

OCTOPUS BOOKS USA

hamlyn









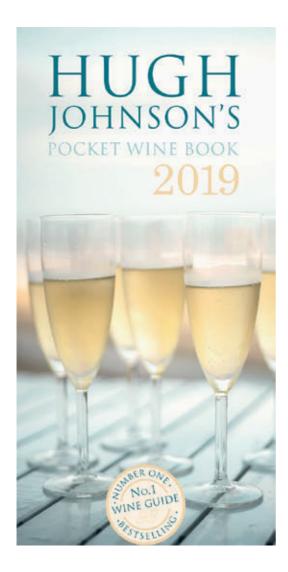








FALL 2018 — WINTER 2019





Hugh Johnson is the world's pre-eminent writer on wine. First published in 1977, his *Pocket Wine Book* sells hundreds of thousands of copies a year. His winning formula of insight, critical appraisal of the world of wine, plus valuable vintage news and wine recommendations has been often-imitated but never bettered.

9781784725280

September 2018 Mitchell Beazley US\$16.99 CAN\$18.99 Hardcover 3 ½" x 7 ½" 336 pages

HUGH JOHNSON'S POCKETWINE BOOK 2019

Hugh Johnson

The brand new edition of the unrivalled and bestselling Hugh Johnson's Pocket Wine Book.

Hugh Johnson's Pocket Wine Book is the essential reference book for everyone who buys wine - in shops, restaurants, or on the internet. Now in its 42nd year of publication, it has no rival as the comprehensive, up-to-the-minute annual guide.

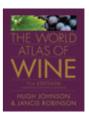
Hugh Johnson provides clear succinct facts and commentary on the wines, growers and wine regions of the whole world. He reveals which vintages to buy, which to drink and which to cellar, which growers to look for and why. Hugh Johnson's Pocket Wine Book gives clear information on grape varieties, local specialities and how to match food with wines that will bring out the best in both. This new edition also contains a special supplement on Organic, Natural and Biodynamic wines.

Also Available:



HUGH JOHNSON ON WINE

9781784722623 \$24.99 (HC) \$27.99 in Canada



THE WORLD ATLAS OF WINE, 7TH EDITION

9781845336899 \$60.00 (HC) \$65.00 in Canada

"Space for one wine book in your life? This is it." – Howard G. Goldberg, *The New York Times*

CALIFORNIA | Abr-Ant | 247

246

CALIFORNIA

The good news is that California's run of outstanding sintages continues. Even better news is that wine-growers are listening to what the grapes are selling them and increasingly crafting balanced and foften) elegant wines, forsaking the knock-your-socks off model. From south to north and from the coast to the Sierra Foothills, winemakers are turning away from the super-concentrated and jammy wines that created a cult following and are crafting more supple wines with, in many cases, the ability to age. You can find almost any grape variety in California these days – and you should look. There are exceptions, Napa peoducers focused on what are termed "luxury goods" rather than wines that are rit going to change course in a hurry. Otherwise, California is enjoying a renaissance of the classic form that won the wines so many friends a few decades ago. Well done!

Principal vineyard areas

There are over 100 American Viticultural Areas (AVAs) in California. Below are the key players.

Alexander Valley (Alex V) Sonoma, Warm region in upper RRV. Gd Sauv Bl nr river, Calt Saux, Zin on hillstdes.

Anderson Valley (And V) Mendocino. Pacific fog and winds follow Navarro River inland; gd Ries, Gewurz, Pinot N. ugd Zin on benchlands. Arroyo Seco Monterey, Warm AVA: gd Cab Sauv, Chard.

Calistoga (Cal) Napa. The n end of Napa V. Red wite territory, esp Cab Saux

Carneros (Car) Napa, Sonoma. Cool Al Pinot N, Chard: Merlot, Syrah, Cab Dry Greek Valley (Dry CV) Sonom Cab Sauv and Zin.

Edna Valley (Edna V) Sais Luis Obe Howell Min Napar. Classic Napa G Livermore Valley (Liv V) Alarmeda. subunba but regaining some stand Mi Veeder Napa. High roth vylsel Ed-Napa Valley (Napa V) Napa. Cab Sa meaningful terrore-based wines. N Oaksille (Oak) Napa. Prime Cab Sa Paso Robbes (P Rob) Sair Luis Obis Red Hills Lake Covarty. Promising Redwood Valley Mendoctino. Warm Russian River Valley (Russian RV) gd Zin on benchland.

Rutherford (Ruth) Napa. Osrstan Saint Helena Napa. Lovely balano Santa Lucia Highlands (Santa LH Syrah, Rhônes.

Santa Maria Valley Ganta MVJ San San Rita Hills (Sta RH) Santa Barba Santa Tone (Santa II) Santa Barba Sieras Footbills (Sieras Fhills) Zin Sonoma Coset (Son Court) Son. V. Sonoma Valley (Son V) Son. Cd Ch AVA Sonoma Moustain (Son Mrij Spring Mtn Napa. Terrife Cab Sa Suga Leap (Stage L) Napa. Chassic

Recent vintages

California is too big and too diverse for any near summary to stack up. Keeping that is misd, the following assessments can be useful in a general way.

3014 Despite and year of drought, quality appears high. Short growing season, mild barwest weather. Quantity down almost ten per cert from large 2013.

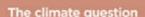
3015 Another large-harvest with excellent quality prospects.

2013 Cab Saw books outstanding. Very promising for most varieties.
2012 Cab Saw books outstanding. Very promising for most varieties.
2014 Another difficult year, below-average crop. Those who picked later reported very good quality – Cab Saw, Pinot N.

aoro Cool, wet. But some outstanding bottlings, esp Rhône varieties and Zin.
aoog Reds and whites good balance, ageing potential. Napa Cab Saus excellent,
aooS Uneven quality. And beels low, some areast grapes may not have ripened,
aoog Rain: results mixed, especially for Cab Saus.
aoof Cab Saus improving with age. Overall, above average.
aoof Cab Saus especially good early on but fading fast.

American Viticultural Areas

Federal regulations on appellation of origin in the USA were approved in 1977. There are two canegories. First is a straightforward political AVA, which in an entire state, in CA, Washington, Oregon and so on. Individual counties can also be used, in: Santa II or Sen, When the county designation is used, all grapes must come from that county. The and canegony is a geographical designation, such as Napa V or WII V, within





Anyone wanting to make Pinot Noir in any part of the world starts by looking at the Côte d'Or, and says. "I want what they've got." And of course that's not possible. That particular mix of geology and climate cannot be replicated. But the first thing one notices about Pinot is that the warmer the climate the jammier and more alcoholic the wine, and the further away from Burgundian complexity and minerality.

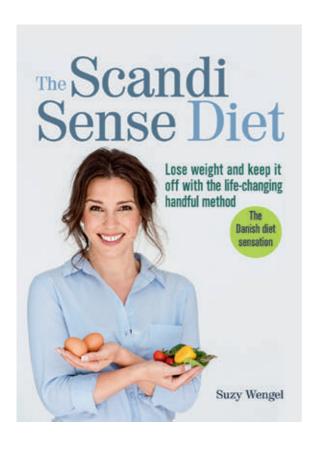
The problem encountered by most New World Pinotphiles is finding a climate cool enough, and the history of New World Pinotphilla is a search for extremes. In the US those extremes seem to be in Oregon, and on California's Sonoma Coast; in New Zealand, in Central Otago, Marlborough and Martinborough; in Chile, in Leyda, Elqui and Limari; in Australia, the Mornington Peninsula; and in South Africa, Walker Bay, In Europe, Germany seems to have the right conditions ready-made; their weather, say the growers, comes from Burgundy, a day or two later.

In California, Napa is too hot for Pinot, unless you like it boiled, and Russian River, and even Carmeros, although it's soothed by the fog that drifts in every afternoon through the gap in the coastal hills, can seem warm for Pinot - certainly warmer than the Sonoma Coast (try Flowers), where the climate is about as close to marginal as any Californian is prepared to go. If Californians want to go further than that they go to Oregon, where every other winemaker seems to be a refugee from California - though not always for reasons of climate.

But there's another factor at work here, as well. Climate is not just about temperature: light intensity plays an enormous part. The southern hemisphere generally has more intense light than the northern. New Zealard's vineyards, bang under the hole in the ozone layer, have incredible light intensity. Its Pinots, like those of Felton Road, for example, always have relatively high alcohol – 14-14-5% or more. In Oregon, with more cloud cover and a far more sober level of light, alcohol hovers around the 12-5-13% mark. Central Otags's Pinots are bold, even showy, Oregon's are more subtle, more European.

If lightness is what you seek, don't forget Alsace. Pinot is having a revival here, with ripe, pure, complex wines (anyone raised on California Pinot might find them angular, just as those raised on burgundy might find California Pinot solid.) Alcohol is 12.5-13.5%; look for Audrew et Christian Binner. Dorns. Weinbach, Pfister, Marcel Deiss.

Can't hotter, brighter spots just pick earlier, before sugar levels rise? No, they can't. Tannins must be ripe green, dry tannins are not rise? No, they can't. Tannins must be ripe green, dry tannins are not rise to gether. But sugar ripeness comes with heat, tannin ripeness with time. Get sugar ripeness early, because you have hot summers, and you're lable to get whacking sugar levels while you wait for tannin ripeness. But even cool climates like Germany's Ahr (try Mayer-Nâkel or lean Stodden) can deliver 14%, albeit with perfect balance. If you regularly get sugar ripeness way before tannin ripeness, then either your viticulture is wrong, or you shouldn't be growing Pinot.



THE SCANDI SENSE DIET

Lose weight and keep it off with the life-changing handful method

Suzy Wengel

Hailed as "the simplest diet in the world", the revolutionary handful method from Denmark will help you lose weight without calorie counting, exercise or faddish ingredients.

Lose weight and keep it off with the grassroots diet sensation that has taken Scandinavia by storm, the revolutionary handful method that is hailed as 'the simplest diet in the world'.

The Scandi Sense Diet is the intuitive way of eating that helps you to cut calories without counting them, and adapts to your life rather than dictating it. Based on the principle of four handfuls of food per meal - proteins, carbohydrates and two of vegetables, plus a spoonful of fat - you decide the ingredients. No calorie-counting, no hard-to-source ingredients and no exercise - unless you want to.

The Scandi Sense Diet is not just about looking good - although it does work wonders on the physique. It takes a scientific approach that ensures good health across the board, including regulating blood sugar and cholesterol.

Suzy Wengel's 9-day plan is irresistibly simple, and has proven results that can be seen in the book's case studies. Put an end to yo-yo dieting and enjoy three satisfying meals each day, easily planned with your own two hands.

Suzy Wengel is a nutritional advisor, lecturer, scientific researcher and director of the biotech company RiboTask.

Suzy developed the Sense Diet to overcome her own weight gain, and it enabled her to lose 88lbs in 9 months. She has since helped hundreds of clients to achieve their own goals by following the diet. She has written *The Scandi Sense Diet* so that you can see the benefits for yourself at home.

Suzy lives in Denmark with her husband Jesper and their five children.

9781784725228

September 2018 Mitchell Beazley US\$19.99 CAN\$21.99 Hardcover 6 ½" x 9 ½" 256 pages





Handful 4: Starch and/or fruit



Get a detailed list of what can be included in Handful 4 on page 246.

37

 DAY is § Bivolidas) for a numero

Pancakes

PERMANDS THE MICHAEL STATE THE whole 10 prompts I Quentity for I prompts I QUENTLY. The matter energy factor for I I and I percents

Post

ON THE SIDE:

200g average-treat Planty Downton to decorate

Flare all the expresions for the pure size butter in a bisocier. Blood until example, and allow the feature to real for 10-13 mission. Recipity of the pitter size and filter through the citembria and the riseoscier.

THIS IS WHAT YOU SHOULD HAVE ON YOUR PLACE

All the pennature, with chroolate and almoiate. Hus, a hamiltal of mangetout.

HOW IT IS DIVIDED IN THE DENGE. WEAR ARX

MMP(0,1)-To Mongotoni

IMPER, 3 - 2: Management
IMPER, 8-2: Age may be been
IMPER, 8-2: Age may be been
IMPA Attended, butter, door character
IMPA Attended, butter, door character
IMPAREMENT Seek, comitte pometre,
Continuous of condemner, honey, pass

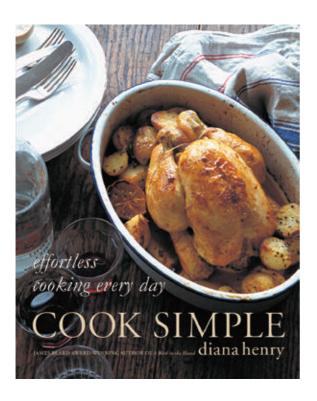
If then are eating with year.

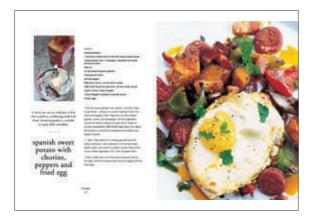
None many June on created eggs and a lattle moon between, buts, salessends, disth who cation, butter and bention. Non projec 204.

During SPARes = Promin Stg + Contribution's SSg. Decary Stan 7 (g + Fox SSg

135







September 2018 Mitchell Beazley US\$19.99 CAN\$21.99 Paperback 8" x 10" 240 pages

COOK SIMPLE

Effortless cooking every day

Diana Henry

A re-issue of Diana Henry's Classic Cook Simple, offering quick and easy recipes for all those with little time to cook but who still want to eat well.

Award-winning author, Diana Henry shows you how to turn everyday ingredients into something special with the minimum of effort. *Cook Simple* is packed with over 150 recipes and ideas - many of which Diana has harvested from her world travels - that offer simple ways to make every meal spectacular.

Diana dedicates a chapter to each of 12 everyday ingredient groups: chicken, chops, sausages, leg of lamb, fish, leaves, summer veg, winter veg, pasta, summer fruit, winter fruit, flour and eggs. Each recipe takes only minutes to prepare with ingredients easily sourced from your local supermarket.

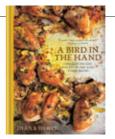
Features stunning pictures by award-winning photographer Jonathan Lovekin.



Diana Henry is one of our best-loved food writers. She has a weekly column in the *Sunday Telegraph*, as well as being a regular broadcaster on BBC Radio 4. Diana has won numerous awards for her journalism and books, including a James Beard award for

A Bird in the Hand. Diana has written ten other books including Crazy Water Pickled Lemons, Salt Sugar Smoke, Roast Figs Sugar Snow, A Change of Appetite and Simple.

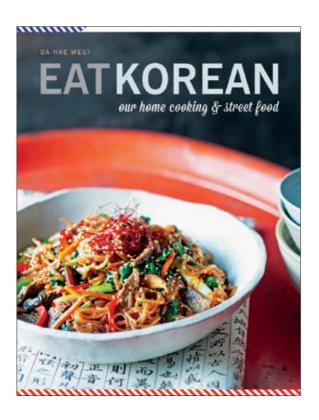
Also Available:



A BIRD IN THE HAND 9781784720025 US\$29.99 \$32.99 in Canada



A PEACH 9781784724115 \$34.99 (HC) \$38.99 in Canada



EAT KOREAN

Our home cooking & street food

Da-Hae and Gareth West

Discover the delights of modern Korean cuisine with accessible recipes to make at home.

There's a great buzz around Korean food right now, as more and more people experience the fantastic, robust flavors of both classic Korean cooking and the Ameri-Korean strand that has developed from it. There are no better authors than Da-Hae and Gareth West to introduce this flavorsome cuisine - Da-Hae uses her Korean background to explain the details of traditional recipes, and Gareth shows how Korean and Western flavors can be fused together to create really delicious combinations.

From a run-down on the basics of Korean cooking, including now readily available sauces, pastes and other ingredients, to chapters on kimchi and the etiquette of the famous Korean BBQ, to recipes for everything from the irresistible Bulgogi Burger and spicy, sticky spare ribs to Panjeon (seafood pancakes) and corn on the cob with kimchi butter, this book is packed with inventive, delicious recipes that will open your eyes to how great modern Korean food is.

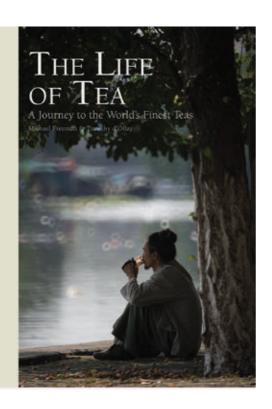
Da-Hae was born in Busan, South Korea, but raised in England from the age of three. Her mother continued to cook Korean food in England, often using ingenious substitutions, so Da-Hae enjoyed Korean breakfasts, lunches and dinners every day.

Gareth's career in food began with a job at restaurant group D&D London.



9781784724795

September 2018 Mitchell Beazley US\$19.99 CAN\$21.99 Paperback 7 ½" x 9 ¾" 240 pages "If you're the kind of person who loves the seriously addictive Korean red chile paste gochujang in everything and kimchi in your mac-and-cheese and French fries, this is the cookbook for you." – LA Times







September 2018 Mitchell Beazley US\$40.00 CAN\$44.00 Hardcover 9" x 11" 256 pages

THE LIFE OF TEA

A Journey to the World's Finest Teas

Michael Freeman & Timothy d'Offay

Documentary photographer Michael Freeman and tea expert Timothy d'Offay explore the terroir, taste and culture of the world's favorite drink.

This journey to the world's finest teas, captured in extraordinary photography, brings alive the aroma, taste and texture of this drink in all its many nuances, and will give connoisseurs and casual readers alike a much deeper understanding of how great tea is created.

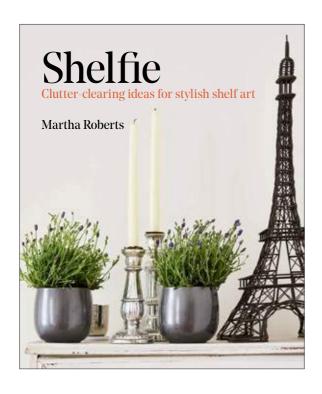
It includes sections on botany, cultivation, processing methods and the impact tea has had, and continues to have, on culture. *The Life of Tea* also follows Michael and Timothy's travels in China, Japan, India and Sri Lanka, featuring the producers of some of the world's finest teas and the characteristics that make these teas so sought after.

This book is the ultimate guide for tea enthusiasts, following the journey from plantation to pot.

Michael Freeman, is a professional photographer and best-selling author, who has most noticeably worked for the *Smithsonian Magazine* (for which he has shot more than 40 stories over 30 years). He has written more than 60 books, which have sold over 4 million copies and been translated into 27 languages.

Over 20 years ago while living in Japan's ancient capital Kyoto, **Timothy d'Offay** became fascinated by tea culture and the tea growing areas around the city. This led him to start importing tea in the late 1990s from the people and places he had visited and in 2000 he co-founded East Teas at Borough Market with the tea expert Alex Fraser. And he is the owner and founder of Postcard Teas.





SHELFIE

Clutter-clearing ideas for stylish shelf art Martha Roberts

Award-winning journalist, color blogger and shelfie fanatic Martha Roberts shows you how to source, sort and arrange your belongings into stylish shelfies for home and workspace.

An interesting response to the clutter-clearing movement has been 'the shelfie' as a decorating trend and social media phenomenon. What started as a label for beautiful bookshelves, is now applied to artfully stylish arrangements of collectibles, flowers, photos, crafting ephemera, perfume bottles - and of course books. And shelfies don't just appear on shelves but also on tabletops, fireplaces and desks. At a time when we own six times more objects than our parents did, and move house more often, de-cluttering, and then curating our possessions stylishly, is an important way of having a dedicated space that is a 'little bit of us' to inject stylish personality into the home and workplace. In the first book on the subject, Martha Roberts explores the art of creating great shelfies, explaining color, scale and composition then showing inspiring shelfies in every room in the house, from the kitchen to the bedroom, the home office to a hallway.





9781784725273

September 2018 Mitchell Beazley US\$14.99 CAN\$16.99 Hardcover 6 ½" x 7 %" 144 pages



"...short, sharp, to the point, minimal. 'Never Mind the Bollocks' is a blackmail note - and we got you all to pay up!" – John Lydon

"When we first went in Wessex [recording studios] we went in through this side door. Freddie Mercury was there doing a vocal take and we walked right through with our guitars. He threw a wobbler." – Steve Jones

"God Save The Queen' was definitely the pinnacle. It all went sour after that." – Paul Cook

"Malcolm was a s...-stirrer. I think he's got a short attention span. He played this game of pitching me against John. Now we realise there was a lot of false information going between us." – Glen Matlock

9781788400275

September 2018 Cassell US\$34.99 CAN\$38.99 Hardcover 12"x 12" 96 pages

THE SEX PISTOLS - 1977

The Bollocks Diaries

The Sex Pistols

The inside story of the year that changed everything.

On the 40th anniversary of the release of 'Never Mind the Bollocks, Here's the Sex Pistols', *The Sex Pistols - 1977: The Bollocks Diaries* is **the official, inside story** of the whirlwind year of 1977- the recording and release of 'Never Mind the Bollocks...' and the year the Sex Pistols changed everything. From 'God Save the Queen' to 'Holidays in the Sun' and everything in between, it was a year of chaos and creation.

Straight from the mouths of the Sex Pistols and their collaborators, with first-hand stories of secret gigs, recording sessions, fights, record label meltdowns and a media storm like nothing ever seen before, *The Sex Pistols - 1977: The Bollocks Diaries* is the inside line, told by the people who were there.

Packed with photography and rare items from the Sex Pistols archives - from gig posters and early album art to master tapes and notes from recording sessions - this is the final word on a year like no other.







THE COMPLETE BEATLES RECORDING SESSIONS

The Official Story of the Abbey Road Years 1962-1970

Mark Lewisohn

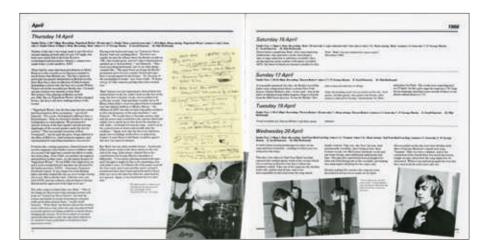
One of the most important documentaries on rock music ever published, this is EMI Records' official diary-format history of every Beatles recording session with an introductory interview with Paul McCartney.

Researched from hundreds of unreleased Abbey Road archive tapes, featuring thousands of previously unpublished studio documents and interviews with many of the key recording personnel.

The book is filled with over 350 color and black-and-white photographs and illustrations, including rare photos by Linda McCartney and the first facsimile reproductions of Abbey Road recording sheets, tape boxes, album sleeve roughs, memos, contracts, press releases and much more.

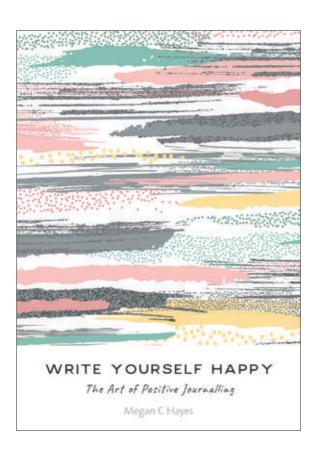
Author **Mark Lewisohn** has long been recognized as the leading authority on the Beatles, his books on the Fab Four include the definitive *Complete Beatles Chronicle*.

"A compelling journey deep into the heart of Abbey Road" – Rolling Stone



9780600635611

September 2018 Hamlyn US\$29.99 CAN\$32.99 Hardcover 11 ¼" x 11 ¼" 204 pages





September 2018 Gaia US\$14.99 CAN\$16.99 Paperback 6" x 8 1/2" 224 pages

WRITE YOURSELF HAPPY

The Art of Positive Journalling

Megan C Hayes

The research confirms it: Writing heals.

Psychologists tell us that writing helps us cope with and recover from depression, anxiety, job loss and even heartbreak. Exciting new research shows that we can flourish further by actively choosing to write about positive emotions.

Journaling is a hot trend - for personal expression, creativity, self-actualisation and goal-setting. In *Write Yourself Happy*, author Megan Hayes shows us how, using positive journaling, we can journal more consciously, writing in a way that engages and promotes our most supportive and life-affirming emotions.

This practical, journal-style workbook demonstrates how to put eight of the most commonly experienced positive emotions - joy, gratitude, serenity, interest, hope, pride, awe and love - to work, helping us not simply to feel better, but to live better.

Based on groundbreaking research in positive psychology, and backed up by extensive scientific studies, the book includes practical exercises and case studies to inspire readers to shift their focus, use different words, see the world in a subtly different way - and discover how things go right when we write.

Megan Hayes is a groundbreaking researcher and pioneer of the Positive Journal® approach to personal writing. She has spent almost a decade studying writing and the psychology of happiness, and discovering ways that writing makes us happier. She is an academic in the field of positive psychology, a creative writing graduate and has a personal interest in mental health issues, having grown up with a mother and sister who both experienced bipolar episodes.





THE MATCHA COOKBOOK

Discover the health benefits and uses of matcha, with 50 delicious recipes

Aster

From a simple matcha latte, to ice cream, infused salt, smoothie bowls, tea loaves and homemade beauty recipes, *The Matcha Cookbook* explores the history and health benefits of matcha and features 50 delicious recipes using this super healthy ingredient.

As an ingredient, matcha is growing in popularity with health foodies and wellness seekers, with over 2.7 million posts on Instagram.

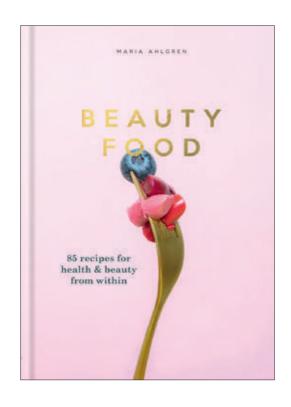
Research shows that matcha can reduce the risk of cancer, improve heart health, aid recovery from exercise and help prevent ageing; the traditional matcha tea alone contains the nutritional equivalent of 10 cups of regular green tea, with 137 times more antioxidants, acting as the body's defence agents.





9781912023592

September 2018 Aster US\$12.99 CAN\$14.99 Hardcover 6" x 8¼" 128 pages



BEAUTY FOOD

$85\,recipes$ for health & beauty from within

Maria Ahlgren

Nourish your hair and skin with recipes to bring out the very best in you, inside and out.

