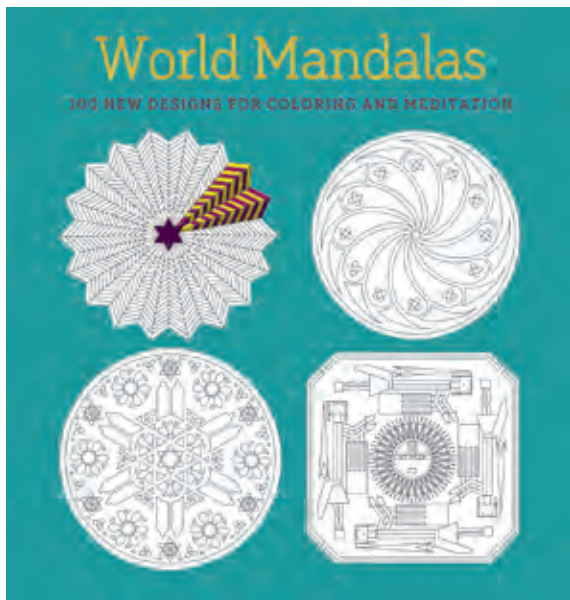
Aster

US\$9.99 CAN \$10.99

Paperback

6" x 8 1/2"

160 pages





## CONRAN ON COLOR

Terence Conran

**Terence Conran shares a lifetime of experience as one of the world's leading designers and retailers to explain how to make the most of color in your home.**

Subtle and allusive, bold and invigorating, color is one of the single most powerful elements in design and decoration. Even its absence makes its presence felt. The choice of colors on offer to the home decorator is dazzling and potentially baffling - from colored saucepans and kitchen appliances to paint and tiles - and color, like never before, is affordable and accessible. Yet handling color effectively does take both confidence and a degree of expertise.

In *Conran on Color* Terence Conran shares a lifetime of experience as one of the world's leading designers, retailers and restaurateurs to explain how to make the most of this vibrant and dynamic ingredient. With reference to a wide range of sources, from nature and fashion to street markets and works of art, he reveals how to translate such examples into practical strategies for bringing color into your home.

Packed with fascinating detail, sound advice and a wealth of inspiration, the book is illustrated with engaging contemporary interiors from around the world - homes that display a fresh blend of thoughtful design and individual character. As such examples reveal, using color successfully is as much about well-judged accents and focal points as it is in the choice of wall color or floor covering.

**Sir Terence Conran** is one of the world's best-known designers, restaurateurs and retailers. Born in 1931, he founded the Conran Design Studio in 1956 and later the Habitat chain of home furnishings stores that revolutionized the British high street in the Sixties and Seventies. In the Eighties Terence founded The Design Museum, the world's first museum dedicated to design. He is an honorary professor of the University of Creative Arts, and was knighted for his services to design in 1983. Terence has written more than 50 books since the Fifties that broadly reflect his design philosophy including most recently, *Plain, Simple, Useful* and *My Life In Design*.



**9781840917604**

January 2017  
Conran  
US\$24.99 CAN \$27.99  
Paperback  
8" x 10"  
224 pages

*"Renowned British designer Sir Terence Conran takes a lively romp through the myriad hues of the spectrum, with smart tips and insightful guidance along the way about how, where, and why to use color." – House Beautiful*



---

# BACKLIST

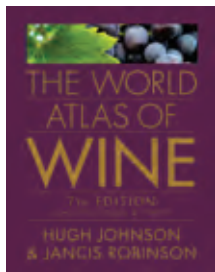
CURRENT BACKSELLERS	64
ANTIQUES AND COLLECTIBLES	65
COOKBOOKS	66
HAMLYN 200 ALL COLOR SERIES	70
WINE AND SPIRITS	72
CRAFTS AND HOBBIES	73
FAMILY	74
GARDENING	75
GAMES	76
HEALTH, DIET, EXERCISE AND BEAUTY	77
THINGS TO DO NOW THAT YOU'RE ... SERIES	78
HOUSE, HOME, INTERIORS, DESIGN	79
MIND, BODY, SPIRIT	81
POP CULTURE AND REFERENCE	83
COLORING BOOKS	85
ILEX	106
INDEX	109
CONTACT INFORMATION	112

## CURRENT BESTSELLERS



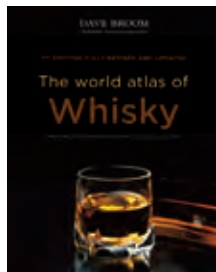
### SIMPLE

9781784722043  
\$34.99 (HC)  
\$38.99 in Canada



### THE WORLD ATLAS OF WINE

9781845336899  
\$60.00 (HC)  
\$65.00 in Canada



### THE WORLD ATLAS OF WHISKY

9781845339425  
\$39.99 (HC)  
\$43.99 in Canada



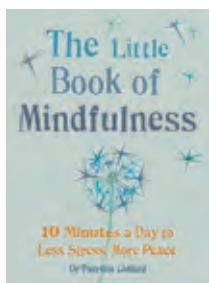
### THE CLASSIC COCKTAIL BIBLE

9781846014116  
\$9.99 (HC)  
\$10.99 in Canada



### HUGH JOHNSON'S POCKET WINE BOOK 2017

9781784533689  
\$16.99 (HC)  
\$18.99 in Canada



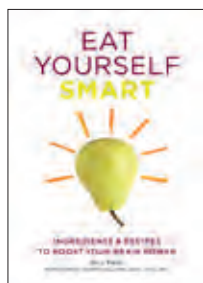
### THE LITTLE BOOK OF MINDFULNESS

9781856753531  
\$7.99 (Flexi)  
\$8.99 in Canada



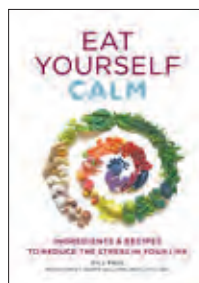
### THE LITTLE BOOK OF MARIJUANA

9781846015250  
\$7.99 (Flexi)  
\$8.99 in Canada



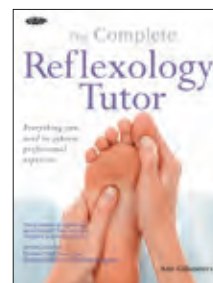
### EAT YOURSELF SMART

9780600630869  
\$9.99 (PB)  
\$10.99 in Canada



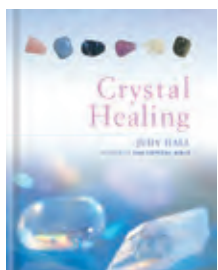
### EAT YOURSELF CALM

9780600627036  
\$9.99 (PB)  
\$10.99 in Canada



### THE COMPLETE REFLEXOLOGY TUTOR

9781856752831  
\$24.99 (PB)  
\$27.99 in Canada



### CRYSTAL HEALING

9781841812601  
\$12.00 (HC)  
\$14.50 in Canada



### BABY'S RECORD BOOK

9781846012815  
\$19.99 (HC)  
\$19.99 in Canada



### ABSOLUTELY BEAUTIFUL THINGS

9781840916935  
\$29.99 (HC)  
\$32.99 in Canada



### FARROW & BALL: HOW TO DECORATE

9781784721589  
\$39.99 (HC)  
\$43.99 in Canada



### STONERS' DELIGHT

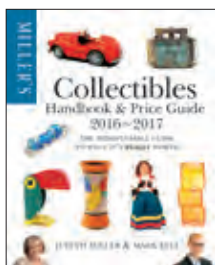
9781846013744  
\$9.99 (HC)  
\$11.99 in Canada

## ANTIQUES AND COLLECTIBLES



### MILLER'S ANTIQUES HANDBOOK & PRICE GUIDE 2016-17

9781784720896  
\$45 (HC)  
\$50 in Canada



### MILLER'S COLLECTIBLES HANDBOOK & PRICE GUIDE 2016-17

9781784721398  
\$27.99 (PB)  
\$29.99 in Canada



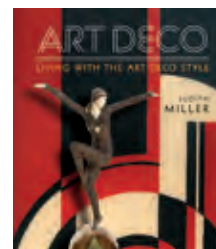
### MID-CENTURY MODERN

9781840914061  
\$29.95 (HC)  
\$38.00 in Canada



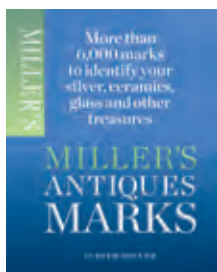
### MILLER'S ARTS & CRAFTS

9781845339432  
\$39.99 (HC)  
\$43.99 in Canada



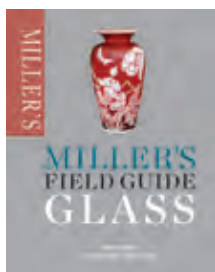
### ART DECO

9781784721060  
\$39.99 (HC)  
\$43.99 in Canada



### MILLER'S ANTIQUES MARKS

9781845337988  
\$9.99 (PB)  
\$10.99 in Canada



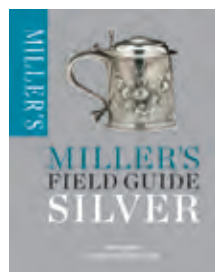
### MILLER'S FIELD GUIDE: GLASS

9781784720377  
\$10 (PB)  
\$11 in Canada



### MILLER'S FIELD GUIDE: ART DECO

9781845339500  
\$10 (PB)  
\$11 in Canada

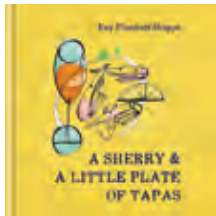


### MILLER'S FIELD GUIDE: SILVER

9781784720360  
\$10 (PB)  
\$11 in Canada

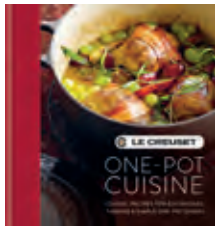


## COOKBOOKS



### A SHERRY & A LITTLE PLATE OF TAPAS

9781784721541  
\$19.99 (HC)  
\$21.99 in Canada



### LE CREUSET ONE-POT CUISINE

9781784722371  
\$29.99 (HC)  
\$32.99 in Canada



### THE MONSTER'S COOKBOOK

9781784722333  
\$14.99 (HC)  
\$16.99 in Canada



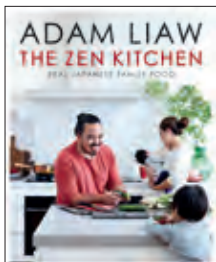
### TOAST HASH ROAST MASH

9781784721374  
\$29.99 (HC)  
\$32.99 in Canada



### INSTITUT PAUL BOCUSE GASTRONOMIQUE

9780600634171  
\$65 (HC + slipcase)  
\$75 in Canada



### THE ZEN KITCHEN

9780600634744  
\$34.99 (HC)  
\$38.99 in Canada  
JULY 2017



### ADAM'S BIG POT

9780600634720  
\$29.99 (PB)  
\$32.99 in Canada  
AUGUST 2017



### THE SAVVY COOK

9781784722708  
\$19.99 (HC)  
\$21.99 in Canada  
JULY 2017



### ZOE'S GHANA KITCHEN

9781784722999  
\$29.99 (HC)  
\$32.99 in Canada  
JUNE 2017



### AS THE ROMANS DO

9781784721602  
\$29.99 (HC)  
\$32.99 in Canada



### GATHERINGS

9781784722197  
\$34.99 (HC)  
\$38.99 in Canada  
APRIL 2017



### PRIME

9781784721015  
\$34.99 (HC)  
\$38.99 in Canada  
MAY 2017



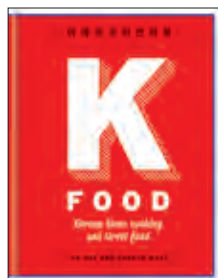
### FRESS

9781784722982  
\$34.99 (HC)  
\$38.99 in Canada  
APRIL 2017



### SPIRALIZE EVERY DAY

9780600634690  
\$12.99 (PB)  
\$14.99 in Canada  
APRIL 2017



### K-FOOD

9781784721602  
\$24.99 (HC)  
\$27.99 in Canada

## COOKBOOKS



### **SIMPLE**

9781784722043  
\$34.99 (HC)  
\$38.99 in Canada



### **A BIRD IN THE HAND**

9781784720025  
\$29.99 (HC)  
\$32.99 in Canada



### **CRAZY WATER, PICKLED LEMONS**

9781784721572  
\$19.99 (PB w Jacket)  
\$21.99 in Canada



### **SALT SUGAR SMOKE**

9781845336752  
\$29.99 (HC)  
\$32.99 in Canada



### **SALT SUGAR SMOKE**

9781784721190  
\$27.99 (PB)  
\$29.99 in Canada



### **A CHANGE OF APPETITE**

9781845338923  
\$34.99 (HC)  
\$38.99 in Canada



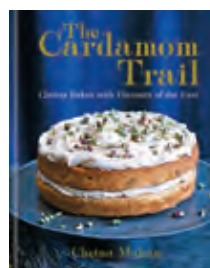
### **ROAST FIGS SUGAR SNOW**

9781845339593  
\$29.99 (HC)  
\$32.99 in Canada



### **PLENTY**

9781784723002  
\$24.99 (HC)  
\$27.99 in Canada  
JUNE 2017



### **THE CARDAMOM TRAIL**

9781784721299  
\$29.99 (HC)  
\$32.99 in Canada



### **GQ EATS**

9781784722296  
\$20 (PB)  
\$26 in Canada



### **THE COMPLETE SOUS VIDE SUPREME COOKBOOK**

9780600633266  
\$16.99 (PB)  
\$18.99 in Canada



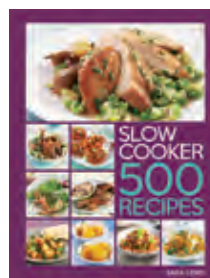
### **THE NORDIC KITCHEN**

9781784721626  
\$29.99 (HC)  
\$32.99 in Canada



### **BIG FLAVORS FROM A SMALL KITCHEN**

9781784721053  
\$29.99 (HC)  
\$32.99 in Canada



### **SLOW COOKER 500 RECIPES**

9780600632450  
\$7.99 (PB)  
\$9.99 in Canada



### **LIMA: THE COOKBOOK**

9781784720889  
\$29.99 (HC)  
\$32.99 in Canada

## COOKBOOKS



### THE HUNGRY STUDENT ONE POT COOKBOOK

9781846015427  
\$9.99 (PB)  
\$10.99 in Canada  
AUGUST 2017



### THE HUNGRY HEALTHY STUDENT COOKBOOK

9781846015298  
\$9.99 (Flexi)  
\$10.99 in Canada



### THE HUNGRY STUDENT VEGETARIAN COOKBOOK

9781846015069  
\$9.99 (Flexi)  
\$10.99 in Canada



### THE HUNGRY STUDENT COOKBOOK

9781846014710  
\$9.99 (Flexi)  
\$10.99 in Canada



### MR. TODIWALA'S SPICE BOX

9781784721619  
\$29.99 (HC)  
\$32.99 in Canada



### ERIC LANLARD'S AFTERNOON TEA

9781784721466  
\$24.99 (HC)  
\$27.99 in Canada



### DEATH BY BURRITO

9781845339036  
\$19.99 (HC)  
\$21.99 in Canada



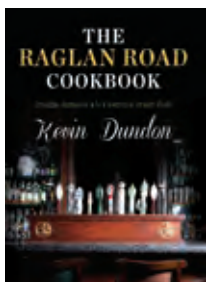
### EVERYDAY HARUMI

9781840915440  
\$24.99 (PB)  
\$27.99 in Canada



### EVERYDAY HARUMI

9781840915440  
\$29.99 (HC)  
\$37.99 in Canada



### THE RAGLAN ROAD COOKBOOK

9781784722364  
\$39.99 (HC)  
\$43.99 in Canada



### KEVIN DUNDON'S MODERN IRISH FOOD

9781784722883  
\$19.99 (PB)  
\$21.99 in Canada  
AUGUST 2017



### KEVIN DUNDON'S MODERN IRISH FOOD

9781845338930  
\$24.99 (HC)  
\$27.99 in Canada



### KEVIN DUNDON'S BACK TO BASICS

9781845339852  
\$24.99 (HC)  
\$27.99 in Canada



## COOKBOOKS



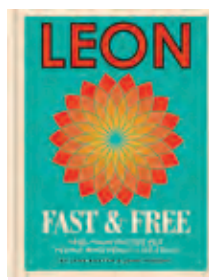
### LEON FAMILY & FRIENDS

9781840916195  
\$19.99 (PB)  
\$21.99 in Canada



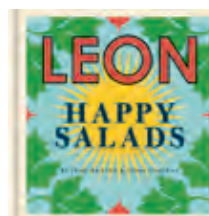
### LEON INGREDIENTS & RECIPES

9781840916560  
\$19.99 (PB)  
\$21.99 in Canada



### LEON FAST & FREE

9781840917321  
\$29.99 (HC)  
\$32.99 in Canada



### LEON HAPPY SALADS

9781840917185  
\$19.99 (HC)  
\$21.99 in Canada



### LEON NATURALLY FAST FOOD

9781840916126  
\$29.99 (HC)  
\$32.99 in Canada



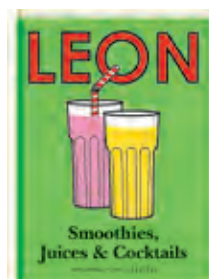
### LEON FAST VEGETARIAN

9781840917536  
\$24.99 (PB)  
\$27.99 in Canada



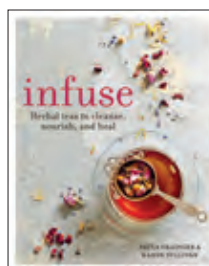
### LITTLE LEON SOUPS, SALADS & SNACKS

9781840916324  
\$9.99 (HC)  
\$10.99 in Canada



### LITTLE LEON SMOOTHIES, JUICES & COCKTAILS

9781840916317  
\$9.99 (HC)  
\$10.99 in Canada



### INFUSE

9780600633273  
\$16.99 (PB)  
\$18.99 in Canada



### LE PAIN QUOTIDIEN COOKBOOK

9781845337483  
\$24.99 (HC)  
\$27.99 in Canada



### THE VINTAGE TEA PARTY YEAR

9781845337483  
\$29.99 (HC)  
\$32.99 in Canada



### RAW CAKES

9781846015267  
\$12.99 (HC)  
\$14.99 in Canada



### STONER MUG CAKES

9781846014987  
\$9.99 (HC)  
\$10.99 in Canada



### MY FIRST BAKING BOOK

9780600629665  
\$9.99 (PB)  
\$10.99 in Canada



### SPAM - THE COOKBOOK

9780600620471  
\$8.99 (PB)  
\$11.50 in Canada

## COOKBOOKS



### ELLA'S KITCHEN THE EASY FAMILY COOK BOOK

9780600631859  
\$19.99 (HC)  
\$21.99 in Canada  
MAY 2017



### ELLA'S KITCHEN THE COOK BOOK

9780600626756  
\$19.99 (HC)  
\$21.99 in Canada



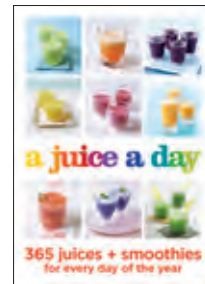
### ELLA'S KITCHEN THE BIG BAKING BOOK

9780600628446  
\$19.99 (HC)  
\$21.99 in Canada



### THE LITTLE JUICE BOX

9781846015434  
\$14.99 (HC)  
\$16.99 in Canada  
JULY 2017



### A JUICE A DAY

9780600634577  
\$9.99 (PB)  
\$10.99 in Canada  
APRIL 2017



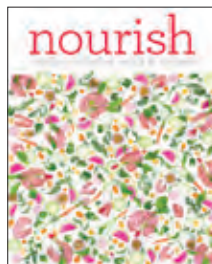
### PLENISH

9781784720353  
\$14.99 (PB)  
\$16.99 in Canada



### PLENISH: FUEL YOUR AMBITION

9781784721411  
US\$16.99 (PB)  
\$18.99 in Canada



### NOURISH

9781784722326  
US\$16.99 (PB)  
\$18.99 in Canada



### SAVOR

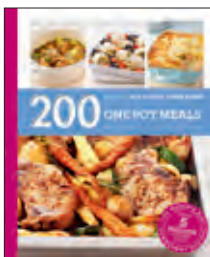
9781784722340  
US\$16.99 (PB)  
\$18.99 in Canada

## HAMLIN 200 ALL COLOR SERIES



### 200 VEGGIE FEASTS

9780600633549  
\$7.99 (PB)  
\$9.99 in Canada



### 200 ONE POT MEALS

9780600633556  
\$7.99 (PB)  
\$9.99 in Canada



### 200 SUPER SALADS

9780600633624  
\$7.99 (PB)  
\$9.99 in Canada



### 200 EASY VEGETARIAN DISHES

9780600628255  
\$7.99 (PB)  
\$9.99 in Canada



### 200 MEXICAN DISHES

9780600628262  
\$7.99 (PB)  
\$8.99 in Canada

## HAMLIN 200 ALL COLOR SERIES



### 200 TAPAS & SPANISH DISHES

9780600634386

\$7.99 (PB)

\$9.99 in Canada



### 200 CLASSIC COCKTAILS

9780600632238

\$7.99 (PB)

\$9.99 in Canada

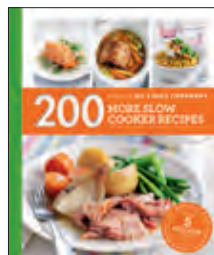


### 200 DELICIOUS DESSERTS

9780600634348

\$7.99 (PB)

\$9.99 in Canada



### 200 MORE SLOW COOKER RECIPES

9780600634355

\$7.99 (PB)

\$9.99 in Canada



### 200 PIES & TARTS

9780600634362

\$7.99 (PB)

\$9.99 in Canada



### 200 REALLY EASY RECIPES

9780600634379

\$7.99 (PB)

\$9.99 in Canada



### 200 JUICES & SMOOTHIES

9780600633563

\$7.99 (PB)

\$9.99 in Canada



### 200 CUPCAKES

9780600633587

\$7.99 (PB)

\$9.99 in Canada



### 200 STUDENT MEALS

9780600633594

\$7.99 (PB)

\$9.99 in Canada

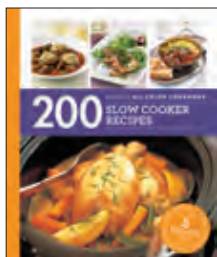


### 200 GLUTEN-FREE RECIPES

9780600633600

\$7.99 (PB)

\$9.99 in Canada

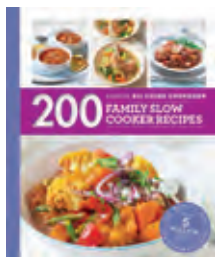


### 200 SLOW COOKER RECIPES

9780600633631

\$7.99 (PB)

\$9.99 in Canada

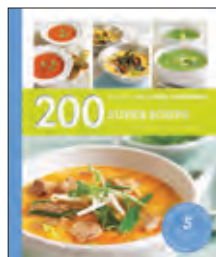


### 200 FAMILY SLOW COOKER RECIPES

9780600632184

\$7.99 (PB)

\$9.99 in Canada



### 200 SUPER SOUPS

9780600633518

\$7.99 (PB)

\$9.99 in Canada



### 200 CAKES & BAKES

9780600633525

\$7.99 (PB)

\$9.99 in Canada



### 200 PASTA DISHES

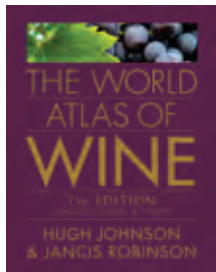
9780600633532

\$7.99 (PB)

\$9.99 in Canada



## WINE AND SPIRITS



### THE WORLD ATLAS OF WINE

9781845336899  
\$60.00 (HC)  
\$65.00 in Canada



### HUGH JOHNSON'S POCKET WINE BOOK 2017

9781784721473  
\$16.99 (HC)  
\$18.99 in Canada



### HUGH JOHNSON ON WINE

9781784722623  
\$24.99 (HC)  
\$27.99 in Canada  
MAY 2017



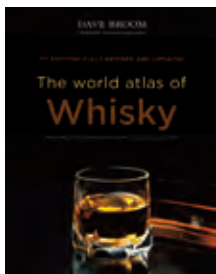
### THE COMPLETE BORDEAUX

9781784721794  
\$75.00 (HC)  
\$90.00 in Canada  
MAY 2017



### ESSENTIAL WINETASTING

9781784720919  
\$24.99 (PB)  
\$27.99 in Canada  
MAY 2017



### THE WORLD ATLAS OF WHISKY

9781845339425  
\$39.99 (HC)  
\$43.99 in Canada



### RUM: THE MANUAL

9781845339623  
\$19.99 (HC)  
\$21.99 in Canada



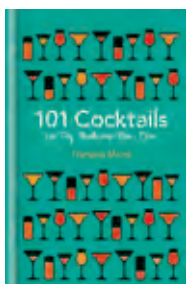
### GIN: THE MANUAL

9781845339388  
\$19.99 (HC)  
\$21.99 in Canada



### WHISKY: THE MANUAL

9781845337551  
\$19.99 (HC)  
\$21.99 in Canada



### 101 COCKTAILS TO TRY BEFORE YOU DIE

9781844038770  
\$12.99 (HC)  
\$14.99 in Canada



### THE CLASSIC COCKTAIL BIBLE

9781846014116  
\$9.99 (HC)  
\$10.99 in Canada



### DRINK ME NOW

9780600633662  
\$9.99 (HC)  
\$10.99 in Canada



### EXPERIMENTAL COCKTAIL CLUB

9781845339685  
\$29.99 (HC)  
\$32.99 in Canada

## CRAFTS AND HOBBIES



### I GOT 99 PROBLEMS BUT A STITCH AIN'T ONE

9781784722357  
\$12.99 (HC)  
\$14.99 in Canada



### THE KNITTER'S HANDBOOK

9780600632511  
\$14.99 (PB)  
\$16.99 in Canada



### LEARN TO SEW WITH LAUREN

9781845339272  
\$24.99 (HC)  
\$27.99 in Canada



### UKULELE FOR BEGINNERS

9781844039418  
\$16.99 (Flexi)  
\$18.99 in Canada  
AUGUST 2017



### THE WOOD FIRE HANDBOOK

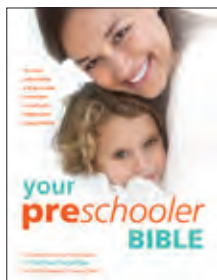
9781845336707  
\$16.99 (HC)  
\$18.99 in Canada



### THE LEATHERWORKING HANDBOOK

9781844034741  
\$19.95 (PB)  
\$24.99 in Canada

## FAMILY



### YOUR PRESCHOOLER BIBLE

9780600632191  
\$29.99 (Flexi)  
\$32.99 in Canada



### PREGNANCY WEEK BY WEEK

9780600632214  
\$12.99 (PB)  
\$14.99 in Canada



### THE COMPLETE PREGNANCY COOKBOOK

9780600632207  
\$19.99 (PB)  
\$21.99 in Canada



### MOTHER & BABY: PREGNANCY MILESTONES

9780600633778  
\$14.99 (PB)  
\$16.99 in Canada



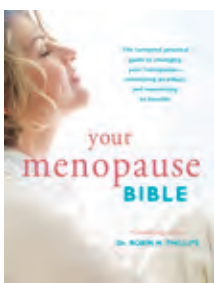
### MOTHER & BABY: BABY MILESTONES

9780600633785  
\$14.99 (PB)  
\$16.99 in Canada



### TEACH YOUR CHILD TO SLEEP

9780600634065  
\$12.99 (PB)  
\$14.99 in Canada



### YOUR MENOPAUSE BIBLE

9780600632627  
\$14.99 (PB)  
\$16.99 in Canada



### POETRY TO MAKE YOU SMILE

9781846014727  
\$9.99 (HC)  
\$10.99 in Canada



### MY PREGNANCY JOURNAL

9781846013379  
\$19.99 (HC)  
\$24.99 in Canada



### BABY'S RECORD BOOK

9781846012815  
\$19.99 (HC)  
\$19.99 in Canada



### BEST LOVED BABY NAMES AND THEIR MEANINGS

9781846014499  
\$10.99 (PB)  
\$11.99 in Canada



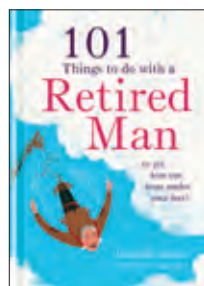
### CREATIVE PLAY

9781856753517  
\$12.99 (PB)  
\$14.99 in Canada



### YOUR LEFT-HANDED CHILD

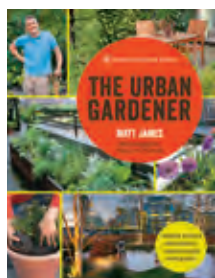
9780600628767  
\$14.99 (PB)  
\$16.99 in Canada



### 101 THINGS TO DO WITH A RETIRED MAN

9781846014017  
\$9.95 (HC)  
\$10.99 in Canada





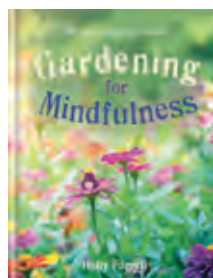
## THE URBAN GARDENER

9781784722869  
\$19.99 (PB)  
\$21.99 in Canada  
APRIL 2017



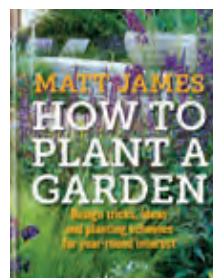
## GROW YOUR OWN FOR KIDS!