Enjoy healthy recipes for breakfast, filling main meals, juices, smoothies and even delicious desserts and decadant cocktails - all carefully chosen to bring you the perfect blend of natural superfoods that boost beauty from the inside.

Beauty Food also includes a Beautypedia, telling you which ingredients contain just the right oils, minerals, vitamins and acids to help with common beauty ailments.

- Japan-inspired beauty methods, one of the key inspirations for *Beauty Food*, are predicted as one of 2018's key trends.
- A recent US poll showed that 73% of millennials are seeking natural skin care solutions.

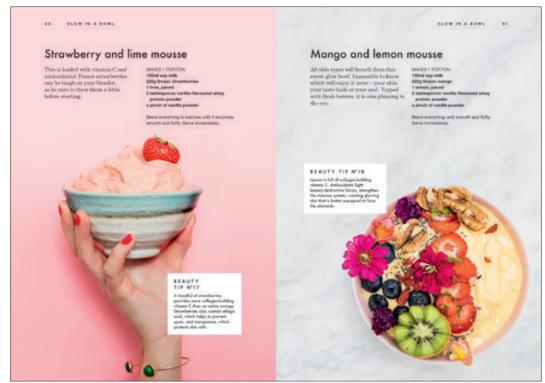


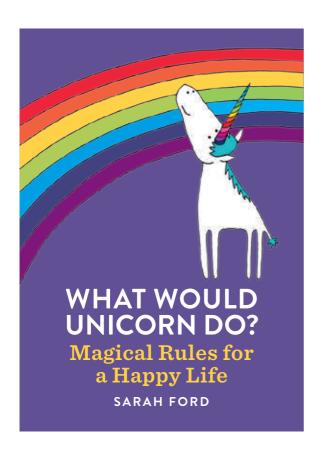
Maria Ahlgren is a Swedish health and beauty editor, who has previously written for publications such as *Elle*. She worked as a beauty, health and fashion journalist in Tokyo for several years, where she first became aware of the concept of beauty food.

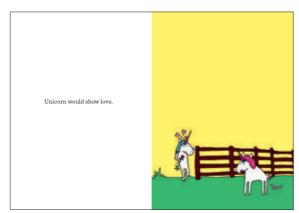
9781784725259

September 2018 Aster US\$19.99 CAN\$21.99 Hardcover 6 %" x 9 ½" 160 pages









September 2018 Spruce US\$6.99 CAN\$7.99 Flexiback 4 ¼" x 5 ¾" 96 pages

WHAT WOULD UNICORN DO?

Magical Rules for a Happy Life

Sarah Ford

A little book of invaluable Unicorn life lessons.

Looking for some guidance on how to live a happy, sparkling life? Or just wondering which path to trot along? Look no further than Unicorn, the best (and probably only) four-legged, one-horned happiness guru. With enlightenment on every page, let Unicorn teach you how to hopscotch over all of life's trials to a place where the grass definitely grows greener.

With adorable quirky illustrations and wise, thoughtful and often completely hilarious life advice, this is a little book to keep firmly in your pocket, ready to be consulted whenever life gets a little bit tough.

Unicorn would:

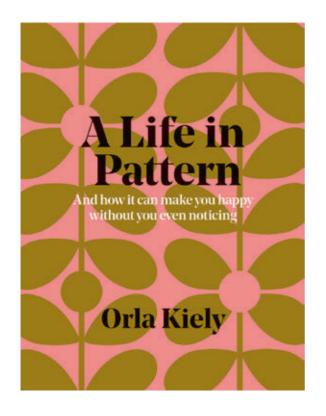
- Wear the sweater that Granny knitted with pride.
- Sing Pharrell in the shower.
- Walk in someone else's flip-flops.
- Try new things... uhm beet juice... pink, yummy.
- Make every day count.

Unicorn would not ever (no thank you ma'am):

- Worry about a bit of dust.
- Eat someone else's chocolate.
- Blame others 'my Panda made me do it'.
- Dwell too much on the past.
- Take things for granted.

Sarah Ford is a writer and publisher with a love of cocktails, coffee and animals... mythical or otherwise. She lives in the Cotswolds, but works in London, travelling back and forth on a unicorn. When she's not working she can be found hanging out in her garden, smelling the flowers with her daughter and a whole host of pets.

Anita Mangan is a graphic designer and illustrator living, working and breathing in London. She has made a career out of being silly and has recently developed cloven hoofs.



A LIFE IN PATTERN

And how it can make you happy without you even noticing

Orla Kiely

Orla Kiely has opened her archives to explore a life dedicated to print. From her earliest and most iconic pattern, Stem, to the evolution of her print design encompassing the worlds of fashion, homewares and beyond, Orla shares the full range of patterns and designs that she has produced since establishing her brand in 1995.

This is a celebration of Orla's entire body of work - of color, of print and of a handbag loved by women all over the world.

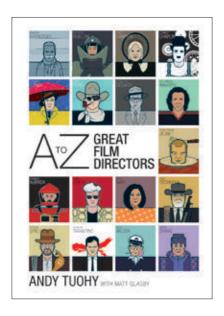
Orla Kiely is the visionary and founder of a global brand. An expert on print and color, she has created a world that is renowned for its individual voice and unique perspective on both fashion and homeware.





9781840917802

September 2018 Conran US\$29.99 CAN\$32.99 Flexiback 8 ½" x 11" 304 pages





Andy Tuohy with Matt Glasby

A fun introduction to 52 of the greatest film directors, from Almodovar to Ozu, Fellini to Tarantino, and many more.

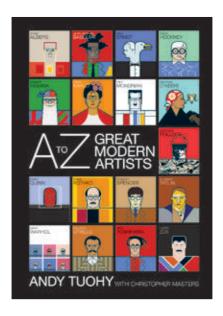
A striking, design-led reference book. *A-Z Great Film Directors* features Andy Tuohy's portraits of 52 directors significant for their contribution to cinema including kings of world cinema Wong Kar-Wai and Akira Kurosawa, arthouse pioneers Fritz Lang and David Lynch as well as the often under-appreciated female directors Kathryn Bigelow and Jane Campion.

With text by film journalist Matt Glasby, each director's entry will also have a summary of the essential things you need to know about them, why they're important, a list of their must-see films, and a surprising fact or two about them, as well as images of their key films throughout.

So whether you're already a film aficionado, or looking for a helpful cheat to pass convincingly as an arthouse fan, you'll love this guide to international directors, past and present.

9781788400565

September 2018 Cassell US\$14.99 CAN\$16.99 Paperback 6" x 8 1/2" 224 pages



A TO Z GREAT MODERN ARTISTS

Andy Tuohy with Christopher Masters

A fun introduction to the world of modern artists, from Albers to Zox, via Basquiat, Kahlo, Warhol and more.

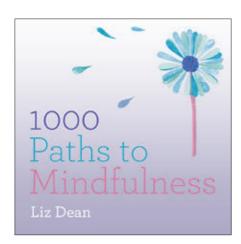
A most striking, design-led reference book, *A-Z Great Modern Artists* features artist and graphic designer Andy Tuohy's portraits of 52 key modern artists, rendered in each artist's own characteristic style - including Aleksandr Rodchenko in his constructivist poster style, Andy Warhol as a classic repeat print, and Barbara Hepworth illustrated to resemble one of her distinctive bronze and rod sculptures.

With expert text by art historian Christopher Masters, each artist's entry includes a summary of the essential things you need to know about the artist; their biographical details, why they're so significant, where you can find their works today, and a surprising fact about them plus reproductions of key works.

Whether you're already an art expert, or looking for a helpful cheat to navigating around a gallery, you'll love this stunning and intelligent guide to global artists of the modern age.

9781788400558

September 2018 Cassell US\$14.99 CAN\$16.99 Paperback 6" x 8 ½" 224 pages



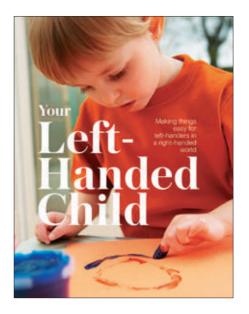
1000 PATHS TO MINDFULNESS

Liz Dean

Part of the bestselling series that has sold over 6 million copies in 18 different languages, this indispensable book provides 1000 wise and inspiring thoughts on mindfulness.

Mindfulness is about letting go of the stress around you and finding ways of being in the moment.

This book of quotes will help you to slow down and refocus your mind, using the simple technique of mindfulness to feel better both mentally and physically.



YOUR LEFT-HANDED CHILD

Making things easy for left-handers in a right-handed world

Lauren Milsom

Practical advice and simple strategies to help left-handed children overcome the many hurdles that face them at home and school.

In Your Left-handed Child leading expert Lauren Milsom describes simple but effective strategies to help the very young through to teenagers overcome the many hurdles they might encounter at school and home. Help your younger child, for example, master the difficult tasks of handwriting, getting dressed and using cutlery, and your older child to do things like play the guitar. With the invaluable advice in this book your left-handed child will be confident and capable, and left-handedness need never become an issue.

9781846015731

September 2018 Spruce US\$7.99 CAN\$8.99 Flexiback 4 ½" x 4 ½" 468 pages

9780600635512

September 2018 Hamlyn US\$14.99 CAN\$16.99 Paperback 6 ½" x 9" 128 pages



DO ROBOTS MAKE LOVE?

Transhumanism in 12 questions

Laurent Alexandre & Jean-Michel Besnier

Through 12 thought-provoking questions, a philosopher and a scientist explore the real world ramifications of transhumanism - the tech movement that seeks to improve the human condition through science.

Should we enhance the human condition with technology? Does anyone really want to live for a thousand years? Could AI end up destroying mankind?

Discover the incredible potential of mankind's near future as a Doctor and a Philosopher debate the big questions surrounding the incredible potential of transhumanism. This movement - that seeks to improve the human condition through science - has fast become one of the most controversial the scientific community have ever faced. As scientists in California make great strides in using advanced technology to enhance human intellect and physiology, the ethical and moral questions surrounding its possibilities have never been more pressing. Should we change the way we reproduce?

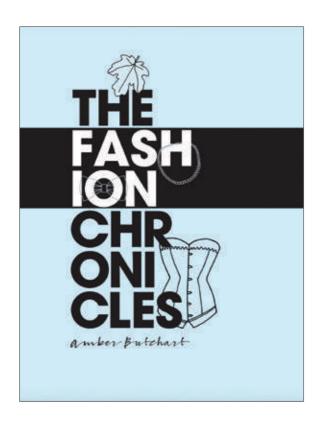
Could we enhance the human body with technology to the point where we are all technically cyborgs? Is it possible to make love to a robot?

Laurent Alexandre is a French urological surgeon, author, entrepreneur and expert on transhumanism who has written for the *Huffington Post* and *Le Monde*.

Jean-Michel Besnier is an emeritus professor of Philosophy at the Sorbonne in Parisspecializingg in the impact of science and technology on human society.

9781788400701

September 2018 Cassell US\$12.99 CAN\$14.99 Hardback 5" x 7 ¾" 176 pages





October 2018 Mitchell Beazley US\$24.99 CAN\$27.99 Hardcover 6" x 8 ½" 288 pages

THE FASHION CHRONICLES

The style stories of history's best dressed

Amber Butchart

The true story of style, told through history's fashion pioneers.

The Fashion Chronicles by fashion historian Amber Butchart, author of *The Fashion of Film*, is an exploration of the most fascinating style stories throughout history.

The history of fashion is a story of style and power, grace and propaganda. Starting with Eve and her fig leaf - via Joan of Arc, Louis XIV and Lord Byron, right up to the modern figures of Amelia Earhart, Frida Kahlo, Malcolm X and Beyoncé - Butchart examines the best-dressed people the world has ever seen, telling the story of their individual style and unlocking the secrets behind it.

Some have influenced the fashion of today, while some have used their clothing to change the world. But all have a sartorial story to tell, and *The Fashion Chronicles* is here to tell it.

Amber Butchart is a fashion historian and BBC television and radio presenter. She is an associate lecturer at London College of Fashion, a former research fellow at the University of the Arts London, and hosts a series of regular talks at the V&A Museum, covering topics as diverse as Shakespeare and David Bowie.

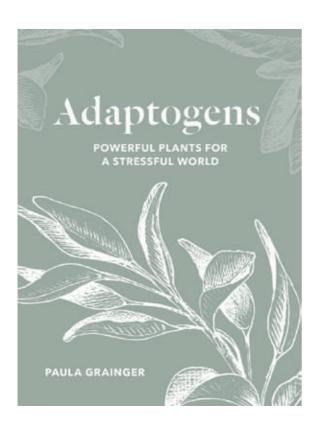
Amber's work has led to her being featured on numerous television and radio programmes on the BBC, Sky Arts and Channel 4, as well as in a huge number of publications, including *Vogue*, *Grazia*, *Glamour*, the *Guardian* and *The Times*.

Also Available:

THE FASHION OF FILM

9781784721763 \$39.99 (HC) \$43.99 in Canada







October 2018 Gaia US\$12.99 CAN\$14.99 Hardcover 5 ¼" x 6 ¾" 160 pages

ADAPTOGENS

Powerful plants for a stressful world

Paula Grainger

Increasing numbers of people are suffering from stress, anxiety and fatigue caused by lack of sleep, digital overload and our 24/7 lifestyle. In *Adaptogens*, Medical Clinical Herbalist Paula Grainger provides an answer to this modernday affliction by introducing us to the group of powerful herbal ingredients known as *adaptogens*.

Adaptogens, such as Ashwagandha, Maca, Korean ginseng, Turmeric, Reishi mushrooms, Licorice, Damiana, Sage, Rosemary and Rhodiola, have been scientifically proven to lower levels of the stress hormone cortisol and prevent adrenal imbalances that can lead to adrenal fatigue and 'burn-out'.

Delve into the history and science of these miraculous plants and learn how to maximize wellness using the most easy-to-source adaptogens, incorporating them into your life via delicious smoothies, energy bites and desserts, invigorating teas, tonics and lattes, and wonderful beauty elixirs.

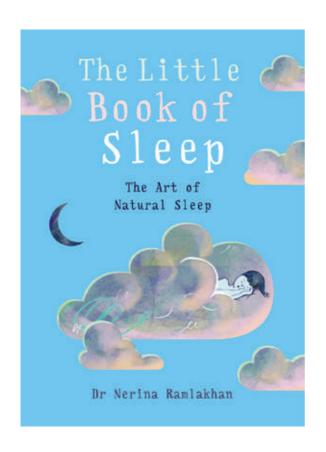
Paula Grainger is a well-known Herbalist and member of the



National Institute of Medical Herbalists with clinical practices in Santa Cruz, California, and her native England. She works with clients using herbs and nutrition to maximise wellness and as The English Herbalist in Santa Cruz, teaches herbal lifestyle classes and

creates botanical skincare products with ingredients from her herb garden.





THE LITTLE BOOK OF SLEEP

The Art of Natural Sleep

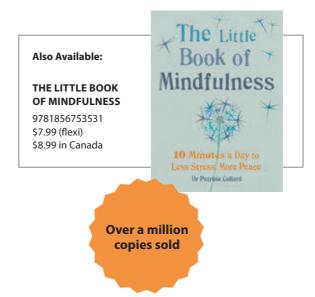
Dr Nerina Ramlakhan

The Little Book of Sleep is a beautifully color-illustrated guide to achieving deep, natural, clean sleep. Sleep expert Dr Nerina Ramlakhan explains why a good night's sleep is essential in today's demanding, 24/7, technology-driven world, introduces us to the science of sleep, and teaches us that the secret of good sleep is to get out of our head and back into our body.

Using a unique combination of Eastern and Western practices, including yoga, ayurveda and body-awareness techniques, and with an abundance of invaluable advice and techniques, Dr Nerina guides the reader on their personal journey back to sleep.

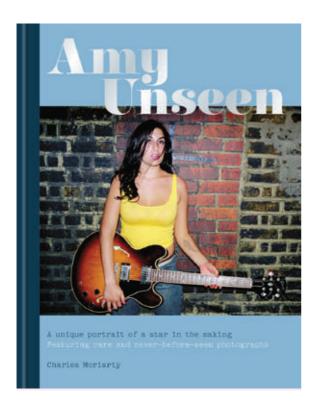


Dr Nerina Ramlakhan is a physiologist, sleep and stress management expert who helps everyone from stressed-out moms to elite athletes improve the quality of their sleep and energy levels.



9781856753838

October 2018 Gaia US\$8.99 CAN\$9.99 Flexibound 4 ¼" x 5 ¾" 96 pages



AMY UNSEEN

Unseen photographs of Amy Winehouse

Charles Moriarty

Breathtaking photographs of Amy Winehouse on the cusp of fame, including many never-before-seen images.

Rare, open and honest, this collection of nearly 100 photographs by Charles Moriarty shows Amy Winehouse as you've never seen her before.

Consisting of two shoots spread across London and New York in the lead-up to the release of her debut album *Frank*, these beautiful images capture a sense of fun, mischief and style, giving an early glimpse of a star in the making. The collection includes many photographs that have never been seen before.

With a foreword by Asif Kapadia, Academy Award-winning director of the documentary *Amy*, and containing contributions from people close to Amy during her career, this book is a celebration of the enduring spirit of a truly special artist.

- Contains never-before-seen photography of Amy Winehouse at her best young, carefree and full of life
- Amy Winehouse's name is recognised the world over. Her album Back to Black topped charts in 15 countries, and won the Grammy for Best Album
- The 2015 documentary *Amy* has further cemented her legacy, winning an Academy Award. The film's director will provide a foreword for the book.

9781788400596

October 2018 Cassell US\$24.99 CAN\$27.99 Hardcover 7 ½" x 9 ¾" 224 pages



INTRO-DUCTION

How, Winches we want the filings we desights, a freed, a wide, to reason less, but inches would, they are deemed as the control of the contro

"I hope it will add to the positive legacy of Amy. Again, me were only nineteen and twenty one years old, both (of us) at just the beginning, and happened to intersect for a few distinct occasions. Sometimes life has this peculiar way of getting you to do things that have a purpose well into the future, a purpose you can't see immediately."

on exceed the second section of the second sec

GHo [Laughel, The trick is, I may two reconstitu-CALC (Laughe). The most is of law the consistent which all one great, a small of gills A. Their restrating them have Yark, in August (Laughe et Unit); Comme the miles—in miscodes for sevents at though a Transis. It was all sevents at though a Transis. It was all sevents of them to the consistent of them as a small of the settled as below at each under the half of them and of the settled as the sevents of under the settled as the sevents of the settled as the settled

SIBIL Look dissues.

GMA Again, we were very rough to the measure.

But this all took place along the cooled should. Note

Workship the displace along the cooled should be cooled should.

That I may not to get the a Side server — one right I
search we shop perform for Again to Lemmon at a close

in Northing 2001. These her Sinsky that might — her
garante, liverithe a Agin — the same and a close

were so Carmber and souther Cooled Hand Lade.

Cool Taines.

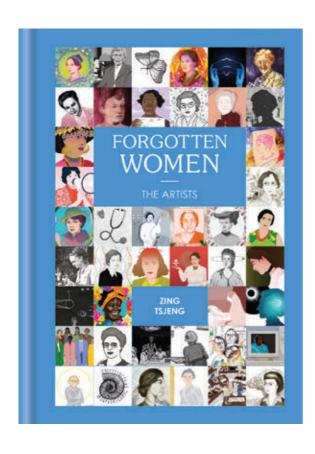
CMcNicros shattly at all... MB-5s, backer the photos, after the degree likely.

MBS-5s, however the privates, and or the chaps on blocks. Learn, what many or other produce where there were CMS the alternate year other produce of parties or the other than the country of the country of the produce without a care to the words, and part in the second. If I move were made high the fire Thompson were private grinds, manual. She jour or regard. Something them, produced, although the words of more them. But not the words, pretty much be recorded. The reservant later we were a specified the world of more than better, the most word and parties are found and the later of the filling, the control files in the control of and the country.

on the coefficie.
Mills That's Frank, the comp. assumpt — what AND. That I Firefor the course attempty—that is absorbed to extract The indeep forboding point A and from that you find a tripleto. Note Text these soft that is not all their forbid you find a tripleto. Note Text these soft that is a collection with their Colon Text, as soft is refer in one of the fines. A stip most I discussed the lateful proceedings of the sound for their processing, and their processing in long theirs previously, and though the view of what and in their interest is settled to the proceeding their processing, and it is settled to the procedure of their processing, and it is settled to the settled their interests of their interests of their settled their interests of their settled their se



20



FORGOTTEN WOMEN: THE ARTISTS

Zing Tsjeng

The 48 talented and influential female artists that history should never have forgotten.

Forgotten Women is a new series of books that uncover the lost herstories of influential women over the years.

The Artists brings together the stories of 48* brilliant woman artists who made huge yet unacknowledged contributions to the history of art, including Camille Claudel, the extraordinarily talented sculptor who was always unfairly overshadowed by her lover, Rodin; Baroness Elsa von Freytag-Loringhoven, who has been claimed as the true originator of Marcel Duchamp's Fountain; and Ana Mendieta, the Cuban refugee who approached violence against women through her performance art before her own untimely death.

With chapters ranging from Figurative to Photography, and Craft to Conceptual, this is an alternative guide to art history that demonstrates the broad range of artistic movements that included, and were often pioneered by, female artists who have been largely overlooked.

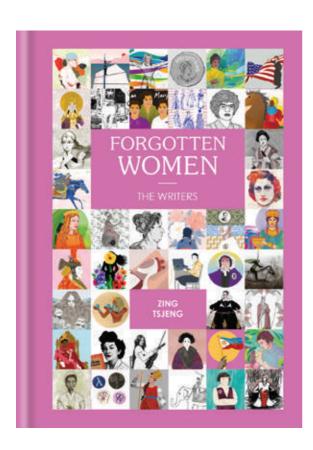
*The number of Nobel-prize-winning women.

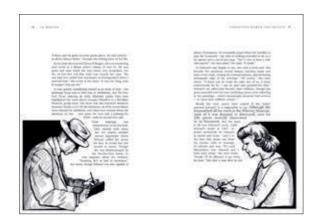




9781788400633

October 2018 Cassell US\$19.99 CAN\$21.99 Hardcover 6" x 8 ½" 224 pages





October 2018 Cassell US\$19.99 CAN\$21.99 Hardcover 6" x 8 ½" 224 pages

FORGOTTEN WOMEN: THE WRITERS

Zing Tsjeng

Putting 48 pioneering and innovative female writers firmly back on the modern map.

The Writers celebrates 48* unsung genius female writers from throughout history and across the world, including the Girl Stunt Reporters, who went undercover to write exposés on the ills of 1890s America; Aemilia Lanyer, the contemporary of Shakespeare whose polemical re-writing of Paradise Lost is regarded as one of the earliest feminist works of literature; and Sarojini Naidu, the freedom fighter and 'Nightingale of India' whose poetry echoed her political desire for Indian independence.

Including writers from across a wide spectrum of disciplines including poets, journalists, novelists, essayists and diarists, this is an alternative gynocentric history of literature that will surprise, empower, and leave you with a reading list a mile long.

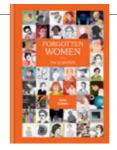
*The number of Nobel-prize-winning women.



With evocative illustrations from the first open international directory of female professional illustrators – **womenwhodraw.com** – and in collaboration with the **New Historia**, an academic initiative designed to document and promote the achievements of women in history,

Broadly editor-in-chief **Zing Tsjeng** brings together the stories of the most remarkable female writers, artists, leaders and scientists from across the ages.

Also Available:



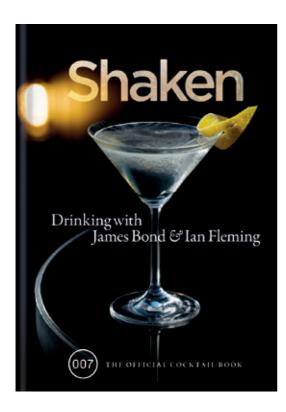
FORGOTTEN WOMEN: THE SCIENTISTS

9781788400428 \$19.99 (HC) \$21.99 in Canada



FORGOTTEN WOMEN: THE LEADERS

9781788400411 \$19.99 (HC) \$21.99 in Canada



In 2016 **Edmund Weil** (who is related to lan Fleming) and his wife Rosie Stimpson teamed up with bar industry legends Bobby Hiddleston and Mia Johansson to open **Bar Swift** in London Soho's Old Compton Street. Edmund and Rosie have an exemplary track record, having previously opened Nightjar and Oriole, both of which are listed in The World's 50 Best Bars. Likewise, over the years Bobby and Mia have built a reputation as purveyors of some of the world's finest cocktails, having worked previously in globally renowned venues such as Milk & Honey and Callooh Callay in London and Dead Rabbit in New York City.



9781784724641

October 2018 Mitchell Beazley US\$20.00 CAN\$22.00 Hardcover 6" x 8 ½" 224 pages

SHAKEN

Drinking with James Bond and Ian FlemingIan Fleming

A collection of cocktail recipes inspired by Ian Fleming's James Bond books.

Just as fast cars, exotic locations and opulent casinos are synonymous with the world of lan Fleming's James Bond, so too are cocktails. From the very first Bond novel, *Casino Royale*, in which Bond christens The Vesper, to the immortal lines, 'shaken and not stirred,' which first appeared in print in *Diamonds Are Forever*, cocktails are at the glamorous heart of every Bond story. Whether it's the favored Martini, which features in almost every book, or a refreshing Negroni or Daiquiri, strong, carefully crafted drinks are a consistent feature of the Bond novels, and they have become a symbol of the James Bond lifestyle which so many fans aspire to emulate.

In this authorized James Bond cocktail book the reader will discover excerpts from Ian Fleming's writing, with cocktail recipes to match. There are ten classic drinks from the pages of the novels, plus 40 brand-new ones inspired by the people, places and plots of the original novels, created by the mixologists at the award-winning London bar, Swift.

lan Lancaster Fleming was born in London in 1908. His first job was at Reuters news agency, after which he worked briefly as a stockbroker before working in Naval Intelligence during World War Two. His first novel, *Casino Royale*, was published in 1953 and was an instant success. Fleming went on to write thirteen other Bond books as well as two works of non-fiction and the children's classic *Chitty Chitty Bang Bang*. The Bond books have earned praise from figures such as Raymond Chandler, who called Fleming 'the most forceful and driving writer of thrillers in England' and President Kennedy, who named *From Russia with Love* as one of his favourite books. The books inspired a hugely successful series of film adaptations which began in 1961 with the release of *Dr No*. He was married to Ann O'Neill with whom he had a son, Caspar. He died in 1964.

Recalling Ian Fleming's Caribbean idyll on Jamaica's north shore, this long, refreshing highball evokes the beautiful setting of Goldeneye, where hummingbirds flit among the hibiscus and the waves can be heard from the garden. In a twist on the tiki classic Jungle Bird cocktail, the subtle bitterness of the Aperol balances the tropical fruit flavours and sings perfect harmonies with the funky bass notes of Jamaican rum. This cocktail can be made in batches in advance as a punch, making it an excellent party drink. While passionfruit syrup is easy to make (see below), it's even easier to use one bought off the shelf, with Monin probably being the pick of the banch.

Goldeneye





a fromed faces sting glass Clarendown Spin



Goldeneye

Bond mories. He first visited the island during the war and viscod to make it his horse where he could spend every day swimming in the sea and writing. In 1947 he bought as old dookey racernek on the northern shore in Oracabesia and built Goldeneye. During the colden winter menths Fleming would escape London and his job as Foreign Manager at The January Times to spend eight weeks at Goldeneys and write Januar Bond advantures, which he did from 1952. spured his death in 1964.



There made a great decision. When we have won this blasted was I are going to lost in Jamaica. Just live in Jamaica and Jap it up, and estimin the sea and series books.

TO HIS FRIEND IVAR BRYCE



Forgine this tropic scrawf. Law sitting in the shade gazing our across the Carobban and it is heroic that I are writing at all."

IN A LETTER TO HIS PUBLISHER



Bond watched the big green rurtle-backed island grow on the horizon and the water below him rorn from the dark blue of the Cuba Deep to the array and milk of the imbore sheals. Then they were over the North Shore, over its rash of millionaire hotels, and crus the high mountains of the interior. The scattered dies of small holdings showed on the dopen and in clearings in the jungle, and the setting sun flushed gold on the bright worms of tumbling rivers and streams. 'Xaymaca' the Arawak Indians had called it - 'The Land of Hills and



to a quite their the boson was named after Operati Goldoneye, which was an intelligence mission for malated by Fleming. during the war with the size of processing Gibroless.

Goldeneya sira in Oraculorosa, a supply post analifiched by Christopher Colosebus in 1962. The name Charabovarranduras from Sponish as 'Golden Head.'

Rivers'. Bond's heart lifted with the beauty of one of the most fertile islands in the world.

The other side of the mountains was in deep violet shadow. Lights were already twinkling in the footbills and spangling the streets of Kingston, but, beyond, the far arm of the harbour and the airport were still touched with the sun against which the Pint Royal lighthouse blinked ineffectually. Now the Constellation was gitting its nose down iron a wide oweep beyond the harbour. There was a slight throup as the tricycle landing gran consuled under the aircraft and locked toto position, and a shrill hydraulic whire at the brake flaps did out of the trailing edge of the wings. Slowly the great aircraft trained in again new the land and for a moment the setting sun poured gold Fluing warmfluxed by the Camer. McCaller word
for the Blac Mountains and was skimming down towards
the Camer. McCaller word
for the Blac Mountains and was skimming down towards
the single newfu-south ranges. There was a glingue of a
soul and telephone wires. Then the conciste, sarred with
which he undule heave have
noting at the time. into the cabin. Then, the plane had dipped below the level road and telephone wires. Then the concrete, scarred with the roar of reversing props as they tasted in towards the

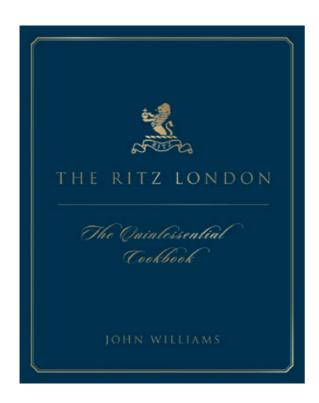
On the proported hot ware the round of reversing props as they tasted in towards the trousined and Espands bow white airport buildings.

The ricky fingers of the tropics brushed bond's have against seen as a paint first the aircraft and walked our no bleath and as he left the aircraft and walked over to Health and Immigration. He knew that by the time he had got through Customs he would be sweating. He didn't mind. After the caping cold of London, the endfy, when how was easily bearable."

DRNO

182

187





THE RITZ LONDON

The Quintessential Cookbook

John Williams

The first cookbook from chef John Williams and his Michelinstarred dining room at The Ritz Hotel, London.

The Ritz: The Quintessential Cookbook is the first book to share the recipes that are served in the restaurant today, at lunch and at dinner. The book features 100 delicious recipes, such as Roast scallops bergamot & avocado, Saddle of lamb belle époque and Grand Marnier Soufflé, and is divided into the four seasons: spring, summer, autumn and winter.

The dishes reflect the glorious opulence and celebratory ambience of the dining room at The Ritz; seasonal dishes of fish, shellfish, meat, poultry and game. Desserts include pastries, mousses, ice creams and spectacular, perfectly-risen soufflés. There are recipes which are simple and others for the more ambitious cook, plus helpful tips to guide you at home, and avoid culinary headaches.

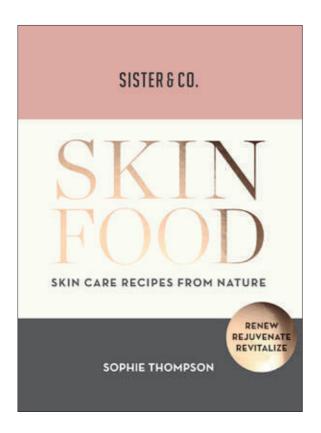
Along the way, John Williams shares his culinary philosophy and expertise. For any cook who has wondered how they do it at The Ritz, this book will provide the answers. There are plenty of entertaining tales about the hotel and unique glimpses of London's finest kitchen beneath ground.

Executive Chef, John Williams has overseen The Ritz restaurant since 2004. The son of a Tyneside fisherman, today he is one of the most respected chefs in Britain.

John has received numerous honours during his time at The Ritz, including a Michelin star (in 2016), an MBE and a Chevalier de l'Ordre du Merite Agricol (the first British chef to receive such an honour).

9781784724962

October 2018 Mitchell Beazley US\$40.00 CAN\$44.00 Hardcover 8"x 10" 240 pages 'The dining room has long attracted oldworld grandees and now enjoys a new stream of gastronauts eager to try Williams' "Menu Surprise" for the first time...Extraordinary standards.' – British GQ





October 2018 Aster US\$14.99 CAN\$16.99 Hardcover 7 ½" x 9 ¼" 144 pages

SKIN FOOD

Skin care recipes from nature

Sophie Thompson

70 natural skincare recipes for face, hair and body.

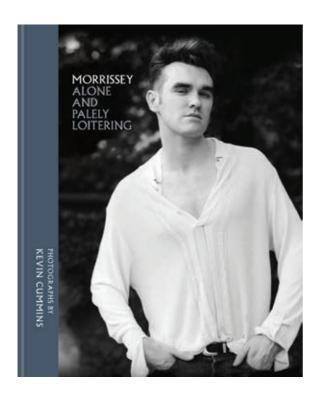
When it comes to our skin, nature knows how to soothe, smooth, hydrate, refresh, tone and feed us. It probably won't come as any surprise that rose is not only soothing to the skin, but in traditional Chinese medicine it is soothing to our whole being. Seaweeds are packed with antioxidants that are good both to eat and to turn back the clock with our skin. Manuka honey gives hair softness while coffee is an incredible exfoliator (it really wakes up your skin).

Sister & Co is a UK based purveyor of acclaimed natural skin care products developed by Sophie Thompson. In *Skin Food*, she teaches that you don't need to spend a fortune on expensive beauty products to feed your skin. All you need is a few ingredients that are available in your local supermarket and the alchemy can begin! *Skin Food* features 70 nourishing recipes which show you how to make luxurious skincare products from scratch, so you can fill those beautiful glass pots sitting in your bathroom with incredible scrubs, butters and salts.

Make your own home into a spa, ease away the stress of the day, and bring yourself back to nature one scoop at a time.

Sophie Thompson is the founder of Sister & Co, stocked in Oliver Bonas, Anthropologie, Space NK and department stores, plus several independents.





MORRISSEY

Alone and palely loitering

Kevin Cummins

This is Morrissey as you've never seen him before. Featuring many previously unpublished photographs, *Morrissey: Alone and Palely Loitering* is a portrait of Morrissey at his creative peak. Journey through hundreds of Kevin Cummins' renowned, era-defining images, taken over a ten-year period in locations all over the world, accompanied by recollections from the author on his time with Morrissey and the artistic process of collaborating with him. Ranging from unseen intimate portraits and on-tour reportage to boisterous on-stage pictures taken during live performances around the world, the photographs in this book were taken between 1983 and 1994, when Morrissey was creating some of his best-loved work. Intimate, creative and surprising, this is a document of an artist at the height of his powers.

Manchester-born **Kevin Cummins** has an international reputation as one of the world's leading photographers and is famed for his iconic portraits of musicians including Joy Division, David Bowie, Nick Cave, Mick Jagger, Patti Smith and Oasis. These photographs have appeared on magazine covers and in art galleries and museums including the National Portrait Gallery and the Victoria and Albert Museum in London, and in cities including New York, Buenos Aires, Berlin, Bologna and many others.

Chief photographer at the *NME* for over ten years, Kevin captured some of the best-known images in modern music history - his work has decorated bedroom walls the world over.

Morrissey is a recording artist, formerly with the Smiths and latterly as a solo performer.

9781788400237

October 2018 Cassell US\$39.99 CAN\$43.99 Hardcover 7 %" x 10 %" 256 pages









Enow had to disighter the list to work out who was who from a range of British screen, mainly from Macchaster's hiddered outpropers Community Store and the Carry On Blass Persy Sugden, Charles Heavery and Branad Bressler to make a few Egasted who Eddie 100 House by manuse of the himning water under rather single room - but who was the experienced paper of Debrase?

I decided be or the parameter the harmong water under rather a single room - but who was the experienced paper of Debrase?

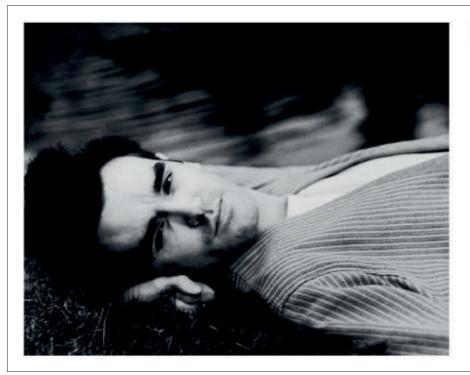
The fidelised real of its date and deep:

The fidelised rather of Edgie for Endigened for the Strange - Cindered a futurate over instructioned from the ingle and were expensive step. I was starting to succept that I wouldn't even get to the type.

The fidelised rather was to the fifth, which promptly support at the root flow. The doors repend all Vew Meremory. This Keyrin, shall we go shall do some photographs them. - North off we were animal Tables suggestion.

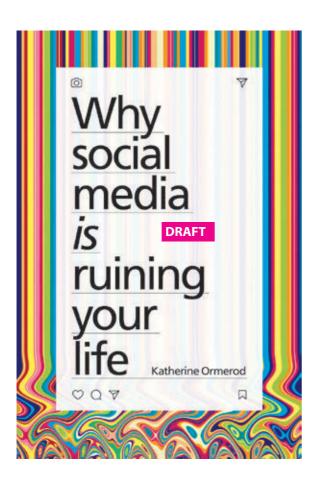
Altere Volume instrum, Yokpu, 1918

32



Ø

15



WHY SOCIAL MEDIA IS RUINING YOUR LIFE

Katherine Ormerod

This book sets out to examine, deconstruct and safeguard us from our social media dominated-existences.

Why? Because:

- More people own a cell phone than a toothbrush
- Every second, more than 500 hours of video is added to YouTube
- 80% of women say images of women on social media make them feel worthless, that means 1.5 billion affected women

Why Social Media is Ruining Your Life tackles head on the bona fide pressure cooker of social comparison and unreachable levels of perfection that social media has created in our modern world.

In her first book, Katherine Ormerod argues that we're all sat on a dangerous, ticking time-bomb that will explode if we don't begin to take action. She uncovers how our social media addictions have broken our political systems, re-wired our behavioural patterns, destroyed our confidence and shattered our attention spans. She also discloses the truth of the constructed realities behind the uploads — and explains why we all have to stop coveting our neighbour's posts.

Ultimately, this book will provide you with the knowledge, tools and weaponry to combat the most consuming, addictive digital force of our age.

It's time to stop scrolling your life away.

Katherine Ormerod has worked as a journalist for over a decade. As one of the first to recognize the changing landscape from traditional to digital media, Katherine set up her own consultancy in 2014 to accelerate fashion, beauty and lifestyle brands in editorialising their marketing messages across social platforms. A social media influencer in her own right, she has nearly 40k followers, has been featured in a broad selection of press features and is a regular panellist with experience in TV and radio including *Good Morning Britain, Sky News, Women's Hour* and *ABC News Radio*.

In January 2017, she launched workworkwork.co, an antiperfectionism platform where high-profile social media stars and women with aspirational careers share stories from their real and unedited lives.

9781788400626

October 2018 Cassell US\$14.99 CAN\$16.99 Hardcover 5" x 7 ¾" 256 pages Vybarr Cregan-Reid

PRIMATE CHANGE

How the world we made is remaking *us*.

9781788400220

October 2018 Cassell US\$24.99 CAN\$27.99 Hardcover 5" x 7 ¾" 320 pages

PRIMATE CHANGE

How the world we made is remaking us

Vybarr Cregan-Reid

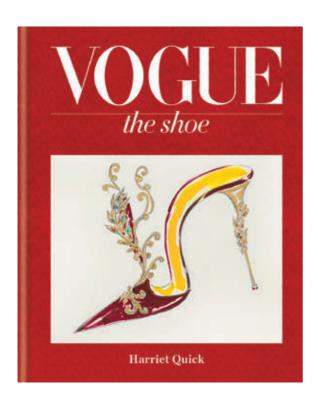
In the last two hundred years, humans have made such a tremendous impact on the world that our geological epoch is about to be declared the 'Anthropocene', or the Age of Man. But while we have been busy changing the shape of the world, the ways of living that we have been fashioning have, as if under the cover of darkness, been changing our bodies and altering our DNA, too.

We over indulge in the wrong diets; we are over-stimulated by technology; our lifestyles have become ever more sedentary; we are in a chronic cycle of stress...

Primate Change offers up a wide-ranging, intelligent look at: how and why the human body has changed since the agricultural revolution, how the way we live now is altering us inside and out and what things we can do to turn back the clock a little.

- more than 150 million people in the US have flat feet
- there are billions more chairs on the planet than there are humans
- we have grown 5 inches in the past 200 years
- 70% of Americans are on prescription drugs, the pills popped each year, laid end-to-end could orbit the planet twice
- our feet have grown by two sizes over the past 4 decades
- our diet has changed the shape of our faces, giving us slacker jawlines, wonky teeth, fleshy jowls
- by the time you've finished reading this, two people will have died of poor air quality.

Vybarr Cregan-Reid is an author and academic. He is Reader in English & Environmental Humanities in the School of English at the University of Kent. His most recent book is *Footnotes: How Running Makes us Human* (St Martin's Press 2016, paperback July 2017), which reviewers called 'delightful,' impassioned and energetic,' and 'a blazing achievement. He has written widely on the subjects of literature, health, nature and the environment for the *BBC*, the *Guardian*, *The Independent*, *The Telegraph*, *The Mail*, *The Washington Post*, *Wanderlust*, *Literary Review*, *New Zealand Herald* and he has appeared on *Sky News*.



Harriet Quick is an award-winning journalist, editor and author. Previously Fashion Features Director of British Vogue (2000-2012) and Editor of Frank magazine (1998-2000) Harriet has worked in the fashion and design arena for 20 years. She won the prestigious Vogue Writing Talent Award and The Guardian/ Jackie Moore Award and now contributes to a wealth of global titles including Vogue in the UK, Australia and China, The Wall Street Journal, T: The New York Times Style Magazine, Modern Weekly, the Financial Times and Wallpaper.

VOGUETHE SHOE

A glorious celebration of the shoe as an object of obsession, status and desire

Harriet Quick, with foreword by Alexandra Shulman

Part of the popular *Vogue* portfolio series, this beautiful book is now available in a smaller format at the friendly price of \$39.99.

In *Vogue: The Shoe*, Harriet Quick has curated more than 300 fabulous images from a century of British *Vogue*, featuring remarkable styles that range from the humble clog to exquisite hand-embroidered haute couture stilettoes via fetishistic cuissardes and outrageous statement heels.

It contains some of the best fashion photography available, including shots from *Vogue*'s peerless archive of fashion images by the likes of Hoyningen-Huene, Irving Penn, Corinne Day, Norman Parkinson, Mario Testino and Nick Knight.

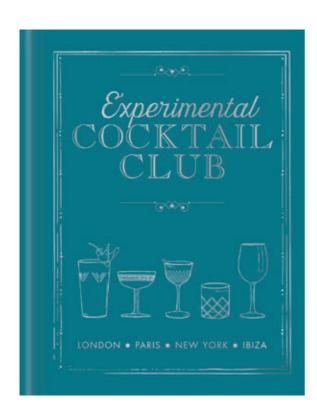
Reissued with a luxurious real cloth cover, this is essential reading for fashionistas everywhere.



9781840917758

October 2018 Conran U\$\$39.99 CAN\$43.99 Hardcover 8" x 10" 304 pages

"Whatever the style, shoes have a message to be heard, and nowhere is it clearer than in this collection of some of the best fashion images of their age." – Alexandra Shulman







Small gift version

9781784724023

October 2018 Mitchell Beazley US\$14.99 CAN\$16.99 Hardcover 6" x 8 ½" 192 pages

EXPERIMENTAL COCKTAIL CLUB

London, Paris, New York, Ibiza

Romée de Goriainoff, Olivier Bon, Pierre-Charles Cros & Xavier Padovani

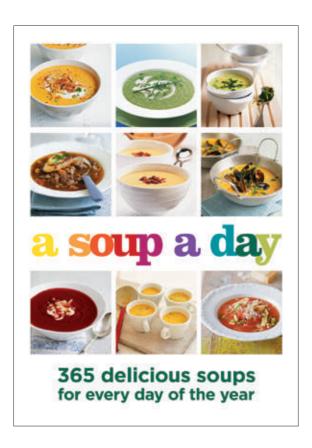
Over 85 recipes for extraordinary cocktails from the award-winning, internationally renowned Experimental Cocktail Club.

Treat your taste buds to this collection of very special cocktail recipes that take inspiration from classic American and French cocktails - served with the unmistakeable Experimental Cocktail Club flair and style. Recipes include Stockholm Syndrome (Ketel 1 vodka infused with cumin & dill, Linie aquavit, lemon juice, simple syrup, pink Himalayan salt and Peychauds bitters) and Tete de Mule (or 'Kind of Stubborn', a salty cocktail containing Don Fulano Blanco, orange juice, tomato juice, agave syrup and topped with ginger beer) - as well as their take on classic cocktails such as Negroni, Margarita, Moscow Mule and strawberry Daiquiri.

After years of traveling to the Big Apple, childhood friends Romée de Goriainoff, Pierre-Charles Cros and Olivier Bon took the inspiration they found there to create a New-York-style bar in the heart of Paris - kicking off a cocktail revolution in the City of Lights. In 2007 they opened the doors to their first bar, Experimental Cocktail Club. Today, with fourth partner Xavier Padovani, the group has award-winning cocktail bars in Paris, London, and Ibiza, all with a well-earned reputation for glamor and style.

Experimental Cocktail Club has already received praise from *The New York Times, The Wall Street Journal, GQ, Vogue, Elle, Condé Nast Traveller, Wallpaper* and more. Their private clients for events include Chanel, Hermés, Louis Vuitton, Chloe, Selfridges, Pernod Ricard, Hennessy, Perrier Jouet and Hendricks - amongst others.

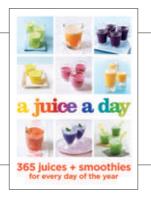
"With drinks both inventive and undaunting, this book should easily earn a spot on the most-accessible shelf at home." – Wall Street Journal



Also Available:

A JUICE A DAY

9780600634577 \$9.99 (PB) \$10.99 in Canada



9780600635406

October 2018 Hamlyn US\$9.99 CAN\$10.99 Paperback 5 ¾" x 8 ¼" 224 pages

A SOUP A DAY

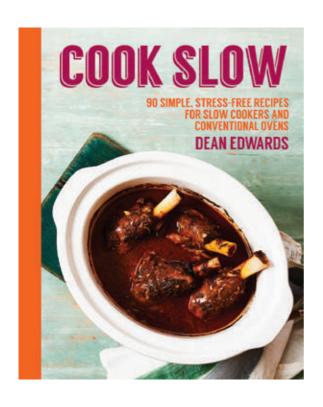
365 delicious soups for every day of the year

The ultimate collection of soups for every day of the year.

Featuring 365 recipes, *A Soup a Day* is packed with delicious soups for each day of the year, including Chillied Gazpacho, Chestnut Soup with Truffle Oil and Mediterranean Garlic Soup. Be it a hot summer's day or a wintry afternoon, you will discover a soup to fit any occasion.







COOK SLOW

90 Simple, Stress-free Recipes for Slow Cookers and Conventional Ovens

Dean Edwards

Simple slow-cooking recipes for everyone to enjoy, from *Masterchef's* Dean Edwards.

Cook Slow features 90 delicious slow cooker recipes, all with conventional oven options, which will make you fall back in love with food again. Dean's fresh approach allows you to fit the enjoyment of planning, preparing and creating a meal into a busy life. Enjoy family favorites such as Three cheese mac with chorizo crumb, Sticky cherry cola baby-back ribs and Slow cooker vegetable lasagne or try something new with Breakfast shakshuka, Pork belly bahn mi or Smoky ox cheek chili nachos.

Coming in second in BBC's *Masterchef Goes Large* in 2006, **Dean Edwards** sought to change his life radically by leaving his career as a digger driver to pursue his love of cooking and food.

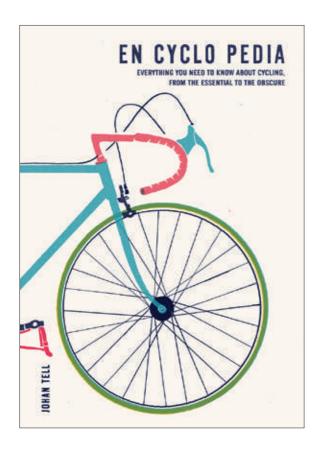




9780600635628

October 2018 Hamlyn US\$19.99 CAN\$21.99 Paperback 7 ½" x 9 ¼" 224 pages

"Thrust this book into the hands of anyone who thinks they can't cook." – the Sunday Times



EN CYCLO PEDIA

Everything you need to know about cycling, from the essential to the obscure

Johan Tell

An A-Z guide to the language of cycling.

In En Cyclo Pedia Johan Tell – award-winning Swedish writer and cycling obsessive – uncovers the very soul of cycling, exploring and explaining the many and varied stories that form the basis of cycling culture.

Beautifully illustrated and arranged alphabetically with hundreds of entries ranging from Tour de France stages to illegal 'Alley Cat' races, as well as cult heroes and must-know cycling slang, Tell's book provides an insight into this complex world that only a cycling junkie can.

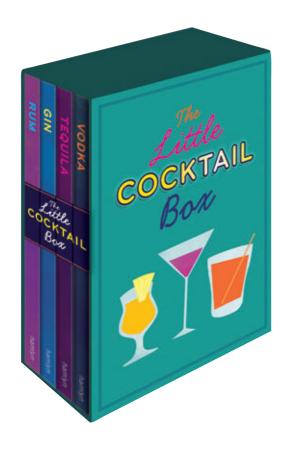
From a pilgrimage to the Bianchi factory in Milan to scouring the streets of New York for the origins of the fixie, via the bicycle cafés of Barcelona and the cobblestones of Flanders, *En Cyclo Pedia* is a complete A to Z guide to the unique, indescribable character of global bike culture – a road map of the idiosyncrasies of cycling.





9781784724955

October 2018 Mitchell Beazley US\$19.99 CAN\$21.99 Paperback 6 5/8" x 9 ½" 224 pages



Also Available:

THE LITTLE JUICE BOX

9781846015434 \$14.99 (Box set) \$16.99 in Canada



9781846015748

October 2018 Spruce US\$14.99 CAN\$16.99 Box set 4" x 5 ¾" 224 pages

THE LITTLE COCKTAIL BOX

Spruce

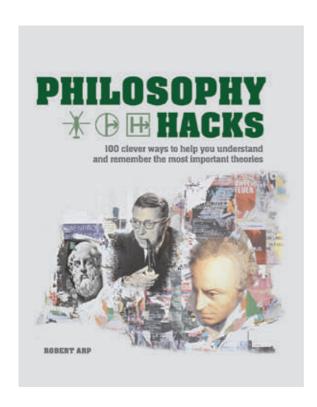
A fabulous cocktail collection, beautifully packaged.

The perfect gift for cocktail lovers and would-be mixologists is this set of four mini paperback books - *Little Book of Gin Cocktails*, *Little Book of Tequila Cocktails*, *Little Book of Rum Cocktails* and *Little Book of Vodka Cocktails* - beautifully packaged together in a slipcase.

From favorites like the Moscow Mule, Cosmopolitan and Margarita to exotic concoctions, such as the fruity Caribbean Cruise and Kahlua-based South of the Border, there are 200 recipes to try. Each book also contains essential bartending tips and fascinating anecdotes about the cocktails and how they got their names.









October 2018 Cassell US\$16.99 CAN\$18.99 Paperback 6 ¼" x 7 ¾" 208 pages

PHILOSOPHY HACKS

100 clever ways to help you understand and remember the most important theories

Robert Arp

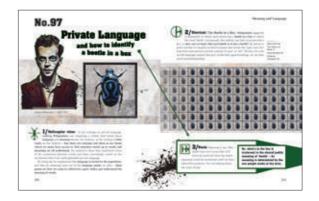
Discover the simple way to understand and remember the most groundbreaking concepts in 3,000 years of philosophical thought.