9781784722968  
\$9.99 (PB)  
\$10.99 in Canada  
APRIL 2017



## GARDENING FOR MINDFULNESS

9781784722746  
\$19.99 (HB)  
\$21.99 in Canada  
APRIL 2017



## HOW TO PLANT A GARDEN

9781845339845  
\$34.99 (HC)  
\$38.99 in Canada



## GARDEN DESIGN BIBLE

9780600632443  
\$19.99 (PB)  
\$21.99 in Canada



## RED HOT CHILI GROWER

9781784721022  
\$14.99 (HC)  
\$16.99 in Canada



## PLANTS FROM PITS

9781784721039  
\$14.99 (HC)  
\$16.99 in Canada



## THE LITTLE BOOK OF BONSAI

9781784721701  
\$12.99 (HC)  
\$14.99 in Canada



## THE MINATURE GARDEN GROWER

9781784721718  
\$12.99 (HC)  
\$14.99 in Canada



## AHS ENCYCLOPEDIA OF GARDENING TECHNIQUES

9781845337704  
\$29.99 (Flexi)  
\$32.99 in Canada



## THE BONSAI BIBLE

9781845339081  
\$14.99 (PB)  
\$16.99 in Canada



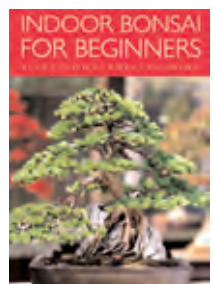
## THE HERB BIBLE

9781845339265  
\$14.99 (PB)  
\$16.99 in Canada



## COMPOST

9781845338954  
\$12.99 (HC)  
\$14.99 in Canada



## INDOOR BONSAI FOR BEGINNERS

9781844033508  
\$14.95 (PB)  
\$19.99 in Canada

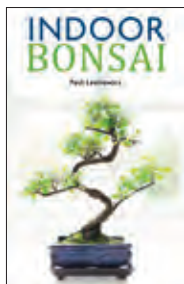


## 50 WAYS TO KILL A SLUG

9780600625131  
\$6.95 (PB)  
\$7.95 in Canada

## GARDENING

---



### INDOOR BONSAI

9781844039166

\$9.99 (PB)

\$10.99 in Canada

## GAMES

---



### 101 CLEVER CARD TRICKS

9780600634188

\$7.99 (PB)

\$9.99 in Canada



### THE CARD GAMES BIBLE

9780600629948

\$9.99 (PB)

\$12.99 in Canada



### EASY CARD TRICKS

9780600634706

\$7.99 (PB)

\$8.99 in Canada

AUGUST 2017

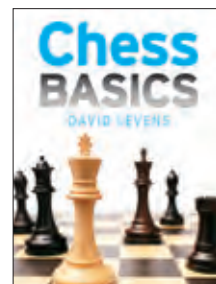


### EASY CARD TRICKS

9780600625049

\$7.99 (PB)

\$8.99 in Canada



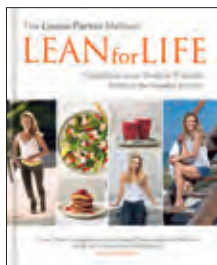
### CHESS BASICS

9780600626244

\$9.99 (PB)

\$10.99 in Canada

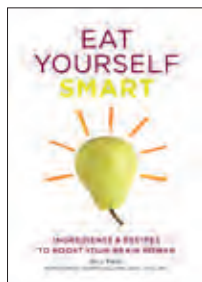
## HEALTH, DIET, EXERCISE AND BEAUTY



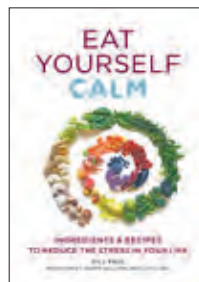
**LEAN FOR LIFE**  
9781784721756  
\$24.99 (HC)  
\$27.99 in Canada



**GORGEOUS SKIN IN 30 DAYS**  
9780600634713  
\$19.99 (PB)  
\$21.99 in Canada  
JULY 2017



**EAT YOURSELF SMART**  
9780600630852  
\$9.99 (PB)  
\$10.99 in Canada



**EAT YOURSELF CALM**  
9780600627036  
\$9.99 (PB)  
\$10.99 in Canada



**GLYCEMIC COUNTER**  
9780600629771  
\$5.99 (PB)  
\$6.50 in Canada



**COLOR ME CONFIDENT**  
9780600628187  
\$18.99 (PB)  
\$20.99 in Canada



## THINGS TO DO NOW THAT YOU'RE ... SERIES

---



### THINGS TO DO NOW YOU'RE 40

9781846015175  
\$9.99 (PB)  
\$10.99 in Canada



### THINGS TO DO NOW YOU'RE 50

9781846015168  
\$9.99 (PB)  
\$10.99 in Canada



### THINGS TO DO NOW YOU'RE 60

9781846015151  
\$9.99 (PB)  
\$10.99 in Canada



### THINGS TO DO NOW YOU'RE A MOM

9781846015182  
\$9.99 (PB)  
\$10.99 in Canada



### THINGS TO DO NOW YOU'RE A DAD

9781846015144  
\$9.99 (PB)  
\$10.99 in Canada



### THINGS TO DO NOW THAT YOU'RE SINGLE AGAIN

9781846015366  
\$9.99 (PB)  
\$10.99 in Canada

## HOUSE, HOME, INTERIORS, DESIGN



### **FARROW & BALL: HOW TO DECORATE**

9781784721589  
\$39.99 (HC)  
\$43.99 in Canada



### **HOUSE & GARDEN SIXTIES HOUSE**

9781840916645  
\$39.99 (HC)  
\$43.99 in Canada



### **ABSOLUTELY BEAUTIFUL THINGS**

9781840916935  
\$29.99 (HC)  
\$32.99 in Canada



### **PATTERNITY: A NEW WAY OF SEEING**

9781840916942  
\$39.99 (HC)  
\$43.99 in Canada



### **ORLA KIELY HOME**

9781840916188  
\$34.99 (HC)  
\$38.99 in Canada



### **VOGUE: THE JEWELLERY**

9781840916577  
\$125 (HC in a clam shell  
slipcase)  
\$150 in Canada



### **VOGUE: THE SHOE**

9781840916591  
\$125 (HC in a clam shell  
slipcase)  
\$150 in Canada



### **TERENCE CONRAN: A LIFE IN DESIGN**

9781840917208  
\$40 (HC)  
\$44 in Canada



### **CONRAN ON COLOR**

9781840916850  
\$34.99 (HC)  
\$38.99 in Canada



### **PLAIN SIMPLE USEFUL**

9781840916553  
\$34.99 (HC)  
\$38.99 in Canada



### **THE FASHION OF FILM**

9781784721763  
\$39.99 (HC)  
\$43.99 in Canada

## HOUSE, HOME, INTERIORS, DESIGN



### **FIFTY SHOES THAT CHANGED THE WORLD**

9781840917376  
\$20.00 (Flexi)  
\$26.00 in Canada  
APRIL 2017



### **FIFTY DRESSES THAT CHANGED THE WORLD**

9781840917352  
\$20 (Flexi + jacket)  
\$26 in Canda



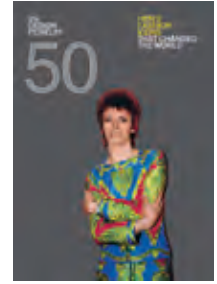
### **FIFTY CARS THAT CHANGED THE WORLD**

9781840917345  
\$20 (Flexi + jacket)  
\$26 in Canda



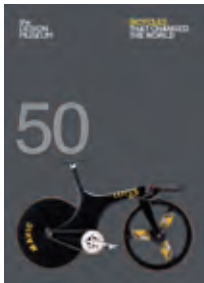
### **FIFTY WOMEN'S FASHION ICONS THAT CHANGED THE WORLD**

9781840917277  
\$20 (Flexi + jacket)  
\$26 in Canda



### **FIFTY MEN'S FASHION ICONS THAT CHANGED THE WORLD**

9781840917284  
\$20 (Flexi + jacket)  
\$26 in Canda



### **FIFTY BICYCLES THAT CHANGED THE WORLD**

9781840917369  
\$20.00 (Flexi)  
\$26.00 in Canada  
APRIL 2017



### **FIFTY SNEAKERS THAT CHANGED THE WORLD**

9781840916782  
\$20.00 (HC)  
\$26.00 in Canada



### **NEW YORK IN FIFTY DESIGN ICONS**

9781840916911  
\$20.00 (HC)  
\$26.00 in Canada



### **PARIS IN FIFTY DESIGN ICONS**

9781840917420  
\$20.00 (HC)  
\$26.00 in Canada  
MAY 2017



### **BERLIN IN FIFTY DESIGN ICONS**

9781840917413  
\$20.00 (HC)  
\$26.00 in Canada  
MAY 2017



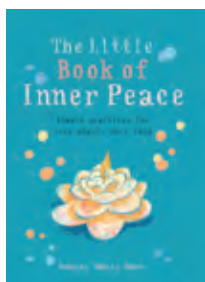


## THE LITTLE BOOK OF GRATITUDE

9781856753654

\$7.99 (Flexi)

\$8.99 in Canada



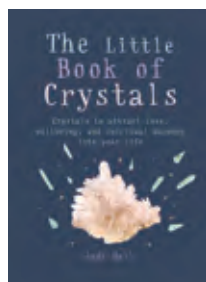
## THE LITTLE BOOK OF INNER PEACE

9781856753678

\$7.99 (Flexi)

\$8.99 in Canada

APRIL 2017

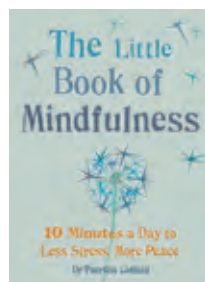


## THE LITTLE BOOK OF CRYSTALS

9781856753616

\$7.99 (Flexi)

\$8.99 in Canada



## THE LITTLE BOOK OF MINDFULNESS

9781856753531

\$7.99 (Flexi)

\$8.99 in Canada



## THE LITTLE BOOK OF MARIJUANA

9781846015250

\$7.99 (Flexi)

\$8.99 in Canada

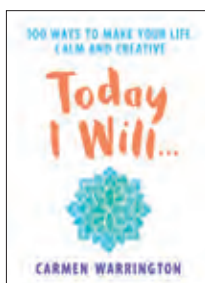


## CALM

9781846015373

\$9.99 (PB)

\$10.99 in Canada



## TODAY I WILL...

9780600634737

\$12.99 (PB)

\$14.99 in Canada

JULY 2017



## MEDITATION WORKSHOP

9781841814698

\$14.99 (PB)

\$16.99 in Canada



## YOGA BASICS

9780600629917

\$9.99 (PB)

\$10.99 in Canada

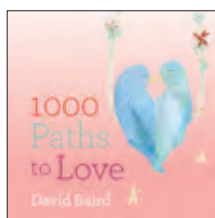


## THE QIGONG BIBLE

9781841814629

\$19.99 (PB)

\$21.99 in Canada

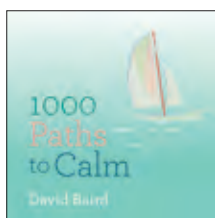


## 1000 PATHS TO LOVE

9781846015236

\$9.99 (PB)

\$10.99 in Canada



## 1000 PATHS TO CALM

9781846015212

\$9.99 (PB)

\$10.99 in Canada



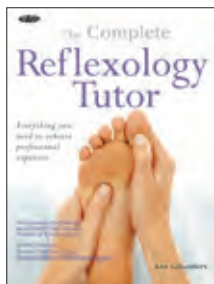
## 1000 PATHS TO HAPPINESS

9781846015229

\$9.99 (PB)

\$10.99 in Canada

## MIND, BODY, SPIRIT



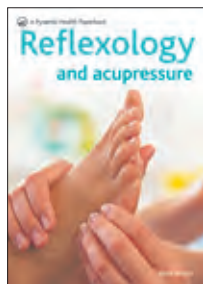
### THE COMPLETE REFLEXOLOGY TUTOR

9781856752831  
\$19.95 (PB)  
\$23.95 in Canada



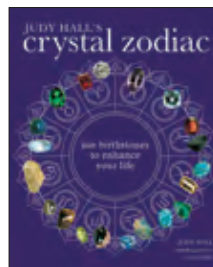
### HAND REFLEXOLOGY

9780600618843  
\$9.99 (PB)  
\$10.99 in Canada



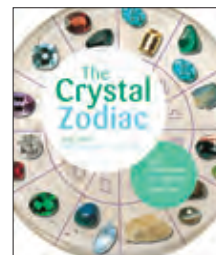
### REFLEXOLOGY AND ACUPRESSURE

9780600617587  
\$9.95 (PB)  
\$12.99 in Canada



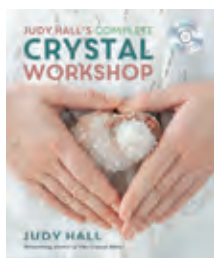
### JUDY HALL'S CRYSTAL ZODIAC

9781841814728  
\$16.99 (PB)  
\$18.99 in Canada  
JULY 2017



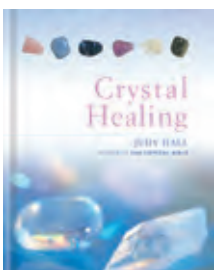
### THE CRYSTAL ZODIAC

9781841814292  
\$17.99 (PB)  
\$19.99 in Canada



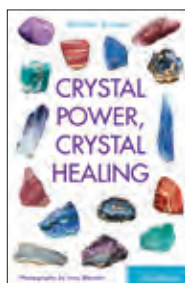
### JUDY HALL'S COMPLETE CRYSTAL WORKSHOP

9781841814612  
\$16.99 (PB)  
\$18.99 in Canada



### CRYSTAL HEALING

9781841812601  
\$12.00 (HC)  
\$14.50 in Canada



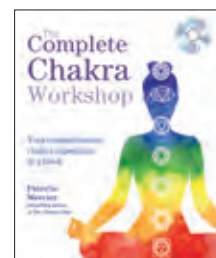
### CRYSTAL POWER, CRYSTAL HEALING

9781844038411  
\$22.99 (PB)  
\$24.99 in Canada



### WORLD MANDALAS

9781841812571  
\$17.95 (PB)  
\$23.50 in Canada



### THE COMPLETE CHAKRA WORKSHOP

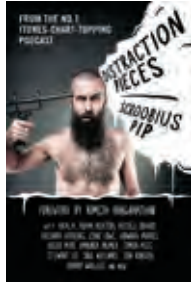
9781841814735  
\$14.99 (PB with CD)  
\$16.99 in Canada  
JULY 2017