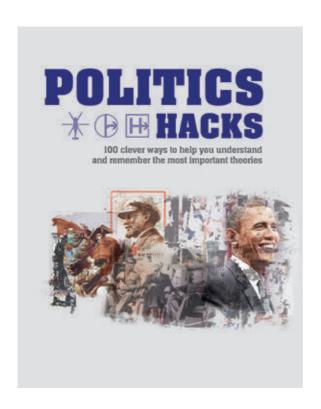
Each idea is broken down into three stages:

- 1. The helicopter view, which gives you an introduction to the idea, and some context around it.
- The shortcut, which gives you the core elements of the theory, along with a range of examples that everyone can understand.
- The hack, which is a one-liner designed to stick in your memory and give you an instant grasp of the concept.

From Kant's categorical imperative to Derrida's deconstruction, there are 100 concepts explained, ranging from empiricism to logical positivism.

The perfect introduction to philosophy, this is a great new way to learn about the most important philosophical ideas and concepts that makes them easy to recall even months after reading the book.







October 2018 Cassell US\$16.99 CAN\$18.99 Paperback 6 ¼" x 7 ¾" 208 pages

POLITICS HACKS

100 clever ways to help you understand and remember the most important theories

Understanding the history and significance of today's political climate can be confusing and daunting. *Politics Hacks* is here to give you quick definitions and background on 100 key political theories from the last 1,000 years.

Each idea is broken down into three stages:

- 1. The helicopter view, which gives you an introduction to the idea, and some context around it.
- The shortcut, which gives you the core elements of the theory, along with a range of examples that everyone can understand.
- The hack, which is a one-liner designed to stick in your memory and give you an instant grasp of the concept.

Whether you quickly want to get to grips with neo-Marxism, understand the principles of expansionist nationalism, or know the history of the Wahhabi movement, this book is the perfect way to speedy enlightenment.

Also Available:



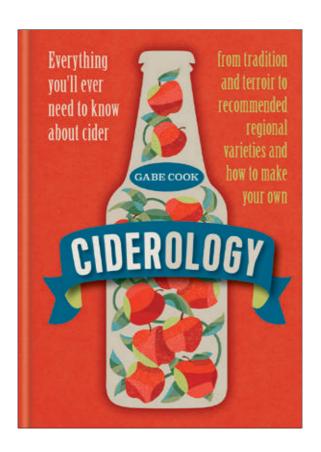
MATH HACKS

9781788400121 \$16.99 (HC) \$18.99 in Canada



SCIENCE HACKS

9781844039845 \$16.99 (HC) \$18.99 in Canada





October 2018 Spruce US\$19.99 CAN\$21.99 Hardcover 6" x 8 1/2" 224 pages

CIDEROLOGY

Everything you'll ever need to know about cider from tradition and terroir to recommended regional varieties and how to make your own

Gabe Cook

What is Ciderology?

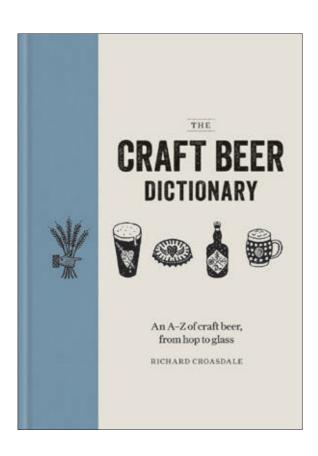
Ciderology is understanding the way cider-making has evolved over the centuries, and also which craft cider presses are now making the most interesting ciders to look for at the pub.

It's about learning how terroir and climate affect the quality of cider, and also what dishes you can incorporate your favourite beverage into when cooking.

It's about wassailing, community and tradition, and also about the innovative and exciting new presses springing up around the world.

Gabe Cook is a renowned cider expert who has dedicated himself to spreading the love of cider far and wide. He has worked both for some of the biggest cider-makers around, including Westons and Heineken, and also for award-winning indie New Zealand craft cider producer, Peckhams. Gabe now acts as the Communications Officer of the National Association of Cider Makers, and runs the blog and cider consultancy, The Ciderologist. He has presented a bottle of cider to the Queen, and in 2017 was the Head Judge at the World Cider Awards.







October 2018 Mitchell Beazley US\$20.00 CAN\$22.00 Hardcover 6" x 8 ½" 256 pages

THE CRAFT BEER DICTIONARY

An A-Z of craft beer, from hop to glass

Richard Croasdale

An A-Z compendium of everything you need to know about craft beer, from history, ingredients and brewing methods to the latest scientific techniques and tasting notes.

Get to grips with the craft beer revolution, with this stylish and in-depth guide to the many complex terms and techniques, equipment and ingredient varieties that go into creating the perfect beer. Hundreds of entries cover every aspect of the craft beer world, from ingredients, brewing and storing to tasting notes for the many different styles of beer available today.

Written by award-winning beer expert Richard Croasdale with stunning illustrations throughout, *The Craft Beer Dictionary* is an essential guide for the craft beer drinker.

Richard Croasdale is an award-winning journalist, editor-inchief of *Ferment* craft beer magazine, and an all-round lover of anything cold and hoppy. A member of the Guild of Beer Writers, Richard has travelled the world in search of the best beers and brewers, experiencing the diversity of approaches and cultures tht make craft beer so exciting. He lives in Edinburgh, Scotland, and can usually be found evangelising in the city's many excellent beer and whisky bars.

Also Available:





Sir Chris Hoy MBE is one of Great Britain's most successful Olympic athletes of all time, with six gold medals and one silver. He won his first Olympic gold medal in Athens 2004 in the Kilo and then after that event was dropped from the Beijing Olympics, he switched and won gold medals in the Kerin, Sprint and Team Sprint in 2008.

In 2012 at his home Olympic Games in London, Chris won his fifth and sixth gold medals - in the Keirin and Team Sprint -becoming Great Britain's most successful Olympic athlete of all time with six gold medals and one silver.

Chris retired from competitive cycling in 2013 and his achievements throughout his career make him Scotland's most successful Olympian, the first Briton since 1908 to win three gold medals in a single Olympic Games, and one of the most successful Olympic cyclists of all time.

9780600635215

October 2018 Hamlyn US\$24.99 CAN\$27.99 Paperback 7 ½" x 9 ¾" 224 pages

HOW TO RIDE A BIKE

From starting out to peak performance

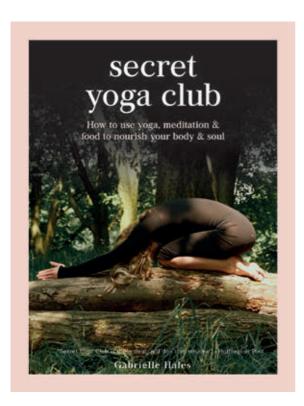
Sir Chris Hoy

A hard-working and compelling guide to becoming a fitter, faster, more enduring and skilful cyclist. This book ties together the technical, physical and mental aspects of cycling performance, using some of the most advanced training methods explained by Sir Chris Hoy, to help the reader become a better cyclist, ride more and increase their performance in and enjoyment of cycling.

The book is split into three sections:

- Technical bike set-up, cycling safety and skills, clothing, conditioning
- 2. Physical training theory, performance drills, planning and stepping stones
- 3. Mental sports psychology, reviewing performance, overcoming fears and mental techniques

Full of helpful and inspiring advice for those getting on a bike for the first time in a while, along with plenty of tips and tricks for seasoned cyclists looking to take it up a notch, this is a book for beginners and pros alike.





October 2018 Aster US\$24.99 CAN\$27.99 Hardcover 7 ½"x 9 ¾" 224 pages

SECRET YOGA CLUB

How to use yoga, meditation & food to nourish your body & soul

Gabrielle Hales

An introduction and immersion into the origins and the modern-day practice of yoga.

"This globe-trotting group promotes a mindfulness practice that continues off the mat and into the sonic realm." - Voque USA

"Secret Yoga Club is a big deal, just don't tell anyone." - Huffington Post

Yoga is an intimate, alchemical process in which you discover your own physical and emotional landscape. Yoga is how you sing yourself back to life. It's in the moments that you witness the sublime wisdom of the body.

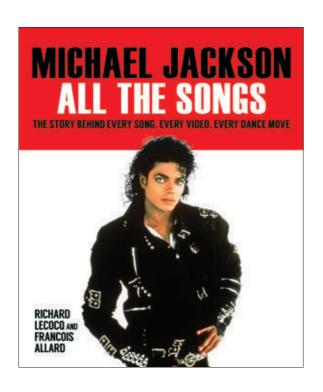
In Secret Yoga Club Gabrielle Hales introduces you to the yoga practices and rituals that she has found useful and inspiration over the years of hosting diverse events and retreats.

Chapters include:

- Origins of yoga
- Movement and the body
- Breath
- Meditation
- Yoga practices
- Rituals and recipes for the yoga soul

Delve into world of *Secret Yoga Club*, learn about the origins of yoga and discover freedom and boundaries within yourself and your body through movement, breath and meditation.







October 2018 Cassell US\$50.00 CAN\$55.00 Hardcover 8 %" x 10 %" 544 pages The latest title in the successful series, which has sold over 100,000 copies in the US alone.

MICHAEL JACKSON ALL THE SONGS

The story behind every song, every video, every dance move

Richard Lecocq and Francois Allard

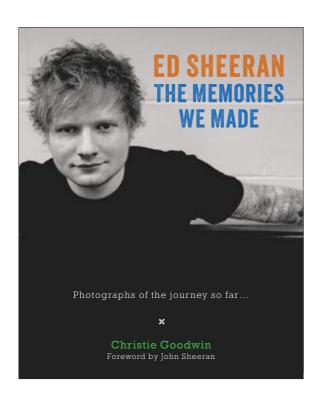
The complete, definitive study of Michael Jackson's artistic legacy.

This is the only book that tells the story behind every single song that the King of Pop ever released - from his formative years with the Jackson Five to his incredible and much-loved output as a solo artist. Over 200 songs, videos and revolutionary dance moves are analyzed, uncovering the fascinating stories around their creation and allowing fans the chance to truly understand the artistry behind them.

Written by two Michael Jackson experts - the creators of the MJ Data Bank and MJ Stranger websites and editor-in-chief of Michael Jackson magazine, *Invincible* - this is the definitive book for Michael Jackson fans.

 Michael Jackson has sold 750 million albums worldwide. His legacy remains huge, and the 10th anniversary of his death in 2019 will bring renewed interest.







October 2018 Cassell US\$24.99 CAN\$27.99 Hardcover 7 ½" x 9 ¼" 224 pages

ED SHEERAN: THE MEMORIES WE MADE

Photographs of the journey so far...

Christie Goodwin Foreword by John Sheeran

An incredible collection of photographs of Ed Sheeran, from early, pre-fame gigs to sell-out arena tours - including never-before-seen images.

This unique collection of intimate photographs charts Ed Sheeran's meteoric rise from struggling musician to global megastar.

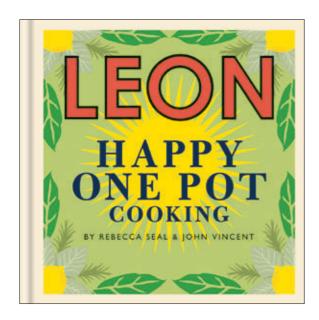
Taken by Ed's long-time photographer Christie Goodwin, Ed Sheeran: The Memories We Made contains many unseen images along with personal anecdotes from Christie of time spent together with her friend - taking us on a journey from the early days of an unknown Ed busking in London to tiny crowds, to backstage on a sell-out US tour and performing his songs to a rapt audience of thousands.

Relaxed, open and honest, this collection of photographs is a chance to truly see the man behind the music - a rare look at the personal face of a world-famous artist.

Christie Goodwin is a photographer with a career that spans over thirty years. Today, she is a highly sought-after photographer of top musicians, and has worked with artists including Ed Sheeran, Taylor Swift, Paul McCartney, Katy Perry and many more.



WEMBLEY STADIUM, LONDON, ENGLAND Juny 2015 Sometime propined and mar-Too usedly regressed from enumerous of a conditional control of the condition of the conditional configuration of the conditional configuration of the conditional c







LEON HAPPY ONE POT COOKING

Rebecca Seal & John Vincent

Award-winning restaurant Leon brings you more than 100 easy, satisfying recipes that can be made using only one pot.

Leon, the home of naturally fast food, has created a collection of more than 100 fuss-free, full-of-flavor recipes for main course dishes that you can create with only one cooking pot, pan or baking sheet.

Whether you are looking for a simple mid-week supper, a quick weekend lunch or something posh (but easy) to serve to friends, this book has the answer. From one-pan pastas to warming tagines, fragrant sheet-baked fish and veg to Asian-inspired stir-fries, *Happy One Pot Cooking* is all about the food and not the washing up.

It includes recipes that are Naturally Fast, Fresh & Easy, Cosy & Warm, Posh, Low & Slow, and Simple Suppers. It also offers gluten-free and vegan options.

Rebecca Seal writes for the *Financial Times, Evening Standard*, the *Observer*, the *Guardian, Red* and *The Sunday Times*. Her cookbooks include *Istanbul: Recipes from the heart of Turkey*, *Lisbon: Recipes from the heart of Portugal* and *Leon: Happy Soups* with John Vincent.

John Vincent is co-founder of Leon, which now has more than 45 restaurants (including one in Amsterdam). He wrote *Leon Naturally Fast Food* with Henry Dimbleby, *Leon Family & Friends* with Kay Plunkett-Hogge, *Leon Happy Salads* and *Leon Fast & Free* with Jane Baxter and *Leon Happy Soups* with Rebecca Seal. He believes food has the power to delight, invigorate and bring people together.

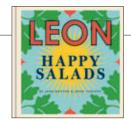
9781840917765

October 2018 Conran US\$19.99 CAN\$21.99 Hardcover 8" x 8" 224 pages



LEON HAPPY SOUPS

9781840917635 US\$19.99 (HC) \$21.99 in Canada



LEON HAPPY SALADS

9781840917185 \$19.99 (HC) \$21.99 in Canada





October 2018 Mitchell Beazley US\$24.99 CAN\$27.99 Hardcover 7 ½" x 9 ¼" 224 pages

THE HIGGIDY COOKBOOK

100 recipes for pies and more

Camilla Stephens

Delicious, satisfying recipes from the award-winning British baked goods brand Higgidy.

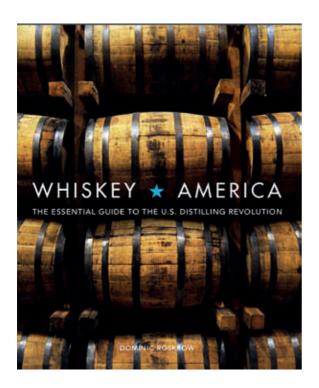
Higgidy is known for its scrumptious pies and tarts. In this updated edition of their debut cookbook, co-founder and chief pie maker Camilla Stephens ventures beyond pastry with new recipes for healthy and delicious frittatas and more. Also included are mouth-watering Higgidy classics such as Chicken Pot Pie, the Best Quiche Lorraine and Salted Pecan Fudge Pie.

From chapters on Simple Suppers and Quirky Quiches to Party Pies and Sweet Treats, all your cooking needs are covered, so you can enjoy a simple fish pie for an after-work supper, Lemony Asparagus & Ricotta Tart for a summer picnic, little hot dog rolls and mini chorizo and chilli tartlets for a party, and a chocolate snowflake tart for a wintry treat.

With Camilla's expert guidance on foolproof pastry techniques added in, this is a wonderful source of heartwarming recipes for family and friends.

Camilla Stephens trained at Leiths School of Food & Wine. She worked for several years as a food writer and editor before becoming head of development for Starbucks, expanding their food range. She co-founded Higgidy in 2003, following her philosophy of nourishing home cooking and shared mealtimes. In Camilla's own words: 'Food brings colour to our lives - it nourishes, comforts and sustains. But above all, it brings people together.'





Written by the 2015 Fortnum & Mason Drinks Writer of the Year

9781784724351

October 2018 Mitchell Beazley US\$29.99 CAN\$32.99 Hardcover 8" x 9 ½" 288 pages

WHISKEY AMERICA

The essential guide to the U.S. distilling revolution

Dominic Roskrow

The low-down on the explosion of new whiskies and distillers in the US, including key whiskies with tasting notes, profiles of the best distillers and what to drink where.

What can we expect from the best whiskey producers in America today? Whiskey America showcases some of the most exciting new styles of whiskey and why they are so special. Offering fascinating interviews with some of the leading characters in the recent distilling revolution, this absorbing book relates the stories of how successful lawyers, doctors and city slickers made the life-changing decision to turn their backs on conventional careers to pursue the 'good life' of making spirits in the most far-flung outreaches of America. And thank goodness they did, because this new generation of distillers not only customized conventional whiskey styles but also invented new ones never seen before. Whiskey America investigates how best to enjoy the new whiskies - in cocktails, with food, mixed or straight - and looks forward to where these exciting American spirits are going next.

Dominic Roskrow is the former editor of *Whisky Magazine*, *The Spirits Business* and *Whiskeria*. He has written eight books on whisky including *The World's Best Whiskies, 1001 Whiskies To Try Before You Die* and *The Whisky Opus*, and has contributed to several more, including every edition of *The Whisky Yearbook*. He specializes in world whisky, and he has had work published in newspapers and magazines across the world including *Drinks International, Harpers Wine & Spirits Trade News, Whisky Advocate, The Times, The Sunday Times*, the *Daily Telegraph*, and the *Wall Street Journal*. He has been made a Kentucky Colonel and a Keeper of The Quaich for his contributions to bourbon and Scotch whisky respectively, and he was named the 2015 Fortnum & Mason Drinks Writer of the Year.

DISTILLERY FOCUS

BALCONES

LOCATION WACO, TEXAS OWNER CHIP TATE FOUNDED

CAPACITY

GALLONS (80,000 LITERS)

RANGE BRIMSTONE, NUMBER 1 TEXAS SINGLE MALT VISITOR FACILITIES

TOURS CAN BE ARRANGED BY APPOINTMENT



NUMBER 1 TEXAS SINGLE MALT

Of all American craft destilling stories, none is more dramatic than that of Balcones in Texas. Indeed, its remarkable and bitter history might serve as a warring to would-be distillers looking to expand rapidly.

Efferevener and fiserely intelligent would-be whiskey maker Chip Tate was the earliest of the new producers, having built his destillery from scratch. He learned fast, focusing on blue com bourbons and a unique style of Texas single mathinkey, and rapidly caved out a worldwide reputation for filwosome sprints. Soon the awards were pouring in, and as whiskey, and rapidly caved out a worldwide reputation for filwosome sprints. Soon the awards were pouring in, and as report and the state dynaminally different whiskeys, such as strikely lovers tested generaley different whiskeys, such as formed to the review of distillers. But success came at an expirate, and the state dynaminally different whiskeys, such as strikely lovers the such section of the new wave of distillers. But success came at an expirate, and the such as the success came and the such as the success came and the such as the success came at an expirate and the such as the



"Long term we hope to solidify supply of our core range, and continue the process of exploration, which is really what keeps us engaged day in and day out" Winston Edwards, brand manager



MASH MIXING All the equipment at Balcones was painstakingly made by hand. e of cask is crucial, and flavor can depend on the type of ad what the cask previously held.

WHISKEY PIONEERS

THE LIKARSH **BROTHERS**



The distilleries of Tennessee and Teous prove that whilely can be made experienced in home to the bright of the provided of th

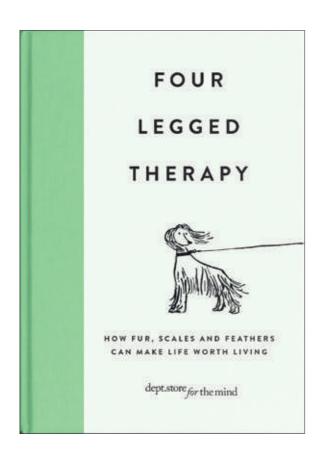


CARPENTER'S BLUFF



144 Whiskey Pioneers

53





October 2018 Aster US\$14.99 CAN\$16.99 Hardcover 6" x 8 ½" 160 pages

FOUR LEGGED THERAPY

How fur, scales and feathers can make life worth living

Dept. Store for the Mind

Discover the joys of unconditional love and how the best lessons can come from a pet.

Four Legged Therapy is filled with stories of humans and animals being together. A wordless listener, something to care for, a way to get outside and yet much more. What healthy habits can we learn from our fluffy, scaly and, let's face it, stinky, friends?

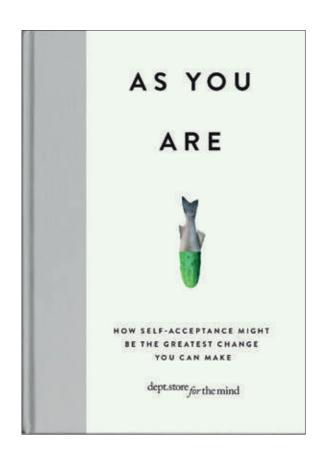
Chapters include:

- Meow Meow Begins with a C
- Waq
- Fishing: Confessions of a Secret Meditator
- Janice is a Horse
- Rabbit, Rabbit...Gone

Dept. Store for the Mind is the exciting new creative venture by Sophie Howarth, co-founder of the School of Life. The Department Store for the Mind is a place to explore the world inside your head: a vast and unique terrain of thoughts, ideas, emotions and memories.

Each book offers stories and ideas about creating daily habits that are kind to the mind, whether through our connection with nature, our creativity or everyday tasks, or simply knowing and feeling more accepting of ourselves. The books stretch the mind and soul, so that we may colour outside of the lines, experience the moments of wonder that are right there in front of us and occasionally venture out of our safe harbours.







October 2018 Aster US\$14.99 CAN\$16.99 Hardcover 6" x 8 1/2" 160 pages

AS YOU ARE

How self-acceptance might be the greatest change you can make

Dept. Store for the Mind

A beautifully illustrated book that teaches you how to embrace the differences within ourselves and others.

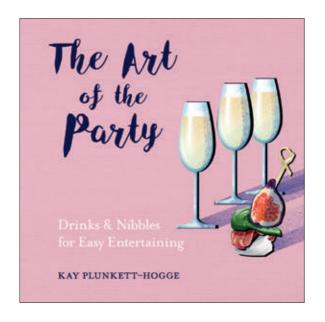
As You Are is a shameless celebration of our uniqueness. Finding and fixing our inner problems often isn't inviting. There is another way to be a happier, lighter being. Flip the focus to finding out what energizes you, makes you tick and puts you in that place where you feel "I was born to here". Hear stories and discover habits that tempt you towards playing to your personal strengths every day.

Chapters include:

- As You Are
- Character Strengths
- Thinking Tricks
- Laughter Lines
- Fuel
- My Way
- It's Me
- As They Are

Also Available:





THE ART OF THE PARTY

Drinks & Nibbles for Easy Entertaining

Kay Plunkett-Hogge

Kay Plunkett-Hogge shows you that entertaining need not be stressful but can be a joy with 90 deliciously simple recipes for cocktails and finger food that can easily be scaled up and made in advance. Kay draws on her party-planning experience to help you be the perfect host, offering handy tips on everything from guest lists to painless clean-up.

The Art of the Party features cocktail favorites from the Classic Gin Martini and Champagne Cocktail to the Cosmopolitan, Hot Buttered Rum and even a Poinsettia Cocktail. Delectable nibbles include everything from an Antipasti Platter to Things on Sticks, and Mum's Retro Dip & Crudities to Soup Shots, Fritters, Parcels and Puffs, and Toast and Slices. Quick, easy and delicious, these recipes are sure to be a hit. The Art of the Party will inspire you to be the hostess with the mostess.

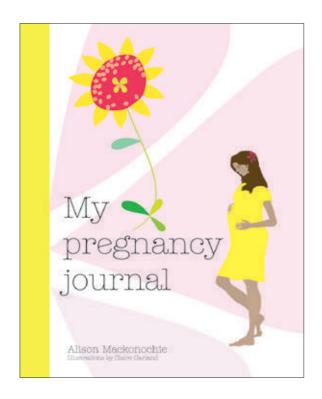
Kay Plunkett-Hogge is an acclaimed food and drinks writer. Born and brought up in 1970s Bangkok, Kay spent her childhood between two kitchens - inside for Western food, outside for Thai - before forging an international career in the film and fashion industries. It is an experience that has given her an in-depth knowledge of cuisines from all over the world.





9781784724634

October 2018 Mitchell Beazley US\$14.99 CAN\$16.99 Hardcover 8" x 8" 176 pages





November 2018 Spruce US\$19.99 CAN\$21.99 Hardcover 7 ½" x 9 ¾" 94 pages

MY PREGNANCY JOURNAL

A beautifully packaged, interactive journal to help plan and record your pregnancy

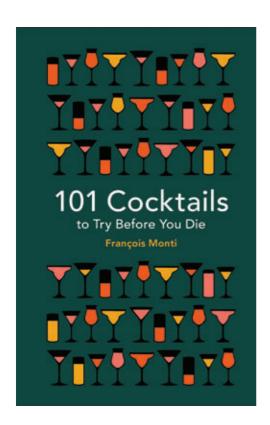
Alison Mackonochie Illustrations by Claire Garland

Celebrate the ups and downs of your pregnancy with this interactive journal, which invites you to record in detail this most extraordinary period of your life. With annotated prompts for you to fill in for each week of your pregnancy, storage wallets and sealable envelopes for keeping precious momentos, and photo spaces for you to capture the changing shape of your body, this journal will be a life-long keepsake of all your special memories.

Each chapter offers guidance on what to expect, notes on your baby's development during each trimester, and reminders on what you need to be planning, thinking about and preparing for. Whether you are a first-time mother or want to commemorate a new addition to the family, Alison Mackonochie ensures that you will be comfortable every step of the way.

Alison Mackonochie is the author of *Emma's Diary*, the Royal College of General Practitioners' award-wining pregnancy guide, as well as *The Practical Encyclopedia of Pregnancy & Babycare*, *Your Baby's First Year: a month-by-month guide*, and *New Guide to Babycare: a manual for new parents*. Alison is also an editor for several parenting magazines and a member of the Medical Journalists' Association and the Guild of Health Writers.