## POP CULTURE AND REFERENCE



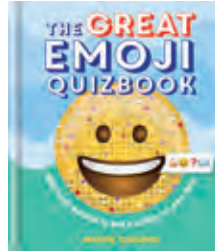
### ADVENTURES OF A TERRIBLY GREEDY GIRL

9781784721923  
\$20 (HC)  
\$22 in Canada



### DISTRACTION PIECES

9781844039128  
\$19.99 (HC)  
\$21.99 in Canada



### THE GREAT EMOJI QUIZBOOK

9781844038961  
\$12.99 (HC)  
\$14.99 in Canada



### CAT TWEETS

9781846015359  
\$9.99 (HC)  
\$10.99 in Canada



### MARSHALL: THE BOOK OF LOUD

9781784722258  
\$14.99 (HC)  
\$16.99 in Canada



### URBAN CYCLING

9781784722272  
\$14.99 (PB)  
\$16.99 in Canada



### UKULELE FOR BEGINNERS

9781844039418  
\$16.99 (Flexi)  
\$18.99 in Canada  
AUGUST 2017



### A-Z GREAT MODERN WRITERS

9781844039135  
\$20 (HC)  
\$26 in Canada



### A-Z GREAT FILM DIRECTORS

9781844038220  
\$20 (HC)  
\$36 in Canada



### THE TATTOO DICTIONARY

9781784721770  
\$20.00 (HC)  
\$22.00 in Canada



### SURVIVOR

9781844039067  
\$39.99 (HC)  
\$43.99 in Canada  
APRIL 2017



### FOR THE LOVE OF LONDON

9781844039210  
\$19.99 (HC)  
\$21.99 in Canada  
JUNE 2017



### A PORTRAIT OF BOWIE

9781844039272  
\$34.99 (HC)  
\$38.99 in Canada  
APRIL 2017



### SOCKS: THE RULE BOOK

9781784721336  
\$12.99 (HC)  
\$14.99 in Canada



### THE ART OF THE JERSEY

9781784721664  
\$24.99 (HC)  
\$27.99 in Canada



## POP CULTURE AND REFERENCE



### THE LITTLE BOOK OF MARIJUANA

9781846015250  
\$7.99 (Flexi)  
\$8.99 in Canada



### OUTSIDE THE LINES

9781784721497  
\$19.99 (HC)  
\$21.99 in Canada



### CARS

9781840917253  
\$29.99 (HC)  
\$32.99 in Canada



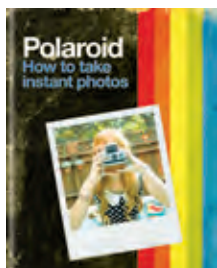
### EVO: SUPERCARS

9781784720506  
\$29.99 (HC)  
\$32.99 in Canada



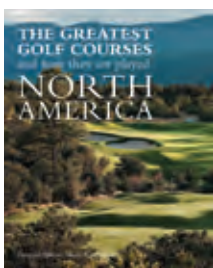
### STREET DANCE

9781844038404  
\$16.99 (Flexi)  
\$18.99 in Canada



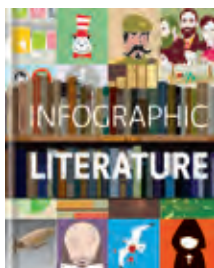
### POLAROID

9781784720841  
\$14.99 (HC)  
\$16.99 in Canada



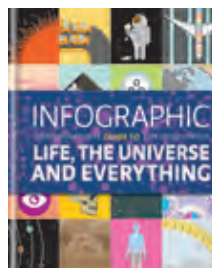
### THE GREATEST GOLF COURSES AND HOW THEY ARE PLAYED : NORTH AMERICA

9780600634669  
\$14.99 (PB)  
\$16.99 in Canada  
AUGUST 2017



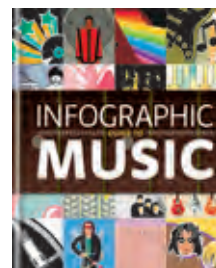
### INFOGRAPHIC GUIDE TO LITERATURE

9781844037872  
\$14.99 (HC)  
\$16.99 in Canada



### INFOGRAPHIC GUIDE TO LIFE, THE UNIVERSE, AND EVERYTHING

9781844037889  
\$14.99 (HC)  
\$16.99 in Canada



### INFOGRAPHIC GUIDE TO MUSIC

9781844037537  
\$14.99 (HC)  
\$16.99 in Canada



### THE GREATEST ALBUMS YOU'LL NEVER HEAR

9781844037773  
\$24.99 (Flexi)  
\$27.99 in Canada



### GAMES ON THRONES

9780600632900  
\$12.99 (HC)  
\$14.99 in Canada



### STONERS' DELIGHT

9781846013744  
\$9.99 (HC)  
\$11.99 in Canada



### THE HOUSE RULES

9781846015052  
\$9.99 (HC)  
\$10.99 in Canada

## COLORING BOOKS



### AMAZON: COLORING KIT

97810600634515  
\$12.99 (KIT)  
\$14.99 in Canada



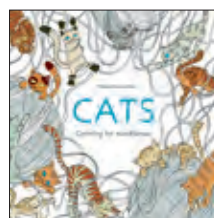
### CATS: COLORING KIT

9780600634072  
\$12.99 (KIT)  
\$14.99 in Canada



### AMAZON

9780600633792  
\$9.99 (PB)  
\$10.99 in Canada



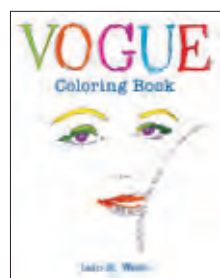
### CATS COLORING FOR MINDFULNESS

9780600634607  
\$15.99 (PB)  
\$17.99 in Canada



### NATURE

9780600632573  
\$9.99 (PB)  
\$10.99 in Canada



### VOGUE COLORING BOOK

9781840917260  
\$12.99 (PB)  
\$14.99 in Canada



### VOGUE GOES POP

978117840917444  
\$12.99 (PB)  
\$14.99 in Canada



### KLIMT

9780600634300  
\$12.99 (PB)  
\$14.99 in Canada



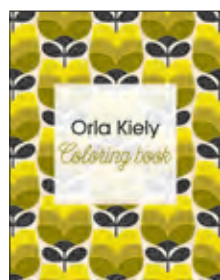
### PICASSO

9780600634317  
\$12.99 (PB)  
\$14.99 in Canada



### JAPANESE ART

9780600634324  
\$12.99 (PB)  
\$14.99 in Canada



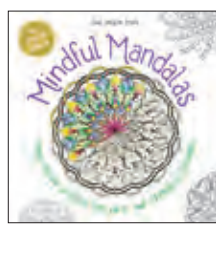
### ORLA KIELY COLORING BOOK

9781840917390  
\$12.99 (PB)  
\$14.99 in Canada



### THE NATURE MANDALA COLORING BOOK

9781781573341  
\$12.99 (PB)  
\$14.99 in Canada



### MINDFUL MANDALAS

9781781574133  
\$12.99 (PB)  
\$14.99 in Canada



### THE LITTLE BOOK OF COLORING FOR CALM

9781781573143  
\$9.99 (PB)  
\$10.99 in Canada



### CORONATION STREET

9780600634638  
\$14.99 (PB) in Canada only





ilex

FALL 2017 – WINTER 2018









## NY IN THE SNOW

Vivienne Gucwa

**One photographer's passion project; a stunning collection of unique, enchanting images of a seasonal snowy New York that everyone can cherish.**

The iconic city of New York is a bustling, heady metropolis that, thanks to the power of media, everyone in the world knows intimately, even if they've never been. But every once in a while it changes completely. At first a few flakes will fall, then more, and more. Hardened New Yorkers rush for warmth and, while they're absent, an amazing, glistening almost deserted winter wonderland momentarily appears.

It is these moments that phenomenally popular photo-blogger Vivienne Gucwa lives for. She has been documenting them for more than a decade, rushing out to capture the city in snow. Of all the photos that have made her the celebrated, award-winning success that she is, it is these that are most loved, both online and in print. So we offer them here in a sumptuous volume to be enjoyed by anyone who loves New York, whether from near, afar or midtown.

**Vivienne Gucwa**, a native of Queens, began shooting New York City in the early 2000s with no formal training and just a simple point-and-shoot camera. It was not until 2010 that she began publishing the resulting photographs on her blog. Now she shoots assignments around the world, her work is followed by millions and she has won acclaim across the industry and the media alike most recently being named Sony's 9th Artisan of Imagery.

**9781781574157**

September 2017

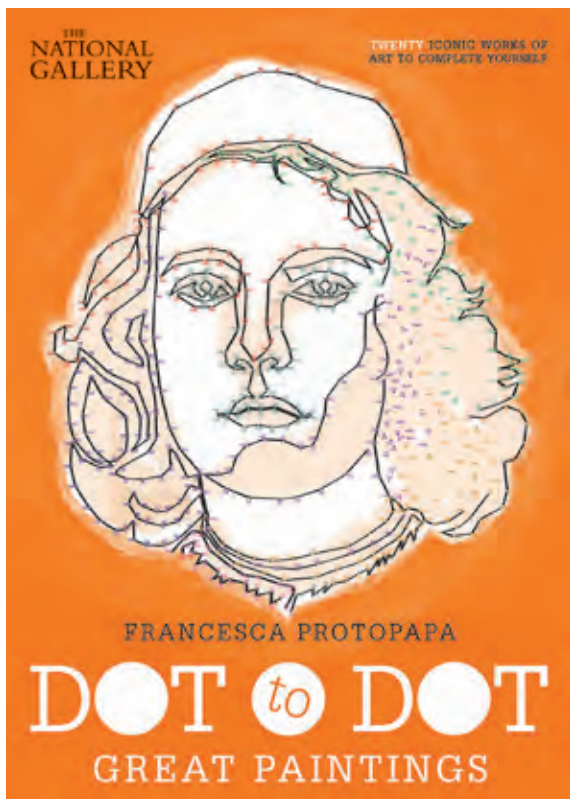
Ilex

US\$24.99 CAN \$27.99

Hardcover

9 3/4" x 9 3/4"

192 pages



**National Gallery** (Author) The National Gallery, London, houses one of the greatest collections of paintings in the world. Discover works by Botticelli, Rembrandt, Turner, Monet, Van Gogh and many more.

**Francesca Protopapa** (Illustrator) Based in Paris, France, Francesca Protopapa is a professional graphic designer and illustrator whose work lends itself to the meticulous style of dot-to-dotting. She is influenced by a variety of interests such as painting, film, photography, fashion, entertainment and travel. Her work frequently features in exhibitions around France and Italy.

**9781781574249**

September 2017

Ilex

US\$14.99 CAN\$16.99

Paperback

10" x 14"

48 pages

## NATIONAL GALLERY DOT-TO-DOT GREAT PAINTINGS

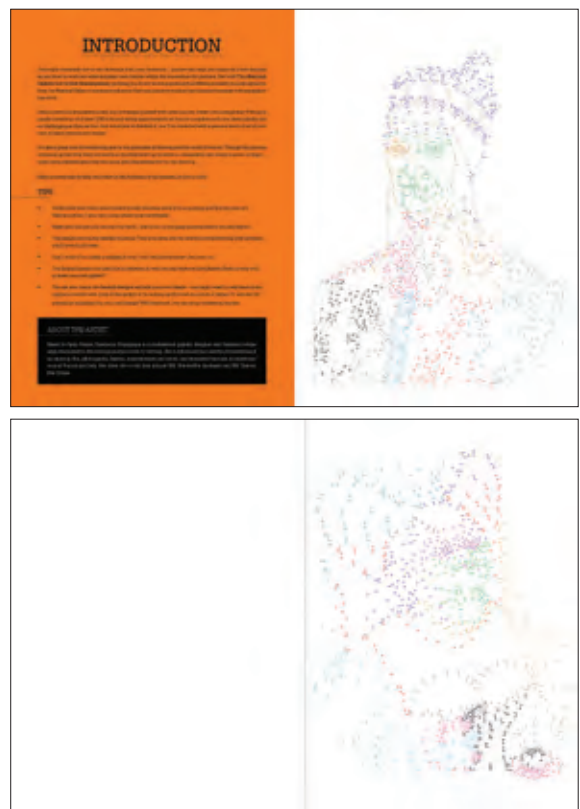
National Gallery

(Illustrated By Francesca Protopapa)

**Twenty iconic works of art to complete as fun and original dot-to-dot puzzles.**

Home to Van Gogh's Sunflowers and Velázquez's The Rokeby Venus, the National Gallery, London, boasts countless masterpieces. Find twenty of their most iconic works here as 1000-dot challenges - a satisfyingly slow-paced study worthy of any wall.

Art lovers of all ages can now create and keep their very own Michelangelo and Monet with these beautiful, sculptural renditions of world famous works. With its perforated margin you can extract and display your favorites to build an unbeatable dot-to-dot art collection.







## THE PORTRAIT SKETCHBOOK

**An exercise book that will challenge all levels of artist in their pursuit of a true likeness, letting them hone their own personal style and skills.**

With centuries of artistic wisdom, *The Portrait Sketchbook* offers everything you need to train your eye, hand and mind. Explore and experience the creative processes of iconic craftsmen to realise your own original style; quickly sketch passers-by with Da Vinci; create a ghostlike form with Seurat; master Ingres's evocation of the most kissable lips; and adopt Lucian Freud's liberating directness.

Featuring 20 works and a host of helpful prompts from leading artists, critics and art historians - as well as plenty of blank space to practice in - the book will guide you to fresh understanding of the tools, materials and skills necessary to master this most personal subject.