101 COCKTAILS TO TRY BEFORE YOU DIE

The must-have guide to the world's finest cocktails
François Monti

Brought together in one delightful and informative guide are the top 101 cocktails to try before you die, from the classics (Old-Fashioned, Manhattan, Vesper) to the less well-known (Scofflaw, Irish Mermaid, Bramble).

With fascinating insight, this book takes the reader on a captivating tour through history's most famous (and infamous) cocktails. Each entry comes with a detailed history, entertaining anecdotes and of course a list of ingredients, as well as retellings of cocktail myths and legends.

Whether you are a spirits aficionado or simply enjoy a good drink, this is the must-have cocktail handbook.

François Monti is a journalist specialising in drinks and cocktails, based in Madrid. He is the author of a number of books, including *Prohibitions*, and writes a highly regarded blog, *Bottoms Up*.

Also Available:

101 WINES TO TRY BEFORE YOU DIE

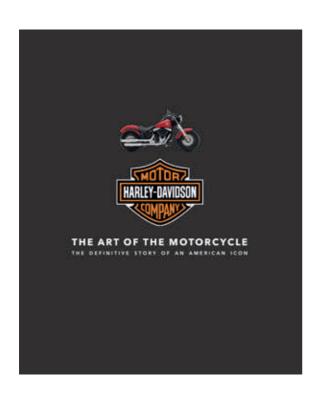
9781788400527 \$12.99 (HC) \$14.99 in Canada June 2018



Harvey Wallbanger ***STATE*** ***STATE*** ***STATE** ***STATE*

9781788400541

November 2018 Cassell US\$12.99 CAN\$14.99 Hardcover 4 1/4" x 7" 224 pages





November 2018 Mitchell Beazley US\$50.00 CAN\$55.00 Hardcover 9 ²/₃" x 12" 240 pages

HARLEY DAVIDSON THE ART OF THE MOTORCYCLE

The definitive story of an American icon

Zef Enault and Michael Levivier

The inside story of the world's greatest motorcycles, with never-before-seen material.

Created in collaboration with Harley-Davidson, this is the full story of the world's most famous motorcycle manufacturers, told through its greatest machines.

With unprecedented access to the Harley archive, unseen photography and first-hand accounts from people on the inside, discover treasures from the long history of this American institution.

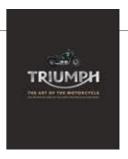
Bespoke photography and detailed technical specs cover the full range of Harley's motorcycles, from the earliest prototypes to the very latest bikes, making this book an essential companion for any fan, and a collector's dream.

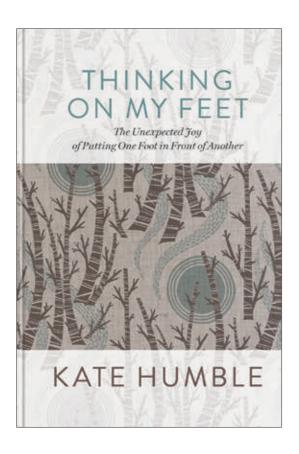
- Created with the support of Harley-Davidson
- Features never-before-seen photography

Also Available:

TRIUMPH MOTORCYCLES

9781784723712 \$50.00 (HC) \$55.00 in Canada





"I've discovered that going for a daily walk has become as essential to me feeling good for the rest of the day as that first cup of tea. But I would argue that all I am doing is responding to a natural need perhaps we all have. Humans have always been migrants, the physiological urge to be nomadic is deeprooted in all of us and perhaps because of that our brains are stimulated by walking. I solve all sorts of problems, formulate ideas, work things out to that gentle rhythm of self-propelled movement." – Kate Humble

9781912023646

November 2018 Aster US\$24.99 CAN\$27.99 Hardcover 6" x 9 1/4" 304 pages

THINKING ON MY FEET

The Unexpected Joy of Putting One Foot in Front of Another

Kate Humble

Constructive walking: a year of walks told in diary-style, that will inspire readers to enjoy the therapeutic, problemsolving benefits.

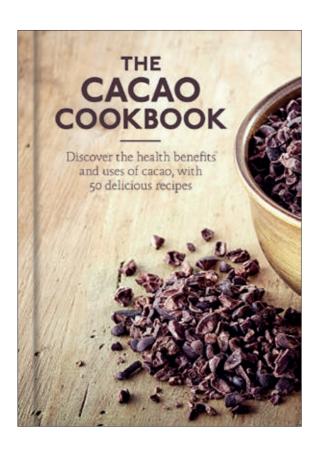
Thinking on My Feet is an inspiring journal of walks divided into four beautifully illustrated seasonal sections. Discover the joys and benefits of walking, encounters with the natural and urban world, with the familiar and strange, with animals, people and events. Kate charts her feelings, impressions and confusions throughout, capturing the perspectives that only a journey on foot seems to allow. Find out what makes you curious, what makes something memorable.

Also included are Kate's walks with other people who have discovered the magical, soothing effect of putting one foot in front of the other - the artist who walks to find inspiration for his next painting; the man who takes people battling with addiction to climb mountains; the woman who walked every footpath in Wales (3,700 miles) when she discovered she had cancer.

This book will inspire you to get creative, change your perspective and apply walking to your daily endeavors.

Kate Humble was born in 1968 and grew up in rural Berkshire in a house next to a farm. She had what she describes as a 'proper childhood' - building camps, racing snails, climbing trees, interspersed with trips to the hospital to patch up things when they broke. At the neighbouring farm she learnt to ride horses and developed a lifelong passion for mucking out.

Kate started her television career as a researcher, later specializing in presenting wildlife programs, including *Animal Park, Springwatch* and *Autumnwatch* with Ben Fogle, Bill Oddie, Simon King, Chris Packham and Martin Hughes-Games and later, *Wild in Africa* and *Seawatch*. 2017 has also seen Kate presenting BBC's *Back to the Land* and *Curious Creatures*.





November 2018 Aster US\$12.99 CAN\$14.99 Hardcover 6" x 8¼" 128 pages

THE CACAO COOKBOOK

Discover the health benefits and uses of cacao, with 50 delicious recipes

Find out how to boost your health, lose weight and enhance your mood with 50 delicious cacao recipes.

Cacao was once considered by ancient Mayan and Aztec civilizations as a food of the gods, an association that led to the cacao tree's scientific name Theobroma cacao, from the Greek words 'theo' (god) and 'broma' (food). In modern day it is undeniably one of the nature's healthiest ingredients; this Amazonian superfood is full of potent antioxidants (40 times more than blueberries), vitimins and minerals.

In contrast, non-organic cocoa and chocolate has been chemically processed and roasted, destroying up to 90% of these vital antioxidants and flavanols. Studies have also revealed that adding dairy blocks the absorption of antioxidants in chocolate.

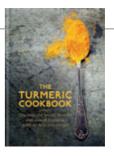
Research shows that raw cacao contains anti-inflammatory and heart protective antioxidants which can help reduce the risk of strokes and improve blood circulation. Other elements found in cacao can help prevent premature aging, balance hormones, improve digestion, combat fatigue and lower blood pressure.

From the sweet to the savory, *The Cacao Cookbook* is packed with nutritious cacao recipes including breakfast smoothies, raw brownies, snack bars, steak, ice cream and homemade beauty products.

Also Available:

THE TURMERIC COOKBOOK

9781912023110 \$12.99 (HC) \$14.99 in Canada







THE OFFICIAL GUIDEBOOK TO THE RULES OF GOLF

R&A and USGA

Following seven years of consultations, the governing bodies of the Rules of golf will implement the most comprehensive Rules changes seen in the game for 37 years.

In a bid to make the Rules more accessible and straightforward The R&A and USGA have reworded every Rule and made alterations which will affect the way every golfer in the world plays the game – that's some 60 million people.

The Rules will be reduced from 34 to 24 and some of the changes will create ripples throughout the world of sport. They include:

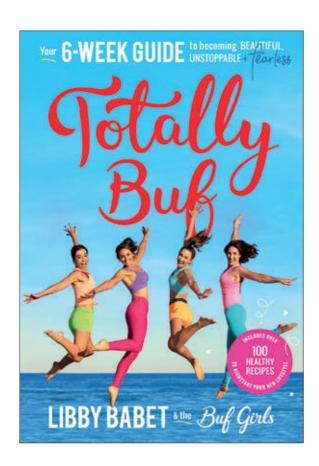
- Reduction of 'ball moved' penalties.
- Relaxed putting green rules.
- Relaxed bunker rules.
- A bigger reliance on a player's 'reasonable judgment'.
- Reduced search times.
- The abandonment of the 'furthest from the hole plays first' etiquette in favour of 'ready golf'.
- Relaxed procedure for dropping the ball.

The Official Guidebook to the Rules of Golf will be the only complete official guide to all the Rules and their interpretations. It includes guidelines for committees and modified Rules for players with disabilities.

This is the book that every serious golfer will need.

9780600635703

January 2018 Hamlyn US\$24.99 CAN\$27.99 Flexiback 6 ½"x 8 ½" 592 pages





January 2019 Hamlyn US\$19.99 CAN\$21.99 Paperback 7" x 9 ¾" 256 pages

TOTALLY BUF

Your 6-week guide to becoming BEAUTIFUL, UNSTOPPABLE and FEARLESS

Libby Babet & the Buf Girls

The BUF Girls are Australia's revolutionary new team of fitness and nutrition gurus for a new generation of healthyminded, empowered women.

Being a BUF Girl isn't about competition, body image or comparison, it's about friendship and community, healthy bodies and healthy minds, and inspiring, supporting and celebrating all women.

The BUF Girls are:

Libby Babet #ATHLETEMAKER

Cassey Maynard #CURVECREATOR

Alicia Beveridge #BUTTKICKER

Sian Johnson #BOOTYSHAKER

Together, the BUF (BEAUTIFUL, UNSTOPPABLE, FEARLESS) Girls are on a mission to show women everywhere how to get healthy and fit - and stay healthy and fit - through easy and simple steps.

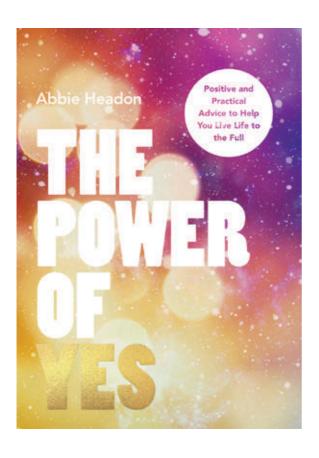
This 6-week plan (one focus habit each week) will completely transform your health and wellbeing, with core fitness, nutrition and mindset tips that every woman can implement in their day-to-day lives.

With over 100 recipes (including vegan and vegetarian options), easy exercise and nutrition tips, *TOTALLY BUF* will give you all you need to be a BUF Girl.

The founder of BUF Girls, **Libby Babet** is a trainer for Channel 10's THE BIGGEST LOSER: TRANSFORMED, resident personal trainer for *WOMEN'S FITNESS* magazine and 'entertrainer' for the HIT Network. She loves to jump, is beach obsessed and owns way too many pairs of sneakers and bikinis.







THE POWER OF YES

Positive and practical advice to help you live life to the full

Abbie Headon

Embrace and explore the full power of YES and all the amazing things it can do for you.

"Yes" has magic within it. So often we are afraid of failure, of disappointment, of being vulnerable, that we settle for "no". We expect the worst and lose sight of incredible opportunities and chances you can only happen across with that one word: yes.

With The Power of YES you will finally get to do the things that you really want to do. Discover chance, change, and a new sense of freedom.

- Ditch limitations
- Open doors
- Grow confidence
- Have fun and abandon your fears

Abbie Headon is the author of *Poetry First Aid Kit* and *Literary First Aid Kit*. She lives in Southsea, UK, where she can often be seen strolling by the seaside with a book (or two!) in her hand.





9781781576007

September 2018 Ilex US\$12.99 CAN\$14.99 Paperback 6" x 8 1/2" 160 pages





September 2018 Ilex US\$14.99 CAN\$16.99 Paperback 8" x 10" 128 pages

SAY IT WITH PAPER

Fun paper craft projects to cut, fold and create

Hattie Newman

Discover paper's true potential with this book full of exciting paper craft ideas.

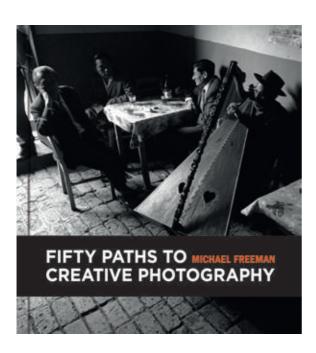
There are many things you can do with paper but what can paper do for you?

Discover paper's true potential with this book full of exciting projects that enable you to discover new paper arts, such as pop ups, papercuts and 3-D shapes. Learn how paper can be used to communicate ideas, how it can be photographed and lit to great effect and even how it can be animated. Develop skills in construction, tessellation, model making and scene creating, while also working with scale and moving parts. Paper has never been more fun and more intriguing.

Projects include: animal masks, ice creams, shadow puppets, tropical island, Ferris wheel, 3-D pig, car, lantern, geometric mobile, paper food, pop-up greetings card, paper theatre, giant pencil, and many more.

Hattie Newman has earned an international reputation for her inimitable creations in the field of set design and paper craft. Found in advertisements, animations, physical spaces and books, her colorful work is loved by children, publishers and photographers alike. Hattie has directed a number of playful short films and animations, in which her wonderful paper sculptures magically come to life - most recently in a Christmas TV Commercial for the fashion brand, Lacoste.





Michael Freeman, professional photographer and best-selling author, has worked for clients that include all the world's major magazines, most notably the *Smithsonian* Magazine, for which he has shot more than 40 stories over 30 years, Freeman's reputation as one of the world's leading reportage photographers has been consolidated. Of his many books, which have sold over 4 million copies worldwide, more than 60 titles are on the practice of photography. For this photographic educational work he was awarded the *Prix Louis Philippe Clerc* by the French Ministry of Culture.

Freeman's books on photography have been translated into 27 languages.

FIFTY PATHS TO CREATIVE PHOTOGRAPHY

Michael Freeman

The most important practical photography book in a decade.

"How can I be creative with my photography?" is the question Michael Freeman is asked more than any other by the thousands of photographers he speaks to each year. This book provides not one answer, but fifty.

The acclaimed follow-up to global bestseller *The Photographer's Eye* will show you the paths the greatest photographers took to excellence so you too can take stand-out drilling photographs.

In Freeman's own words: "There's a long line of opinion, from Plato through Kant, that holds creativity to be unteachable, and to be the province of genius. You have it or you don't. End of story. I don't agree"

By looking at the work of other great photographers, as well as Freeman's own work, the book provides the reader with 50 "paths" they can explore to think about taking photos, looking at subjects from cliché to zen, so you will be able to hit the right point in surprise, originality, insight and execution every time.





The second secon

9781781576373

September 2018 Ilex US\$24.99 CAN\$27.99 Paperback 9 ¼"x 10" 224 pages

"A really inspiring book." – Amateur Photographer magazine



MICHAEL FREEMAN THE PHOTOGRAPHER'S MIND





9781781575642

September 2018 Ilex US\$24.99 CAN\$27.99 Paperback 9 ¼" x 10" 192 pages

THE PHOTOGRAPHER'S MIND RE-MASTERED, UPDATED EDITION

Creative Thinking for Better Digital Photos

Michael Freeman

Learn to see and think like a photographer to enhance the quality of your photographs.

You've done your research. You've bought your camera. You've learnt how to use it. Now what?

The secret behind a good photograph is not your camera. It's not even the scene viewed through the viewfinder. It's the mind of the photographer which turns an average photograph into an exceptional one.

In *The Photographer's Mind*, professional photographer and author Michael Freeman unravels the mystery behind the creation of a photograph and reveals how to capture photos that really make you feel something.

The aim of this book is to answer what makes a photograph great, and explore the ways that top photographers achieve this goal, time and time again.

The Photographer's Mind will provide you with invaluable knowledge on:

- Avoiding cliché
- The recurring nature of trends
- Style and composition
- Capturing light
- How to handle the unexpected

Michael Freeman, professional photographer and best-selling author, has worked for clients that include all the world's major magazines, most notably the *Smithsonian* Magazine, for which he has shot more than 40 stories over 30 years, Freeman's reputation as one of the world's leading reportage photographers has been consolidated. Of his many books, which have sold over 4 million copies worldwide, more than 60 titles are on the practice of photography. For this photographic educational work he was awarded the *Prix Louis Philippe Clerc* by the French Ministry of Culture.

Freeman's books on photography have been translated into 27 languages.



BULLET GRID JOURNALS

Plan, Organize, and Record Your Life

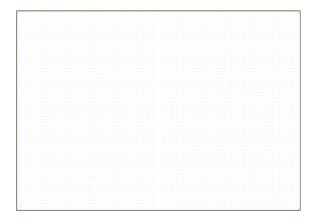
A journal system using color coding and bullets to organize your life creatively - think Filofax for a new generation.

Most of us need lists, apps, sticky notes, and different forms of calendars and trackers to keep track of our tasks and appointments. The bullet method of journaling was created to bring all these sources together as a completely personalized organization system in note form - a way to 'sync' your personal diary, professional planner, lists of your life goals plus the endless day-to-day tasks. If you're sick of piles of half-used notebooks, lists on the fridge, stickies on your computer, and electronic calendars, the Bullet Grid Journal shows you the way to bring together and organize all the information you need for your happier, calmer life. Choose from three attractive patterns.

Includes:

- 8 pages of instructions and an index, followed by dot-gridded, numbered pages for journaling
- elastic closure
- pocket in back cover
- removable belly band over one of three on-trend patterned designs





9781781575987 (geometric)

September 2018 Ilex US\$12.99 CAN\$14.99 Hardcover 6" x 8 ½" 144 pages



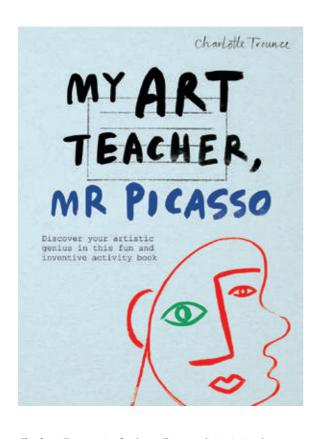


9781781576168 (abstract)

September 2018 Ilex US\$12.99 CAN\$14.99 Hardcover 6" x 8 ½" 144 pages

9781781576151 (floral)

September 2018 Ilex US\$12.99 CAN\$14.99 Hardcover 6" x 8 ½" 144 pages



MY ART TEACHER, MR PICASSO

Discover your artistic genius in this fun and inventive activity book

Charlotte Trounce

Imagine learning from one of the very greatest artists of them all.

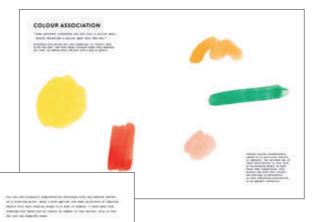
"Every child is an artist. The problem is remaining an artist when we grow up." Picasso said a lot of wise things about how to create great art in any medium; with this innovative workbook, you'll be able to put them into practice immediately!

Enriched with plentiful images, quotes, and techniques from the artist's incredible oeuvre, this colorful book offers a variety of tasks to complete on or off the page.

My Art Teacher, Mr Picasso is the first in a new series of inspirational activity books: Pick one up, and begin an artistic voyage of discovery like no other.

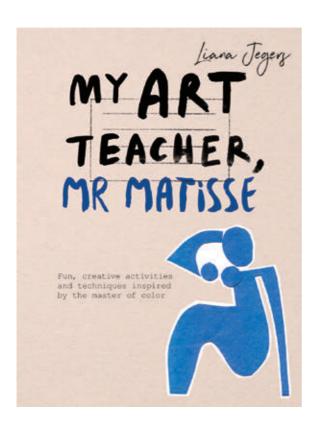
Charlotte Trounce is a freelance Illustrator living in London. Since graduating from Falmouth University in 2011, she has worked for clients such as *The New York Times*, Barbican, Art Fund and Penguin Books and has covered a varied range of commissions including editorial, advertising, publishing and product design.

KEEPING IT SIMPLE



9781781575130

September 2018 Ilex US\$14.99 CAN\$16.99 Paperback 8 ¼" x 11" 128 pages



Liana Jegers is a writer and illustrator based in Chicago. She has written various pieces for small publications and contributes a column to *The Smudge*, a small monthly newspaper which she co-founded and edits. In addition to her personal practice, she regularly illustrates for various magazines, books and websites.

9781781575505

September 2018 Ilex US\$14.99 CAN\$16.99 Paperback 8 1/4" x 11" 128 pages

MY ART TEACHER, MR MATISSE

Fun, creative activities and techniques inspired by the master of color

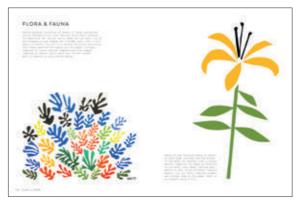
Liana Jegers

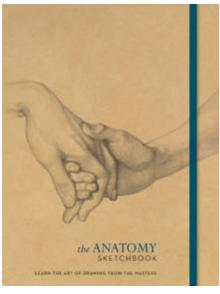
Henri Matisse was one of the greatest artists of the twentieth century, whose unique vision continues to inspire artists to this day.

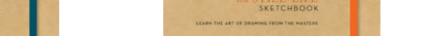
Guided by Matisse's innovative methods and wise words, learn how to create your own masterpiece. Ranging from mark-making to collage, from color to composition, develop your style and technique by practicing the many different exercises included.

My Art Teacher, Mr Matisse is the second in a delightful new series of master-led activity books in which you will also discover the wisdom and expertise of Mr. Picasso, Mr. Warhol and Ms. Kahlo.









THE ANATOMY SKETCHBOOK

Understand the extraordinary architecture of the human anatomy through centuries of artistic wisdom and learn to master figure drawing.

Anatomical mastery was critical to Michelangelo and Leonardo da Vinci's success. They understood that to draw a figure you must first learn its underlying architecture. Touching on structural drawing, the skeleton, musculature and modelling, this sketchbook includes 20 pioneering examples of anatomical study alongside helpful directions from celebrated artists, scientists and art historians. Whether drawing hands with Raphael, a foot with da Vinci or a torso with Giacometti, you will come to understand each element of the body and how they form a whole.

The masterpieces, wisdom and glossary included in these aided sketchbooks together offer a strong foundation for artistic progression.

Gain the skills necessary to produce accomplished still-life drawings.

Line, shape, space, composition and depth are most simply understood through the study and practice of still-life drawing. The artist can enjoy the freedom of arranging objects exactly as desired, testing perception and pushing the boundaries of reality.

THE STILL-LIFE SKETCHBOOK

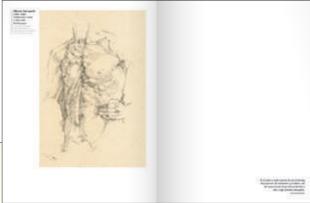
Littered with ingenious prompts to help explain different methodologies and approaches, this guided sketchbook will help you to master proportion, tone, color, texture and form by copying the masters. Included are 20 revelatory still-life drawings by leading artists through history, fantastically detailed works of the sixteenth-century Dutch masters, through to the cubist and surreal compositions of Picasso and O'Keeffe. Look at things with a fresh eye, relish color and build confidence by putting into practice a range of essential drawing techniques.

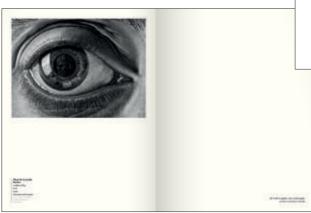
9781781575055

September 2018 Ilex US\$12.99 CAN\$14.99 Paperback 7 ½" x 9 ¾" 128 pages

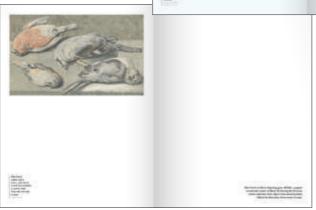
9781781575345

September 2018 Ilex US\$12.99 CAN\$14.99 Paperback 7 ½" x 9 ¾" 128 pages









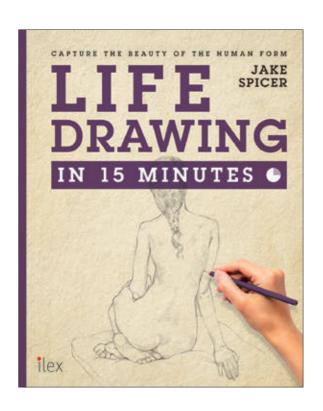
Also Available:

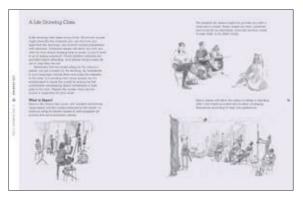


THE PORTRAIT SKETCHBOOK 9781781575031 US\$12.99 (PB) \$14.99 in Canada



THE NUDE SKETCHBOOK 9781781574881 US\$12.99 (PB) \$14.99 in Canada





LIFE DRAWING IN 15 MINUTES

Capture the beauty of the human form

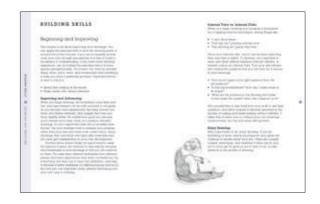
Jake Spicer

Drawing expert Jake Spicer introduces you to the most important skill in the artist's repertoire: life drawing.

From understanding relationships and proportions and considering basic anatomy, to learning about mark-making and tonal values, Jake takes you through the process of drawing the most rewarding of subjects.

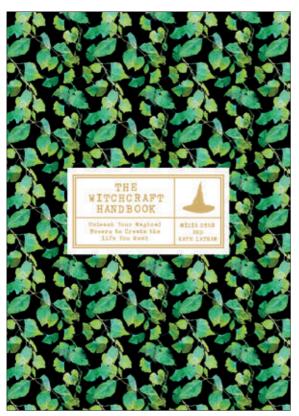
With step-by-steps and techniques derived from his proven life-class methods, Jake gives you the skills to create beautiful life drawings quickly, successfully and, ultimately, in only 15 minutes.

Jake Spicer is an artist and drawing tutor based in Brighton, England. He is head tutor at the independent drawing school Draw, a co-director of the Drawing Circus and regularly runs portrait and figure drawing courses for the Camden Arts Centre and National Portrait Gallery.