**9781781575031**

September 2017

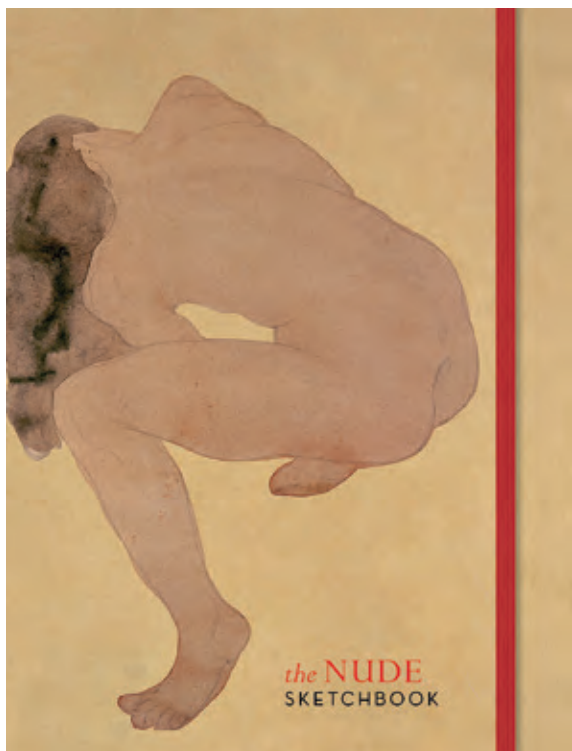
Ilex

US\$12.99 CAN \$14.99

Paperback

7 1/2" x 9 3/4"

128 pages



## THE NUDE SKETCHBOOK

**The ultimate exercise book for any original, training the eye, the hand and the mind.**

Copying is how we learn. It is the oldest, grandest tradition and essential to an artist's development. Featuring 20 masterpieces by Michelangelo, Modigliani, Matisse and more, *The Nude Sketchbook* is the first in an innovative new series that combines careful study with independent expression. Each image is paired with a helpful prompt offered by iconic artists, critics and art historians, with plenty of blank space to practice and explore within the theme. Complete with a brief history of life drawing and an introduction to the draughtsman's toolkit, this guided sketchbook equips artists with everything necessary to develop their style and skills.

Collect the whole series to broaden your artistic lexicon.



**9781781574881**

September 2017

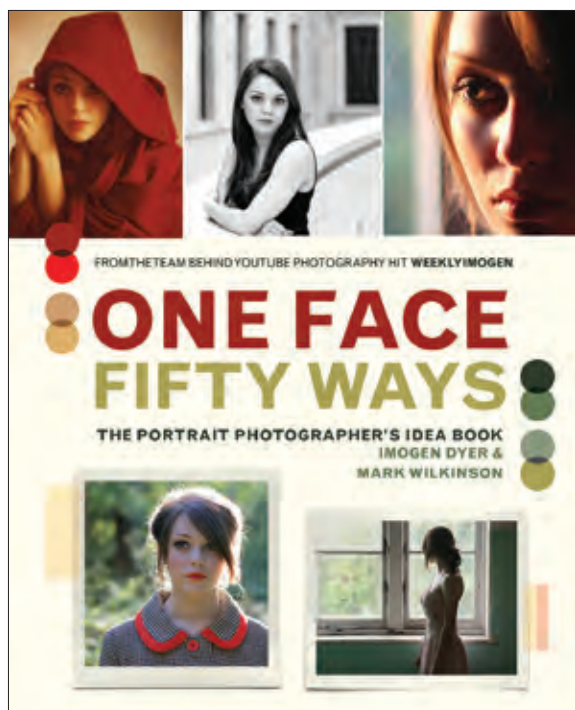
Ilex

US\$12.99 CAN \$14.99

Paperback

7 1/2" x 9 3/4"

128 pages



## ONE FACE FIFTY WAYS

The Portrait Photographer's Idea Book

Imogen Dyer & Mark Wilkinson

**For those that love taking pictures, or having their picture taken, this book is a creative resource of possibilities. Get shooting.**

Whichever side of the camera you like to be on, this book will show you how - with some simple camera techniques and inexpensive items of wardrobe - you can revolutionize your portfolio. That's always been the mission of photographer Mark and presenter & model Imogen in their smash-hit YouTube channel WeeklyImogen, and now they've brought the expertise that has attracted 160,000 subscribers, well over a million views a month (and growing).

In this book they'll bring the practical wisdom so popular with thousands of photographers worldwide into a simple and accessible guide which is designed to be picked up and understood by anyone motivated to take (or be in) better portrait photos without spending a fortune.

**Imogen Dyer** (Author) is the unstoppable on-screen talent behind Weekly Imogen, the phenomenally successfully photography tips & tutorials YouTube channel which averages 50,000 views a day. Imogen and Mark began their photographic partnership in 2009 after a chance meeting at a village fair. Mark posted the images they shot together online and such was their success that they launched a YouTube channel to share their tips and techniques with Imogen presenting. Thus WeeklyImogen was born. In just four years it has become one of the biggest channels on YouTube, with over 150,000 subscribers and well over a million views a month with no sign of the growth slowing down.

**Mark Wilkinson** (Author) is an exceptionally talented self-taught photographer who delights in taking portraits in simple settings and extracting every last ounce of color, texture and, crucially, natural light. Mark prides himself on working with an entry level Canon SLR, and a variety of lenses, though mainly a standard 50mm f1.8 lens.

**9781781574300**

September 2017

Ilex

US\$16.99 CAN \$18.99

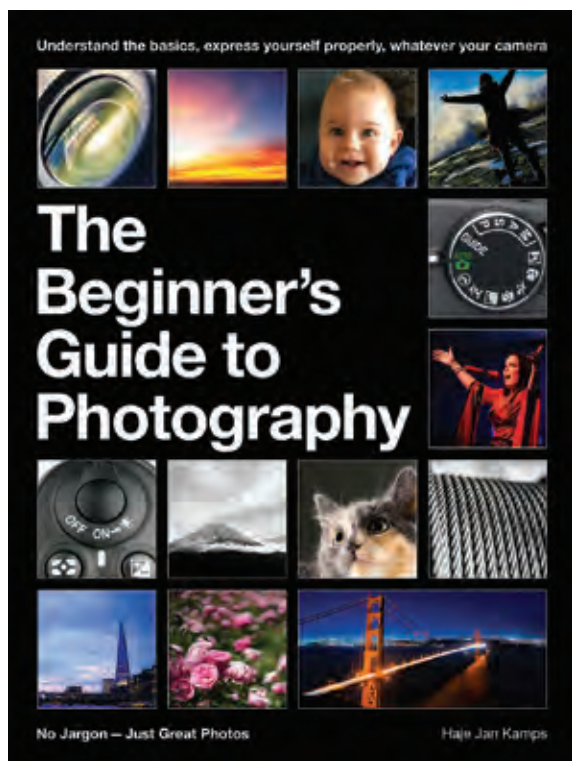
Paperback

7 1/2" x 9 1/4"

160 pages







**Haje Jan Kamps** set up his first photo website at the age of 16 and is now one of the world's best-read photography bloggers; his site [photocritic.org](http://photocritic.org) has thousands of visitors every day. Shooting with any camera he can, including his smartphone, he has built a successful freelance career, and written books for serious professionals and hobbyists alike.

**9781781575109**  
 September 2017  
 Illex  
 US\$24.99 CAN \$27.99  
 Paperback  
 7 2/3" x 10 1/4"  
 176 pages

## THE BEGINNER'S GUIDE TO PHOTOGRAPHY

**Understand the basics, express yourself properly, whatever your camera**

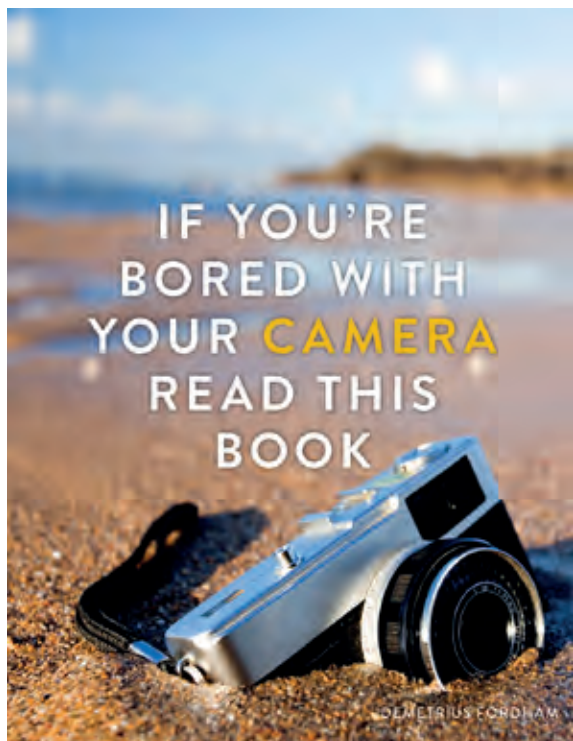
Haje Jan Kamps

**Forget about confusing jargon and technicalities: just take great photos, whatever your camera.**

Photography is a big part of our lives, and we all take photos all the time. By understanding just a few basics of how your camera - or your phone - works, you'll find yourself able to take more exciting, stand-out photos. Within a few pages you'll be able to speak with confidence to photographers about exposure settings, decide what lighting or lenses will lift a scene, or what tactics you can use to make your subject look more interesting.

The book also covers the basics of managing, editing & sharing your collection of digital images so you're not at the mercy of the software that was bundled with your phone.





## IF YOU'RE BORED WITH YOUR CAMERA READ THIS BOOK

Demetrius Fordham

**Packed with ideas to refresh and reinvigorate your photography, and make you fall back in love with your camera.**

You know photography, don't you? Nice group pictures, tasteful landscapes, perhaps a filter from an app on your phone. Conventional, easy to manage, inoffensive, boring...right? WRONG! In this book you'll find inspiring ideas and genuinely different techniques that you can use to capture anything, from artistic portraits, through to stunning street photography and unusual abnormals. This book will open your eyes, and your lens cap, to new ideas.

### Topics include:

Put Down Your Camera  
Forget the Rules  
Creative Shooting Exercises  
Go Back to Basics

**Demetrius Fordham** is a professional commercial, editorial and lifestyle photographer based in Brooklyn, NY. Born in Stuttgart, Germany and raised in Denver, Colorado, Demetrius launched his photography career assisting iconic photographers such as Sheila Metzner and Kurt Iswarienko. He was also the first assistant of celebrated commercial photographer Doug Menuez for many years.

### Also Available:

#### WHAT THEY DIDN'T TEACH YOU IN PHOTO SCHOOL

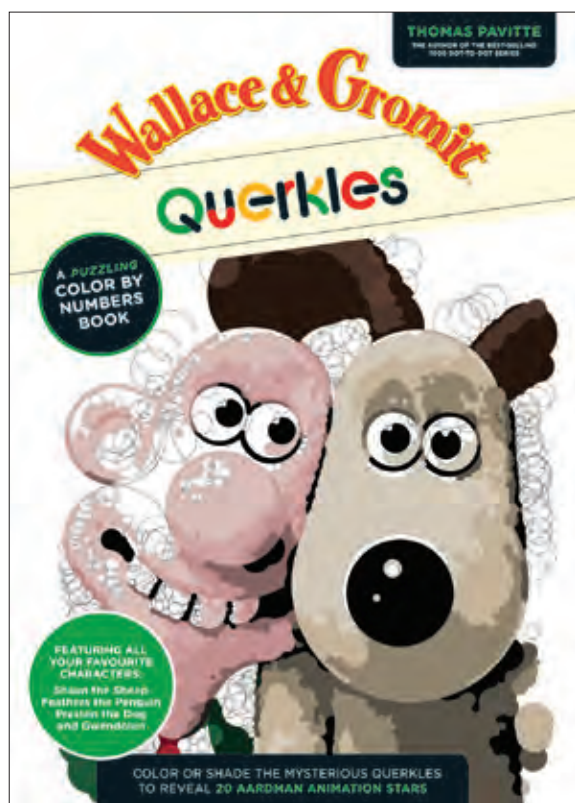
9781781572696  
\$19.99 (HC)  
\$21.99 in Canada



**9781781574317**

September 2017  
Ilex  
US\$14.99 CAN \$16.99  
Paperback  
7 1/2" x 9 3/4"  
128 pages





When graphic designer **Thomas Pavitte** found himself between jobs, he started doodling to keep his creative juices flowing, experimenting with the dot-to-dot puzzles he remembered from his childhood. The result was a 6,239-dot reconstruction of the Mona Lisa, which then led to the 1000 Dot-to-Dot Book and its sequels. Constantly exploring new graphic ideas, Thomas lives in Melbourne, Australia, and shares his work at [thomasmakesstuff.com](http://thomasmakesstuff.com).

**9781781574348**

October 2017

Ilex

US\$14.99 CAN \$16.99

Paperback

11 1/4" x 15 3/4"

48 pages

## WALLACE & GROMIT QUERKLES

**Color or shade the mysterious Querkles to reveal 20 Aardman animation stars**

Thomas Pavitte

Thomas Pavitte's amazing Querkles are an exciting twist on the classic color-by-number images that we loved as children, and have sold hundreds of thousands of copies worldwide. At first, you see nothing but a baffling tangle of circles, but hidden within each puzzle is an amazing picture, waiting to be revealed!

Featuring the beloved characters of Aardman's Wallace & Gromit movies, this book provides hours of creative coloring fun for fans of all ages. Along with several portraits of our cheese-eating inventors you will discover a collection of curious characters from the films including Feathers the Penguin, the moon robot and Shaun the Sheep.







## LOVE THOSE EYES

50 Alluring Eye Make-up looks

Sarah Ellis

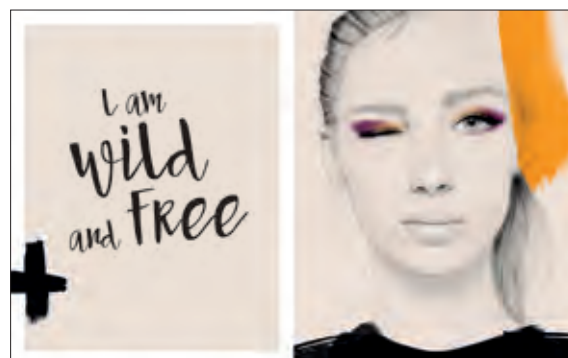
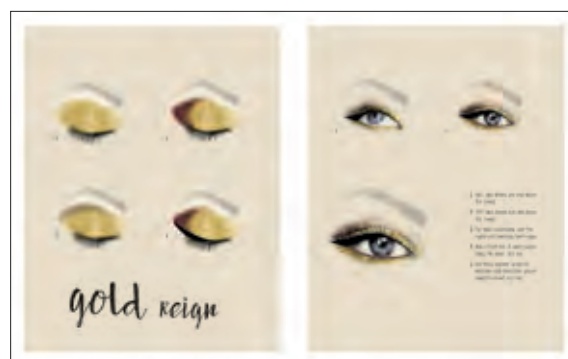
Illustrated By Elisa Mazzone

**Fifty beautiful eye-makeup looks in a beautiful illustrated book, ideal for giving.**

What happens when an inspired makeup artist meets a talented fashion illustrator? The very best thing of all: the alchemy that makes a book really special. In *Love Those Eyes*, Sarah Ellis and Elisa Mazzone bring you 50 gorgeous eye-makeup recipes. These ideas will delight all the more when you apply them to your own eyes. As with any great recipe collection you are inspired to adjust and re-balance the elements to suit your own eye shape, complexion or mood. Featuring light looks to warm your day, cool powerful looks to say you mean business, carefree looks for out and about, dramatic looks for turning those heads. And when you need to party? Look no further - you will rock it! Complete all looks with your favorite mascara or lashes for the perfect finish. They say beauty is in the eye of the beholder. It will be.

**Sarah Ellis's** stunning makeup has featured in magazines, award ceremonies and on the London catwalks. She works with photographers, stylists and filmmakers to produce edgy and innovative designs.

The exquisite illustrations of Australian-born **Elisa Mazzone** have enchanted audiences throughout the world, featuring in numerous exhibitions and magazines. Her clients include Harper's Bazaar, Jimmy Choo, L'Oreal, Company, Madison, Yen, Free People, Mambo, Amazon and Style.com.



9781781574966

October 2017

Ilex

US\$12.99 CAN \$14.99

Paperback

6 1/4" x 7 3/4"

144 pages



## LOVE THAT HAIR

### 32 Head-turning hair styles

Hayley Mallinder

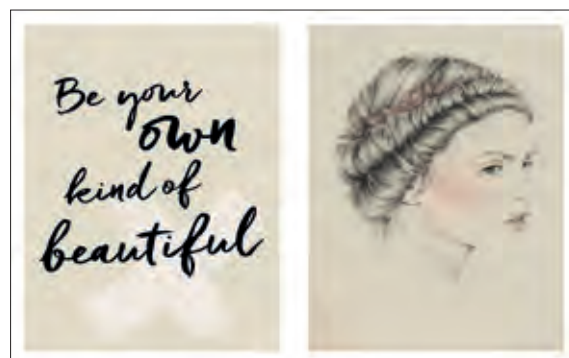
Illustrated By Emma Leonard

**Thirty-two head-turning hairstyles rendered in beautiful contemporary illustration, to make every day a good hair day.**

The 32 styles in this beautiful book give you the repertoire you need to make every day a good hair day; whether you desire tumbling tresses, cute tight braids, seductive swirls or fierce fishtails. Bringing you looks that can be done in minutes to looks that impress with every tress, Hayley Mallinder helps you to become your very own super stylist, giving you the confidence to create looks that surprise and delight every time. Paired with Hayley is top fashion illustrator Emma Leonard, who has created all the looks and steps in her seductive illustrations, making this an attractive and desirable book. Have fun, feel good, and turn those heads!

**Hayley Mallinder** brought her award-winning styles from Perth to the UK where she now works for the Simon Webster salon as part of his renowned styling and fashion editorial team.

**Emma Leonard** is a Melbourne-based illustrator who combines traditional media with digital techniques to create carefully considered renderings of delicate femininity, fragility and ethereal beauty. Her clients include *Elle* Magazine, Colgate, Covergirl NY and MTV.



**9781781574973**

October 2017

Ilex

US\$12.99 CAN \$14.99

Paperback

6 1/4" x 7 3/4"

144 pages



**Tim Pilcher** is a comic book expert, historian, journalist, and lecturer. He has worked as an assistant editor at DC Comics Vertigo imprint, and has written comic strips for the BBC, De Agostini, and the Young Telegraph. He was also associate editor of Comics International and has written numerous books on comics including the *Complete Cartooning Course* and *The Essential Guide to World Comics* with Brad Brooks, and *Erotic Comics: A Graphic History Volumes 1 & 2*. He is a co-founder and current Chair of the Comic Book Alliance, "The Voice of the British comics industry".

9781781575147

October 2017

Ilex

US\$7.99 CAN \$8.99

Hardcover

4 1/2" x 7 1/4"

96 pages

## EVERYTHING YOU ALWAYS WANTED TO KNOW ABOUT MARIJUANA

(But Were Too Stoned To Ask)

Tim Pilcher

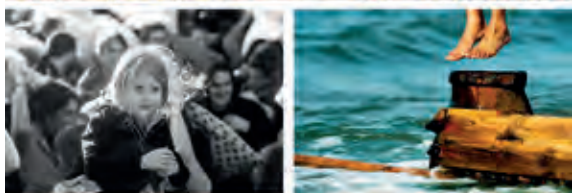
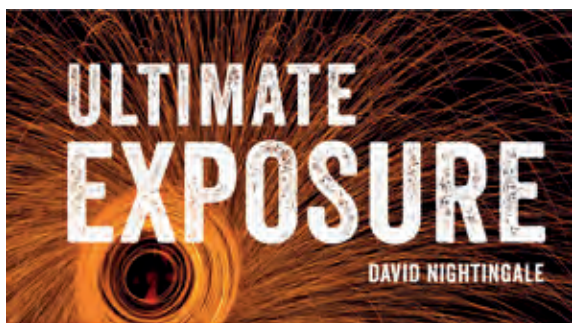
**Hundreds of marijuana-related tips, trivia, stories, techniques, even recipes, for you to dip in to and enjoy!**

Do you know the origin of the word "bong"? Could you name ten countries where marijuana use is entirely legal? Would you like to cook using cannabutter, or mix cocktails with a tincture of the herb? Are you curious as to how marijuana actually works on your brain, or the ways in which it is used in religious ceremonies around the world?

This book is for you! Let expert author Tim Pilcher guide you through a fascinating world of marijuana-related myth, medicine, madness, and munchies; you'll never look at this seemingly simple pastime the same way again...







Armed with this knowledge the digital photos you share will stand head-and-shoulders above the rest, and you'll have no problem using that film camera or used Polaroid you picked up at that garage-sale.

**David Nightingale** is an instructor for the Perfect Picture School of Photography in the United States, running the successful online course *Unleashing the Power of High Dynamic Range (HDR) Images*. He is the director of Chromasia Training, a company specialising in all aspects of photographic training and post-production, and a regular contributor to *Digital SLR User* magazine.

**9781781575116**

October 2017

Ilex

US\$24.99 CAN \$27.99

Paperback

7 3/4" x 10 1/4"

176 pages

## ULTIMATE EXPOSURE

**All you need to know to take perfect photos with any camera**

David Nightingale

**Exposure is photography's fundamental concept. Master it, and you'll master photography.**

You don't need a book to take good photos any more; most (but not all) of the time your camera, or your phone, will handle things for you. But if you don't know what it's doing - you don't know how to expose photos - you can't join in the real fun of photography.

With this book, though, you'll quickly master the key principles, and grasp a few simple concepts that will open up a world of beautiful sunsets, clever silhouettes, light trails and bokeh - as well as sophisticated techniques like HDR, manual exposure blending, and focus stacking.





## ILLUSTRATION: WHAT'S THE POINT?

**A Book of Illustrated Illustrations that Illustrate Illustration**

Mouni Feddag

**What's the point of illustration? Find out the answer through the flair and humour of a rising talent in the field.**

Of all the graphic arts, illustration is currently the most dynamic and exciting. In every medium - advertising, book publishing, product design, houseware and home furnishings - new talents are emerging, making their mark and (in some cases) a fortune out of their illustration skills.

But why? In this uniquely presented book, gifted illustrator Mouni Feddag takes on the subject and gives it the treatment it deserves. Witty, dynamic, wide-ranging and visual, this title answers the big questions that illustration throws up, including:

- What's the point of hand-drawn things?
- What's the point of pictures?
- What's the point of looking good?
- What's the point of decoration?
- What's the point of commercial art?
- What's the point of repetition?

Born and based in the UK, **Mouni Feddag** studied Communication Design at the University of Applied Sciences Darmstadt in Germany, and is now represented by The Bright Agency as an illustrator. Her clients have included *Vogue Online*, *Nido Magazine*, *Hambly & Woolley* and *NPR*. Shortlisted for the AOI Serco Prize for Illustration 2015 and the winner of the Hans-Meid-Förderpreis 2015, Mouni's publications and contributions also include *Doodlers Anonymous Epic Colouring Book* and *Quiet, Constant Friends*.

**9781781573914**

October 2017

Ilex

US\$15.00 CAN \$17.00

Hardcover

6" x 8 1/2"

96 pages







## DRAW ANYTHING WITH FELT-TIP PENS & MARKERS

Holly Wales

Discover your drawing and creative skills with this fun-packed book, designed to take your pack of pens further.

There is more fun to be had with felt tips than coloring. With her trademark vibrant and energetic style, felt-tip illustrator Holly Wales shakes up your humble pack of pens and gives you the best tips on the tips. Learn how to draw, decorate, doodle and embellish using every color and permutation of the pen. More fun, more inky and more vibrant than pencils and pastels, this is the perfect way to discover your creative talents.

**Holly Wales** is a UK-based illustrator. Her work explores a variety of subjects, pushing color marker pens to their limits. Holly works with text and multiple layers of color to deconstruct forms and produce dynamic compositions. Her client list includes Bloomberg, Deutsche Bank, The Wall Street Journal, Mens Health, National Geographic, Byron Hamburgers, The Huffington Post, the V&A, Urban Outfitters, Wired and GQ Deutschland. Between 2008 and 2013 she illustrated a weekly column for *The New York Times Magazine*. Holly has also taught several illustration courses around the UK including Central St Martins, Winchester School of Art, Camberwell College of Arts, Falmouth University and Brighton University.



9781781574980

November 2017

Ilex

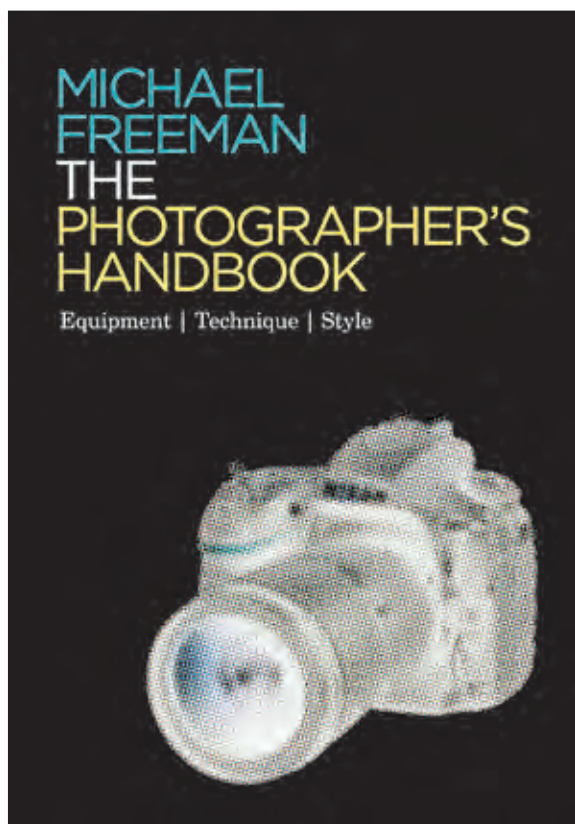
US\$14.99 CAN \$16.99

Paperback

7" x 8 3/4"

128 pages





## THE PHOTOGRAPHER'S HANDBOOK

Equipment | Technique | Style

Michael Freeman

---

**Know the equipment, refine your technique and express your style.**

- To take photos you need to get your settings right.
- To take good photos you need to understand how your camera works.
- To take great photos, you need to think about what you're shooting.
- This book will show you how to master all three.

Divided into three definitive sections; Technology & Hardware, Shooting Skills and Subjects & Style, professional photographer Michael Freeman explores these topics to show you how to be your best photographer. Illustrated with a combination of Freeman's photography and that of some of the most well-known photographers in the history of the art, and presented as a luscious flex-bind with foil cover, this is the ultimate photographer's handbook.

**Michael Freeman**, professional photographer and best-selling author, was born in England in 1945, took a Masters in Geography at Brasenose College, Oxford University, and then worked in advertising in London for six years. In 1971 he made the life-changing decision to travel up the Amazon with two secondhand cameras, and when Time-Life used many of the pictures he came back with, he embarked on a full-time photographic career.

Since then, working for clients that include all the world's major magazines, most notably the Smithsonian Magazine (for which he has shot more than 40 stories over 30 years), Freeman's reputation as one of the world's leading reportage photographers has been consolidated. Of his many books, which have sold over 4 million copies worldwide, more than 60 titles are on the practice of photography. For this photographic educational work he was awarded the Prix Louis Philippe Clerc by the French Ministry of Culture. Freeman's books on photography have been translated into 27 languages.

**9781781574904**

November 2017

Ilex

US\$19.99 CAN \$21.99

Flexiback

6 1/4" x 9"

240 pages

# THE HEART OF THE MACHINE

The image sensor

Photography is very precise, and the camera is very hardworking. Consider this: To a sensor, a machine, a piece of engineering, but not a living being, the world is a vast, unending sea of light and color. The sensor's job is to capture that light and color, and then convert it into a digital signal that can be processed by the camera's computer. The sensor is the heart of the machine.

Camera manufacturers create a new sensor every year, and each new sensor is a little better than the last. The sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.

Continuing the theme of the personal page, the sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one. The sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.

If you think that about image quality, the sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.



The image sensor

This is what an image sensor looks like. It's a small, dark, rectangular chip that's attached to the camera's circuit board.

Camera manufacturers create a new sensor every year, and each new sensor is a little better than the last. The sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.

Continuing the theme of the personal page, the sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.

The sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one. The sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.

If you think that about image quality, the sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.

Camera manufacturers create a new sensor every year, and each new sensor is a little better than the last. The sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.

Continuing the theme of the personal page, the sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.

The sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one. The sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.

If you think that about image quality, the sensor is the heart of the machine, and it's the heart of the machine that makes the difference between a good camera and a great one.

ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE
ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE
ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE
ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE	ENTER AGE

# LENSES ARE FOREVER

One of the most important parts of a camera is the lens. The lens is the part of the camera that focuses light onto the sensor. The lens is the part of the camera that makes the difference between a good camera and a great one.

One of the most important parts of a camera is the lens. The lens is the part of the camera that focuses light onto the sensor. The lens is the part of the camera that makes the difference between a good camera and a great one.

One of the most important parts of a camera is the lens. The lens is the part of the camera that focuses light onto the sensor. The lens is the part of the camera that makes the difference between a good camera and a great one.

One of the most important parts of a camera is the lens. The lens is the part of the camera that focuses light onto the sensor. The lens is the part of the camera that makes the difference between a good camera and a great one.

PRIMES	zooms
For those who want to focus on one subject, primes are the way to go. They're simple, fast, and they give you a lot of control over your image.	Zooms are great for when you want to take a lot of different shots. They're versatile, and they give you a lot of control over your image.
For those who want to focus on one subject, primes are the way to go. They're simple, fast, and they give you a lot of control over your image.	Zooms are great for when you want to take a lot of different shots. They're versatile, and they give you a lot of control over your image.
For those who want to focus on one subject, primes are the way to go. They're simple, fast, and they give you a lot of control over your image.	Zooms are great for when you want to take a lot of different shots. They're versatile, and they give you a lot of control over your image.



Prime lenses are simple, fast, and they give you a lot of control over your image.



Zoom lenses are versatile, and they give you a lot of control over your image.



Macro lenses are great for when you want to take a lot of different shots. They're versatile, and they give you a lot of control over your image.