9781781572634

September 2018 Ilex US\$12.99 CAN\$14.99 Paperback 7" x 8 %" 128 pages





9781781576229

October 2018 Ilex US\$14.99 CAN\$16.99 Hardcover 6" x 8 ½" 144 pages

THE WITCHCRAFT HANDBOOK

Unleash Your Magical Powers to Create the Life You Want

Midia Star and Kate Latham

A collection of over 120 charms, spells, brews and potions to empower and engage the modern witch.

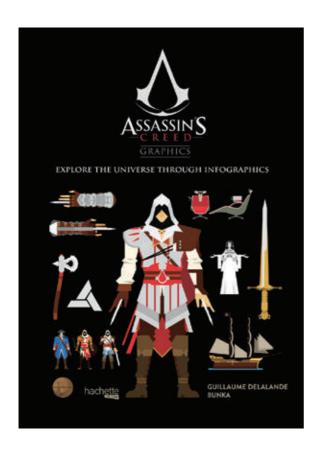
Isn't it time you unleashed the power of magic?

The modern witch demands respect. She was born to take on the patriarchy and battle injustice, but even the bravest among us need a little boost sometimes. This self-care book is here to help, brimming with potions and spells for every occasion.

Packed with charms, potions and witchy wisdom, use this magical lifestyle guide to enhance every aspect of your life. From the effects of the moon to the use of candles to enhance spells, this is a basic step-by-step guide to magic that can protect your home, fulfill your dreams, boost your love life, banish ill chance and secure your future.

Midia Star is a journalist and freelance writer. She has studied and practiced witchcraft, paganism and tarot since she was 12 years old.





ASSASSIN'S CREED GRAPHICS

Explore the universe through infographics

Guillaume Delalande Bunka

Explore Assassin's Creed through infographics.

There is something for everyone in Assassin's Creed: thrilling adventures, epic moments in history, science fiction, philosophies and much more. It's no wonder the franchise is so popular across the globe and includes games, books, comics, a film starring Michael Fassbender and more.

Assassin's Creed Graphics gives you the keys to understanding the many features of this vast universe. Each page contains unique infographics and illustrations to take you on a visual journey.

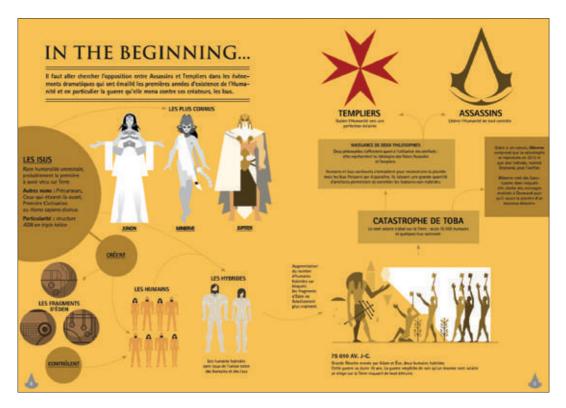
- Which Assassin has achieved the highest Leap of Faith?
- Do you know the complete Desmond Miles genealogy?
- What are the main models of secret blades?
- Do you know everything there is to know about the fragments of Eden?

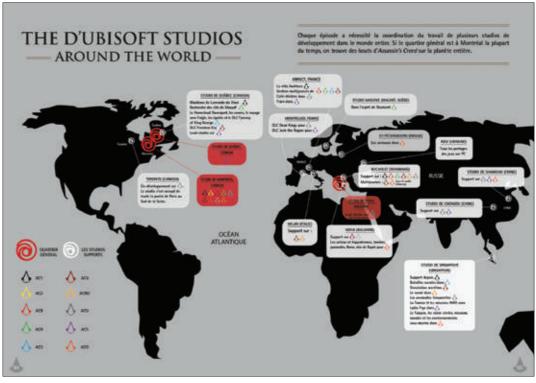
Learn all of this and more as you unlock the secrets of Assassin's Creed with this beautiful book.



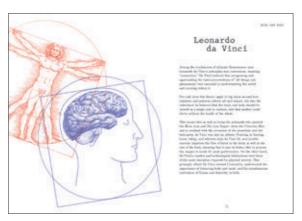
9781781576304

October 2018 Ilex US\$14.99 CAN\$16.99 Hardcover 6" x 8 ½" 96 pages









9781781575376

October 2018 Ilex US\$14.99 CAN\$16.99 Hardcover 6" x 8 ½" 128 pages

GREAT MINDS DON'T THINK ALIKE

Discover the method and madness of 56 creative geniuses

Emily Gosling

Uncover the method and madness behind the greatest minds in history.

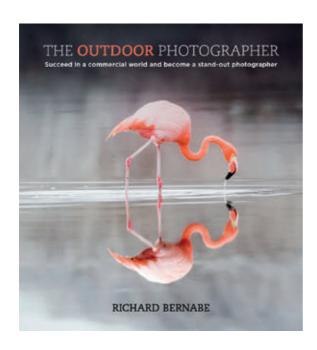
Great Minds Don't Think Alike surveys some of the most brilliant minds of the past and present. Discover the methods and rituals they used to forge a constructive, creative pathway, from the downright peculiar to the reassuringly pedestrian.

Learn the importance of daily routines with Sylvia Plath, embrace randomness with David Bowie, and transcend tragedy with Frida Kahlo.

With 56 tried and tested creative techniques from inspired, and inspiring, minds - among them, architects, musicians, playwrights, painters, and philosophers - enjoy an illustrated compendium of ingenius insights to kickstart your own creative process.

Emily Gosling is a freelance editor and writer based in London. She has contributed to *Vice*, *Huffington Post*, *AnOther* magazine and was deputy editor at It's Nice That.







9781781575123

October 2018 Ilex US\$24.99 CAN\$27.99 Paperback 9 ¼" x 8 ½" 240 pages

THE OUTDOOR PHOTOGRAPHER

Succeed in a commercial world and become a stand-out photographer

Richard Bernabe

There is nothing quite so satisfying as capturing a stunning wildlife photograph; a good one will reflect practice, patience, careful equipment choice and dedication. Those challenges are why so many enthusiast photographers aspire to perfect their images in this area; to get their work recognized by the photographic community as well as record their experiences.

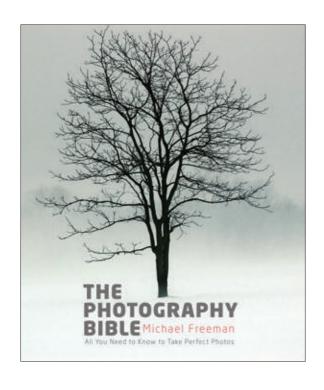
This book reveals more world-class images with every turn. More than that, though, it takes a practical approach. It comprehensively introduces natural-history and wildlife photography techniques alongside truly useful tips about what gear you'll need (and what you can avoid) in your pursuit of perfection. Case studies from epic destinations give you crucial insights into planning your own grand adventure. It is illustrated by the author's professional work; his clients include *National Geographic & Time* among others.

In a world where great photos are often only accompanied by macho stories about getting close to lions, this book shares the practical technical details photographers need (as well as the exciting stories).

Richard Bernabe is an internationally-renowned nature, wildlife, and travel photographer from the United States. His passion for adventure has been the driving force behind his life's quest to capture the moods and character of the world's most amazing places, from Africa to the Amazon and countless places in between.

Editorial clients include *National Geographic, The New York Times, Time,* The BBC, The World Wildlife Fund, National Parks, *Outdoor Photographer,* and many others. Corporate clients include Canon, Orvis, Apple, Microsoft, and more.

Richard was named one of the "Top 30 Influential Photographers on the Web" by the *Huffington Post* and included in the "20 Photographers Changing the World Through Social Media" by *Influence Digest*. He has more than 1 million social media followers.



THE PHOTOGRAPHY BIBLE

All you need to know to take perfect photos

Michael Freeman (editor)

Edited by expert professional photographer Michael Freeman, this book is divided into the four essential areas that photographers understand; exposure, light & lighting, composition and editing. It's quick and easy to refer to in the field, or at home.

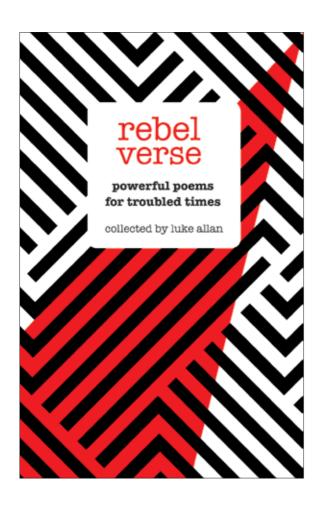
In a convenient, portable format, this book packs a lot of value for anyone interested in photography no matter what camera you have. This book will teach you how to take great portraits, perfect landscapes and outstanding artistic compositions.





9781781576236

October 2018 Ilex US\$19.99 CAN\$21.99 Paperback 5 ½" x 6 ½" 352 pages



REBEL VERSE

Powerful Poems for Troubled Times

Collected by Luke Allan

An anthology of rebellious verse for the difficult times.

Confident, angry, assertive and empowering: poetry is back, and has never been more relevant. This new anthology will help you deal with these troubled times of conflict, culture war, fake news and alternative fact.

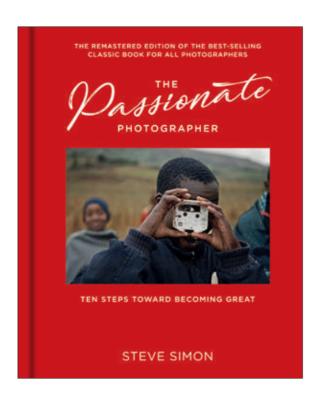
Featuring a wide range of verse from the Romantics to the War Poets to the Beats and fresh contemporary voices, this anthology includes 150 poems chosen will give you strength, hope, positivity and resilience.

Luke Allan is a poet, publisher and book designer based in Manchester, UK. Managing editor at Carcanet Press. Founding director of Sine Wave Peak. Co-editor of the poetry journals *PN Review, Quait, Butcher's Dog* and *Pain*.



9781781575963

October 2018 Ilex US\$14.99 CAN\$16.99 Hardcover 5" x 7 3/4" 176 pages



This revised edition of the already successful book also tackles the essential process facing modern digital photographers – selecting the best picture from those you capture. It might not be as obvious as you think, but in a world full of imagery it's more essential than ever.

A previous edition of this book was chosen as one of Amazon's Top Ten Art & photography Books.

Multiple award-winning photographer **Steve Simon** started documenting his life in his home of Montreal, Canada, at age 12, and didn't stop there. He has photographed on assignment in more than 40 countries and his work has been published in the *New York Times Magazine*, *Mother Jones*, *Colors*, *Life*, *Time*, *Le Monde*, *Harpers*, *Macleans*, *Walrus* and many others. His post 9/11 work *Empty Sky* has been published by Life Books and a complete set of prints from that project was acquired by the 9/11 Memorial Museum for their permanent collection. Corporate clients include Nikon, SanDisk, McDonalds, Sony Music & Apple, and he's won a number of awards.

9781781576366

October 2018 Ilex US\$29.99 CAN\$32.99 Hardcover 7 ½" x 9 ¼" 256 pages

THE PASSIONATE PHOTOGRAPHER 2ND ED.

Ten Steps Toward Becoming Great

Steve Simon

The remastered edition of the best-selling classic book for all photographers.

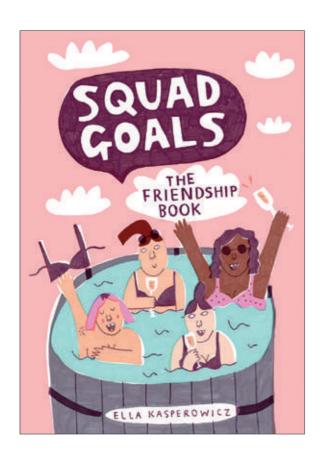
Take your passion for photography and close the gap between what you hope to achieve and what you do following one of the world's most highly regarded photographers.

This book will help you think about your photography and find a visual voice. It follows a clear structure which will make it useful for any reader, fully illustrated with Simon's own inspiring photography and, alongside some work from the historical greats.

Simon's understanding of photography makes for a book filled with tips you can immediately fold into your own shooting, quickly establishing your own vision, learning what to concentrate on in a shot, and pushing you beyond your comfort zone. It also includes "lessons learned" from Steve's experience, so you can neatly side-step some problems even the pros had to endure.







MOST LIKELY TO... ORIGINAL A PRESENT OF LAST ORIGINAL A PRESENT OF LAST ORIGINAL OF LAST ORIGINAL

9781781576359

October 2018 Ilex US\$7.99 CAN\$8.99 Flexibound 4 1/4" x 5 3/4" 96 pages

SQUAD GOALS

The Friendship Book

Ella Kasperowicz

Everbody has their own squad, a group of friends who you can rely on. The sassy one, the brainiac, the hot mess, the dizzy one, the party animal, the compulsive messager, the surrogate mom. Squad Goals celebrates all the facets of friendship, with burning issues for you to debate such as: 'Which cocktail would you be?" and "Who is the most likely to live to 100 or spend a night in jail?".

Illustrated throughout by talented artist Ella Kasperowicz, this book will make perfect gift for birthdays, bachelorette parties and graduation.

Includes:

- Meet the squad friend archetypes, the friend most likely to...
- In squad we trust what holds friendships together, group chat...
- **Squad adventures** bachelorette party, hobbies, vacations, city breaks, party time..
- Inspirational squads Mean Girls, Power Rangers, Harry Potter...





Released to mark the fiftieth anniversary of Neil Armstrong's 'one small step'.

9781781575710

November 2018 Ilex US\$24.99 CAN\$27.99 Hardcover 8" x 8" 240 pages

MOON

The art, science and culture of the moon Robert Massey & Alexandra Loske

A magical, mysterious and enchanting book for the eternally moonstruck.

Packed with original and surprising imagery, this beautiful visual history of the moon explores humanity's endless fascination with its closest cosmic neighbor.

From humankind's first paintings of the moon, to present-day myths and new exploration efforts, this original and diverting account intertwines artistic, and spiritual interpretations with critical scientific study and observation.

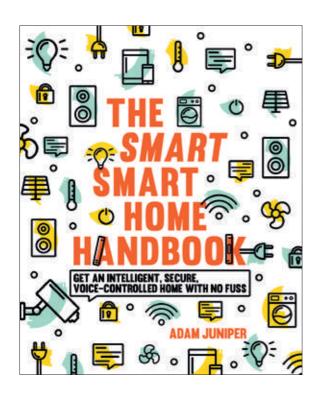
Alexandra Loske PhD is an art historian and editor, and curator of MOON, a 2019 exhibition at Brighton Pavilion.

Robert Massey PhD is an astronomer and Deputy Executive Director at the Royal Astronomical Society.

- Released to mark the fiftieth anniversary of Neil Armstrong's 'one small step' July 20, 2019
- Over 150 iconic images of the moon throughout history to the present day
- A beautiful package and an original gift.









9781781575802

November 2018 Ilex US\$16.99 CAN\$18.99 Paperback 7 ½" x 9 ¼" 160 pages

THE SMART SMART HOME HANDBOOK

Get an intelligent, secure, voice-controlled home with no fuss

Adam Juniper

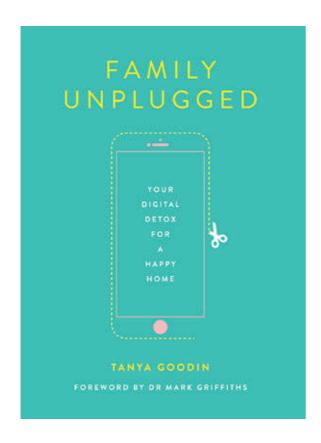
Smart, internet connected devices have the potential to make our lives easier, but there are risks too. This book will show you the how to make the most of the technology.

The Smart Smart Home Handbook is a book that will save its readers time and money, with the possibilities of smart tech (from lighting to robot lawnmowers). It does this by explaining a little about the underlying technologies in human terms, before moving on to look at them one by one.

The book answers questions that aren't in the glossy promotional videos, from "How good is Alexa with accents?" to "How will your spouse feel if she needs her phone to turn the lights on?".

Importantly it addresses the digital security concerns that retailors don't, and shows you the best ways to ensure that you get all the advantages of smart home tech, with none of the risks.





FAMILY UNPLUGGED

Your Digital Detox for a Happy Home

Tanya Goodin

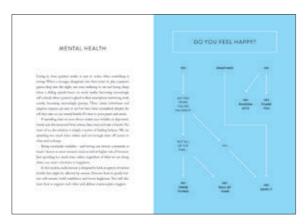
Screens aren't going anywhere. So begin your family digital detox today for a happier home.

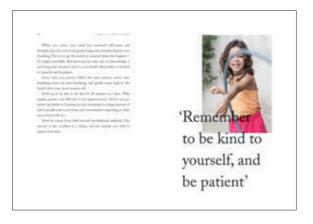
Technology was designed to make our lives easier, and yet it's one of the biggest drivers of family rifts and stress. Making healthy and realistic decisions about when and where you really need technology can be tricky but is essential for restoring harmony in your home. Family Unplugged has the answers you need.

- Find sanity-saving solutions and practical tips
- Follow diagnostic quizzes
- Identify key triggers
- Address common issues
- Learn what works best for you and your family

Tanya Goodin is an award-winning digital entrepreneur, a digital detox specialist and founder of Time To Log Off.

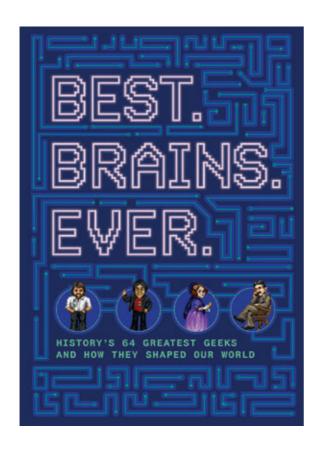
https://www.itstimetologoff.com/





9781781575765

November 2018 Ilex US\$12.99 CAN\$14.99 Paperback 6" x 8 1/2" 144 pages



BEST. BRAINS. EVER.

History's 64 Greatest Geeks and How They Shaped Our World

Chas Newkey-Burden

A fun look at the geniuses who have shaped our world.

This book celebrates the 64 Best. Brains. Ever. The geeks who have played a significant part in tech history, and, by extension, revolutionized the world. From greats like Archimedes and Galileo, to Ada Lovelace, Tesla and Turing, and more recent geniuses like Shigeru Miyamoto, creator of Super Mario.

Did you know that Steve Wozniak – not Steve Jobs – created the Apple Computer, and that "Woz" as he is known, enjoys a game of Segway Polo?

Each profile is presented not only with a thorough bio and examples of their achievements that affect our lives today, but is rendered in the coolest way known to geek-culture: custom-made pixel art.

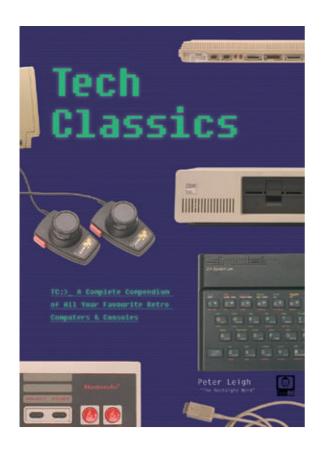
Chas Newkey-Burden is the author of a number of books including *Great Email Disasters* and biographies of Amy Winehouse, Taylor Swift and Adele.





9781781575727

November 2018 Ilex US\$14.99 CAN\$16.99 Hardcover 6" x 8 1/2" 144 pages



TECH CLASSICS

A Complete Compendium of All Your Favorite Retro Computers and Consoles

Peter Leigh, "The Nostalgia Nerd"

Computer nostalgia for geeks and gamers.

This book celebrates the most exciting period in the history of technology - the arrival of the home computer and home gaming console. For a time, an exciting and ever-changing array of different companies fought for supremacy, leaving a legacy of great gameplay and surreal design that we'll never experience again.

Features screenshots of nostalgic games that will bring joy to the heart of anyone who grew up in the 80s or early 90s, alongside stunning studio photography of the computers that imprinted themselves on a generation's minds.

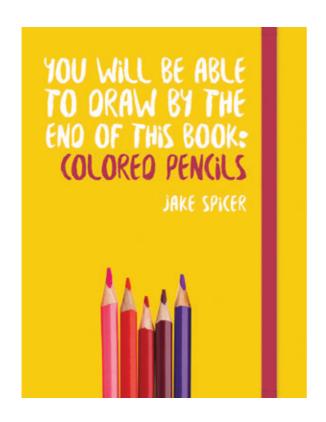
With well over 100,000 followers on YouTube as "The Nostalgia Nerd", **Peter Leigh** is well known to his loyal fans for his in-depth videos about the software, hardware, games, toys, programs and magazines of the 70s, 80s and 90s. He has no shame admitting his addiction to retro tech (indeed it would be hard to hide).





9781781575703

November 2018 Ilex US\$19.99 CAN\$21.99 Hardcover 6" x 8 1/2" 224 pages



YOU WILL BE ABLE TO DRAW BY THE END OF THIS BOOK: COLORED PENCILS

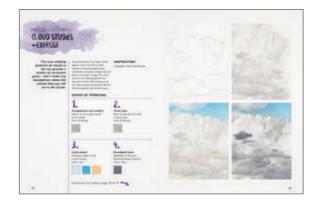
Jake Spicer

Discover the endless possibilities of colored pencils in this interactive book.

You Will Be Able to Draw by the End of this Book: Colored Pencils is a combined tutorial and sketchbook that teaches you how to draw in color, and allows you the space to practise on the page through guided exercises in mark-making and drawing. The book lays flat to allow you to draw comfortably and has an elastic band to keep your artwork safe. The clear instructions enable you to build your skills and develop an understanding of composition, color and tone.

Jake Spicer is an artist and drawing tutor based in Brighton, England. He is head tutor at the independent drawing school Draw, a co-director of the Drawing Circus and regularly runs portrait and figure drawing courses for the Camden Arts Centre and National Portrait Gallery.



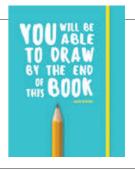


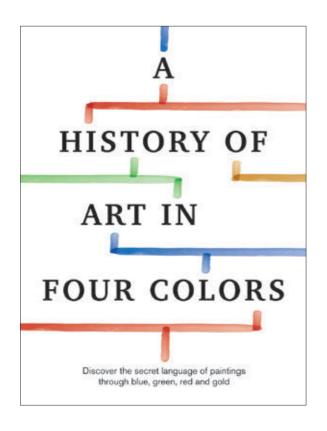
9781781576298

November 2018 Ilex US\$16.99 CAN\$18.99 Paperback 7 ½" x 9 ¾" 160 pages Also Available by Jake Spicer:

YOU WILL BE ABLE TO DRAW BY THE END OF THIS BOOK

9781781573716 \$16.99 (PB) \$18.99 in Canada





A HISTORY OF ART IN FOUR COLORS

Discover the secret language of paintings through blue, green, red and gold

Ben Street

Trace the history of art through 48 paintings and four colors, woven together to form a fascinating and kaleidoscopic tale.

Explore the grand history of painting through just four colors: blue, the artist's most desired and exotic color; red, the essence of luxury and passion; green, one of the most ancient pigments; and gold, both a color and a material, and a fascination of cultures throughout the world.

From displaying wealth and power, to insinuating greed and jealousy, to embodying love and eternity, these colors have been used in a multitude of ways granting countless different ways of seeing. Uncover religious, political, artistic and personal stories in this inspired study, and gain a new appreciation of how color works in art.

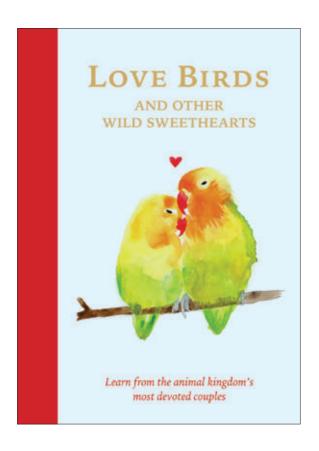
Ben Street is an art historian, lecturer and writer based in London. He lectures for many museums and institutions and runs his own art trips abroad.



9781781575628

November 2018 Ilex US\$12.00 CAN\$14.00 Paperback 5 ¼" x 6 ¾" 128 pages





LOVE BIRDS AND OTHER WILD SWEETHEARTS

Learn from the animal kingdom's most devoted couples

Abbie Headon Illustrated By Liz Temperley

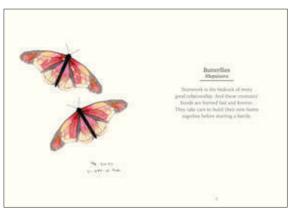
Set new relationship goals with this gift book, full of cute couples and fun facts from the animal kingdom.

Every day is Valentine's Day for these species in love. When it comes to true fidelity, lifelong bonds can seem rare but these clever creatures have discovered the magic formula.

Enjoy stunning watercolor portraits paired with fascinating facts and let Mother Nature teach you the secret to a long and happy relationship.

Abbie Headon is the author of *The Power of YES* and *The Poetry First Aid Kit*.

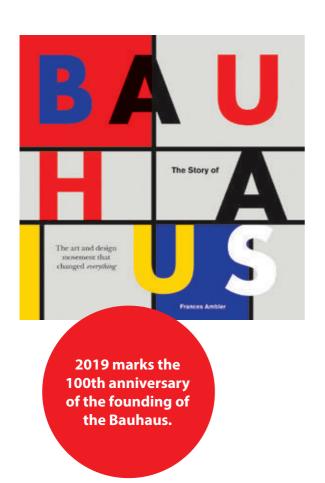
Liz Temperley is a watercolor artist and illustrator who lives in Lewes, England. She takes inspiration from the natural world and every day life to create unique, colorful and witty works.





9781781576212

December 2018 Ilex US\$8.99 CAN\$9.99 Hardcover 4 ¼" x 5 ¾" 96 pages Perfect gift for
Valentine's
Day



THE STORY OF BAUHAUS

Frances Ambler

A lively introduction to the seminal art and design movement that changed the way we see, think and live.