Also Available:

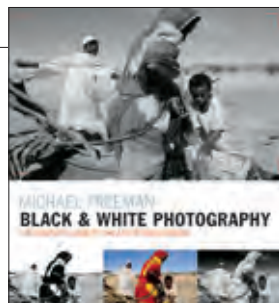
**FIFTY PATHS TO CREATIVE PHOTOGRAPHY**

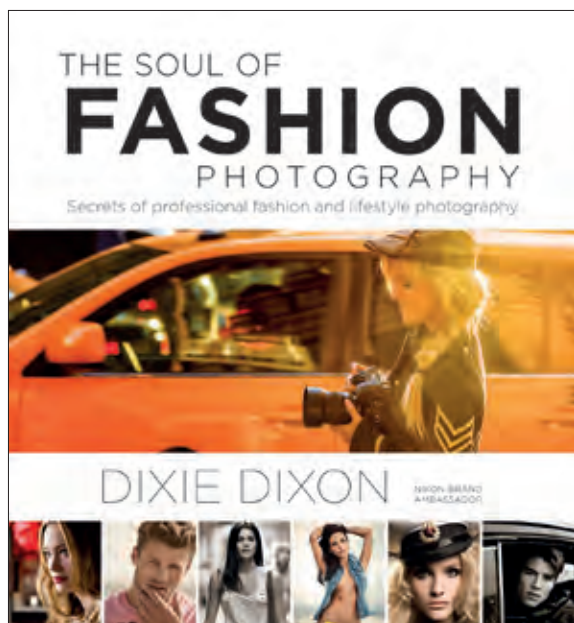
9781781573471  
\$24.99 (PB)  
\$27.99 in Canada

**MICHAEL FREEMAN**  
**FIFTY PATHS TO CREATIVE PHOTOGRAPHY**

**BLACK & WHITE PHOTOGRAPHY**

9781781573365  
\$24.99 (PB)  
\$27.99 in Canada  
JUNE 2017





## THE SOUL OF FASHION PHOTOGRAPHY

**Secrets of professional fashion and lifestyle photography**

Dixie Dixon

**Practical advice on fashion photography and inspirational images from professional photographer Dixie Dixon.**

Only a few years ago, fashion photography used to be a stuffy world for a tiny elite. Now an explosion in social media and lifestyle advertising has created opportunities for a whole new breed of professional photographer.

*The Soul of Fashion Photography* is based on the talks Dixie Dixon, a Nikon Brand Ambassador, has given to crowds at major US trade shows and at B&H, America's largest photography store. Expanding on the subject in the book, she reveals how to succeed in this exciting marketplace.

From finding your vision, to building your dream team, this book will provide you with the essential gear and know-how to capture the looks that leap off the page or screen.

The multiple award-winning **Dixie Dixon** masterfully captures her clients' products in the ideal context for their needs, whether that's traditional high fashion, a print campaign, or an Instagram feel. Trained in London and based in Texas, she works around the world, regularly speaking about photography for Nikon. Her fresh vision has attracted clients such as Nikon, Disney, Virgin, Advanced Beauty, Florsheim Shoes, MAC Group, Magpul, Billy Jealousy, Nha Khanh, Pipers Perfumery, and Macadamia Professional to name a few. Her work has been published in publications such as *RangeFinder*, *PDN*, *Professional Photographers Magazine*, *Dapper Magazine*, *Living Magazine*, *Beverly Drive Magazine*, *Nikon World* and many more.

**9781781574225**

November 2017

Ilex

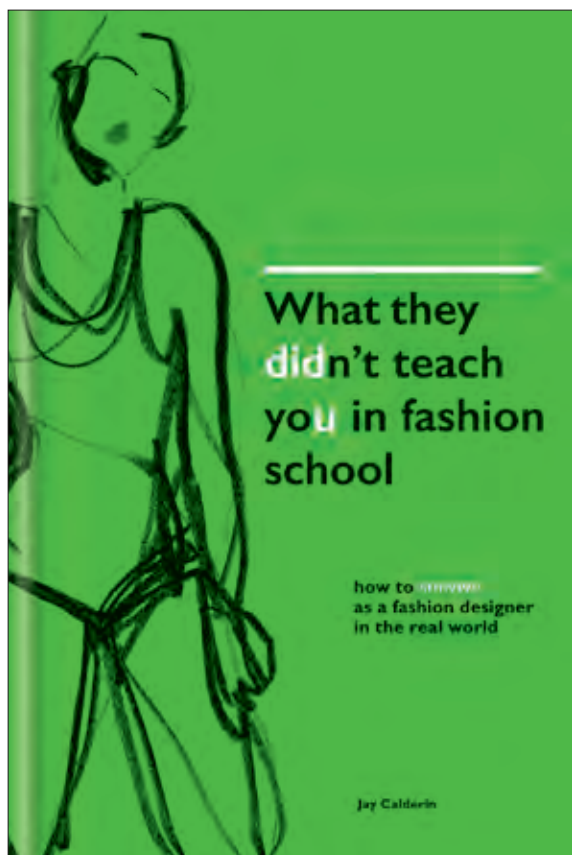
US\$24.99 CAN \$27.99

Paperback with jacket

9 1/4" x 10"

208 pages





The Boston Globe refers to **Jay Calderin** as "a budding designer's best friend," and the *LA Times* called his first book, "a new fashion bible for designers, aspirers and the just plain curious, with all the secrets." His books include *The Fashion Design Reference & Specification Book* and *Fashion Design Essentials*. Jay is the Founder/Executive Director of Boston Fashion Week, and he served as Creative Director of the first Chengdu Fashion Week. His fashion design work has graced the pages of *Vogue* and *Elle* magazines. An instructor and Director of Creative Marketing at the School of Fashion Design, Boston, he also teaches at the Museum of Fine Arts, Boston and recently joined the ranks of CreativeLive's highly respected team of online educators.

**9781781574492**

January 2018

Ilex

US\$19.99 CAN \$21.99

Hardcover

5 2/3" x 7 1/2"

208 pages

## WHAT THEY DIDN'T TEACH YOU IN FASHION SCHOOL

Jay Calderin

**A career guide for fashion designers, covering everything they need to know about building a successful business after graduating.**

How do you navigate the confusing and competitive fashion world after the relative comfort of fashion school? How do you learn to adapt to an industry that constantly evolves and throws new challenges your way? And above all, how do you play to your strengths as a designer, and build a successful career in business.

*What They Didn't Teach You in Fashion School* is your survival guide to the fashion industry. Providing expert advice, and lots of inspiration, Jay Calderin shows you how to get the best out of the exhilarating world of fashion.



## ILEX BACKLIST – PHOTOGRAPHY



### FIFTY PATHS TO CREATIVE PHOTOGRAPHY

9781781573471  
\$24.99 (PB)  
\$27.99 in Canada



### BLACK & WHITE PHOTOGRAPHY

9781781573365  
\$24.99 (PB)  
\$27.99 in Canada  
JUNE 2017



### IN CAMERA

9781781573617  
\$24.99 (HC)  
\$27.99 in Canada  
APRIL 2017



### COMPLETE PHOTOGRAPHY

9781781574065  
\$24.99 (PB)  
\$27.99 in Canada  
MAY 2017



### WHY YOU LIKE THIS PHOTO

9781781573747  
\$14.99 (HC)  
\$16.99 in Canada  
JULY 2017



### FOCUS IN PHOTOGRAPHY

9781781572382  
\$24.99 (PB)  
\$27.99 in Canada



### WEDDING PHOTOGRAPHY 101

9781781573440  
\$18.99 (PB)  
\$21.99 in Canada



### REAL LIFE FAMILY PHOTOGRAPHY

9781781572979  
\$16.99 (PB)  
\$18.99 in Canada



### BEYOND AUTO

9781781572665  
\$14.99 (PB)  
\$16.99 in Canada



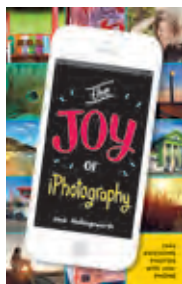
### THE PHOTOGRAPHER'S MASTER GUIDE TO COLOR

9781781579824  
\$24.99 (PB)  
\$26.99 in Canada



### THE PHOTOGRAPHERS IPAD

9781781572269  
\$14.99 (PB)  
\$16.99 in Canada



### THE JOY OF IPHOTOGRAPHY

9781781573563  
\$12.99 (PB)  
\$14.99 in Canada



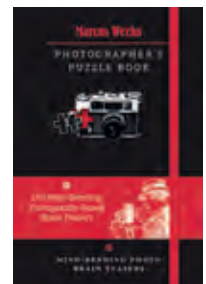
### SOCIAL PHOTOGRAPHY

9781781579817  
\$14.99 (PB)  
\$16.99 in Canada



### PRING'S PHOTOGRAPHER'S MISCELLANY

9781781579431  
\$12.99 (HC)  
\$14.99 in Canada



### PHOTOGRAPHER'S PUZZLE BOOK

9781781570975  
\$10.99 (HC)  
\$11.99 in Canada

## ILEX BACKLIST – ART & DESIGN



### WHAT THEY DIDN'T TEACH YOU IN PHOTO SCHOOL

9781781572696  
\$19.99 (HC)  
\$21.99 in Canada



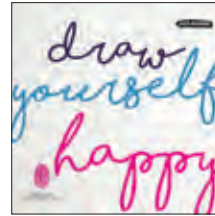
### WHAT THEY DIDN'T TEACH YOU IN ART SCHOOL

9781781572962  
\$19.99 (HC)  
\$21.99 in Canada



### FASHION: THE 1000 DOT-TO-DOT PUZZLE BOOK

9781781573112  
\$14.99 (PB)  
\$16.99 in Canada  
APRIL 2017



### DRAW YOURSELF HAPPY

9781781574140  
\$12.99 (PB)  
\$14.99 in Canada  
APRIL 2017



### MUSEUM OF ME

9781781574034  
\$12.99 (PB)  
\$14.99 in Canada  
APRIL 2017



### SUPERSTARS OF YOUTUBE

9781781574324  
\$14.99 (PB)  
\$16.99 in Canada  
JUNE 2017



### IF YOU ARE BORED WITH WATERCOLOR READ THIS BOOK

9781781574331  
\$14.99 (PB)  
\$16.99 in Canada  
JUNE 2017



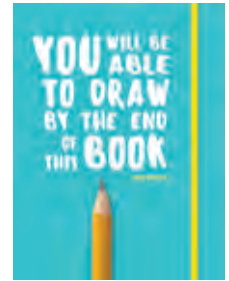
### MAP STORIES

9781781573778  
\$29.99 (HC)  
\$32.99 in Canada



### STOP LOOK BREATHE CREATE

9781781573983  
\$14.99 (PB)  
\$16.99 in Canada  
JUNE 2017



### YOU WILL BE ABLE TO DRAW BY THE END OF THIS BOOK

9781781573716  
\$16.99 (PB)  
\$18.99 in Canada  
JUNE 2017



### MAKE GREAT ART ON YOUR IPAD

9781781573877  
\$16.99 (PB)  
\$18.99 in Canada  
AUGUST 2017



### CAN I HAVE A KITTEN?

9781781572887  
\$14.99 (PB)  
\$16.99 in Canada



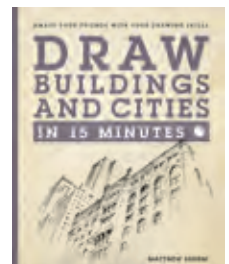
### RETRO COMICS: A SET OF 3 JOURNALS

9781781570227  
\$12.99 (PB)  
\$14.99 in Canada



### PILCHER'S MARIJUANA MISCELLANY

9781781571415  
\$12.99 (HC)  
\$14.99 in Canada



### DRAW BUILDINGS AND CITIES IN 15 MINUTES

9781781572870  
\$12.99 (PB)  
\$14.99 in Canada  
MAY 2017



## ILEX BACKLIST – ART & DESIGN



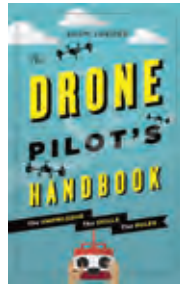
### ART LIFE

9781781574072  
\$16.99 (PB)  
\$18.99 in Canada  
MAY 2017



### ATLAS JOURNAL

9781781572504  
\$16.99 (HC)  
\$18.99 in Canada



### THE DRONE PILOT'S HANDBOOK

9781781572986  
\$12.99 (PB)  
\$14.99 in Canada



### DRAW HORSES IN 15 MINUTES

9781781572498  
\$12.99 (PB)  
\$14.99 in Canada



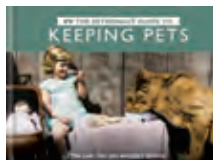
### THE STUDENT'S MANGA COOKBOOK

9781781573358  
\$12.99 (PB)  
\$14.99 in Canada



### CREATE YOUR OWN WEBSITE THE EASY WAY

9781781572900  
\$19.99 (PB)  
\$21.99 in Canada



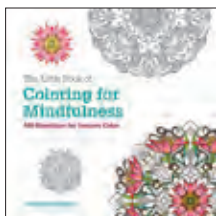
### THE RETRONAUT GUIDE TO KEEPING PETS

9781781572993  
\$12.99 (HC)  
\$14.99 in Canada



### THE RETRONAUT GUIDE TO RAISING CHILDREN

9781781573006  
\$12.99 (HC)  
\$14.99 in Canada



### THE LITTLE BOOK OF COLORING FOR MINDFULNESS

9781781573891  
\$9.99 (PB)  
\$10.99 in Canada



### THE NATURE MANDALA COLORING BOOK

9781781573341  
\$12.99 (PB)  
\$14.99 in Canada



### THE LITTLE BOOK OF COLORING FOR CALM

9781781573143  
\$9.99 (PB)  
\$10.99 in Canada

50 Ways To Cure A Hangover	36	Best Beers	46	Draw Anything With Felt-tip Pens and Markers	101
50 Ways To Kill A Slug	24, 75	Best Loved Baby Names And Their Meanings	74	Draw Buildings And Cities In 15 Minutes	107
101 Clever Card Tricks	76	Beyond Auto	106	Draw Horses In 15 Minutes	108
101 Cocktails To Try Before You Die	72	Big Flavours From A Small Kitchen	67	Draw Yourself Happy	107
101 Things To Do With A Retired Man	74	Bird In The Hand, A	67	Drink Me Now	72
200 Cakes & Bakes	71	Black & White Photography	101, 106	Drone Pilot's Handbook, The	108
200 Classic Cocktails	71	Bonsai Beginner's Bible, The	58		
200 Cupcakes	71	Bonsai Bible, The	75		
200 Delicious Desserts	71	Brewdog: Craft Beer For The People	42–43	<b>E</b>	
200 Easy Vegetarian Dishes	70			Easy Card Tricks	76
200 Family Slow Cooker Recipes	71	<b>C</b>		Eat Yourself Calm	64, 77
200 Gluten-Free Recipes	71	Calm	81	Eat Yourself Smart	64, 77
200 Juices & Smoothies	71	Can I Have A Kitten?	107	Ella's Kitchen: The Big Baking Book	70
200 Mexican Dishes	70	Card Games Bible, The	76	Ella's Kitchen: The Cook Book	70
200 More Slow Cooker Recipes	71	Cardamom Trail, The	67	Ella's Kitchen: The Easy Family Cook Book	70
200 One Pot Meals	70	Cars	84	Eric Lanlard's Afternoon Tea	68
200 Pasta Dishes	71	Cat Tweets	83	Essential Winetasting	72
200 Pies & Tarts	71	Cats Coloring For Mindfulness	85	Everyday Harumi	68
200 Really Easy Recipes	71	Cats: Coloring Kit	85	Everything You Always Wanted To Know About Marijuana	98
200 Slow Cooker Recipes	71	Chai, Chaat & Chutney	19	Evo: Aston Martin	34
200 Student Meals	71	Change Of Appetite, A	67	Evo: Supercars	84
200 Super Salads	70	Chess Basics	76	Experimental Cocktail Club	72
200 Super Soups	71	Claridge's: The Cookbook	47		
200 Tapas & Spanish Dishes	71	Classic Cocktail Bible, The	64, 72	<b>F</b>	
200 Veggie Feasts	70	Claus Meyer's Bread & Baking	38–39	Farrow & Ball: How To Decorate	64, 79
1000 Paths To Calm	81	Coffee Art	52–3	Fashion: 1000 Dot-to-Dot Puzzle Book	107
1000 Paths To Happiness	81	Cold Brew Coffee	22	Fashion Of Film, The	79
1000 Paths To Love	81	Color Me Confident	77	Feasts	31
<b>A</b>		Complete Bordeaux, The	72	Fever-Tree Cocktail Book, The	30
A–Z Great Film Directors	83	Complete Chakra Workshop, The	82	Fifty Bicycles That Changed The World	80
A–Z Great Modern Writers	83	Complete Photography	106	Fifty Cars That Changed The World	80
Absolutely Beautiful Things	64, 79	Complete Pregnancy Cookbook, The	74	Fifty Dresses That Changed The World	80
Adam's Big Pot	66	Complete Reflexology Tutor, The	64, 82	Fifty Men's Fashion Icons That Changed The World	80
Adventures Of A Terribly Greedy Girl	83	Complete Sous Vide Supreme Cookbook, The	67	Fifty Paths To Creative Photography	101, 106
AHS Encyclopedia Of Gardening Techniques	75	Compost	75	Fifty Shoes That Changed The World	80
Amazon	85	Conran On Color	62, 79	Fifty Sneakers That Changed The World	80
Amazon: Coloring Kit	85	Coronation Street	85	The World	80
Aperitivo	17	Crazy Water, Pickled Lemons	67	Fifty Women's Fashion Icons That Changed The World	80
Art Deco	28, 65	Create Your Own Website		Five Minutes In The Morning	60
Art Life	108	The Easy Way	108	Focus in Photography	106
Art Of The Jersey	83	Creative Play	74	For the Love of London	83
As The Romans Do	66	Crystal Healing	64, 82	Fress	66
Atlas Journal	108	Crystal Power, Crystal Healing	82		
		Crystal Zodiac, The	82	<b>G</b>	
<b>B</b>				G Plan Diet, The	4
Baby's Record Book	64, 74	<b>D</b>			
Balance Plan, The	26	Death By Burrito	68		
Be A Unicorn	18	Dictionary Of Dream Symbols, A	37		
Beginner's Guide To Photography, The	93	Distraction Pieces	83		
Berlin In Fifty Design Icons	80				

# INDEX

Games On Thrones	84	Institut Paul Bocuse Gastronomique	66	Love Those Eyes	96
Garden Design Bible	75			Low Fodmap Recipe Book, The	5
Gardening For Mindfulness	75	<b>J</b>			
Gatherings	66	Japanese Art	85	<b>M</b>	
Gin: The Manual	72	Joy of iPhotography, The	106	Make Great Art On Your Ipad	107
Gizzi's Season's Eatings	23	Judy Hall's Complete Crystal Workshop	82	Malt Whisky	36
Glycemic Counter	77	Judy Hall's Crystal Zodiac	82	Map Stories	107
Goal!	50–51	Juice A Day, A	70	Marshall: The Book Of Loud	83
Gorgeous Skin In 30 Days	77			Meditation Workshop	81
GQ Eats	67	<b>K</b>		Mid-Century Modern	65
Great Emoji Quizbook	83	K-Food	66	Midlife Kitchen, The	2–3
Greatest Albums You'll Never Hear	84	Kevin Dundon's Back To Basics	68	Miller's Antiques Encyclopedia	29
Greatest Golf Courses And How They Are Played, The: North America	84	Kevin Dundon's Modern Irish Food	68	Miller's Antiques Handbook & Price Guide 2016–17	15, 65
Grow Your Own For Kids!	75	Klimt	85	Miller's Antiques Handbook & Price Guide 2018–19	28
		Knitter's Handbook, The	73	Miller's Antiques Marks	15, 28, 65
<b>H</b>		<b>L</b>		Miller's Arts & Crafts	65
Hand Reflexology	82	Larousse Wine	48–9	Miller's Collectibles Handbook & Price Guide 2016–17	15, 28, 65
Herb Bible, The	75	Le Creuset One-Pot Cuisine	66	Miller's Encyclopedia Of World Silver Marks	14–15
House & Garden Sixties House	79	Le Pain Quotidien Cookbook	69	Miller's Field Guide: Art Deco	65
House Rules	84	Learn For Life	77	Miller's Field Guide: Glass	65
How To Eat Better	8	Learn To Sew with Lauren	73	Miller's Field Guide: Silver	65
How To Plant A Garden	75	Leatherworking Handbook, The	73	Miller's Mid-Century Modern	58
Hugh Johnson On Wine	10, 72	Leon: Family & Friends	69	Mind Manual, The	59
Hugh Johnson's Pocket Wine Book 2017	64, 72	Leon: Fast & Free	44, 69	Mindful Mandalas	85
Hugh Johnson's Pocket Wine Book 2018	10–11	Leon: Fast Vegetarian	44, 69	Miniature Garden Grower, The	75
Hungry Healthy Student Cookbook, The	68	Leon: Happy Salads	44, 69	Monster's Cookbook, The	66
Hungry Student Cookbook, The	68	Leon: Happy Soups	44–5	Mother & Baby: Baby Milestones	74
Hungry Student One Pot Cookbook, The	68	Leon: Ingredients & Recipes	69	Mother & Baby: Pregnancy Milestones	74
Hungry Student Vegetarian Cookbook, The	68	Leon: Naturally Fast Food	69	Movie Geek	41
		Lima: The Cookbook	67	Mr. Todiwala's Spice Box	68
<b>I</b>		Little Book Of Bonsai, The	75	Museum Of Me	107
I Got 99 Problems But A Stitch Ain't One	73	Little Book Of Chakras, The	21	My First Baking Book	69
If You Are Bored With Watercolor Read This Book	107	Little Book Of Coloring For Calm, The	85, 108	My Pregnancy Journal	74
If You're Bored With Your Camera Read This Book	94	Little Book Of Coloring For Mindfulness, The	108	<b>N</b>	
Illustration: What's the Point?	100	Little Book Of Crystals, The	81	National Gallery: Dot to Dot Great Paintings	89
In Camera	106	Little Book Of Gratitude, The	81	Nature	85
Indoor Bonsai	76	Little Book Of Inner Peace, The	81	Nature Mandala Coloring Book, The	85, 108
Indoor Bonsai for Beginners	75	Little Book Of Marijuana, The	64, 81, 84	New York In Fifty Design Icons	80
Infographic Guide To Life, The Universe, And Everything	84	Little Book Of Mindfulness, The	64, 81	New York In The Snow	88
Infographic Guide To Literature	84	Little Book Of Tidying, The	20	Nordic Kitchen, The	38, 67
Infographic Guide To Music	84	Little Juice Box, The	70	Nourish	70
Infuse	69	Little Leon: Smoothies, Juices & Cocktails	69	Nude Sketchbook, The	91
		Little Leon: Soups, Salads & Snacks	69		
		Little Marijuana Cookbook, The	7		
		Louise Parker Method: Lean for Life The Cookbook, The	9		
		Live A Beautiful Life	57		
		Love That Hair	97		



<b>O</b>		<b>S</b>		<b>W</b>	
Oklava	16	Salt Sugar Smoke	67	Walking In The Rain	33
One Face Fifty Ways	92	Savor	70	Wallace & Gromit Querkles	95
Orla Kiely Coloring Book	85	Savvy Cook, The	66	Way of Whisky, The	54–5
Orla Kiely Home	79	Sherry & A Little Plate of Tapas, A	66	Wedding Photography 101	106
Outside The Lines	84	Simple	64, 67	What They Didn't Teach You In	
		Slow Cooker 500 Recipes	67	Art School	108
<b>P</b>		Social Photography	106	What They Didn't Teach You In	
Paris In Fifty Design Icons	80	Socks: The Rule Book	83	Fashion School	105
Past Life Astrology	37	Soul Of Fashion Photography, The	104	What They Didn't Teach You In	
Paternity: A New Way Of Seeing	79	Spam: The Cookbook	69	Photo School	107
Pause	12	Spiralize Every Day	66	Whisky: The Manual	72
Photographer's Handbook, The	102–103	Stoner Mug Cakes	69	Why Washing Up Is Good For You	32
Photographer's Master Guide		Stoners' Delight	64, 84	Why You Like This Photo	106
to Color, The	106	Stop Look Breathe Create	107	Wood Fire Handbook, The	73
Photographers Ipad, The	106	Straight Up	27	World Atlas Of Whisky, The	64, 72
Photographer's Puzzle Book	106	Street Dance	84	World Atlas Of Wine, The	10, 64, 72
Picasso	85	Student's Manga Cookbook, The	108	World Mandalas	61, 82
Picturing Prince	6–7	Superstars Of Youtube	107		
Pilcher's Marijuana Miscellany	107	Survivor	83	<b>Y</b>	
Plain Simple Useful	79			Yoga Basics	81
Plants from Pits	75	<b>T</b>		You Will Be Able To Draw By The	
Play Guitar In 10 Easy Lessons	24	Tattoo Dictionary, The	83	End Of This Book	107
Plenish	70	Teach Your Child To Sleep	74	Your Left-Handed Child	74
Plenish: Fuel Your Ambition	70	Terence Conran: A Life In Design	79	Your Menopause Bible	74
Plenty	67	Things To Do Now You're 40	78	Your Preschooler Bible	74
Poetry To Make You Smile	74	Things To Do Now You're 50	78		
Polaroid	84	Things To Do Now You're 60	78	<b>Z</b>	
Portrait Of Bowie, A	83	Things To Do Now You're A Dad	78	Zen Kitchen, The	66
Portrait Sketchbook, The	90	Things To Do Now You're A Mom	78	Zoe's Ghana Kitchen	66
Pregnancy Week By Week	74	Things To Do Now That You're Single			
Prick	25	Again	78		
Prime	66	Timeless	35		
Pring's Photographer's Miscellany	106	Toast Hash Roast Mash	66		
		Today I Will...	81		
<b>Q</b>		Triumph Motorcycles	56		
Qigong Bible, The	81	Turmeric Cookbook, The	13		
<b>R</b>		<b>U</b>			
Raglan Road Cookbook, The	68	Ukulele For Beginners	73, 83		
Raw Cakes	69	Ultimate Exposure	99		
Real Life Family Photography	106	Uncovered	40		
Red Hot Chili Grower	75	Urban Cycling	83		
Reflexology And Acupressure	82	Urban Gardener, The	75		
Retro Comics: A Set Of 3 Journals	107				
Retronaut Guide To Keeping Pets,		<b>V</b>			
The	108	Vintage Tea Party Year, The	69		
Retronaut Guide To Raising Children,		Vogue Coloring Book	85		
The	108	Vogue: The Jewellery	79		
Roast Figs, Sugar Snow	67	Vogue: The Shoe	79		
Rum: The Manual	72				

## ORDERING INFORMATION

---

### TO ORDER

Contact your Hachette Book Group sales representative or write:

#### **ALL U.S. ORDERS:**

Hachette Book Group  
Order Department  
53 State Street, 9th floor  
Boston, MA 02109  
Call toll free: 1-800-759-0190  
Fax toll free: 1-800-286-9471

#### **ALL CANADIAN ORDERS:**

Canadian Manda Group  
664 Annette St.  
Toronto, Ontario, Canada M6S 2C8  
T: 416-516-0911  
F: 416-516-0917  
Toll free fax: 888-563-8327  
Email: [general@manda.com](mailto:general@manda.com)  
Website: [www.mandagroup.com](http://www.mandagroup.com)

#### **INTERNATIONAL ORDERS:**

International Sales Department  
Octopus Publishing Group  
Carmelite House  
50 Victoria Embankment  
London  
EC4Y 0DZ  
UK  
T: +44-20-3122-6400  
When ordering books, please include the ISBN prefix 9780.

### SPECIAL MARKETS

For information regarding discounts to corporations, organizations, non-book retailers and wholesalers, mail-order catalogs, and premiums, contact:

#### **SPECIAL MARKETS DEPARTMENT**

Hachette Book Group  
1290 Avenue of the Americas  
4th and 5th Floors  
New York, NY 10104 USA  
Call toll free: 1-800-222-6747  
Fax toll free: 1-800-477-5925

#### **CO-OPERATIVE ADVERTISING**

For information on co-op advertising contact your Hachette Book Group sales representative or write to:

Co-op Manager  
Hachette Book Group  
Marketing Department  
1290 Avenue of the Americas  
4th and 5th Floors  
New York, NY 10104

### MISCELLANEOUS

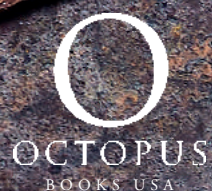
All titles are free freight unless otherwise noted. For details on the free freight policy, please call Hachette Book Group Customer Service at 1-800-759-0190

Titles, prices, and other contents of this catalog are subject to change without notice

### PUBLICITY

For review copies or to arrange for author interviews, please contact Liz Hermann at:  
[liz.hermann@octopusbooks.com](mailto:liz.hermann@octopusbooks.com)  
or 212-873-6635





ASTER | CASSELL | CONRAN OCTOPUS | GAIA | GODSFIELD | HAMLYN | ILEX | MITCHELL BEAZLEY | SPRUCE

**Octopus Books USA**

1290 Avenue of the Americas  
4th and 5th Floors  
New York, NY 10104

ISBN: 9781844039678

Front cover image taken from the forthcoming  
*Chai, Chaat & Chutney*