Now 100 years old, the Bauhaus' ethos is as just as fresh and new today as it was in 1919. It was a place to experiment and embraced a new creative freedom. Thanks to this philosophy, the Bauhaus still shapes the world around us.

Trace the *Story of Bauhaus* through the 100 personalities, designs, ideas and events that shaped this monumental movement. Learn about leaders Paul Klee, Walter Gropius, Marcel Breur and Wassily Kandinsky; witness wild parties and groundbreaking events that would revolutionize contemporary design; and discover a fantastic range of ideas and new ways of thinking.

Frances Ambler is a writer and editor, with a specialization in design and travel. Her publications include *Mid-Century Modern* (2016) and *The Rough Guide to Vintage London* (2012).





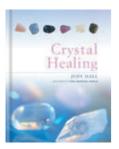
9781781575970

February 2019 Ilex US\$24.99 CAN\$27.99 Paperback 8" x 8" 224 pages

BACKLIST

OCTOPUS CURRENT BESTSELLERS ANTIQUES AND COLLECTIBLES COOKBOOKS HAMLYN 200 ALL COLOR SERIES WINE, BEER AND SPIRITS CRAFTS AND HOBBIES GAMES HEALTH, DIET, EXERCISE AND BEAUTY HOME AND DESIGN MIND, BODY AND SPIRIT POP CULTURE REFERENCE GARDENING AUDIO BACKLISTS ILEX PHOTOGRAPY ILEX ART AND DESIGN	96 97 97 101 102 103 104 105 106 108 109 110 111		
		INDEX	116
		CONTACT INFORMATION	120

OCTOPUS - CURRENT BESTSELLERS



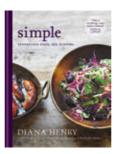
CRYSTAL HEALING 9781841812601 \$12.99 (HC) \$14.50 in Canada



BOOK 9781846012815 \$19.99 (HC)

\$19.99 in Canada

BABY'S RECORD



9781784722043 \$32.99 (HC) \$35.99 in Canada



A BIRD IN THE HAND 9781784720025 \$29.99 (HC) \$32.99 in Canada



HOW TO EAT A PEACH 9781784724115 \$34.99 (HC) \$38.99 in Canada



THE CARD GAMES BIBLE

9780600629948 \$9.99 (PB) \$12.99 in Canada

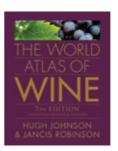


PICTURING PRINCE 9781844039692 \$24.99 (HC) \$27.99 in Canada



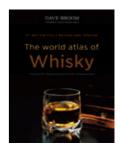
A PORTRAIT OF BOWIE

9781844039272 \$34.99 (HC) \$38.99 in Canada



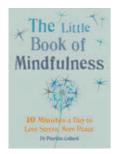
THE WORLD ATLAS
OF WINE

9781845336899 \$60.00 (HC) \$65.00 in Canada



THE WORLD ATLAS
OF WHISKY

9781845339425 \$39.99 (HC) \$43.99 in Canada



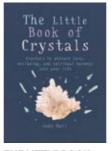
THE LITTLE BOOK OF MINDFULNESS

9781856753531 \$7.99 (Flexi) \$8.99 in Canada



THE LITTLE BOOK OF GRATITUDE

9781856753654 US\$7.99 (Flexi) \$8.99 in Canada



THE LITTLE BOOK OF CRYSTALS

9781856753616 \$7.99 (Flexi) \$8.99 in Canada



LEON HAPPY SALADS

9781840917185 \$19.99 (HC) \$21.99 in Canada



LEON HAPPY SOUPS

9781840917635 \$19.99 (HC) \$21.99 in Canada

OCTOPUS – ANTIQUES AND COLLECTIBLES



MID-CENTURY MODERN

9781840914061 \$29.95 (HC) \$38.00 in Canada



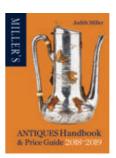
MILLER'S
COLLECTIBLES
HANDBOOK & PRICE
GUIDE 2019-2020

9781784724207 \$27.99 (PB) \$29.99 in Canada July 2018



MILLER'S ENCYCLOPEDIA OF WORLD SILVER MARKS

9781784721329 \$175.00 (HC slipcase) \$200.00 in Canada



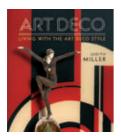
MILLER'S ANTIQUES HANDBOOK & PRICE GUIDE 2018-19

9781784723514 \$45.00 (HC) \$49.99 in Canada



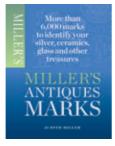
MILLER'S ANTIQUES ENCYCLOPEDIA

9781784723651 \$55.00 (HC) \$60.00 in Canada



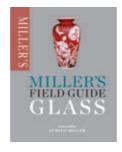
MILLER'S ART DECO

9781784721060 \$39.99 (HC) \$43.99 in Canada



MILLER'S ANTIQUES MARKS

9781845337988 \$9.99 (PB) \$10.99 in Canada



MILLER'S FIELD GUIDE: GLASS

9781784720377 \$10.00 (PB) \$11.00 in Canada



MILLER'S MID-CENTURY MODERN

9781784723750 \$39.99 (HC) \$43.99 in Canada

OCTOPUS - COOKBOOKS



THE HUMMINGBIRD BAKERY

9781784724436 \$24.99 (HC) \$27.99 in Canada



THE GANNET'S GASTRONOMIC MISCELLANY

9781784723996 \$12.99 (HC) \$14.99 in Canada



MILDREDS VEGAN COOKBOOK

9781784723736 \$29.99 (HC) \$32.99 in Canada



BREAKFAST IS SERVED

9781784723378 \$14.99 (HC) \$16.99 in Canada



THE HANDMADE LOAF

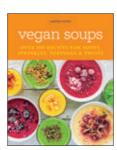
9781784724429 \$16.99 (HC) \$18.99 in Canada



DEATH BY BURRITO 9781784724382 \$19.99 (HC) \$21.99 in Canada May 2018



VEGAN SALADS 9781784724566 \$9.99 (PB) \$10.99 in Canada April 2018



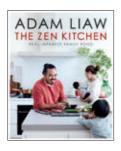
VEGAN SOUPS 9781784724559 \$9.99 (PB) \$10.99 in Canada April 2018



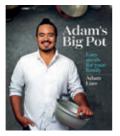
COOK SHARE EAT VEGAN9781784724122
\$24.99 (HC)
\$27.99 in Canada



THE VEGETARIAN COOKBOOK 9781784724238 \$24.99 (HC) \$27.99 in Canada July 2018



THE ZEN KITCHEN 9780600634744 \$34.99 (HC) \$38.99 in Canada



ADAM'S BIG POT 9780600634720 \$29.99 (PB) \$32.99 in Canada



9781784723101 \$19.99 (HC) \$21.99 in Canada



COOKBOOK 9781784723293 \$40.00 (HC) \$44.00 in Canada



GASTRONOMIQUE 9780600634171 \$75.00 (HC slipcase) \$90.00 in Canada

INSTITUT

PAUL BOCUSE



THE SAVVY COOK 9781784722708 \$19.99 (HC) \$21.99 in Canada



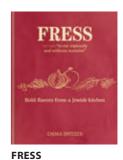
9781784721633 \$29.99 (HC) \$32.99 in Canada



GATHERINGS 9781784722197 \$34.99 (HC) \$38.99 in Canada



PRIME9781784721015
\$34.99 (HC)
\$38.99 in Canada

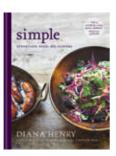


9781784722982 \$34.99 (HC) \$38.99 in Canada



SPIRALIZE EVERY DAY

9780600634690 \$12.99 (PB) \$14.99 in Canada



SIMPLE

9781784722043 \$32.99 (HC) \$35.99 in Canada



A BIRD IN THE HAND

9781784720025 \$29.99 (HC) \$32.99 in Canada



CRAZY WATER PICKLED LEMONS

9781784721572 \$19.99 (PB) \$21.99 in Canada



A CHANGE OF APPETITE

9781845338923 \$34.99 (HC) \$38.99 in Canada



ROAST FIGS SUGAR SNOW

9781845339593 \$29.99 (HC) \$32.99 in Canada



SALT SUGAR SMOKE

9781845336752 \$29.99 (HC) \$32.99 in Canada



SALT SUGAR SMOKE

9781784721190 \$27.99 (PB) \$29.99 in Canada



PLENTY

9781784723002 \$29.99 (HC) \$32.99 in Canada



HOW TO EAT A PEACH

9781784724115 \$34.99 (HC) \$38.99 in Canada



CHAI, CHAAT AND CHUTNEY

9781784722876 \$29.99 (HC) \$32.99 in Canada



THE NORDIC KITCHEN

9781784721626 \$29.99 (HC) \$32.99 in Canada



MEYER'S BAKERY

9781784722715 \$29.99 (HC) \$32.99 in Canada



EVERYDAY HARUMI

9781840915440 \$24.99 (PB) \$27.99 in Canada



KEVIN DUNDON'S MODERN IRISH FOOD

9781784722883 \$19.99 (PB) \$21.99 in Canada



GIZZI'S SEASONS EATINGS

9781784722159 \$29.99 (HC) \$32.99 in Canada



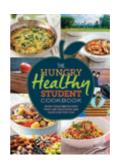
THE CARDAMOM TRAIL

9781784721299 \$29.99 (HC) \$32.99 in Canada



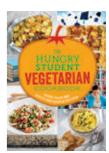
THE HUNGRY STUDENT ONE POT COOKBOOK

9781846015427 \$9.99 (flexi) \$10.99 in Canada



THE HUNGRY
HEALTHY STUDENT
COOKBOOK

9781846015298 \$9.99 (flexi) \$10.99 in Canada



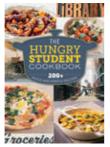
THE HUNGRY STUDENT VEGETARIAN COOKBOOK

9781846015069 \$9.99 (flexi) \$10.99 in Canada



THE HUNGRY STUDENT VEGAN COOKBOOK

9781846015595 \$9.99 (flexi) \$10.99 in Canada July 2018



THE HUNGRY STUDENT COOKBOOK

9781846014710 \$9.99 (PB) \$10.99 in Canada



LEON FAMILY & FRIENDS

9781840917239 \$24.99 (PB) \$27.99 in Canada



LEON FAST & FREE

9781840917321 \$29.99 (HC) \$32.99 in Canada



LEON HAPPY SALADS

9781840917185 \$19.99 (HC) \$21.99 in Canada



LEON HAPPY SOUPS 9781840917635

\$19.99 (HC) \$21.99 in Canada



LEON NATURALLY FAST FOOD

9781840916126 \$29.99 (HC) \$32.99 in Canada



LEON FAST VEGETARIAN

9781840917536 \$24.99 (PB) \$27.99 in Canada



LE PAIN QUOTIDIEN

9781845337483 \$29.99 (HC) \$32.99 in Canada



RAW CAKES

9781846015267 \$12.99 (HC) \$14.99 in Canada



THE TURMERIC COOKBOOK

9781912023110 \$12.99 (HC) \$14.99 in Canada



THE MIDLIFE KITCHEN

9781784723507 \$29.99 (HC) \$32.99 in Canada



SPAM - THE COOKBOOK

9780600635383 \$9.99 (HC) \$10.99 in Canada August 2018



ELLA'S KITCHEN THE EASY FAMILY COOKBOOK

9780600631859 \$19.99 (HC) \$21.99 in Canada



THE LITTLE
JUICE BOX

9781846015434 \$14.99 (PB) \$16.99 in Canada



A JUICE A DAY

9780600634577 \$9.99 (PB) \$10.99 in Canada



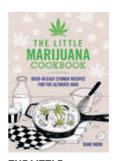
COLD BREW COFFEE

9781784723606 \$12.99 (HC) \$14.99 in Canada



COFFEE ART

9781844039487 \$12.99 (HC) \$14.99 in Canada



THE LITTLE MARIJUANA COOKBOOK

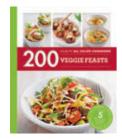
9781846015458 \$7.99 (flexi) \$8.99 in Canada



GET BAKED

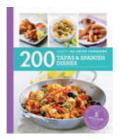
9781846015618 \$9.99 (HC) \$10.99 in Canada

HAMLYN 200 ALL COLOR SERIES



200 VEGGIE FEASTS 9780600633549 \$7.99 (PB)

\$9.99 in Canada



200 TAPAS & SPANISH DISHES

9780600634386 \$7.99 (PB) \$9.99 in Canada



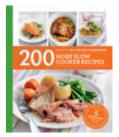
200 CLASSIC COCKTAILS

9780600632238 \$7.99 (PB) \$9.99 in Canada



200 DELICIOUS DESSERTS

9780600634348 \$7.99 (PB) \$9.99 in Canada



200 MORE SLOW COOKER RECIPES

9780600634355 \$7.99 (PB) \$9.99 in Canada

HAMLYN 200 ALL COLOR SERIES



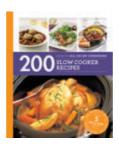
200 REALLY EASY RECIPES

9780600634379 \$7.99 (PB) \$9.99 in Canada



200 STUDENT MEALS

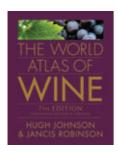
9780600633594 \$7.99 (PB) \$9.99 in Canada



200 SLOW COOKER RECIPES

9780600633631 \$7.99 (PB) \$9.99 in Canada

OCTOPUS - WINE, BEER AND SPIRITS



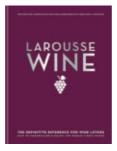
THE WORLD ATLAS OF WINE

9781845336899 \$60.00 (HC) \$65.00 in Canada



HUGH JOHNSON ON WINE

9781784722623 \$24.99 (HC) \$27.99 in Canada



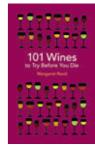
LAROUSSE WINE

9780600635093 \$60.00 (HC) \$65.00 in Canada



THE COMPLETE BORDEAUX

9781784721794 \$75.00 (HC) \$90.00 in Canada



101 WINES TO TRY BEFORE YOU DIE

9781788400527 \$12.99 (HC) \$14.99 in Canada June 2018



RUM: THE MANUAL 9781845339623 \$19.99 (HC)

\$21.99 in Canada

GIN - DY MARCH

GIN: THE MANUAL 9781845339388

9781845339388 \$19.99 (HC) \$21.99 in Canada



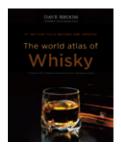
WHISKY: THE MANUAL

9781845337551 \$19.99 (HC) \$21.99 in Canada



THE SPIRITS COLLECTION

9781784724597 \$39.99 (HC) \$43.99 in Canada May 2018



THE WORLD ATLAS OF WHISKY

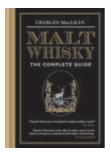
9781845339425 \$39.99 (HC) \$43.99 in Canada

OCTOPUS - WINE, BEER AND SPIRITS



THE WAY OF WHISKY

9781784721428 \$50 (HC) \$55 in Canada



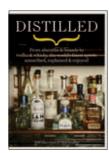
MALT WHISKY

9781784723668 \$19.99 (HC) \$21.99 in Canada



THE BOURBON BIBLE

9781784724573 \$19.99 (HC) \$21.99 in Canada May 2018



DISTILLED

9781784724467 \$14.99 (PB) \$16.99 in Canada May 2018



STRAIGHT UP

9781784722739 \$19.99 (HC) \$21.99 in Canada



FEVER-TREE: THE ART OF MIXING

9781784721893 \$20.00 (HC) \$22.00 in Canada



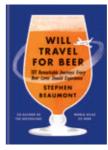
THE GIN DICTIONARY

9781784723989 \$20.00 (HC) \$22.00 in Canada April 2018



BEST BEERS

9781784723903 \$14.99 (HC) \$16.99 in Canada



WILL TRAVEL FOR BEER

9781784723200 \$19.99 (HC) \$21.99 in Canada May 2018



BREWDOG: CRAFT BEER FOR THE PEOPLE

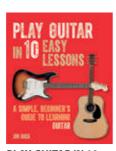
9781784722951 \$24.99 (HC) \$27.99 in Canada

OCTOPUS - CRAFTS AND HOBBIES



101 THINGS TO DO WITH A RETIRED MAN

9781846015564 \$9.99 (HC) \$10.99 in Canada August 2018



PLAY GUITAR IN 10 EASY LESSONS

9780600635048 \$14.99 (PB) \$16.99 in Canada



UKULELE FOR BEGINNERS

9781844039418 \$16.99 (PB) \$18.99 in Canada



THE LEATHERWORKING HANDBOOK

9781844034741 \$19.99 (PB) \$21.99 in Canada

OCTOPUS – GAMES



101 CLEVER CARD TRICKS

9780600634188 \$7.99 (PB) \$8.99 in Canada



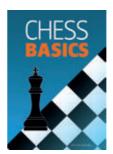
THE CARD GAMES BIBLE

9780600629948 \$9.99 (PB) \$12.99 in Canada



EASY CARD TRICKS

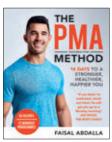
9780600634706 \$7.99 (PB) \$8.99 in Canada



CHESS BASICS

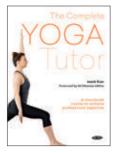
9780600635390 \$9.99 (HC) \$10.99 in Canada

OCTOPUS - HEALTH, DIET, EXERCISE AND BEAUTY



THE PMA METHOD

9781912023370 \$19.99 (HC) \$21.99 in Canada June 2018



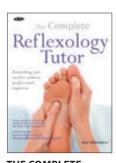
THE COMPLETE **YOGA TUTOR**

9781856753791 \$24.99 (HC) \$27.99 in Canada June 2018



THE COMPLETE **REIKITUTOR**

9781856753784 \$24.99 (HC) \$27.99 in Canada June 2018



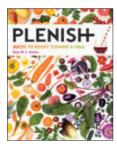
THE COMPLETE REFLEXOLOGY **TUTOR**

9781856752831 \$24.99 (PB) \$27.99 in Canada



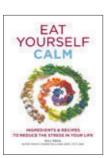
FARMACY KITCHEN

9781912023462 \$29.99 (HC) \$32.99 in Canada July 2018



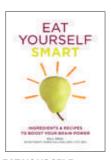
PLENISH

9781912023455 \$9.99 (PB) \$10.99 in Canada



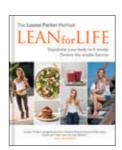
EAT YOURSELF CALM

9780600627036 \$9.99 (PB) \$10.99 in Canada



EAT YOURSELF SMART

9780600630869 \$9.99 (PB) \$10.99 in Canada



LEAN FOR LIFE

9781784721756 \$24.99 (HC) \$27.99 in Canada



LEAN FOR LIFE: THE сооквоок

9781784723040 \$24.99 (HC) \$27.99

OCTOPUS - HEALTH, DIET, EXERCISE AND BEAUTY



GORGEOUS SKIN IN 30 DAYS

9780600634713 \$19.99 (PB) \$21.99 in Canada



THE GUT PLAN DIET

9781912023134 \$16.99 (PB) \$18.99 in Canada



THE LOW-FODMAP RECIPE BOOK

9781912023103 \$16.99 (PB) \$18.99 in Canada



LIVE A BEAUTIFUL LIFE

9780600635161 \$29.99 (PB) \$32.99 in Canada



THE BALANCE PLAN

9781912023042 \$24.99 (HC) \$27.99 in Canada

OCTOPUS - HOME AND DESIGN



VOGUE ESSENTIALS: HANDBAGS

9781840917666 \$20 (HC) \$22 in Canada April 2018



VOGUE ESSENTIALS: LITTLE BLACK DRESS

9781840917659 \$20 (HC) \$22 in Canada April 2018



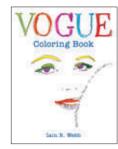
VOGUE: THE JEWELLERY

9781840916577 \$125 (HC in a clam shell slipcase) \$150 in Canada



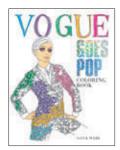
VOGUE: THE SHOE 9781840916591

9781840916591 US\$125 (HC in a clam shell slipcase) \$150 in Canada



VOGUE COLORING BOOK

9781840917260 \$12.99 (PB) \$14.99 in Canada



VOGUE GOES POP 9781840917444 \$12.99 (PB)

\$14.99 in Canada

FASILION OF FILM

THE FASHION OF FILM

9781784721763 \$39.99 (HC) \$43.99 in Canada



FARROW & BALL: HOW TO DECORATE

9781784720872 \$39.99 (HC) \$43.99 in Canada



ABSOLUTELY
BEAUTIFUL THINGS

9781840916935 \$34.99 (HC) \$38.99 in Canada



TERRENCE CONRAN: MY LIFE IN DESIGN

9781840917208 \$40.00 (HC) \$44.00 in Canada

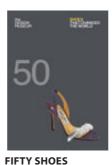
OCTOPUS – HOME AND DESIGN



CONRAN ON COLOR 9781840917604 \$24.99 (PB) \$27.99 in Canada



USEFUL 9781840917710 \$24.99 (HC) \$27.99 in Canada June 2018



THAT CHANGED THE WORLD9781840917376
\$20.00 (flexi)

\$26.00 in Canada



THAT CHANGED THE WORLD9781840917352
\$20.00 (flexi)
\$26.00 in Canada



FIFTY CARS THAT CHANGED THE WORLD 9781840917345 \$20.00 (flexi) \$26.00 in Canada



THAT CHANGED
THE WORLD

9781840917369 \$20.00 (flexi) \$26.00 in Canada



PARIS IN FIFTY DESIGN ICONS

9781840917420 \$20.00 (flexi) \$26.00 in Canada



BERLIN IN FIFTY DESIGN ICONS

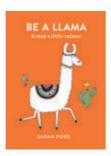
9781840917413 \$20.00 (flexi) \$26.00 in Canada

OCTOPUS - MIND, BODY AND SPIRIT



BE A FLAMINGO

9781846015540 \$6.99 (HC) \$7.99 in Canada



BE A LLAMA

9781846015625 \$6.99 (HC) \$7.99 in Canada April 2018



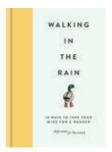
BE A MERMAID

9781846015632 \$6.99 (HC) \$7.99 in Canada April 2018



WASHING DISHES IS

9781912023165 \$14.99 (HC) \$16.99 in Canada



WALKING IN

9781912023172 \$14.99 (HC) \$16.99 in Canada

OCTOPUS - MIND, BODY AND SPIRIT



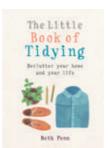
THE SELF CARE SOLUTION

9781912023363 \$14.99 (HC) \$16.99 in Canada



THE LITTLE BOOK OF CHAKRAS

9781856753708 \$7.99 (flexi) \$8.99 in Canada



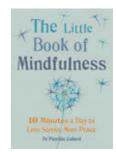
THE LITTLE BOOK OF TIDYING

9781856753692 \$7.99 (flexi) \$8.99 in Canada



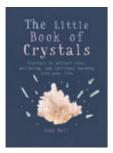
THE LITTLE BOOK OF PAUSE

9781912023530 \$8.99 (flexi) \$9.99 in Canada May 2018



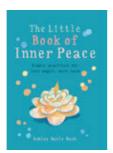
THE LITTLE BOOK OF MINDFULNESS

9781856753531 \$7.99 (flexi) \$8.99 in Canada



THE LITTLE BOOK OF CRYSTALS

9781856753616 \$7.99 (Flexi) \$8.99 in Canada



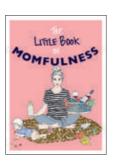
THE LITTLE BOOK OF INNER PEACE

9781856753678 \$7.99 (Flexi) \$8.99 in Canada



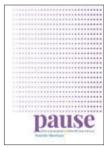
THE LITTLE BOOK OF GRATITUDE

9781856753654 US\$7.99 (Flexi) \$8.99 in Canada



THE LITTLE BOOK OF MOMFULNESS

9781846015588 \$7.99 (HC) \$8.99 in Canada April 2018



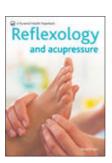
PAUSE

9781912023097 \$14.99 (PB) \$16.99 in Canada



HAND REFLEXOLOGY 9780600618843

\$9.99 (PB) \$11.99 in Canada



REFLEXOLOGY AND ACUPRESSURE

9780600617587 \$9.95 (PB) \$12.99 in Canada



THE COMPLETE MEDITATION WORKSHOP

9781841814698 \$14.99 (PB) \$16.99 in Canada



THE QIGONG BIBLE

9781841814629 \$19.99 (PB) \$21.99 in Canada



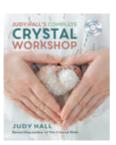
FIVE MINUTES IN THE MORNING

9781912023127 \$12.99 (PB) \$14.99 in Canada

OCTOPUS - MIND, BODY AND SPIRIT

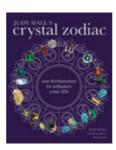


THE MIND MANUAL 9780600634393 \$14.99 (PB) \$16.99 in Canada



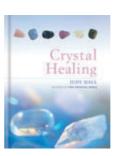
JUDY HALL'S COMPLETE CRYSTAL WORKSHOP

9781841814612 \$16.99 (PB) \$18.99 in Canada



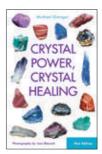
JUDY HALL'S CRYSTAL ZODIAC

9781841814742 \$16.99 (PB) \$18.99 in Canada



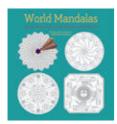
CRYSTAL HEALING

9781841812601 \$12.99 (HC) \$14.50 in Canada



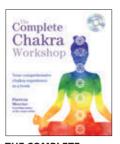
CRYSTAL POWER,
CRYSTAL HEALING

9781844038411 \$22.99 (PB) \$24.99 in Canada



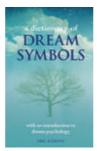
WORLD MANDALAS

9781841814773 \$17.99 (PB) \$19.99 in Canada



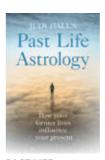
THE COMPLETE CHAKRA WORKSHOP

9781841814735 \$14.99 (PB) \$16.99 in Canada



A DICTIONARY OF DREAM SYMBOLS

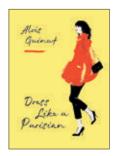
9781844039685 \$9.99 (PB) \$10.99 in Canada



PAST LIFE ASTROLOGY

9781841814780 \$12.99 (PB) \$14.99 in Canada

OCTOPUS - POP CULTURE



DRESS LIKE A PARISIAN

9781784724184 \$19.99 (HC) \$21.99 in Canada May 2018



STREET ART
ACTIVITY BOOK

9781784723224 \$16.99 (HC) \$18.99 in Canada



THE TATTOO DICTIONARY

9781784721770 \$20.00 (HC) \$22.00 in Canada



EVO ASTON MARTIN

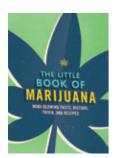
9781784722692 \$29.99 (HC) \$32.99 in Canada



FENDER

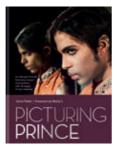
9781788400091 \$29.99 (HC) \$32.99 in Canada May 2018

OCTOPUS - POP CULTURE



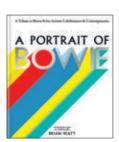
THE LITTLE BOOK OF MARIJUANA

9781846015250 \$7.99 (Flexi) \$8.99 in Canada



PICTURING PRINCE

9781844039692 \$24.99 (HC) \$27.99 in Canada



A PORTRAIT OF BOWIE

9781844039272 \$34.99 (HC) \$38.99 in Canada



THE GREAT EMOJI QUIZBOOK

9781844038961 \$12.99 (HC) \$14.99 in Canada



CAT TWEETS

9781846015359 \$6.99 (flexi) \$7.99 in Canada



SURVIVOR

9781844039067 \$39.99 (HC) \$43.99 in Canada



50 WAYS TO CURE A HANGOVER

9781846015472 \$5.99 (PB) \$6.99 in Canada



MOVIE GEEK

9781844039357 \$19.99 (PB) \$21.99 in Canada



GAMES ON THRONES

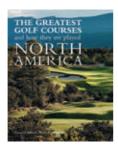
9780600635338 \$9.99 (HC) \$10.99 in Canada April 2018

OCTOPUS - REFERENCE



GOAL!

9780600635086 \$24.99 (HC) \$27.99 in Canada



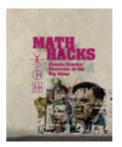
THE GREATEST GOLF COURSES AND HOW THEY ARE PLAYED: NORTH AMERICA

9780600634669 \$14.99 (PB) \$16.99 in Canada



SCIENCE HACKS

9781844039845 \$16.99 (HC) \$18.99 in Canada May 2018



MATH HACKS

9781788400121 \$16.99 (HC) \$18.99 in Canada May 2018



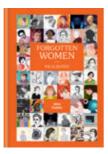
THE ELEMENT IN THE ROOM

9781788400138 \$18.99 (HC) \$20.99 in Canada

OCTOPUS - REFERENCE

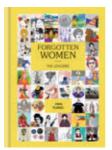


TRIUMPH 9781784723712 \$50.00 (HC) \$55.00 in Canada



FORGOTTEN WOMEN: THE SCIENTISTS

9781788400428 \$19.99 (HC) \$21.99 in Canada



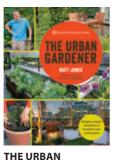
FORGOTTEN WOMEN: THE LEADERS

9781788400411 \$19.99 (HC) \$21.99 in Canada

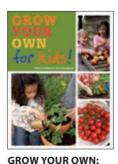
OCTOPUS - GARDENING



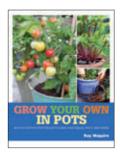
PRICK 9781784723675 \$19.99 (HC) \$21.99 in Canada



GARDENER 9781784722869 \$19.99 (PB) \$21.99 in Canada

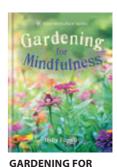


FOR KIDS! 9781784722968 \$9.99 (PB) \$10.99 in Canada



IN POTS 9781784724375 \$14.99 (PB) \$16.99 in Canada

GROW YOUR OWN



MINDFULNESS 9781784722746 \$19.99 (HC) \$21.99 in Canada



THE LITTLE BOOK OF BONSAI

9781784721701 \$14.99 (HC) \$16.99 in Canada



THE MINIATURE GARDEN GROWER

9781784721718 \$14.99 (HC) \$16.99 in Canada



AHS ENCYCLOPEDIA
OF GARDENING
TECHNIQUES

9781845337704 \$29.99 (Flexi) \$32.99 in Canada



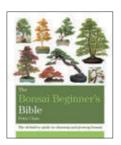
INDOOR BONSAI FOR BEGINNERS 9781844033508

9781844033508 \$14.95 (PB) \$19.99 in Canada



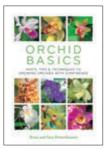
INDOOR BONSAI 9781844039166 \$9.99 (PB) \$10.99 in Canada

OCTOPUS - GARDENING



THE BONSAI
BEGINNER'S BIBLE

9781784723699 \$14.99 (PB) \$16.99 in Canada



ORCHID BASICS

9780600635321 \$9.99 (PB) \$10.99 in Canada April 2018



50 WAYS TO KILL A SLUG

9780600635031 \$7.99 (flexi) \$8.99 in Canada



AUDIO BACKLIST



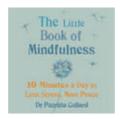
MORE TIME TO THINK

9781844039708 US \$12.99 \$14.99 in Canada



PAUSE

9781912023301 US \$14.99 \$16.99 in Canada



THE LITTLE BOOK OF MINDFULNESS

9781912023356 US \$7.99 \$8.99 in Canada



WASHING DISHES IS GOOD FOR YOU

9781912023349 US \$14.99 \$16.99 in Canada



WALKING IN THE RAIN

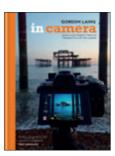
9781912023325 US \$14.99 \$16.99 in Canada

ILEX - PHOTOGRAPHY



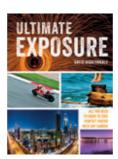
COMPLETE PHOTOGRAPHY

9781781574065 \$24.99 (PB) \$27.99 in Canada



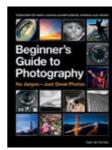
IN CAMERA

9781781573617 \$24.99 (HC) \$27.99 in Canada



THE ULTIMATE EXPOSURE BOOK

9781781575116 \$24.99 (PB) \$27.99 in Canada



BEGINNER'S GUIDE TO PHOTOGRAPHY

9781781575109 \$19.99 (PB) \$21.99 in Canada



BLACK & WHITE PHOTOGRAPHY

9781781573365 \$24.99 (PB) \$27.99 in Canada



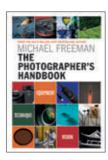
NY IN THE SNOW

9781781574157 \$24.99 (HC) \$27.99 in Canada



FOCUS IN PHOTOGRAPHY

9781781572382 \$24.99 (PB) \$27.99 in Canada



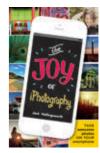
THE PHOTOGRAPHER'S HANDBOOK

9781781574904 \$19.99 (Flexi) \$21.99 in Canada



WHY YOU LIKE THIS PHOTO

9781781573747 \$14.99 (HC) \$16.99 in Canada June 2018



THE JOY OF IPHOTOGRAPHY

9781781573563 \$12.99 (PB) \$14.99 in Canada



THE PHOTOGRAPHER'S iPAD

9781781572269 \$14.99 (PB) \$16.99 in Canada



IF YOU ARE BORED WITH YOUR CAMERA READ THIS BOOK

9781781574317 US\$14.99 (PB) \$16.99 in Canada



FASHION AND LIFESTYLE PHOTOGRAPHY

9781781574225 US\$24.99 (PB) \$27.99 in Canada



WEDDING PHOTOGRAPHY 101

9781781573440 \$18.99 (PB) \$21.99 in Canada

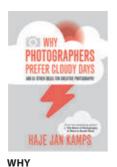


THE COMPLETE
GUIDE TO V.R. & 360°
PHOTOGRAPHY

9781781575390 \$19.99 (HC) \$21.99 in Canada August 2018



ONE FACE FIFTY WAYS 9781781574300 \$16.99 (PB) \$18.99 in Canada



PHOTOGRAPHER'S
PREFER CLOUDY DAYS

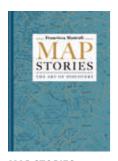
9781781574546 \$14.99 (HC) \$16.99 in Canada



WHAT THEY DIDN'T TEACH YOU IN PHOTO SCHOOL

9781781572696 \$19.99 (HC) \$21.99 in Canada

ILEX - ART & DESIGN



MAP STORIES 9781781573778 \$29.99 (HC) \$32.99 in Canada

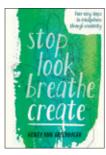


MUSEUM OF ME 9781781574874 \$12.99 (PB) \$14.99 in Canada



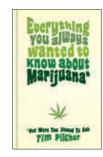
IF YOU ARE BORED WITH WATERCOLOR READ THIS BOOK

9781781574331 \$14.99 (PB) \$16.99 in Canada



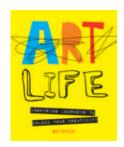
STOP LOOK BREATHE CREATE

9781781573983 \$14.99 (PB) \$16.99 in Canada

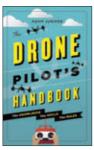


EVERYTHING YOU ALWAYS WANTED TO KNOW ABOUT MARIJUANA BUT WERE TOO STONED TO ASK

9781781575147 \$7.99 (HC) \$8.99 in Canada



ART LIFE 9781781574072 \$16.99 (PB) \$18.99 in Canada



DRONE PILOT'S HANDBOOK

9781781572986 US \$12.99 (PB) \$14.99 in Canada



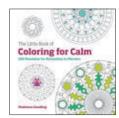
MAKE GREAT ART ON YOUR IPAD

9781781573877 \$16.99 (PB) \$18.99 in Canada



CREATE YOUR OWN
WEBSITE THE
EASY WAY

9781781572900 \$19.99 (PB) \$21.99 in Canada



THE LITTLE BOOK OF COLORING FOR CALM

9781781573143 \$9.99 (PB) \$10.99 in Canada

ILEX - ART & DESIGN



THE DECLARATION OF THE RIGHTS OF WOMEN

9781781575673 \$12.99 (HC) \$14.99 in Canada



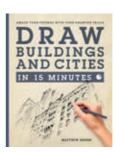
THE NUDE SKETCHBOOK

9781781574881 US\$12.99 (PB) \$14.99 in Canada



THE PORTRAIT SKETCHBOOK

9781781575031 US\$12.99 (PB) \$14.99 in Canada



DRAW BUILDINGS AND CITIES IN 15 MINUTES

9781781572870 \$12.99 (PB) \$14.99 in Canada



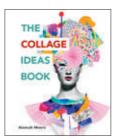
DRAW HORSES IN 15 MINUTES

9781781572498 \$12.99 (PB) \$14.99 in Canada



GREAT PAINTINGS: SPOT THE DIFFERENCE

9781781574232 \$12.99 (HC) \$14.99 in Canada



THE COLLAGE IDEAS BOOK

9781781575277 \$12.99 (HC) \$14.99 in Canada April 2018



THE WATERCOLOR IDEAS BOOK

9781781575680 \$12.99 (HC) \$14.99 in Canada May 2018



WHAT THEY DIDN'T TEACH YOU IN FASHION SCHOOL

9781781574492 US\$19.99 (HC) \$21.99 in Canada



WHAT THEY DIDN'T TEACH YOU IN ART SCHOOL

9781781572962 \$19.99 (HC) \$21.99 in Canada



FAST ART

9781781575154 \$14.99 (HC) \$16.99 in Canada July 2018



YOU WILL BE ABLE TO DRAW BY THE END OF THIS BOOK

9781781573716 \$16.99 (PB) \$18.99 in Canada



YOU WILL BE ABLE TO DRAW FACES BY THE END OF THIS BOOK

9781781575260 \$12.99 (HC) \$14.99 in Canada August 2018



DRAW YOURSELF HAPPY

9781781574140 \$12.99 (PB) \$14.99 in Canada



THE BOOK OF ORNAMENTAL ALPHABETS

9781781575659 \$14.99 (HC) \$16.99 in Canada April 2018



DRAW ANYTHING WITH FELT-TIP PENS & MARKERS

9781781574980 US\$14.99 (PB) \$16.99 in Canada



LOVE THOSE EYES 9781781574966 US\$12.99 (PB)

\$14.99 in Canada



LOVE THAT HAIR 9781781574973 US\$12.99 (PB) \$14.99 in Canada



FORTY WAYS TO WRITE I LOVE YOU 9781781575239 \$14.99 (HC) \$16.99 in Canada

INDEX

50 Ways To Cure A Hangover 109 Cardomam Trail 100 50 Ways To Kill A Slug 111 Cat Tweets 109 101 Clever Card Tricks 104 Chai, Chaat and Chutney 99 101 Cocktails To Try Before You Die 58 Change Of Appetite, A 99 101 Things To Do With A Retired Man 103 Chess Basics 104 101 Wines To Try Before You Die 58, 102 Ciderology 44 200 Classic Cocktails 101 Claridge's: The Cookbook 98 Coffee Art 101 200 Delicious Desserts 101 200 More Slow Cooker Recipes 101 Cold Brew Coffee 101 200 Really Easy Recipes 102 Collage Ideas Book, The 114 200 Slow Cooker Recipes 102 Complete Beatles Recording Sessions, The 11 200 Student Meals 102 Complete Bordeaux, The 102 200 Tapas & Spanish Dishes 101 Complete Chakra Workshop, The 108 200 Veggie Feasts 101 Complete Guide to V.R. & 360° Photography 112 1000 Paths To Mindfulness 19 Complete Meditation Workshop, The 107 Complete Photography 112 Complete Reflexology Tutor, The 104 Absolutely Beautiful Things 105 Complete Reiki Tutor, The 104 Adam's Big Pot 98 Complete Yoga Tutor, The 104 Conran on Color 106 Adaptogens 22 AHS Encyclopedia Of Gardening Techniques 110 Cook Share Eat Vegan 98 Amy Unseen 24 Cook Simple 6 Anatomy Sketchbook, The 74 Cook Slow 39 Aperitivo 98 Craft Beer Dictionary, The 45 Crazy Water, Pickled Lemons 99 Art Life 113 Art Of The Party, The 56 Create Your Own Website The Easy Way 113 As You Are 55 Crystal Healing 96, 108 Assassin's Creed Graphics 78 Crystal Power, Crystal Healing 108 A To Z Great Film Directors 18 A To Z Great Modern Artists 18 Death By Burrito 98 Declaration Of The Rights Of Women, The 114 Baby's Record Book 96 Dictionary of Dream Symbols, A 108 Balance Plan, The 105 Distilled 103 Be A Flamingo 106 Do Robots Make Love? 20 Be A Llama 106 Draw Anything With Felt-Tip Pens & Markers 115 Draw Buildings And Cities In 15 Minutes 114 Be A Mermaid 106 Beauty Food, 14 Draw Horses In 15 Minutes 114 Draw Yourself Happy 114 Beginner's Guide To Photography 112 Berlin In Fifty Design Icons 106 Dress Like A Parisian 108 Drone Pilot's Handbook 113 Best Beers 103 Best. Brains. Ever. 89 Bird In The Hand, A 96, 99 Easy Card Tricks 104 Black & White Photography 112 Bonsai Beginner's Bible, The 111 Eat Korean 7 Book Of Ornamental Alphabets, The 114 Eat Yourself Calm 104 Bourbon Bible, The 103 Eat Yourself Smart 104 Breakfast Is Served 97 Ed Sheeran: The Memories We Made 49 Brewdog: Craft Beer For The People 103 Ella's Kitchen: The Easy Family Cookbook 101 **Bullet Grid Journals 70** Element In The Room, The 109 En Cyclo Pedia 40 C Everyday Harumi 99 Cacao Cookbook, The 61 Everything You Always Wanted To Know About Marijuana But

Were Too Stoned To Ask 113

Card Games Bible, The 96, 104

Evo Aston Martin 108 How To Eat A Peach 6, 96, 99 **Experimental Cocktail Club 37** How To Ride A Bike 46 Hugh Johnson On Wine 2, 102 Hugh Johnson's Pocket Wine Book 2019 2 Family Unplugged 88 Hummingbird Bakery, The 97 Farmacy Kitchen 104 Hungry Healthy Student Cookbook, The 100 Farrow & Ball: How To Decorate 105 Hungry Student Cookbook, The 100 Fashion And Lifestyle Photography 112 Hungry Student One Pot Cookbook, The 100 Fashion Chronicles, The 21 Hungry Student Vegan Cookbook, The 100 Hungry Student Vegetarian Cookbook, The 100 Fashion Of Film, The 21, 105 Fast Art 114 ī Fender 108 If You Are Bored With Watercolor Read This Book 113 Fever-Tree: The Art Of Mixing 103 Fifty Bicycles That Changed The World 106 If You're Bored With Your Camera Read This Book 112 Fifty Cars That Changed The World 106 In Camera 112 Fifty Dresses That Changed The World 106 Indoor Bonsai 110 Fifty Paths To Creative Photography 68 Indoor Bonsai For Beginners 110 Fifty Shoes That Changed The World 106 Institut Paul Bocuse Gastronomique 98 Five Minutes In The Morning 107 Focus In Photography 112 Forgotten Women: The Artists 26 Joy of iPhotography, The 112 Forgotten Women: The Leaders 27, 110 Judy Hall's Complete Crystal Workshop 108 Forgotten Women: The Scientists 27, 110 Judy Hall's Crystal Zodiac 108 Forgotten Women: The Writers 27 Juice A Day, A 38, 101 Forty Ways to Write I Love You 115 Four Legged Therapy 54 Fress 98 Kevin Dundon's Modern Irish Food 99 G Games On Thrones 109 Larousse Wine 102 Gannet's Gastronomic Miscellany, The 97 Lean For Life 104 Lean For Life: The Cookbook 104 Gardening For Mindfulness 110 Gatherings 98 Leatherworking Handbook, The 103 Le Pain Quotidien 100 Get Baked 101 Gin Dictionary, The 45, 103 Leon Family & Friends 100 Gin: The Manual 102 Leon Fast & Free 100 Gizzi's Seasons' Eatings 100 Leon Fast Vegetarian 100 Goal! 109 Leon Happy One Pot Cooking 50 Gorgeous Skin in 30 Days 105 Leon Happy Salads 50, 96, 100 Great Emoji Quizbook, The 109 Leon Happy Soups 50, 96, 100 Great Minds Don't Think Alike 80 Leon Naturally Fast Food 100 Great Paintings: Spot The Difference 114 Life Drawing In 15 Minutes, 76 Greatest Golf Courses And How They Are Played, The: North Life In Pattern, A 17 Life Of Tea, The 8 America 109 Grow Your Own For Kids! 110 Little Book Of Bonsai, The 110 Grow Your Own In Pots 110 Little Book Of Chakras, The 107 Gut Plan Diet, The 105 Little Book Of Coloring For Calm, The 113 Little Book Of Crystals, The 96, 107 н Little Book Of Gratitude, The 96, 107 Hand Reflexology 107 Little Book Of Inner Peace, The 107 Handmade Loaf, The 97 Little Book Of Marijuana, The 109 Harley Davidson: The Art Of The Motorcycle 59 Little Book Of Mindfulness, The 23, 96, 107 Higgidy Cookbook, The 51 Little Book Of Mindfulness, The (audio) 111

History Of Art In Four Colours, The 92

Little Book Of Momfulness, The 107

INDEX

Little Book Of Pause, The 107 Little Book Of Sleep, The 23 Paris In Fifty Design Icons 106 Little Book Of Tidying, The 107 Passionate Photographer, The 84 Little Cocktail Box, The 41 Past Life Astrology 108 Little Juice Box, The 41, 101 Pause 107 Little Marijuana Cookbook, The 101 Pause (audio) 111 Live A Beautiful Life 105 Philosophy Hacks 42 Love Birds And Other Wild Sweethearts 93 Photographer's Handbook, The 112 Photographer's ipad, The 112 Love That Hair 115 Love Those Eyes 115 Photographer's Mind, The 69 Low Fodmap Recipe Book, The 105 Photography Bible, The 82 Picturing Prince 96, 109 Plain Simple Useful 106 Make Great Art On Your iPad 113 Play Guitar In 10 Easy Lessons 103 Malt Whisky 103 Plenish 104 Map Stories 113 Plenty 99 Matcha Cookbook, The 13 PMA Method, The 104 Maths Hacks 43, 109 Politics Hacks 43 Meyer's Bakery 99 Portrait Of Bowie, A 96, 109 Portrait Sketchbook, The 75, 114 Michael Jackson: All The Songs 48 Mid-Century Modern 97 Power Of Yes, The 66 Midlife Kitchen, The 101 Prick 110 Mildreds Vegan Cookbook 97 Primate Change 35 Miller's Antiques Encyclopedia 97 Prime 98 Miller's Antiques Handbook & Price Guide 2018-19 97 Miller's Antiques Marks 97 O Miller's Art Deco 97 Qigong Bible, The 107 Miller's Collectibles Handbook & Price Guide 2019-2020 97 Miller's Encyclopedia of World Silver Marks 97 R Miller's Field Guide: Glass 97 Raw Cakes 100 Miller's Mid-Century Modern 97 Rebel Verse 83 Mind Manual, The 108 Reflexology And Acupressure 107 Miniature Garden Grower, The 110 Ritz London, The 30 Moon 86 Roast Figs Sugar Snow 99 More Time To Think (audio) 111 Rosa's Thai Café: The Vegetarian Cookbook 98 Morrissey 32 Rum: The Manual 102 Movie Geek 109 Museum Of Me 113 S My Art Teacher, Mr Matisse 73 Salt Sugar Smoke 99 My Art Teacher, Mr Picasso 72 Savvy Cook, The 98 My Pregnancy Journal 57 Say It With Paper 67 Scandi Sense Diet, The 4 N Science Hacks 43, 109 New Guide To The Rules Of Golf, The 62 Secret Yoga Club 47 Nordic Kitchen, The 99 Self-Care Solution, The 107 Nude Sketchbook, The 75, 114 Sex Pistols - 1977: The Bollocks Diaries, The 10 NY In The Snow 112 Shaken 28 Shelfie 9 Simple 96, 99 One Face Fifty Ways 113 Skin Food 31 Smart Smart Home Handbook, The 87 Orchid Basics 111 Outdoor Photographer, The 81 Soup A Day, A 38

> Spam – The Cookbook 101 Spiralize Every Day 99

Spirits Collection, The 102 Squad Goals 85 Still-Life Sketchbook, The 74 Stop Look Breathe Create 113 Story Of Bauhaus, The 94 Straight Up 103 Street Art Activity Book 108 Survivor 109

т

Tattoo Dictionary, The 45, 108
Tech Classics 90
Terence Conran: My Life In Design 105
Thinking On My Feet 60
Totally Buf 63
Triumph 110
Turmeric Cookbook, The 61, 101

U

Ukulele For Beginners 103 Ultimate Exposure Book, The 112 Urban Gardener, The 110

ν

Vegan Salads 98
Vegan Soups 98
Vogue Coloring Book 105
Vogue Essentials: Handbags 105
Vogue Essentals: Little Black Dress 105
Vogue Goes Pop 105
Vogue: The Jewellery 105
Voque: The Shoe 36, 105

w

Walking In The Rain 55, 106 Walking In The Rain (audio) 111 Washing Dishes Is Good For You 55, 106 Washing Dishes Is Good For You (audio) 111 Watercolour Ideas Book, The 114 Way of Whisky, The 103 Wedding Photography 101 112 What They Didn't Teach You In Art School 114 What They Didn't Teach You In Fashion School 114 What They Didn't Teach You In Photo School 113 What Would Unicorn Do? 16 Whiskey America 52 Whisky: The Manual 102 Why Photographers Prefer Cloudy Days 113 Why Social Media Is Ruining Your Life 34 Why You Like This Photo 112 Will Travel For Beer 103 Witchcraft Handbook, The 77 World Atlas Of Whisky, The 96, 102

World Atlas of Wine, The 2, 96, 102 World Mandalas 108 Write Yourself Happy 12

Υ

You Will Be Able To Draw By The End Of This Book 91, 114
You Will Be Able To Draw By The End Of This Book: Colored
Pencils 91
You Will Be Able To Draw Faces By The End Of This Book 114

Z

Zen Kitchen, The 98 Zoe's Ghana Kitchen 98

Your Left-Handed Child 19

ORDERING INFORMATION

TO ORDER

Contact your Hachette Book Group sales representative or write:

ALL U.S. ORDERS:

Hachette Book Group Order Department 185 N. Mt. Zion Rd. Lebanon, IN 46052

USA

Call toll-free: 1-800-759-0190 Fax toll-free: 1-800-286-9471

ALL CANADIAN ORDERS:

Canadian Manda Group 664 Annette St. Toronto, Ontario, Canada M6S 2C8 T: 416-516-0911 F: 416-516-0917 Toll free fax: 888-563-8327

INTERNATIONAL ORDERS:

Email: general@manda.com

Website:www.mandagroup.com

International Sales Department
Octopus Publishing Group
Carmelite House
50 Victoria Embankment
London
EC4Y 0DZ
UK
T: +44-20-3122-6400
When ordering books, please include the ISBN prefix 9780.

SPECIAL MARKETS

For information regarding discounts to corporations, organizations, non-book retailers and wholesalers, mail-order catalogs, and premiums, contact:

SPECIAL MARKETS DEPARTMENT

Hachette Book Group 1290 Avenue of the Americas 4th and 5th Floors New York, NY 10104 USA Call toll free: 1-800-222-6747 Fax toll free: 1-800-477-5925

CO-OPERATIVE ADVERTISING

For information on co-op advertising contact your Hachette Book Group sales representative or write to:

Co-op Manager
Hachette Book Group
Marketing Department
1290 Avenue of the Americas
4th and 5th Floors
New York, NY 10104

MISCELLANEOUS

All titles are free freight unless otherwise noted. For details on the free freight policy, please call Hachette Book Group Customer Service at 1-800-759-0190

Titles, prices, and other contents of this catalog are subject to change without notice

PUBLICITY

For review copies or to arrange for author interviews, please contact Liz Hermann at: liz.hermann@octopusbooks.com or 212-873-6635



ASTER | CASSELL | CONRAN OCTOPUS | GAIA | GODSFIELD | HAMLYN | ILEX | MITCHELL BEAZLEY | SPRUCE

Octopus Books USA

1290 Avenue of the Americas 4th and 5th Floors New York, NY 10104

